

A
Rich Store-House,
OR
TREASURY
FOR THE
DISEASED.

Wherein are many approved Me-
dicines for divers and sundry Diseases,
which have been long hidden, and not come
to light before this time.

Set forth for the benefit and
comfort of the poorer sort of people,
that are not of ability to go
to the Physicians.

By G. W.

The eighth Edition, Augmented and Enlarged, by D. B.
Practitioner in Physick and Chirurgery.

L O N D O N,

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TO
The Right Honorable
Alderman ANDREWS,
Lord Major of the City of
LONDON.

Right Honorable,

IThath been an Auncient and
commendable Custome for
the chief Magistrates and
Governours of this great
and famous City, to provide and make
rich Storehouses, Granaries or Treasu-
ries, and out of the same to furnish and
cherish.

The Epistle

cherish the poor at a cheap and easie rate, in all times of dearth and scarcity; and in furthering and promoting this excellent work of Charity, your Honour hath shewed your self a true inheritour of the Virtue and Bounty of your Predecessours. My Lord, here is ready prepared and well furnished, a RICH STOREHOUSE or TREASURY for the DISEASED; a Book approved excellent and very necessary, and convenient to be made use of by the poorer sort of people, for the preservation or recovery of health that are not of Ability to go to the charge of Physitians, (to whom you are so good a Benefactour) a Subject so fit for your Lordships Patronage, that I humbly perswade my self your Honour will accept, for the poor which have continually refreshments of food in time of health, will thereby

Dedictory.

by find a twofold comfort and benefit by your Honour in time of sicknesse, when by your Honours countenancing of this work, they may so easily have means of help. These Right Honourable are the principall causes why I have taken the boldnesse to bring forth this Book in your Lordships name ; For none can have greater share in rejoycing at your Lordships lasting Prosperity, Honour and Greatnesse then my self, who hath had some occasions to take notice of, and observe your Honours Christian Piety, Wisdome, Justice and Clemency, exercised in your great and weighty imployments

Your Lordships in all duty

D. BORDER.

Wm Baynes
his Book 1797

Wm Baynes
Augt 26 1797

Divers good instructions and Rules

of knowledge, very meet and convenient to be known
of all such as are the right Practisers of Physick
and Chirurgery: and also concerning the
manner and use of *Bloud-letting* and *Purgings*,
and of the commodity and discommodi-
ty, that oftentimes springeth and
cometh thereof.



FORASMUCH as health is profitable and
pleasant to all men: since that all men do con-
tinually wish and pray either for the restitution
or continuance of the same: And also how that
it is the property of Nature, onely to fight and
strive against all diseases: and likewise, how
that the Physitian is but the Administer and ser-
vant of Nature: serving either to apply such
things to her as may be used to destroy the Disease withal: or else by
taking away the greatest part of the same matter which causeth and
maintaineth the sickness: and therefore it is very meet and necessary
for every Physitian, that before such time as he do take upon him to
minister any thing at all to the sick person, diligently to learn, and per-
fectly to search out both the original and principal cause of the Disease:
in which, if he be ignorant, then it is more by good fortune, than by
any cunning or skill, that he do cure any manner of disease at all: for
how is it possible to help nature, with that thing which she had need of,
except it be first of all known what she needeth? which none can per-
fectly understand or know, except the chief cause of the disease be first
manifestly known unto him; insomuch as he may not minister things di-
rectly contrary to the cause of the same disease. And therefore I do
greatly lament the ignorance of the common sort of people, who, (for
the most part) are perswaded, that one Medicine is sufficient for one
disease, and not regarding that one disease may come of sundry causes:
and therefore it doth necessarily require divers Medicines (as for ex-
ample) Weaknesse of the stomach (that is cannot digest well, or that it

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bath no good appetite) is a disease Which may come a dozen several Wayes at the least; there are the Cure of that disease, cannot alwayes be cured with one onely Medicine. As also, if that weaknesse of the Stomack do come of a weak distemperature of it self onely, then it must of necessity be made hot by one means or other. But if that heat be the cause of the weaknesse thereof: then it must be cooled with some cold Medicine that is meet for it, so that you must be sure alwayes for to moisten drynesse, and to dry up moisture.

But if weaknesse do come of some superfluous humour that doth abound, Which hath flowed into the stomach, or that hath been there ingendred: then must that ill humour of necessity be purged out, either by a Vomie, or else a Purgation, With a meek Medicine for it. And if that it happen to be a Flegme, it must be holpen with such a Medicine as utterly expelleth Flegme. But if that Choller be abounding, then there must of necessity be used such a Medicine as doth purge Choller. And likewise for Melancholinesse, a meet Purgation must be used to expel the humour thereof. But if that the imbecillity of the stomach be caused by Distillation and Rhome that falleth out of the head into it: then is the cure to be remedied in the head, and not in the stomach. Likewise if the Distemperature of the Liver or Spleen do weaken the stomach, then the cure thereof consisteth onely in the healing of those members, and not of the ministring any thing for the stomach at all.

Therefore let no man think it sufficient for the Physitian, if that he do perfectly know that a man hath such a disease, as the Ague, the Collick, the Flux, or some other such like, &c. That then he may presently (if he be skilfull) minister a meet Medicine for it. No, not so, but he must first search out by all means that possibly he may, the very cause of the disease. The which many ignorant people do persuade themselves, that a skilfull Physitian may do in all diseases, by the sign of the Urin onely. But alas, they are altogether deceived: and as for to come to the knowledge of the cause of some inward diseases of the body, the Urin profiteth nothing at all. For in most inward diseases of the body, there ought no great a regard to be taken of the Pulses, and of the disposition and state of the brain of him that is sick; as there should be had of the Urin it self.

Also, the Egections, Sweat, Spittle, and other excrements, are not

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to be neglected, insomuch that at some times they do declare the cause of the disease, and the state thereof, when the Urin doth not shew any thing at all.

Likewise for example in a Plurisie, or an inflammation of the Lungs, or in a Squinancie, or such like, there is much more to be known by the Spettle, than there is by the Urin.

Moreover, in a Lask, or in a Bloody Flux, or in a Collick or Illiak, there is more certainty of judgement to be given by Egestion or Ordure, than there is by Urin. Which things; those that are not altogether addicted to their own fantasies, may easily by good reason be persuaded to credit: for Urin is nothing else, but onely the watry and wasty part of the blood, for it is separated from the blood in the Liver, and sucked from thence into the Reins, from whence it distilleth down into the Bladder, and so passeth forth. Seeing therefore that Urin is the excrement that is separated from the blood; there is good cause why it should shew the state of the Liver, and also of the blood in all parts of the body, and it can likewise declare the full state of all the members which it passeth by, as of the Reins, the Bladder, and such like.

But certainly, in other diseases that be out of the Veins, and be distant from the places by which the Urin passeth: There is no certain judgement to be given by the Urin, unless the vehemencie of the disease have infected either the blood or the Liver after some sort: Yet nevertheless, such is the ignorance of many people, for that they think him worthy of no estimation in the knowledge of Physick, that cannot at the first sight of the Urin (although it hath been carried twenty miles) tell whether it be the Water of a man or a woman, and how the disease grieveth the Patient, better than himself, and whether he or she shall live or die, what disease soever it be of; which things undoubtedly in divers diseases are impossible to be known by the onely sight and inspection of the Urin.

Therefore it is very necessary and fit for all those that will take upon them to minister Physick, (most duely and rightfully amongst other things) to observe well these four Rules next following, (viz.)

1. To see the sick person, and to confer With him or her (whichever it be) for there is none that can so well declare any grief (howsoever) as the party himself can, that is troubled or grieved therewith.

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2. To view and feel all the Pulses of the sick person, and to observe well the state of them.

3. Likewise to view and mark very diligently all the excrements, not onely the Urin, but also the Spittle, Sweat, and Ordure. v

4. And last of all, to have a respect to the place Where the grief is, and to consider well all the accidents that do arise thereof; not omitting to know the former diet and course of life, which the sick Person hath formerly used.


These things then being diligently and severally noted, the Physitian may more certainly learn and know the chiefeſt cause of the disease, the strength thereof, and to what effect it Will come unto; then by seeing the Urin onely, and also by what means he may minister a meet medicine for it, whereby the sick person may soon finde ease, and he purchase unto himself exceeding great fame.

Thus have I partly declared, What things ought to be known of every Physitian, that thereby he might withdraw and take away the fond and foolish opinion, that a great number of people do deem to be true, that is, that the sight of the Urin is sufficient enough for a cunning Physitian, perfectly to know the disease of the sick, and the true cause thereof, and to minister apt Medicines for it.

And now I cease to speak any more hereof, but I will as briefly as

I may, entreat somewhat of the use and benefit that doth arise and come of Blood-letting and Purging, and I would wish all those that do practise the same, to be carefull thereof.

The



The use of Bloud-letting, and of the *Commodities thereof.*

FIRST, it is to be noted, that if the body of a man do abound with humours, which are ready to oppresse nature, then whether there be any sicknesse in the body present, by means of them, or if there be but danger of sicknesse, those humours must be evacuated out of the body, either by *Bloud-letting, Purging, Vomit, Sweating, Baths*, or else by some other kind of evacuation. But I will speak here onely of evacuation by *Bloud-letting* and *Purging*, and first of all of *Bloud-letting*.

There be divers things to be considered of, before *Bloud-letting*: as the age of the patient, the Complexion, the time of the year, the Region, the Custome, the strength, and the vehemency of the disease.

1. The age must be considered, because Children under 14. years of age, and aged Persons may not be let blood, unlessse great necessity require it.

2. The Complexion is to be noted, because a hot complexion hath large Veins, and aboundeth with much blood, and they may therefore forbear a good quantity of blood: But cold complexions have narrow Veins, and little blood, and therefore their evacuation must be small.

3. The time of the year must be very well marked, that the weather be not over hot nor over cold, and therefore the Spring-time is the most apt time for *Bloud-letting*, because that then it is temperate.

4. The region and Countrey is to be spoken of, because it is to be noted, that if the region be very hot, or else very cold, then it is not good to let blood, but a temperate region is most meet of all for it.

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5. Custom is not to be neglected, for thereby we may know that they that have been accustomed to bleed, may better suffer Blood-letting, then those that were never letten blood at any time before.

6. The strength of the Person must be regarded, for if there be great weaknesse, then it is very dangerous to let blood at all, except great necessity compelleth.

7. Also the vehemency of the disease is worthy to be marked: for if it be a vehement disease; then you must let blood forthwith, if the former circumstances will permit it.

These things being considered, if they will permit Blood-letting, and if it be a needfull cause, then it shall be very necessary to know what sign the Moon is in, for you must take heed that she be not in that sign that governeth that member, wherein you intend to open the vein, and also to fore-see that she be in such a sign as it is good to let blood in.

For the uses and commodities of Blood-letting are against these diseases that are here expressed.

1. This is a general rule, that Blood-letting is a very good remedy for all diseases that be ingendred of abundance flowing of eruption of blood, as be chiefly the Fevers called Synochy.

2. Also the Phrensie, Squinancy, Plurisie, Peripnewmony, Ophthalmie, and against all inflammations, and impostumations, engendred of blood in the Liver, the Spleen, the Reins, the Womb, the Share, the Arm-holes, the Arms, the Legs: and to conclude, in all inward and outward parts, wheresoever the inflammation be: blood-letting is good for it, whether it be now present, or that there be any danger that the same will shortly ingender.

3. Also Blood-letting is good in Fevers, whether they be continual or intermitent, inasmuch that the obstructions and stoppings of the Veins be caused of immoderate repletion of the humors.

Note also that Blood-letting doth empty and evacuate from the body all humors alike, as well the good as the bad.

And therefore it is chiefly to be used, when there is too great an abundance of blood in the body and other humors, which do strain the Veins, and that there is great danger and jeopardy in breaking of some Vein: or the brusing out of some flux of blood, or of choak.

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choaking, and to extinguish natural heat. And therefore in such cases, you must let blood with all speed, although the sickness be not already present.

For by letting of Blood in due season, the superfluous fulness of the Veins is brought into a very mean estate again, and the pains that came of the fulness and stretching of the vessels, be eased: and the heaviness that was felt in the body is clean taken away, and the body is lightened, and made more quick and nimble, to do all such actions as Nature hath ordained it to do.

Also it causeth Nature to have a larger scope, and a free passage, by opening and emptying of the straight wayes and passages of the Veins and Arteries.

Last of all, if it be done in time, it preventeth divers and sundry diseases, which the body was both apt and ready to have fallen into.

Many more commodities might here be rehearsed as concerning blood-letting, which is done when necessity requireth, and as it ought to be done: but to conclude (omitting all other) Note this for a general rule, that Blood-letting is very good against all kind of diseases which be caused and engendred of blood, and not onely when the diseases are present, but also it is good letting of blood, to prevent any such diseases if they be foreseen or feared, alwayes regarding that there be none of these impediments aforesaid, which do prohibit and forbid Blood-letting, except it be in great necessity and extremity: for then as the common proverb is, *Necessitas non habet legem*; that is, Necessity hath no Law.

Here would I leave off to speak of Blood-letting, but that there cometh into my mind, the common opinion of the ignorant people, which do certainly believe, that if any Person be let blood one year, that he must likewise be let blood every year again, or else he is in (I cannot tell how) great danger: which fond opinion of theirs (whencesoever it sprung at the first) is no more like to be true, then I should say, when a man hath a great wound by chance, in any part of his body, whereby he loseth much blood, and that after it is healed, he must of necessity have the like wound again the next year, to avoid as much blood, or else he is in danger of great sickness or of death. Which opinion, if I my self did affirm it

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to be true, (although it be most false) yet I might use the like reason and Authority to defend it, that the common people do use for theirs: for they can say nothing, if they be asked why they do think so, but that they have heard many say so. Therefore I would wish that no man should credit any longer this fond and foolish opinion, being most false, unlesse he could shew good reason for it, which I am very well assured of, no man can do.

But now this I think, that like as Blood-letting is not good against all diseases, so also it is not good in all persons, but onely in those that will be content to use afterwards a moderate and convenient diet.

Those therefore that do abound in blood, and will be let blood to preserve them from the danger of any disease, which is like shortly to ensue and molest them: they must for a long time after, be content to use a moderate and convenient diet. For those that be untemperate and gluttonous in meats; or are great drunkards and wine-bibbers, they do not receive any commodity at all by Blood-letting: but oftentimes they catch more hurt by it, then they should have had without it, for in three or four dayes space after, again they fill and stuff themselves within with more raw juyce and humours, (by means of their unmeasurable diet) then they had before, and oftentimes they purchase their own deaths through convulsion.

And therefore note, that there is such force and virtue in a moderate dyet, to eschue and decline diseases, that without the due observation of it, Blood-letting is of no purpose at all. And therefore if the common saying of the people be true in any person, That they must of necessity be let blood often: it is very true, but it is in such as keep an immoderate dyet presently after Blood-letting: and therefore I do advertize all men to beware of excesse either in eating or drinking after Blood-letting.

Note also, that after Blood-letting, none ought to walk very fast, or to run, or to use any vehement exercise, but let him that is so let blood, be quiet and rest himself, untill such time as his spirits shall be well refreshed and quieted again.

Note also, that no person being let blood, ought to sleep immediately after Blood-letting, but let him keep himself both quiet
and

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And waking, and avoiding all contention and exercise of body and mind: and about two hours after letting of blood, there may a little food be taken, but let it be such as will make good juyce and nourish apace, and within four or five hours after Blood-letting, or somewhat afore, the Patient may be permitted to sleep, so that it be provided for, and taken heed of, that he do not turn himself upon that arm or side, where the vein was opened, and let him also take good heed that he do not loosen the band, and so let the blood flow out again; and let him afterwards use a sparing dyet, daily increasing it by little and little, untill such time as he be come to his accustomed ordinary dyet again.

Moreover note, that the morning is the most meetest time of all for Blood-letting, when every digestion is perfectly finished, and the superfluities and excrements of each of them fully avoided out; which things of necessity must be fore-seen, that they be so. Or at the least in a time of great extremity: The next apt time to let blood in, is when the stomach is somewhat empty, and that is about six or eight hours after meat.

Thus much have I entreated of as concerning Blood-letting; and now I am purposely minded to speak somewhat of the use and benefit that cometh of purging.

The use of Purging, and the benefit thereof.

FOrasmuch as it is very necessary to be understood of all Persons, that every kind of Purgation hath that secret virtue and propriety in it self, that when it is received into a mans body, and provoked to exercise the virtue that it hath by natural heat labouring to digest it, then doth it draw unto it all such humours, as the same hath virtue and power to purge.

And therefore a Purgation is an evacuation of vicious and corrupt humours, which do oftentimes trouble and molest the body, but not of all corrupt and bad humours alike.

For every Purging Medicine doth draw unto it self one peculiar and proper humour, (that is) either flegme or choller, or else melancholy or watry humours.

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And therefore those Persons which know themselves to be perfectly in health, ought not to take a Purgation, when they do not abound with any ill or corrupt humours; wherefore in those, when the Medicine findeth no such superfluous humour as it hath virtue to draw; it consumeth and wasteth both the blood and the flesh: and for that cause whole folks are not to be purged by Purgations, but rather confounded and wasted: for it is manifest hereby, that Purgations be very dangerous to them that are in perfect health, which thing is testified also of *Hipocrates* in the 37. *Aphorisme* of his second book, where he saith after this sort, *Qui corpore bene se habent, hos purgare periculosum est*, that is, It is dangerous purging of those that be in perfect health.

Also because every purging Medicine hath virtue to draw one peculiar humour, there is good heed and care to be taken, that such a Medicine be ministred as hath virtue to draw out the humour abounding, and move others thereunto, or else instead of much good that of it self it would do if it were conveniently ministred, it may contrariwise do exceeding great hurt, and work many inconveniences to the body. And according to the saying of *Hipocrates* in the last *Apherism* of his first Book in this manner: *Si qualia oportet purgari purgantur confert, & facile ferunt, si aliter, difficulter, &c.* that is, if such things be purged as ought to be, it profiteth, and may easily be suffered, but if it be contrariwise, it hurteth, and may scarcely be born withal.

Therefore ought diligent care and heed to be taken in the receiving of a Purgation that it be ministred by a skilfull Physitian, that hath certainly found out what kind of humour it is that aboundeth.

But alas, the greatest number of the common sort of people do hold an opinion, that if they may have a Medicine for a little money which will provoke them often to the stool, what humour soever it be, and purgeth out, they perswade themselves that they are safe enough; howbeit I would wish them hereafter alwayes to have in mind this saying of the most excellent Physitian *Hipocrates* in the 33. *Aphorisme* of his first book, *Dejectiones non multitudine sunt aestimanda; sed si talia deiciantur qualia conveniunt*: that is, Ejections are not to be esteemed for their great quantity; but if such
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humours be purged out as they ought to be, (that is) ſuch vicious and corrupt humours as do abound and be ſuperfluous in mans body, then is the body quieted for a long time after, if it be dieted as aforeſaid.

There are divers things chiefly to be conſidered of by every Phyſician, before ſuch time as he do miniſter any Purgation to the ſick Perſons: as the quality and quantity of the humour, the ſtrength of the Perſon that is ſick, the age, the time of the year, and laſtly the diſeaſe.

1. The quality of the humour is greatly to be conſidered of, that thereby he may perfectly know what kind of humour is to be evacuated and purged out, for it muſt be onely that which troubleth the body with much ſuperfluity of the abundance thereof.

2. That if great abundance of Flegme do moleſt and trouble the body, then he muſt of neceſſity miniſter a Medicine which purgeth Flegme: and ſo likewise for all other humours whatſoever abounding in any part of the body.

3. Alſo he that doth undertake the miniſtring of any Medicine, ought to have great reſpect to the ſtrength of the ſick or diſeaſed Perſon: for if he be very weak and feeble, there ought no Purgation at all to be miniſtered unto him, becauſe all manner of Purgations do both weaken nature, and diminith ſtrength, and the ſtronger the ſick perſon is, the more he is weakned thereby.

4. Let all men therefore beware of vehement and ſtrong Purgations, leſt they put their lives in hazard and danger: Therefore by the age of the Patient, the Phyſician is put in minde, that children and old men ought not to receive any Purgation, except marvellous great neceſſity do require.

5. The time of the year is not to be neglected: for there be ſome times of the year, wherein Purgations ought not to be miniſtered, as in Summer, and eſpecially during the time of the Dog-dayes, as they are moſt commonly called, and alſo during all the time that the Sun is in Leo, for then is nature burnt up and made ſo weak withal, that ſhe is not able to ſuffer the force and violence of a Purgation: but the Spring-time is the moſt meeteſt and principalleſt time in the year for the taking of Purgations, becauſe it is then temperate. Laſt of all, the Phyſician ought diligently to be-

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hold and contemplate the disease, that he knowing certainly what kind of disease it is, he may the better find out of what humour it is caused. As for example:

If the Physician do perceive the disease to be a Tertian Fever, straight-way he knoweth, that is caused of great abundance or Choller, and therefore he must of necessity minister a meet Medicine to purge Choller withal: and so likewise in all other diseases.

Note like wise, that if there be none of the impediments above-named, a Purgation is good to be ministred to all such as have abundance of evil juyce or corrupt humours in the body; for it draweth out all the bad humors that do molest the body, and likewise thereby doth restore it to his own former estate again.

But if a Purgation be ministred either to one that needeth it not, or at an inconvenient time; or that it be such a Medicine, as draweth not out the humours which then abound; or if the Medicine be vehement and very strong, it will surely put the Patient in great danger of his life.

These things therefore ought to be well taken heed of by all men, lest they catch great hurt, when they hope to receive most profit.

But if a Purgation be discreetly ministred to him that hath need of it in due time, and by an apt and meet Medicine, which is of that force and ability to draw out the abounding humours in sufficient quantity; then doth the Medicine purchase most singular great commodities unto the body: for it evacuateth and emptieth out all the chiefest causes of the diseases and sicknesses, either present or else to come, being ingendred of any superfluous or corrupt humour, as are commonly *Fevirs*, *Tertian*, *Quartan*, *Quotidian*; or *Fluxes*, that are caused of raw humours, or sharp choller: *Droopies*, *Gowts*, *Palsies*, *Litergies*, and divers other, &c.

Note also; Before a Purgation be ministred, there ought a Medicine to be taken, which should prepare the body, and make it apt to purge, and therefore it is called a preparative. It is given for two causes, either to divide, extenuate, and make them grosse and clammy humours, that they may be ready to flow out, when the Medicine draws them: or else it is given to open and unstop the conduits and vessels of the body, by which the Purgation must draw the superfluous humours to it.

And

Wm. Harvey

in Physick and Chirurgery.

And this is that which *Hipocrates* do counsel in the 1. *Aphorisme* of his 2: Book, where he saith, *Corpora cum quique purgare volueris, oportet fluxu facere*: that is, when any man will purge the body, he must make it flowing, by opening and un-opening of the vessels.

The most meetest time of all to receive a Purgation, is in the morning, for then are all the digestions perfectly finished, and the stomach is without meat. There is also great heed to be taken in what sign the Moon is in, before such time as any Purgation be ministr'd, for some signs are very good for it, and other some are evil. Therefore I would wish all such as do take upon them the ministring of any purgation, to have great regard before they do minister it to the sick Person, the time, and the place griev'd, and also to mark well all such things as are before rehearsed, lest that they do more hurt thereby in one day to that sick Person, then they are able to do him good in a whole year, and yet they may do it of meer simplicity, not knowing themselves what they have done, neither are they able to cure the same wound which they themselves have made.

A purgation must be taken hot, for so it offendeth the stomach least, and it will work the sooner and better.

Also those that are apt to vomit, and are not able to endure the smell of the purgation, let them stop their nostrils, or else let them smell to some odoriferous thing, when they are about to take it, and as soon as it is taken, it is good for the Patient to smell to a toast of brown bread dipped in Vineger, and to apply warm clothes to the stomach, and to wash the mouth presently after that it is taken, with some odoriferous wine, or else to chew some sweet and pleasant thing to take away the bitter taste or smell of the Medicine, and so by this means vomiting may be eschewed.

Note also that for the space of one hour after, that any Purgation is ministr'd to any sick Person, let the patient sit still and be quiet: and (in any case) let him abstain from sleep four or five hours after, whereby the strength of the Medicine may the better passe into all parts of his body: but if the purgation do work but slowly, then let him walk up and down for a good space after, if he can, and when it worketh perfectly, then let there be great care

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of sleep taken, (as aforesaid) for thereby the Operation of the Medicine would be soon stopped, and the Patient brought into great danger.

Likewise, in the time of purging, immoderate heat and cold are to be eschewed: and therefore a great fire is necessary, insomuch as the cold and open air are both hurtfull: for the body must be kept in a temperate heat.

Moreover, after that the purgation hath done working, the patient must be nourished with a mean quantity of warm broth, that will breed good juyce, and be easily digested: and afterwards by little and little, return to his accustomed dyet again.

Thus have I (as briefly as I could) here expressed and declared the commodities and discommodities that do arise and grow, as well by the ministring of such meet Medicines as are necessary to be used, both for the recovery and preservation of mans bodily health: as also for the commodity and discommodity that ensueth of Bloud-letting and Purging, (being all well and rightly ministred and used) and contrariwise of the great danger and hurt that doth come thereof, if at any time they be mis-used: and therefore I would wish all men (as they do tender both their health and lives,) to beware of those ignorant and un-skillfull persons, who (most commonly) use to open but one kind of Vein for all manner of diseases, and do also use but one kinde of purgation against all humours, not regarding, nor considering with themselves any thing at all, either of the strength or age of the Patient, the time of the year, or the first Original cause of the coming of the disease, whatsoever disease it be, or of any other the circumstances (in this treatise) heretofore spoken of: but let them that are grieved with any manner of disease, alwayes seek for the counfel and help of such as are known to be both learned and skillfull in Physick and Chirurgery: and are also circumspect (as it is most needfull they should be) in all their proceedings unto Art: And who for the most part will duely and righteously consider, before they minister any Medicine to the sick Person, what need he hath, and what is most meet to be ministred unto him for his disease. And also let the Physitian note, that in the ministring of all Potions, Electuaries and Pills, there ought greater observations to be had, then there ought to be in

Glisters,

in Physick and Chirurgery.

Glisters or Suppositories, forasmuch as those do enter no further then into the Gutte where the ordure lieth, and by that place onely bringeth forth the matter which causeth the disease: but the other entering into that way which both meats and drinks do come into the stomach, and there is boiled and sent into the places of digestion, and afterwards is mixt with the iuyce, whereof the substance of the body is made, and expelling the adversary humors: yet some part thereof remaineth in the body. Wherefore people ought to take heed and be carefull what Medicines they do receive, that in them there be no venosity, malice or corruption: lest for the expelling of a superfluous humour, which perhaps some good diet, or some good and wholsom broth made of good herbs, or that the said evacuation with suppository or Glisters might bring forth at leisure: rather then by desiring of too hasty remedy they receive in Medicine, at which shall ingender any venomous humour and vn-avoidable destruction into all the whole body: And therefore it is a most happy thing for those that are sick and diseased, that can find out a skilfull, discreet and learned Physitian, and especially such a one, as both his Medicines and Drugs are alwayes perfect and good, and not any manner of way corrupted.

Moreover, it is chiefly to be regarded in all sorts of people, that all bodies that are hot and moist, may easily sustain Purgation by stool.

All such persons as be lean and thin, having their members tender, may take great harm by purging.

Those that are Chollerick, and those that use to eat little; purging is very ill for them.

Also for young children and aged persons, it is very dangerous for them to loosen their bodies more then great necessity requireth.

Likewise for those that are not accustomed to purge, it is very noisome and hurtfull unto them: but for those that live in good order of diet, they need neither purgation nor vomit.

Note also, that after any purgation hath wrought to full perfection, then thirstinesse and sound sleeping be good signs and tokens that the body is sufficiently purged.

Lastly,

Instructions to be observed, &c.

Lastly, by daily taking of Medicines, and by daily purging, nature is greatly corrupted.

When you intend to purge the body, first be sure to make the matter flowing and soluble.

A Medicine to purge, ought not to be mingled with any manner of meat: but to be taken four hours at the least before meals, or three hours after meals, except certain easie Pills made of purpose to cleanse and comfort the stomach, which of right ought to be taken at the beginning of Supper or after Supper, or a little before that one goeth to bed, but let the patient be sure to make but either a light Supper, or else none at all. And after a Purgation taken, the patient ought to take good rest; and not walk overmuch until the Medicine hath wrought, nor eat or drink any thing at all in the mean space.

These things have I thought good to put the practisers hereof in remembrance, because I have both seen and known many (that professed themselves Artistes) to have forgotten to instruct and direct their Patients in right course, as they ought to have done, for the good Government of themselves, after they had taken either purge or vomit. But now I will hear cease to in-treat any more of these things, and (according to my opinion) to speak somewhat of the most part of all such diseases as are incident to mans body, as well inwardly as outwardly: and also of all such Medicines (being duely and rightly ministred) as are most meet and convenient to be used for the cure of the same disease, whatsoever it be.





SUNDRY APPROVED
M E D I C I N E S.

HEREAFTER EXPRESSED;
 For most sort of Diseases incident
 to Mans Body.

F O R A C H E S.

CHAP. I.

*A notable secret for all incurable Aches or pains, in the
 joynts, or other places whatsoever.*

TAke the whole Horn of a Buck, that
 was cast off, (the later it be, the better
 it is) and put away the stalk, and
 take no part thereof, saving the very
 Horn it self, then cut the same into small
 shivers or pieces, and seeth them in a gal-
 lon of strong Ale, with a quarter of a
 pound of sheeps suet tryed, and let it
 seeth until it be consumed to a pint, or a little more; Then take
 forth the pieces of the Horn, & let the liquor stand until it be cold,
 and then it will be like a jelly; Reserve that, and when you have
 occasion to use it, take some of it, and put it into a Sawfer, or
 some other convenient thing, and warm it; then anoint the place
 grieved therewith before a fire, both morning and evening, and let
 it soak in by the heat of the fire, and it will heal the grief thoroughly
 within nine or ten dressings, by Gods help.

This hath bin often proved

*An excellent good Medicine for any manner of
Ach or Strain.*

TAKE *Aqua-vita* one pint, and *Oyl of Bay* three ounces, *Neats-foot Oyl*, *Ox gall*, and *Oyl of Camomil*, of each of them a pint, and a handful of *Camomil* it self, and boyl them all together, and stir the same well, until it be wel-boyled & consumed to a pint; Then strain it, and when you will use it, anoint the place grieved therewith, and this will assuage the pain immediately. *Prob. eff.*

A marvellous good Medicine for an Ach.

TAKE a quart of the purest *Malmsey* that may be gotten, and six great *Onyons* sliced and pilled, then take a good quantity of gross beaten *Pepper*, and let them all seeth together, until the *Onyons* are become so tender that they may be strained; and then strain them through a fine cloth; then take a cloth and wet it in the same liquor strained, and lay it to the place grieved, and in two or three times dressing, it will help.

This hath bin proved by E. C.

Another experienced Medicine for an Ach.

TAKE a good quantity of *Scurvy-grass*, and put thereto a good quantity of *May-butter*, *Barrows-grease*, *Water-cresses*, and *Bird-lime*, of each three ounces, and stamp them together, and then boyl them, and when it is well boyled, then strain forth the liquor into some Gally-pot, and then stop it close up, and keep it; and when you have occasion to use it, anoint the place grieved, often therewith before a good site, and this will cure any Ach in a very short time.

This hath bin proved.

Another for the same.

TAKE a pint or somewhat more of good *Malmsey*, a pint of *Capons grease*, *May-butter* eight ounces, and a peny worth of *Frankincense*, finely beaten to powder, and sifted very fine: boyl all these together until the one half of the same
finif

stuf be consumed away, and then take it and strain it, and so keep it close in some pot or other thing as afore said; when occasion serveth for any use thereof, let the place grieved be oftentimes anointed therewith, and it helpeth.

Prob. est.

An approved Medicine for any Ach or swelling, and likewise for any Sinews shrunk or perished.

TAke unset Time, Lavender-cotton, Knotty Strawberries, of each of them one handful, and cut and beat them in a mortar; when you have so done, take ten or twelve young Swallows out of the nest, being ripe, and beat them in a mortar, (feathers, guts and all, with the herbs) until you cannot perceive the feathers, then take half a pound of fresh Butter, unsalted, and mingle them together, and let them stand for the space of four and twenty hours: then seeth and strain them into a Gally-pot, or else into some earthen vessel. And so use it twice a day, anointing of the place where the grief is, and in five or six dayes it will be whole.

This hath bin often proved.

Another for the same.

TAke a good quantity of the flowers of Camomil, and Rose-leaves, and boyle them in White-Wine; and when they are well boyled, make a plaister thereof, and lay it to the place where any pain, Ach, or swelling is, and it helpeth.

Prob. est, per D. Barlos.

Another for the same.

TAke Sage and Rue, (otherwise called Herb-grace) of each of them one pound, and half a pound of Worm-wood, and half a pound of Bay-leaves, beat them together in a mortar; then take three pound of Sheepsuet, and shred it very small, and put it to the herbs; then put it into the mortar, and beat it with the herbs untill the suet cannot be perceived: then take it out, and put thereto of pure Sallad-Oyl one pint, and so work them altogether with your hands, until such time as they be very well

B 2

steeped

steeped in *Oyl*, then keep it close in an earthen pot, for the space of eight or ten dayes together, then seeth it in a brasse pot with a soft fire, until the strength of the herbs be gone: (to try it, take a spoonful of it, and put it into a linnen cloth, and so strain it, and if there be any juyce left in it, then it is not boyled to full perfection, but if you find none therein, then it is well boyled; and thus you may prove all your oynments made with herbs) then strain it, and anoint well the place grieved often therewith: *This hath been sufficiently proved. This of due course ought to be made in May or June, for that is the chiefeſt time for it.*

A present remedy for an old Ach.

TAKE very strong *Aqua-vita* ten spoonfuls, and of *Narve-Oyl* two ounces, and two spoonfuls of the water of *Arf-smart*, and anoint the place where the Ach is, every day two or three times, and it will speedily heal it.

An excellent Plaister to be made and used for any manner of Ach, be it in any part or joynt of the body.

TAKE three ounces of *Pigeons* dung, and a good quantity of dregs of strong *Ale*, tried *Sheeps-suet* eight ounces, and a good quantity of *Camomil*; then take the *Camomil* and the *Pigeons* dung, and stamp them well together, and when you have so done, put the dregs therein, and *Suet*, and then boyle them all together for a good space, but all the time that the same is upon the fire, be sure to be still stirring of the same, with some staff or other thing, for fear of burning of it, and when it is well boyled, take some of the same, and spread it upon a fine linnen cloth that is clean, and lay it to the place grieved; as hot as it may possibly be suffered, and so cover it over with some woollen cloth or other thing to keep in the heat; and this by Gods grace will help you in a short time.

Prob. eff.

Another for the same.

TAKE *Aqua-simpliciter*, and the oyle of *Neats-feet* luke-warme, and anoint the Patient upon the place of the grief, laying warm cloaths thereon, and it helpeth, *This hath bin truly proved.*

A

A Medicine for an Ach, or shrinking of any Sinews.

TAKE the tendrings of *Rosemary* and *Marsh-Mallows*, of each of them as even portions as you can guess, and gather your herbs (when they be dry) from any Rain and dew; beat them in a morter very small, then take *May-butter* one pound well clarified, and four ounces of *Nears-foot-oyle*, and put it to the herbs, and mingle it in a vessel, and then let it stand for the space of four dayes: then set it over the fire, and let it seeth till all the strength of the herbs be gone, then take a little of it in a spoon, and let it drop upon your nail, and if it be green as the *Emerauld*, then it is perfect; then put it in an earthen pot, and when you use it, you must warm it.

A perfect remedy for an Ach, or Sciatica.

TAKE oyl of *Nears-feet* and *Aqua-composita*, and mingle them both together, and let the patient anoint the place where the pain is; then take *Wool* which is newly plucked from the *sheeps* back, and lay it thereupon, and let him wrap it well with warm clothes, and this will help him.

Another for the same.

TAKE a good quantity of *Savery*, and mix the juyce thereof with *Wheat-flower*, and make a plaister thereof, and lay it where the pain is, and it helpeth.

*A present remedy for all manner of Aches and
bruises in the bones.*

TAKE of *Wall-wort*, *Smalladge* and *Balm*, of each of them a good handful, and stamp them all together, then take a pound of *May-butter*, and temper them very well together; then make them into round balls, and let them ly for the space of eight dayes after, and then stamp them again as you did before, then take it and fry it, and strain it, and put it into an earthen pot, and souce it, and this will help the bruise if it be never so black. *Prob. est.*

An

An approved Medicine for an Ach or swelling.

TAKE the flowers of *Camomil*, and *Rose-leaves*, an handfull of each, and seeth them in *White-wine*, and make a plaister thereof, and let it be laid as hot as may be suffered to the place grieved; put these in a linnen bag, and heat them every hour, and apply them, and this will both ease the pain, and assuage the swelling.

D. Bartlet.

Another of the same

TAKE a good quantity of *Oyl de Bay*, and *Aqua-vita*, of each of them a spoonful, and mingle them both together, and let the Patient anoint the place which is grieved often therewith, and it helpeth hira.

*A soveraine Medicine for an Ach in the Shoulders,
or else-Where.*

TAKE *Raisons* of the *Sun*, and *Figs*, of each of them a like quantity, and half as much *Mustard-seed*, and beat them very small; then rake it and grind it in a *Mustard-quern*, with the best *Wine-vineger* that may be had, then take it and spread it upon a *Lambs-skin*, and lay it to the place grieved, and this will by Gods grace help you.

Probatum est.

*A precious Oyntment or Oyl for all manner of Aches, or swellings
in the Arms, Knees, Legs or Feet, being taken with cold.*

TAKE *Sallad-Oyl* one pottle, and *Sage*, *Lavender*, *Southern-wood*, *Worm-wood*, and *Camomil*, each of them a like quantity; then cut the herbs very small, and put them into the Oyl, and stir it well together, and let them stand in a bason of Lattin; or else some other like thing, for the space of a full moneth (but you must be sure to put as many herbs into the Oyl, as will make it very thick) and so let it stand until the herbes be rotten; then make a fire of coals, and set the bason thereon, and so let it boyl for the space of three hours or somewhat more, then take it from the fire, and let it cool somewhat, and when you see that it is milk-warm, or somewhat

somewhat better, then take a bag made of strong Canvas, and with a staf strain out all the substance as clean as you may, and then put it into a glass or gally-pot, or else into some earthen vessel, and stop it very close, and it will continue in his vertue very long. *This is good for any wound or old bruise, and also for the shrinking of any Sinews, and all manner of sores, for it hath bin truly proved.*

An excellent good and approved Oyntment for all manner of Aches, Agues, Bruises, GOWs, Cankers, Lameness, Stitches, or hardness of the spleene, and for all manner of pain in the head and eares.

TAKE Sage and Rue, of each of them one pound, *Worm-wood* and Bay-leaves, of each of them half a pound, of Sheeps-suet clean picked from the skin, the quantity of three pound and better of Oyl Olive, and chop the herbs very small, and then shred the Suet very fine, and put them all together, and then stamp the herbs and the suet until such time as the suet cannot be perceived, then take it forth, and put it into a fair pan, and put the Oyl therein, and cover it close, and so let it stand for the space of twenty dayes; then take it forth, and break it with your hands into a brass pan, and set it upon a soft fire, and you must be alwayes stirring of it untill such time as the herbs be crackling; then take it off, and strain it through a Canvas cloth into an earthen pot, and so keep it. For those vehement Aches, when you shall lay any of this same oyntment upon the place grieved, you must take wooll that groweth between the sheeps legs, or elie of the longest of the wooll, and let it be carded in broad flakes, and basted upon a linnen cloth, and so keep that alwayes to it.

An approved Medicine for an Ach, in any of the Huckle-bones, Thighes, Armes, Shoulders, which commeth by taking of cold, or, &c.

TAKE a kettle of strong Ale-grounds, and boile three or four wooden dishes therein, (which portage are usually eaten in) and let them boile for a good space over the fire, then take one of the dishes, and with a linnen-cloth wipe off the water which is both within

within, and upon the side of it, then take the same dish and whelm it upon the joynt, sinew, or place grieved, as hot as it may possibly be suffered, and so keep it thereon until it be cold; then take another of the same dishes, and do as aforesaid, and so the third, or fourth, and let the party grieved use this for a certain space both morning and evening, and this without all doubt will help him, for it hath holpen many that their sinews were shrunk up; but the party grieved must apply hot woollen cloths, or else some Lambs-skin, or the skin of a Hare or Cony, to keep in the heat when he taketh away the dishes from it.

A good Medicine for an Ach.

Take Parsly and Worm-wood, of each of them one handful, and seeth them in a quart of Ale, and sweet Butter, and wash the place well therewith that akes, and also bind the herbs to the place as hot as it may be suffered.

Another good Medicine for an Ach.

Take Sow-thistle, Chick-weed, Elder-leaves, Groundsel, and Cleavers, of each of them an handful, scald all these together between two Tyles, then lay these herbs to the place where the grief is; but let the herbs be washed before they be scalded, and this helpeth.

For Aches and swellings in the knees.

Take a quart of Malmsey, and an handful of Time, boil them together a good space, and when it is half boiled, put into it a good piece of new fresh Butter, and let them boil together, from a quart to a pint; and when you go to bed, bath your knees therewith, and wet a cloth three or four times double therein, and lay it to your knees as hot as possibly you can suffer it, and so let it continue all night, and in this sort use this six or seven times, and doubtless it will help.

This hath bin proved.

Wm Baynes

A very good Medicine for all manner of aching sores.

Take the juyce of *Smallage*, of *Sorrel*, *Way-bred leaves*, of each of them a like quantity: then take *Honey*, and the white of a new laid *Eg*, of either of them a like quantity also, and mingle all these together till they thicken, and let it come near no fire, but all raw and cold, lay it on the place grieved,

A plaister for an Ach.

Take *stone Pitch*, to the quantity of a Tennis ball, a spoonful of *Tar*, a peny-worth of *Treacle*, tryed *sheeps Suet* three ounces, the quantity of a Tennis ball of *Rosin*, and a spoonful of *Honey*, boil it over the fire in a kettle, and stir it well together, until it be well melted, then take a *Sheeps-skin* that is new killed, and make holes in it with a Bodkin, and spread the same salve or oyntment before mentioned upon the fleshy side of the skin, and lay it to the place grieved, as hot as you may suffer it, and the party grieved shall find great ease thereby; for it hath bin truly proved.

An excellent good Oyl for all manner of Aches, bruises, and strainings of the sinewes.

Take a pottle of *Neats-foot-Oyl*, and a quart of an *Ox-gall*, a pint of *Aqua-vite*, a pint of *Rose-water*, *Bay-leaves*, *Rose-mary* stripped from the stalk, *Straw-berry-leaves*, *Roots* and strings, *Lavender-cotton*, of every of these a handfull, beat them small, and put them into the aforefaid stuff, and seeth it over a fire of Coals in a pan of two gallons: and (at your own peril, see that the flame touch not the stuff,) let it seeth very well, and then take it off, and let it stand until it be almost cold, then strain it through a course linnen cloth, (but not the bottom of the said liquor) then put it into a glass, and so keep it; and when you are pained, anoint the place often where your grief commonly useth,

A soveraign Oyntment for any manner of Ach or swelling.

Take two pound of *Boars-graese*, one pound of fresh *Butter*, and a good quantity of *Smallage* and *Mallows*, and a good quantity of *Neats-foot-oyl*, then take them and stamp them very well together,

gether, then fry them, and strain them in an earthen vessel that is clean, and when the patient will use it, let him anoint himself therewith before a good fire; but let him take heed that he do not take cold upon it.

Another Medicine for an Ach.

Take a good quantity of *Smallage*, and put thereto some *Aqua-vite*, then strain it, and put thereto a good quantity of *Boars-grease*, and temper them very well together, and let the Patient be anointed therewith, both morning and evening before the fire, for the space of five or six days together, if the pain do continue so long. *This hath bin proved.*



A G U E S.

CHAP. II.

A very good Medicine for an Ague.



Take of red Sage, *Smallage*, *Ground-Ivy*, *Bay-salt*, *Plantane-leaves*, and green *Grass*, of each of them a good handful, and put therein a little *Rose-vineger*, for to make it moist, and with a linnen cloth bind it somewhat hard to both the wrists of the Patient, and so let it remain for the space of two dayes and two nights together: and then apply another in the same sort, and so let it be done for the space of ten days together, and (by Gods grace) it wil speedily help him. *This hath bin truly approved.*

Another for the same.

Take the *Grease* or *Fat* that is under the Manes of Horses, and melt the same in a new *Earthen-pot*, and strain it into a *Gally-pot*,

pot, or some such thing, and when the patient feeleth the *Ague* coming, let the Chine of his back be anointed therewith, and within nine dayes he shall be whole, keeping in the mean space a reasonable diet.

Another for the same.

TAKE the *Yolk* of an *Eg*, and put thereto a good quantity of groſs beaten *Pepper*, and two ſpoonfuls of *Aqua-vita*, and drink it cold, and after you have taken this drink, walk for the ſpace of an hour, and forbear other drinks as much as poſſible you may.

A very good Medicine for an Ague.

TAKE an handful of *Harts-horn*, that groweth in the field, and an handful of *Bay-salt*, and beat them both together in a mortar, and lay this to your wrifts, and this wil help you.

Another for the ſame.

TAKE *Bay-salt*, *Smallage*, *White Frankincenſe*, and *Plantain-leaves*, of each of them a handful, and beat them in a mortar, until they be very ſmall, then take them and divide them into four parts, and then lay two parts thereof unto your wrifts, and the other two parts to the bowghts of your arms, an hour before your ſit doth come; then take a quart of ſtale *Ale*, add to this *Ale* five *Bay-leaves*, and five tops of *Rosemary*, and ſeeth it from a quart to a pint, and continually as any froth doth ariſe, ſcum it off, then put into it a cruſt of white *Bread*, and let it ſeeth in the *Ale*, and when you perceive your ſit coming, drink it warm, and eat the cruſt: you muſt uſe this drink during all the time of your ſickneſs, for it is very whoſom and good.

An exceeding good Medicine for a Quotidian Ague.

TAKE three pints of *Ale*, *Bay-leaves*, and red *Sage*, of each of them a good handful, fine *Sugar* three ounces, and a ſpoonful of *Pepper*; ſeeth all theſe together in the *Ale*, from the quantity aforeſaid, till it come to a pint, then take it and ſtrain it through a fine cloth, and let the patient drink a good draught of it, as ſoon as

he may abide to drinke it, a little before his fit commeth, and then let him walk a good while after it.

Another for the same.

TAKE a pint of *Malmsey*, and a handful of *May-weed*, bruise the *May-weed*, and put the *juyce* thereof into the *Malmsey*, and let the Patient drinke thereof as often as he shall think good, and this will help him.

Another for the same.

TAKE a good quantity of the blades of *Daffadillies*, and braise them, and seeth them in a pint of *Ale* or *Wine*, and put into it a Spoonful of *Grains* bruised, with half an ounce of *Treacle*, and let the Patient drinke thereof, half an houre before his fit doth come, and this will help him.

A very good drink for an Ague.

TAKE three quarts of fair *Running-Water*, and put it into an earthen Pot, and put thereto a good handfull of *Violet-leaves*, and flowers, boile them for the space of a quarter of an houre together; then take it off the fire, and put thereto a sawcer-full of *Wheaten-Bran*, and cover the pot a good while, then strain it through a fine linnen cloth, and when it is cold, put thereto a good quantitie of fine *Sugar*, then let the partie grieved drinke thereof, both morning and evening fasting: also let him, before he eat any meat in the morning, eat six or seaven *Damascins*, (if they may be gotten) and at night let him eat roasted apples with *Sugar*, and at dinner let him drinke *White-wine*, with the water above, said mixed. *This hath bin truly proved.*

Another for the same.

TAKE a quart of new milk, as new as you can get it from the Cow, and seeth it, and when it doth seeth, put into it a good lump of *Rosh Allom*, and stir it until it have a good curd on it, and when it is very well curded, scum off the curd clean, and when you have so done, then take the same drink, and drinke it, as often as you think convenient, and as hot as it may possibly be suffered; and then put away the curd, for it is not good.

An

An excellent Medicine for an Ague.

TAKE *Bur-roots*, and *Red-nettle-crops*, and seeth them in stale *Ale*, add to this posset *Ale*, the powder of three *Bay-berries*, and clarifie it, then cover the Patient warm, let him sweat, and give him thereof to drink about such time as the col I fit beginneth to come, and after the heat is past; when you see that he beginneth to sweat, give him posset *Ale* to drink, made with *Marrigolds* and *Fennel*; but see that the posset *Ale* be well clarified: use this Medicine, for it will take away the *Ague* within three or four fits at the utmost.

A Medicine to take away the extreame heat or burning of any Ague.

TAKE *Nettles*, *Cob-webs*, and *Salt*; with the powder of *Glass*, and beat them together in a wooden dish, and lay it to the left arm of the sick person, and it will take away the heat of the *Ague*.

Another for the same.

TAKE a Toss of *Bread*, and spread it over with *Treacle*, and let the Patient eat it before the fit cometh, at the least three severall times, for the space of three dayes. *Prob. est per Gulielm. Lenthel, Oxon. Armig.*

Another present remedy for an Ague.

TAKE two ounces of *Bay-salt*, two ounces of *Frankincense*, and a handful of *Smallage*, beat them together, and lay them to the wrists of both your hands, and to the bowights of your arms, let this be done two hours before the fit doth come: *Prob. est.*

Another for the same.

TAKE two or three Cloves of *Garlick*, and bruise them, and a penyworth of *Aqua-vita*, half a pint of *Ale*, and half a spoonful of *Treacle*, seeth them all together, and drink it as hot as you may suffer to drink it, a little before the fit cometh.

Another for the same.

TAKE *Soot*, *Yolks of Eggs*, *Bay-salt* and *Pepper*, and mingle them together, and lay it to the wrists of the Patient, do this

twice a day, for the space of three or four days, and it will take away the *Ague*. For this hath bin often proved.

An approved Medicine for a burning Ague.

TAke a handful of *Strawberry-leaves*, and a handful of *Violet-leaves*, six handfuls of *Borage-leaves*, a handful of *Sorrel-leaves*, and so stamp them and drink them in *Poffet-Ale*, as hot as you may suffer it when your fit is upon you. This hath bin truly proved to help many.

Another for the same.

TAke the quantity of a quart of *Running-water*, and half a dozen of *Oranges*, and then pill away both the upper rind, and the white skin, and pick out the kernels of them, and slice them; add to this, *Violet-leaves* and *Borage*, with *Sorrel* and *Lettis*, of each an handful: then take them and stir them well, and seeth them in the said water, until the said water be consumed half away, then take the quantity of four ounces of *Sugar*, & boil it a little space therein, and when you perceive that it is sodden enough, strain it, and when it is cold, drink it, and so use it for the space of three days, and if need require, use it oftner; but if your burning be vehement, when your stomach wil serve, stamp some *Sorrel*, and eat the juyce thereof with your meat, this do and it wil help you.

Another for the same.

TAke *Smallage*, *Shepherds-purse*, and *Liverwort*, of every of them a like quantity, *Bay-salts* and *Frankincense* as much as you shall think needful; beat all these together, and lay it upon a linnen cloth, and bind it to the inside of the wrists of both your arms; use this for the space of nine days together, and it wil help this Disease. It hath been often proved.

An excellent remedy for a Quotidian Ague.

TAke a quart of stale *Ale*, a handful or somewhat more of red *Sage*, three *Bay-leaves*, a penyworth of fine beaten *Pepper*; take and boil these all together, from a quart to a pint, and when it is sod, clarify and strain it, and half an hour before the fit cometh, drink

drink a good draught thereof, and walk thereon, and it wil presently help him. *This hath bin often proved.*

Another for the same.

TAKE *Fetherfew* and *Smallage*, of either of them to the quantity of a good handful, add hereto the powder of three *Bay-berries*, stamp them all together in a Morter, until such time as they are beaten very small, and strain them: then take half as much as the juice of the same is of small Ale, and mingle them together: and then let the Patient drink the same warm, a little before such time as the fit doth come, (that is to say,) when he perceiveth any grudging upon him. This must be used three or four several times at the least, and let the patient go to bed, and have as many Clothes laid upon him, as he is able to bear or suffer, and so let him be continually kept until his fit be over-past, and thus in three or four times doing, he shall be holpen: *This hath bin well proved.*

A very good drink to be used for any manner of Ague.

TAKE a quart of *Ale* that is not over-strong, and boil therein a good quantity of *Centory*, and let the Patient drink it luke-warm.

A: excellent Medicine for an Ague, or for any burning Fever, be it never so vehement.

TAKE two handfuls of *Plantane*, and as much *Ryb-leaff*, (which leaf is like unto a *Plantane-leaff*, but it is somewhat longer, and it groweth upon the high-ways as the other doth,) And a pottle of running *Water*, (but it must be taken up against the stream) and two penyworth of *Liquorice* fine scraped, and boil them together, until the liquor be come to the quantity of a pint, then take it off and strain it: Then put into it as much *Sugar-Candy*, as you think fit to sweeten it withall, and then strain it, and so give the same liquor to the Patient to drink at all times; But he must refuse all other drink as near as he can, and this helpeth without all doubt. *This hath holpen many that have bin at the point*

point of death, and as it hath bin sufficiently proved, have bin thoughte to be past all cure.

An approved Medicine for a Tertian Ague.

TAke of *Dragon-water*, and *Aqua-composita*, to the quantity of a quarter of a pint, of either of them, and put thereto a penyworth of *Jean-Treacle*, and gross *Pepper* half a dram, warm all these together, and be still stirring it with a knife, or else with some other instrument, and give it to the Patient to drink, as hot as he may possibly suffer to take it, a little before the fit cometh, and let him lie in his bed and sweat very well. *This hath helped many.*

Another for the same.

TAke nine leaves of stock *Gilly-flowers*, and five or six crops of *Rosemary*, and stamp them all together, and take the juyce thereof, and drink it in Ale lukewarm, a little before such time as the fit doth come.

An excellent remedy for a quartane Ague.

TAke an *Ox-gall*, and as much *Aqua-composita*, and put thereto a quarter of an ounce of *Pepper*, bruised but a very little: and put thereto two peny-worth of *Treacle*, and anoint the hands, stomach and wrists, with the afore said things, being all mingled together, half an hour before the fit cometh, but let it be laid to as hot as the Patient may suffer it, and let him sweat well upon it, and this will speedily help him. *Prob. est.*

Another for the same.

TAke *Snails*, which be in she's, to the quantity of two handfuls, *Bay-salt* and *Mallows*, of each of them an handful, beat all these together, and lay it to the soles or bottoms of your feet, and to the wrists of the hands, before the fit cometh.

Another present remedy for a Quartane Ague, and for the drought that cometh thereof.

TAke red *wine*, and new milk, of a Cow that is all of one colour, of each of them a pottle; then take three or four handfuls of *Mous-eare*, of *Lewis* and *Strawberry-leaves*, of each two handfuls,

handfuls, wel picked and washed, strip them into the *Wine* and *Milk*, and temper them all together, and let them stand so for the space of one night, and then put them into a fair *Still*, and so distil them with a soft fire; then take the *Water* and put it into a *Glass*, and set it where it may stand in the *Sun*, for the space of five days, and let the Patient when he is dry in his Ague, drink thereof three or four times, and he shall be rid of his Ague, and this drink wil quench his thirst if he be never so dry.

A very good Medicine for an Ague.

TAKE a spoonful of green *Glass* beaten to powder, and three spoonfuls of *Stone-honey*, a handful of red *Sage*, mingle these with a head of *Garlick*, and put thereto as many *Cobwebs* as will temper the same, and let it be in bigness to the quantity of an *Eg*, shell and all, and then take the aforesaid things, and bind them about both the wrists of the Patient, and this will help him; *Præbatum est.*

A remedy to take away a drought in an Ague.

TAKE *Sorrel* and *Burrage*, of each of them a like quantity, and a certain quantity of *Strawberry-leaves*, and *Violet-leaves*, boyl them all together in a pottle of very fair running *Water*, untill it be consumed from a pottle to a quart; then take the herbs and strain them, and take half a pound of good *Almonds*, and blanch them, and beat and strain them with the said *Water*, and put *Sugar* therein, and drink it warm; do this for the space of five or six days, and it wil help him.

An excellent Rule to be observed in the making of drink and portage for them that are infected with any Ague.

TAKE *Bugloss*, *Burrage*, *Endiwe*, *Fennel-roots*, red *Sage*, *Lettice*, *Prunes*, *Pasly-roots*, great *Raisins*, *Sink-foil*, *Sorrel*, and *Succory*, of each of them a like quantity, and put all these into the portage, and likewise in *Posset-ale*, and *Alum-milk*, and this is very good.

A very good remedy against corrupt airs, wherein the Agues are first ingendred and gotten.

TAKE Betony, Centory and Agrimony, of each of them one handfull, then take them, and stamp them, and strain them with Ale, and with a Licquorice-stick bruised, Treacle one spoonful, and then boyl it, and clarifie it very well, and make it pleasant with Sugar, and drink thereof every morning luke-warm three spoonfuls, for the space of three or four days, and it wil preserve one from all corrupt airs and infection.

Another Medicine against an hot burning Fever.

TAKE a good handfull of Bay-leaves, an handfull and more of red Sage, and seeth them both together in a pottle of stale Ale, and let it boil until such time as the one half be consumed away, then strain it, and let the Patient being in bed, drink a good draught thereof, (the same being warm) and a little Sugar put therein to make it sweet, and let the Patient take it an hour before such time as his fit doth come. *Prob. est.*

Another Medicine against an hot burning Fever.

TAKE a pottle of stale Ale, and the bottom or lower crust of a white Loaf, and a handfull of Sink-foyle, a handfull of Camomil, of Treacle and Vineger, each of them a spoonful, a few whole Maces, Sugar-candy, as much as you shall think good, and seeth these together, until such time as the one half be consumed: then strain it from the herbs, and give it the party grieved to drink, and let him drink none other drink during his heat, and give unto him as much thereof, as he will, and it helpeth him. *This hath bin truly proved.*

A Medicine for the cold in a Fever.

TAKE Camomil and Wormwood, of each of them a handfull, and five Bayleaves, seeth them in a quant of Ale, and let it seeth until it be half consumed: then strain it, and give it to the Patient to drink first and last, and this helpeth; for it hath been proved.

An excellent good Medicine for an Ague.

TAKE the juyce of *Tansie*, and mingle it with the oyl of *Rose*, and a little before the fit cometh, let the Patient be anointed therewith, and it wil quite expel the Ague. *Prob. est.*

Another for the same.

TAKE *Liverwort* and stamp it, and let the Patient take of the juyce thereof, and drink it in some *Posset-ale*, and it wil both rid him of the Ague, and also cool the inflammation of the Liver; and it is also good against all hot Fevers.

Also the *Syrup* of *Violets* is good against all inflammations of the Lungs and Brest, and against the Plurisie and Drought, and also against all Agues and Fevers; and especially in young children.

Another for the same.

TAKE a good quantity of small *Daisies*, and boile them in a little fair running *Water*, and strain them, and let the Patient drink the juyce thereof, and it wil both cool the heat of the Liver, and cure him of the Ague.

Another for the same.

TAKE the juyce of *Barberries*, and drink it with *Posset-Ale*, and it helpeth.

Another for the same.

TAKE *Hurtle-berries*, (otherwise called *Black-berries*) and eat them with *Sugar*, and this will take away the inward heat or drought in an Ague: also the rind of *Lemons* is good to cool the heat in an Ague.

Likewise the juyce of a *Pomegranet*, is good to cool the heat in an Ague.

Another good Medicine to cure the burning-Fever.

TAKE the green leaves of *Barberries*, and make a sawee thereof, (as it were with *Sorrel*) and let the Patient eat it with his meat, and this will help him. *Probaturum est.*

Another for the same.

TAKE a few of the roots of *Pellitory of Spain*, and grate them, and put the powder thereof into a little *Posses-Ale*, and let the Patient drink it, and it will help him.

A very good water for an Ague.

TAKE *Sowthistle* and distill it, and half an hour before that the fit cometh, let the Patient drink the quantity of half a pint thereof, and this will presently expel the Ague, and take away the drought; and let him use this three or four times, and it will help him, for it hath holpen many, after that other Medicines have been experienced, and failed in the helping of them. *Probatum est per W. B.*

Another present Remedy for an Ague.

TAKE a pretty quantity of good *Wine-vinegar*, and put two new laid *Egs* therein, and let them remain there for the space of 24. hours: and then beat them very small together, and then strain the same through a clean linnen cloth, and give the Patient a good draught thereof, a little before his fit cometh, and look that he be kept very warm in his bed after it, and this will help him. *P. 88.*

An approved Medicine for an Ague.

TAKE a *Herring* that is well pickled, and split it on the belly-side, and warm the same very hot, and lay it to both the soles of the feet of the party grieved, and this will help immediatly, be it either *Quintan, Tertian, or, &c.*

Another for the same.

TAKE *Red-rose-water*, *Venice-Turpentine*, and *Frankincense*, of each of them two peny-worth, and mingle them well together: then take a piece of white leather, and spread the same plaster-wise thereupon: (that done) lay the same to both the wrists of the party grieved, and let the same remain there until it fall off, of it self.

This hath holpen many that have been troubled two years therewith, having taken the disease in foreign Countries.

Lastly,

Lastly, If you will take the quantity of a Spoonful of the powder of green *Glaſt*, finely beaten and ſearſed, and three Spoonfuls of *Stons-Honey*, with an handful of red-Sage, mingle all theſe with a head of *Garlick* beaten ſmall, and as many *Cobwebs* as will temper the ſame, being an *Eg-shell-full*, then take the ſame, and lay it upon a cloth, and wrap it about the wrifts of the party grieved, a quarter of an hour before the ſit cometh; and it helpeth.



B A C K.

CHAP. III.

An approved Medicine to cool the extreame heat in the Back: and alſo to cure the diſeaſe called Gomorhæa Paſſio.

TAKE *Water-creeſets* and *Columbines*, of each of them a good quantity, and ſeeth them in *Cow-milk*, and if it be for a man, then let it be the *Female-creeſet*, and if it be for a woman, then take the *Male-creeſet*; and when the beards are well boiled in *milk*, then take it from the fire, and let the Patient eat thereof, with a little *White Bread* therein, and let him drink it both morning and evening, for a certain ſpace, and by Gods grace it will help him. *Probatum eſt.*

A ſoveraign medicine for the weakneſs of the Back.

TAKE *Daiſie-roots*, *Plantane*, *Burſa Paſtoris*, *Centummodi*, cups of *Acorns*, of each of them a handful, and as much *Sole-armorinake*, and the powder of *Harts-horn*; then take a *Buck-Coney* that is fat, and boil all theſe in *White-Wine* and *Water*, and let the *Water* and *Wine* be of equal portions, and let them boil until the *ſleſh* of the *Coney* be ſeparate from the bones: then take the *Coney* and the other ſtuff out of the broth, and ſtrain the broth into

a clean vessel, and let it stand until it be turned to a jelly, and when you are in your bed, cause your back to be anointed therewith, by a chafing-dish of coals, for the space of three nights together, and lay a linnen-cloth warm thereon, (but in any wise take heed that you chafe not your back over-much) and this will help you. *P. est.*

Another for the same.

Take four or five *Cap Dates*, and peel them very clean, and let them be stamped small in a Morter, and put to them the yolk of a new laid *Eg*, a little *Nutmeg* grated, and the quantity of a quarter of a pint of *Muscadel*, and let the Patient drink thereof both morning and evening, and it will help him.

A present Remedy for a heat and pain in the Back.

Take *Rose-leaves*, and *Rose-Water*, of each of them a like quantity, and put thereto as much *Saunders* as you shall think good, and let them be steeped in your *Rose-Water*, for the space of four and twenty hours, then wash your back as often as you can conveniently every day, for the space of six or seven days, and this will both assuage the pain, and take away the heat, and much comfort the Reins.

Another Medicine for the pain in the back.

Take *Sage*, *Rosemary*, *Camomil*, and *Mandlyn*, of each of these a handful: then stamp them all together in a mortar, or other stone vessel, and let it be fryed with *May-butter*, and anoint your back with it warm, but in any case beware of taking cold thereon.

A Medicine to cleanse the back and purge the Reins.

Take two *Parfly-roots*, and pick out the paths of them, and a *Fennel-root*, and put to it *Pellitory* of the wall, and wash them clean, and boyl them in *Possinate*, and drink thereof when you go to bed, and as often as you shall think good, and every night do the like.

A good Medicine for the Reines of the back, and to stay Gomoria.

Take half an ounce of *Venice Turpentine*, and let it be very well washed in *Plantane-water*, or in *Rose-water*, and then mix it with fine white *Suger*, and *Cynamon* powdred, and make thereof four or five balls, of the which you must eat three in a morning fasting, and daily drink a little *Alegant*, or red *Wine* immediately after.

*An excellent good Medicine for the weakness in the back,
and also to restore nature.*

Take a quart of *Sack*, a top of *Rosemary*, *Winter Succory*, and *Peniroyal*, of each a like quantity, *Ginger* and *Nutmegs*, as much as will burn the *Wine*; then take two new laid *Egs*, yolks and all, and temper them with three or four spoonfuls of red *Rose-water*, and put thereto a good piece of fine *Sugar*, then take the burnt *Sack*, and burn it again with the *Egs*, and put into it a little *Mace*, and it will be in manner of a *Candle*, then put to it some *Sallet-Oyl*, and mix it with the burnt *Sack*, and let the Patient drink this thrice a day, (that is to say) in the morning fasting, after dinner, and when he goeth to bed, and this will help him in short space: *For it hath bin wel proved.*

Also, the yolk of an *Eg* new laid, with a little *Mannu Christi*, the same being eaten in the morning fasting, restoreth nature, and strengthneth the back greatly.

Avery good Medicine to strengthen the back,

Take a quart of *Ale*, and three or four whole *Maces*, and as many *Dates*, (the stones picked out, and the pith also) then take a good handful of the tops of *Rosemary*, and let all these be boyled together, until it be consumed from a quart to a pint, then take the *Oyl* of two or three new laid *Egs*; and take off the rind that is about the yolks, and then put the yolks into the *Ale*, and boyl them well together, and stir them, and so let the Patient drink thereof, both morning and evening, for the space of five or six dayes together, and this will strengthen his back very much. *Prob. est.*

A very good Medicine for the heat of the back.

TAKE *Vnguentum frigidum* Galleni three ounces, and spread it upon a fine linnen cloth, (but you must first dip it in *Red-Rose-water*,) and warm it against the fire, and lay it upon the Kidneys, & when it waxeth hot, take it off, and lay it to another place, and thus shift it often.

Another good Medicine for to cool the heat of the back.

TAKE the water of *Plantane* distilled, or else the juyce thereof, and put thereto some of the same leaves, and the leaves of red *Roses* distilled, and also of the water of red *Roses*, and the water of *Red-rose-vineger*; then put all these together into an earthen pot, and put a fine linnen cloth into the water to steep, and when it is well steeped, take it forth again, and then with a few leaves of a red *Rose Cake*, lay it to the back of the Patient, and when it waxeth hot, use another cloth dipped therein, (as aforesaid) and it will help him. *This hath bin often used by M.D.H.*

A good Medicine for one that hath a Weak Back.

TAKE five or six crops of red *Neepe*, *Clary* one ounce, and two spoonfuls of *Archangel-flowers*, and shred them very fine: then take three or four new laid *Egs*, and temper them all together: then take a little sweet *Butter*, that is but little salted, and make three or four *Fritters*, and let them be fryed in some earthen pan, and let the patient eat them without either bread or salt, but onely with a little fine *Sugar* strewed upon them. *Probatum est.*

A good plaister to ease a pain or crick in the back.

TAKE white *Archangel-flowers* and leaves, a good quantity, and of *Comfrey-leaves* and roots, one ounce of *Plantane*, and *Bursapastoris* one ounce, beat them all together very fine, and put unto them a spoonful of *Honey*, and a spoonful of cried *Mutton-fat*; and then fry them in a *Frying-pan*, and divide

it into four parts, and make of every part thereof a plaister, and so lay one of them on the back of the Patient, every night when he goeth to bed, and by Gods grace it will speedily help him.

A marvelous good ointment for the heat of the Back.

Take four ounces of *Unguentum frigidum Galeni*, and one ounce of the juyce of *Honsleeke*, three drams of *Mirrie*, and as much of burned *Lead*, and one dram of *Camphire*, half a dram of *Red-Rose-leaves*, and as much red *Corral*, then according to art, make all these into an Oyntment in a mortar of *Lead* or *Stone*, and let the Patient have his back anointed therewith, and he shall find much comfort thereby.

An excellent good restorative for the Back.

Take a quart of stale *Ale*, half an handful of *Germander*, an handful of *Clary*, an handful of unset *Hysop*, an handful of unset *Time*, a branch of *Rosemary*, a good quantity of *English Saffron*, a dish of sweet *Butter*, and a good peece of *Sugar*; then boyl all these together, until the one half be consumed, then strain it, and let the Patient take it both morning and evening, and it will help him.

To comfort the Back.

Make a *Tansie* of *Clary*, *Egs*, *Nutmegs* and *Mace*, eat of this every morning to break-fast.

Another for the same.

Take a quart of *Goats-milk*, if it may be gotten, if not; then take a quart of *Red-cows-milk* that is new, and a handful of *Oat-meal*, and a good deal of the *Pith* of an *Ox* back, and stamp them together, and seeth them well: and when it is foddens, strain it through a fine linnen cloth, and let the Patient drink it first and last, and it will help him. *Probatum est. This is also good against a Consumption.*

A good Medicine for the Weakness of the Backe.

Take a pint of *Red-wine* or *Aligant*, and put therein a good quantity of fine *Suger*, and *Red-rose-water*, *Buglosse-water*, and *Burrage-water*, of every of them a good quantity, mingle them together, and let the Patient drink two or three good draughts thereof, and a little *Diasaturion*: *This is a very comfortable drink to cool the stomach and the Reines, and it will strengthen the Back wonderful much.*

Another good remedy for the strengthening of the Back.

Take the quantity of a quart of the *Pith* of an *Ox back*, and a quart of *Muskadine*; and boyl them together until they be thick; then take the same and strain it through a fine linnen cloth, and let the party grieved, drink the quantity of 5 or 6 spoonfuls thereof at a time, every morning fasting, for the space of 4 or 5 dayes together; and this will do him exceeding much good: *This hath bin often proved.*

A Medicine for the heat of the Reines, and to avoid the blispring in the mouth.

Take *Liverwort*, *Sorrel*, *Balm*, *Succory*, *Violets*, and *Lettice*; fo each of them one ounce, and seeth them in a quart of *Whey*, the same having been well clarified, and let the Patient drink half a pint thereof at the least every morning. *Prob. est.*

A good Medicine for the Reins of the Back.

Take *Cassia Fistula*, and drink it in *White-wine* fasting, for the space of 9 dayes together, and it wil do him exceeding much good that wil take it. *For it hath been proved.*

Also this being drunk with White-wine, and the juyce of Parsley Roots, is a singular good preservative against the stone.

A present Remedy to stay the running of the Reins.

Take a good quantity of *Oreameale*, the seeds of *Cresses*, *Alkener* powder one dram, and beat it very small, and put it into a quart of

of new *Milk*, and seeth it, and put therein a good quantity of *Sugar*, and when it is well boyled, strain it, and give it to the Patient to eat, and it will help him. *Probansum est.*

Another for the same.

TAke *Venice-Turpentine*, and wash it clean in these waters following (*viz.*) in *Plantane-water*, in *Red-Rose-Water*, and in waters of *Liquorice*, and when you have washed it very well, then take the *Turpentine*, and seeth it with as much white *Mastick*, and when it is sodden enough, it will break to powder: (it is easily perceived upon a knives point,) then take half an ounce of *Nutmegs* beaten to powder, and put to it the like quantity of the powder of *Venice-Turpentine*, and half an ounce of white *Sugar*, and mingle them together; then let the Patient eat of the same Powder with an *Egge* or two, (rear roasted) that they may be supped off, and let him eat nothing for the space of an hour after: But if he eat two or three of these *Eggs* every morning so drest, it will be the better, until it be whole, and also let him drink half an ounce of *Red-rose-water*, and half an ounce of *Plantane-water*, after such time as he hath eaten his last *Egg*.

Note, that he must use to eat two of these *Eggs* aforesaid, in his bed before he rise in the morning, and the third one hour after he is risen up, and after the space of one hour more, he must in like sort drink the water aforesaid, and walk a good while after it.

Another for the same.

TAke a quantity of the stones and the roots of *Stock-flowers*, (*viz.*) *Diascurion*, and the roots that ly like *Beads* in barren grounds, and preserve them as you do *Cherries* or other things: then make a *Candle* of *Muscadine*, and boyl the same roots therein with a *Nutmeg* grated, and a little white *Mastick*, then let the party grieved eat of the roots, and also drink of the *Gynelle* aforesaid, and this will presently help him.

Another for the same.

TAke two new-laid *Eggs*, and put away the whites of them, as clean as may be, and set them in the fire until they be blood-

warm: then take half a *Nutmeg*, and a good peece of *Sugar-Candy*, and a pretty quantity of *Currel* finely beaten to powder, then take a little *Cynamon* and *Amber*, of each of them a like quantity, and mix them all together, and put them into the *Eg*, and let the Patient sup it off, or let him taste a peece or two of fine *White-Bread*, and powre the yolks of the *Eggs* thereon, and then strew the aforesaid powder upon it, and so eat it, and this will presently help him. *Prob. eff.*

Another excellent good Remedy for the running of the Reins.

TAKE three kernels of *Fistick Nuts*, which are not old, a dram of clear *Mastick*, a dram of *Myrrh*, and three scruples of *Campfire*, of the *Cups of Acorns*, and yellow *Amber*, of each of them a like quantity, then take a pretty quantity of *Venice-Turpentine*, and wash it clean in *Plantane-Water*, and temper it with the aforesaid things, and with the yolk of an *Eg* that is rear roasted: and so let the Patient eat it fasting. But if the cause be hot, then take three drams of *Bole Armoniack*, and put thereto. *Prob. eff.*

Another for the same.

TAKE *May-weed*, *Plantane*, *Neep*, *Clary*, *Balm*, *Bursa pastoris*, and *Daisie-roots*, of each of them a good handful, and boil them all in a quart of pure *Malmsiey*, and boil it till the one half be consumed, then strain it, and let the Patient drink thereof, both morning and evening, and this will stay the running of the Reins, although the Patient hath been long troubled. *This hath been often proved. D. L.*

Another for the same.

TAKE a good quantity of *Venice-Turpentine*, and a *Nutmeg* or two beaten small, and a good quantity of *Cynamon* ground to powder: then take five or six *Date-stones* and *Medler-stones*, and grind them until they be come to fine powder, and then mix them all together, and make them into *Bullets*, (peller-like) and wrap it in white *Sugar*, and let the Patient swallow down three or four of these *Pellets* every morning fasting, for the space of eight

or

or nine days together, and let him walk half an hour (after he hath taken it) before he do eat or drink, and this will speedily help him, *Probatum est*.

Another special good Medicine for the running of the Reins.

TAKE a shive of fine *Manchet-bread*, and toste it brown on both sides; then take two new laid *Eggs*, and divide the whites from the yolks as clean as you can, and then spread the yolks upon the bread, and put therein two penyworth of white *Sugar-candy*, beaten to fine powder, the powder of *Alkenes* half a dram; and let the Patient eat this every morning fasting; and let him fast an hour or two after he hath eaten it, and let him use this six or seven days together. This hath holpen them that have bin grieved therewith seven years before. *Probatum est, per M. James.*

Another for the same

TAKE *Amber*, *Nutmegs*, *Sugar-candie*, and *Cinrral*, of each of them as equal portions as you can, and beat them all into a fine powder, and put thereto a little grated *Cinnamon*, and mingle them all well together, strew the same powder upon a toste of fine *Manchet* (being tosted brown on both sides, as aforesaid) spread with the yolk of an *Eg*, and let the Patient eat the same fasting; and so let him use it five or six days together, and doubtless (by Gods help) it will cure him.

An excellent good Water to Wash the Yard of one that hath lately had the running of the Reins, and hath been cured thereof.

TAKE the leaves of *Dafies*, *Woodbind* and *Plantane*, of each of them three good handfuls, a good quantity of *English-Honey*, and as much *Roch-Allom* as a *Walnut*, and put to them a quart of fair running *Water*, and half a pint of *Red-Rose-Water*, and boyl all these together in some Earthen-Vessel (close covered) for the space of halfe an houre, and then strain it through

through a fine linnen cloth, and when you will use it, take a small Searing, and squirt some of the same water, (luke-warm) into your Yard, and let the pipe of your squirt be put into it, an inch or somewhat more, and let it be strongly spouted up, whereby the water may go beyond the sore place; and so use it every day three times, for the space of a whole moneth at least, and this will make it sound for ever after, from this disease: *For it hath been truly proved.*

Another easie Medicine to help the running of the Reins, and also to scowre the Yard after it.

TAKE a pretty quantity of *Plantane-water*, and *Woodbind-water*, and mingle them both together, and with a Searing squirt the same water (luke-warm) into the Yard of the party grieved as aforesaid, both morning and evening for the space of one and twenty days, and it will help him without all doubt. *Prob. est.*

A speedy remedy for the swelling of the Yard.

TAKE *Egrimony-water* distilled, and put thereto a pretty quantity of *Rach-Allom*, and set them on the fire till they do almost boil; then take a fine linnen cloth, and anoint or wash the Yard under the skin with the same water, being well warmed, it will aswage the pain of the Yard, and of the Cods, if they be often washed with the same: Also incarnate the skin of the Yard within. Take *Femitory-water*, and steep some *Liquorice* pared therein one night; and then put some of the same water into the Yard, either with a Sponge, or with a fine linnen cloth, Tent-wise, and this helpeth. *Probatum est.*

CERTAIN



CERTAIN
PURGING-POVVDERS
AND
Purging-Potions.

CHAP. IV.

A Purging-powder.

TAke some *Alexandria*, and white *Tartar*, of each one ounce, *Clove-Gilly-flowers*, *Cinnamon*, *Galingale*, of each one dram, *Diadegredij* two drams, powder these fine and searse them; take one dram hereof in *Succory-water*, or *Whey of Milk*; this purgeth gently.

Another Purging-powder.

TAke good *Mechoacan* two ounces, *Gentian* one dram, *Diadegredij* twelve grains, *Cinnamon* two Drams and two *Scruples*; make this in fine powder, the dose is one Dram in any the liquors afore said.

Another Purging-powder.

TAke *Turbith* two ounces and a half, *Diadegredij*, *Hermodactyl*, *Rose-leaves*, of each ten drams, *Clove-gilly-flowers*, *Saffron*, *Sassafras*, *Stone-parsley*, *Long-parsley*, *Long-pepper*, *Fenil-seed*, *Adace*, *Agarick*, *Saligem*, of each two drams, made in fine powder; infuse one dram hereof all night in *Succory-water*, take it warm.

A Purging-potion.

Take *Rubarb* thin sliced, one dram and a half, *Manna* one ounce; infuse them all night in warm *Sucory-water*, strain them hard the next day, commix with the liquor one ounce or two of *Sirrup of Roses*; drink this, it is an excellent *Potion*.

A singular good Medicine to stop a Lask:

Take a good quantity of the *Fruit of White-thorn*, (when it is ripe in *September*) and pick out all the core or stones (as clean as may be) from them, and then bruise the same into powder, and let the Patient eat it in a little thin broth (made of *Mutton* or *Veal*) and it will stay the *Lask*.

Another approved Medicine for a Lask, or looseness of the Belly.

Take a pretty quantity of *Aqua-composita*, and a new laid *Eg*, and boyl the *Aqua-composita* with the *Eg*, until such time as it be dry: Then take *Sugar* and *Cynamon*, of each of them a like quantity, and beat them to powder: and mingle them together, and let the party grieved eat the same with the *Eg*, and this will speedily help him. *Probatum est.*

Another good and easy Medicine to stop a Lask.

Take as much *Alkenet* powder as will colour a good draught of *Aqua-vita*, and temper the powder and the *Aqua-vita* together, and let the Patient use this, and this will stay the *Lask* immediately. *Probatum est.*

A perfect Medicine to purge children that are hard bound in their Bellies: and also to kill the Worms in their bodies.

Take one scruple of the pulp of *Colloquintida*, and infuse the same in pure *Saller-Oyl*, for the space of four and twenty hours, or else infuse two scruples of *Alloes-cicatrina* pounded in warm *Saller-Oyl*: And when you will use the same, anoint the child's Navil that is grieved, over-night when he goeth to bed, with either of these, and the same will give him two or three stools; and it will also kill the *Worms* in the body.

But

But if the child have Worms in the stomach, then anoint the region of the stomach therewith, as aforesaid, and it will help him.

A very good Medicine to ease the pain or griping in the Belly.

Take a handful of *Southern-Wood*, made hot between two ryles, and lay it right against the place (on the contrary side) where the pain is, and it will utterly expel it. Also, if it be laid to the Navil of any one that is much grieved therewith, it will speedily take the pain quite away. *This hath holpen many that have been greatly pained therewith.*

Another for the same.

Take two handfuls of *Wheat-Bran*, one handful of *Camomil*, and boyl it in *Wine-vinegar*; then take the same & lay it plaister-wise the left side of the party grieved, as hot as possibly it may be suffered, and this will presently help him. *Probatum est. This is also good against the Mother.*

A good Medicine for one that is hard bound in the Belly.

Take a *Chickin*, and a pretty quantity of *Cassia Fistula*, and seeth them together in fair running *Water*, and let the Patient drink the broth, and it will immediatly procure loosness of the body without pain.

Another for the same.

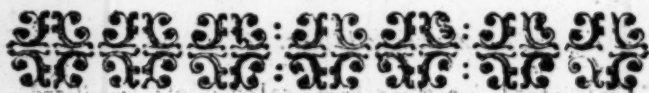
Take an *Onion*, and make a hole therein, and fill it with pure *Honey*, with a little of the pulp of *Colloquintida*, and roast it, and lay it to the Navil of the party grieved, and it will help him.

Another for the same.

Take the juyce of *Southern-Wood*, and anoint the belly of the Patient well therewith, and it will loosen the belly very gently. *Probatum est.*

An excellent good Medicine to keep ones body loose.

Take the quantity of a *Haste-Nut* of *Alloes-cicatrina*, (or as much thereof as well agreeth with thy body) and bruise it very small, with eight or nine *Rasins* of the sun (the stones clean pick'd out of them) and then make as many little Pills or Balls thereof, as the party may conveniently swallow down at once: and so let him take them i the morning fasting. Likewise, let him at his going to bed, eat a roasted *Apple* with a little *Butter* and *Ginger* mixt, and this will help him very soluble. *Probatum est.*



B I L E S,

Fellins, and Uncoms.

CHAP. V.

A very good Medicine for any manner of Bile, Fellin or Uncoms.

Take *Smallage*, *Rue*, and *Red-Sage*, of each of them one handfull, a piece of *Wheaten-leaven*, and a good quantity of the *Gronnes* of strong *Ale*, and boyl them all together, and make a plaister thereof, and apply it often to the place grieved, and this will presently help him: This bath holpen them that were in great jeopardy to have lost a joynt thereby.

Another for the same.

Take red *Sage* and *Rue*, of each of them a like quantity, and chop them very small: then take *Gronnes* of strong *Ale*, and a good peece of brown *Leaven*, and a few crums of brown *Bread*, and mingle them all together, and seeth them in some earthen

LIB. I. Bites, Fellins & Uncoms.

earthen Vessel, until it be thick, and make a plaister thereof, and lay it warm to the fore place, and you shall find marvellous great ease thereby,

Another for the same.

TAKE a good quantity of sowre *Leaven*, and crum it small into a *Pipkin*, or else into some other earthen vessel, and half a peny-dish of sweet *Butter*, and five or six spoonfuls of *Rose-vinegar* (the leaves and all) and boyl them all together, and make a plaister thereof, and lay it to the fore as hot as it may be suffered, and it will speedily cure it.

Another for the same.

TAKE 20 garden-*Snails*, and beat them (shells and all) in a mortar, until you perceive them to be come to a salve: then spread a little thereof upon a linnen cloth, and lay it to the place grieved, and when one plaister is dry, then take that off, and put on another, and use it often, and it will kill the *Fellin*: and also it will both heal the fore place, and draw it. *This hath bin truly proved.*

Another for the same.

TAKE *Rue* (otherwise called *Herb-grace*, and let it be gathered in *March*) and white *Worts*, of each of them a good quantity, and beat them very well together: then take rusty *Bacon*, and sweet *Butter*, of each of them a like quantity, and two or three house-*Snails*, and mingle all these together, and make a plaister thereof, and lay it to the fore, and by often using it, as afore said, it will speedily cure it.

Another for the same.

TAKE red *Sage*, *Rue*, *Snails*, *Bay-salt* and *Bacon*, of every of them such a quantity as you shall think good, and temper and beat them well together, and then lay it to the *Fellin*, and this will presently help. *Prob. 4th.*

Another for the same.

TAKE red *Sage*, *Rue* and *Honfleck*, of each of them an ounce, wash them all together, and dry out the water with a clean

cloth, and chop them very small, then take the quantity of a Tennis ball of sowe *Leaven*, and two spoonfuls of *Tar*, and a spoonful of black *Sope*, and stamp them all together in a wooden dish, with a pestle of wood, and make a plaister of it, and lay it an inch thick upon a peece of linnen cloth, or else upon a peece of white *Leather*, and every morning and evening apply it to the sore, and this will both draw it and heal it. *This also is good for any Bile Fellin, or Vncome.*

An excellent good and approved Medicine for any Fellin, old sore, or any other Vncome whatsoever:

TAKE a quart of *Ale*, and put therein a race of *Ginger* beaten to powder, and seeth the *Ale*, until it be half consumed away; then put therein half a pound of *Sugar*, and stir it well, and then set it to coole, and put the *Ginger* into it, & then make a plaister thereof, and lay it to the place grieved, and it will cure it if it be never so sore. *Prob. est, per M.D.L.*

Another special good Medicine for any manner of Bile or Fellin.

TAKE a penyworth or two of *Mishridatum*, and the yolk of an *Eg* mixt together, and spread it somewhat thick upon a peece of white *Leather*, and prick it as full of holes as ever it may be, and lay it to the sore, and it will both draw out the core, and heal the sore: *This hath bin truly proved: Likewise it will cure any manner of Plague-sore whatsoever:*

Another for the same.

TAKE a good quantity of *Wheaten-flower*, a little *Bores-grease*, and temper it very well with *White-wine*, and boyl it until it be thick, and then spread it either upon a linnen cloth, or else upon a peece of white *Leather*, and lay it to the sore, as hot as possible it may be suffered, and this will open the hole, and draw out the venome or filth, and ease the aking: and it will also close it up again and heal it: and for want of *White-wine*, either *Ale* or *Beer*, may be used.

MOREOVER, this Medicine will cure the pricking of any thorn or needle,

needle, in any joynt, or else-where, although the hole be never so close stoppt up again.

Another excellent good Medicine for any manner of Biles, Whisflawes, Fellins or Vncomes.

TAke *Bores-grease, Wheaten-flower, Sage and May-butter*, and stamp them all together in a Morter, and then make a plaister thereof, and lay it to the place grieved, and it will both ripen and draw it: also if it be fryed in a *Fryingpan*, and applyed as aforesaid, it will work the better. *Prob. est.*

A present remedy for a Bile, Fellin or Vncome.

TAke of *Lilly-roots*, as much as well may be wrapped up in a *Colewort-leaf*, and let them ly in the embers to roast, and when they are soft, take them out of the *Colewort*, and mix them well with *Barrowes-grease*, and a little *Wheaten-flower*, and beat the same in a Morter; and so make it plaister-wise, and lay it to the sore as hot as possibly it may be suffered, and this will cure it without all doubt. *Prob. est.*

Another experienced Medicine for to ripen any Biles, Whisflawes, Fellins, or other Vncomes whatsoever.

TAke a pint of sweet *Milk*, and put thereunto a good quantity of *Sheeps-Suet*, and cut and shred it very small, and mingle a good handful or two of *Oatmeal* (beaten very small) therewith, and set it on the fire, and seeth it until it become so thick, as it may be spread on a linnen cloth, and so laid to the sore, (as hot as it may possibly be suffered) and it will both ripen it, and break it in a short space, without any pain; and when it is broken, lay a little *Turpentine* upon a peece of white *Leather*, and with a small Bodkin, prick it full of holes, and then lay this plaister to the sore, and it will both draw it and heal it. *This hath bin often proved.*

Another present remedy for any Whisflaw or Fellin.

TAke a little *Bay-salt* stamped very small, and some *Leaven* of *lowre Bread*, and mix it with the yolk of a new-laid *Hen-Eg*,

and apply it twice a day to the fore, it will both assuage the pain & withdraw the swelling away (if there be any) and it will heal it in a very short space.



BLADDER

CHAP. VI.

An excellent good Medicine to purge the Bladder of one that cannot piss perfectly.

TAKE Parsley, red Fennel, Maiden-hair, the roots of *Elisanders*, and the roots & leaves of *Harts-tongue*, of each of them a like quantity, and seeth them all together in white Wine, and then strain the same through a fine cloth, and keep it close stopt in some Glass or earthen Vessel, and when occasion serveth for the use of it, let the party grieved drink a good draught thereof, first and last, and it will purge the Bladder in short time. *Prob. est.*

Another for the same.

TAKE Rue, (otherwise called *Herb-grace*) Grommel, and Parsly, of each of them as even portions as you can, and stamp all these together, and steep them in White-wine, and then strain them, and give the same to the Patient to drink four or five times a day luke-warm, and it will help.

Another

Another for the same.

Take *Bernies* of *Ivie*, and beat them to powder, and let the Patient drink it with *Whise-wine*, or else with *stale Ale*, as hot as he is able to suffer it.

A very good Medicine to cause one to make Water that cannot.

Take a new-laid *Eg*, and make a hole in the greatest end of it, and take forth both the yolk and white, and lay the hole of the *Eg* downawards, upon a hot Brick-stone, and let it remain so, until it be so well purged, that you may make powder thereof; then beat it to powder, and drink it in *White-wine*, twice a day, (first and last) and it will help you. *This was much used by one Mr. Rose, who eased many therewith: also this is marvellous good against the Stone.*

Another for the same.

Take a quart of strong *Ale*, and set it on the fire, and then take a good handful of *Time*, and bind it up fast into a bunch, and so seeth it in the *Ale*, until such time as you do perceive the strength thereof to be clean gone into the *Ale*, and then let the Patient drink a good draught thereof every day, both morning and evening, for the space of six or seven days together, and it will help him. *Probatum est.*

Another for the same.

Take a good quantity of the seeds of *Red-nettles*, and put them either into your *Ale*, or else into your *Pottage*, and so eat or drink often thereof, and this will help you presently. *R. Cox. This is also good against the Stranguary.*

Another for the same.

Take a *Flint-stone*, and lay it in the fire, and there let it remain until it be red hot, and then put it into the *Ale*, that the party grieved doth drink, and then drink a good draught thereof whilst it is warm, and you shall find marvellous great ease thereby.

Another

Another for the same.

TAKE a quarter of a handful of *Parsley*, and as much red *Fennel*, and wash and shred them very small, and put them into a Cup of stale *Ale*, and make a *Posset* therewith, and drink the *Ale*, and it helpeth.

A good Medicine for one that pisseth blood.

TAKE *Bursa-pastoris*, *Parsley-seeds*, and *Ambrose*, of each of them a handful, and stamp them well together, and then steep them very well with *Goats-milk*, and then strain it through a fine cloth, and give it to the Patient to drink, and this will help him without all doubt. *Probatum est.*

Another good Medicine to cause one to piss that cannot.

TAKE a good quantity of the best *English Saffron* that may be gotten, and dry it, and beat it to fine powder, and then take the like quantity of pure black *Sope*, and mingle the same with the powder, and then spread it over the fleshy side of a peece of *Sheeps Leather*, and then lay it to the navil of the party grieved, and it will procure *Urine* within an hour or little more. *Prob. est.*

An experienced Medicine to provoke Urine.

TAKE a good handful of red *Nettle roots*, and seeth them in a quart of good *Ale*, and let them seeth until the one half thereof be consumed: then put into it a quarter of a pound of sweet *Butter*, and scum it clean before such time as the butter be put in it; and when you have so done, take a good quantity of the seeds of *Elisanders*, *Parsley-seeds*, and *Grommel-seeds*, (being all well beaten to powder first) and seeth them therein, and when it is well sodden, strain it through a fine linnen cloth (but let all the things before rehearsed, be of equal portions) and then let the Patient use to drink often thereof, especially first and last, and this will help without all doubt.

Another

Another for the same

TAKE three quarts of *Ale*, and seeth it, and let it be three or four times scummed, then put into it *Rosemary*, *Time*, and *Penny-royal*, of each of them a handful, and let them boyl together, till a quart thereof, or somewhat more be waisted away: then strain the same, and let the Patient drink a good draught thereof, luke-warm every morning fasting, and last in the evening, and this will ease him very much. *Prob. est.* This is also a marvellous good Medicine against the Stone, and has been sufficiently proved.

Another good Medicine to cause one to piss that cannot.

TAKE *Horse-dung* out of the Stable, and new *Butter* and *Aqua-vita*, of each of them equal portions, and fry them all together, and then make a plaister thereof, and apply it to the Patient (from the Navil to the Fundament) as hot as possibly he may suffer it: but let him not be afraid, though it cause the blood to issue forth, for such is the nature of the Medicine. Also it will cause the Stone to avoid forthwith. *Prob. est.*

Another good Medicine to provoke Urine speedily.

TAKE *Betony*, which groweth in woods, (both roots and leaves) wash them clean, and dry them in an Oven, (in a Sieve, or in some other such like thing) where brown-bread hath been newly drawn forth of it, then take the same leaves and beat them to powder, and let the Patient use half a Spoonful thereof at a time, either in *White-wine*, *Posset-ale*, *Postage*, or else into his ordinary drink which he commonly useth. Infuse in this *Wine*, some *Parsney*, and *Carrot* thin sliced.

A good Medicine to heal a Canker upon the Throat.

TAKE an ounce of *Rock-Alum*, and half an ounce of *Fennel-seeds*, and mingle them with *Smiths-water*, and put them all together into some Glass, or other close Vessel; and when they are well

soaked, boyl them for two hours together, and then strain the same, and put it again into the Glasse or Vessel aforesaid, and stop it close, when occasion serveth for use thereof, then let the Yard be often washed therewith, and it will destroy the *Canker* in short space.
Probatum est.

A very good Medicine for the swelling of the Yard or Cods.

TAKE *Egrimony*-water distilled, and put thereto a good quantity of *Roch-Allom*, and set them over the fire to soke, and so let them remain until they be ready to boyl, then take it off, and with a fine linnen cloth anoint well the yard under the skin, with the same water, and let it be warm when you do use it, and it will aswage the extreame heat of the Yard, and also of the Cods, if they be washed with the same.

Also to incarnate the skin of the Yard within, take *Fumitory-water*, and put a good quantity of *Liquorice* pared, and steep it therein, for the space of one night, and then put some of the same *Water* into the Yard with a sponge, or else with a tent made of linnen cloth.

An excellent good remedy for the burning, and intolerable heat of the Vrin.

TAKE seeds of *Purslane*, seeds of *Lettice*, seeds of *Endive*, and seeds of white *Poppie*, of each of them two ounces: then take the weight of half a dram of *Henbane-seeds*, *Saffron* one dram, five drams of *Liquorice*, ten drams of *Pine-apple kernels*, two ounces of *Sebastian*, and the quantity of six pound of fair *Running-Water*; mingle all these well together, and boyl them until the third part thereof be consumed, then strain it, and let the Patient take every morning an ounce thereof, and mingle it with an ounce of the juyce of *Violets*, and so let him use this for the space of three or four days together, and the fifth day you shall see marvellous strange variety in the *Vrin*. *Prob. est.*

A marvellous good Water to break the Stone in the Bladder.

TAKE two pints of the juyce of *Saxifrage*, of the juyce of *Cromel*, & of the juyce of *Parsley*, of each of them a pint, and put thereto the quantity of 8. or 9. ounces of the best *Vineger* that is made of pleasant *Wine*, a handful of *Cherry-stones* small bruiled in a mortar, and distil all these together, and then put the distilled water into some *Glas*, or other *Vessel* that hath a narrow mouth, and let the party grieved take an ounce thereof at a time, thrice every day, (*viz.*) in the morning fasting, at noon, and at night a little before he goeth to bed, and (by Gods grace) it will in a short space help.
Probatum est.

A marvellous good drink to cleanse the Bladder, Which must be taken after the stone is dispersed, and to cause it to avoid away by shievers and small pieces.

TAKE *Rosemary* and wild *Time*, of each of them a handful, and seeth them in a quart of *Rain-water* until the one half thereof be consumed, and then put as much *Sugar* therein as will make it sweet, and let the party grieved, use to drink of this every day often, until he do perceive his water to grow clear: and unless his water be thick, let him not drink thereof.

A good Medicine to cure the hot swelling in the Yard.

TAKE *Wax*, *Oyl*, and the juyce of *Purslane*, of each of them a pretty quantity, and mingle them all together, and then lay the same to the *Yard* that is swoln, and it will speedily help. *Probatum est.*

MAny things more might have been here spoken of, as concerning all such Diseases, as come of the *Bladder*, as the *Stone* and such like, &c. But as concerning the *Stone* is self, look in the title of *Chollick* and *Stone*, and therein you shall find things answerable to expectations. Therefore I will now omit to speak any more at this time of the *Bladder*, hoping

ping that there is none that do take upon them the practice either of Physick or Chyrurgery, but are of themselves sufficient enough to iudge thereof, and to minister apt Medicines for it: and for those that are unskilful in the sciences aforesaid, I would Wish them to have a great care and respect to the Medicines, that they do minister for divers Diseases coming of the Bladder, and they not knowing the causes, wherein if they be not skilful, they do much hurt. Therefore I would Wish them first to learn of those that are skilful, before they do attempt any such thing themselves; and further, to know perfectly the principal cause of the Disease, whereby they may more easily of themselves afterwards, minister Medicines accordingly, as occasion shall serve: and not any way prejudice or hurt the Patient any thing at all, but also for ever after, purchase to themselves everlasting fame.



BLEEDING

AND

BLOOD-STANCHING.

CHAP. VII.

An excellent good Medicine to stanch Blood.

TAke White-wine Vineger, (the best that may be had,) and Plantane-water, of each of them two pound, and mingle them together; then take divers linnen cloths and wet them therein, and lay some of them to the soles of the feet of the party grieved, and some against the Liver, and some to the

the palms of the hands, & about the Cods, and this will stanch the bloud forthwith. *Probatum est.*

Another good Medicine to stanch the bleeding at the nose.

TAKE *Inckle*, and bind the party that bleedeth, about the temples of the head, very hard, and let the knot be in your neck: and this will stanch the bleeding immediatly.

Another good Medicine to stanch the bleeding of the Nose, although it bleed never so freshly.

TAKE an *Eg*, and break it on the top, in such sort, that all the white and yolk may issue clean forth of it: then fill the *Eg-shell* with some of the bloud of the party which bleedeth, and put it in the fire, and there let it remain until it be so hard and dry, that it may be powdred, lay the powder on the wound, and it will stanch the bleeding immediatly, without all doubt.

Another for the same.

TAKE a linnen cloth, and wet it well in *Vineger*, and wrap it about the privy Members of the party that bleedeth, and it shall immediatly cease the bleeding. *Prob. est. P.I.L.*

Another for the same.

TAKE *Centory*, green *Rue*, *Bursa pastoris*, and red *Fennel*, of each of them a like quantity, and stamp them all together, and strain them with *Ale*, and let the Patient drink the same luke-warm, and it will stop the bleeding of any manner of wound, cut, bruise, or other hurt whatsoever.

Another for the same.

TAKE *Bursa pastoris*, (otherwise called in English *Shepherd's purse*,) *Hyssop* and *Plantane*, of each of them a like quantity, and bruise them in a moister, and make them hot before the fire, and then lay them to the nose of the party that bleedeth: and like-

likewise bind some of the same herbs to the temples of your head, as hot as you can suffer them, and this will stanch the bleeding forthwith, without all doubt. *Prob. est.*

Another for the same.

Take an old linnen cloth, and wet it well in good sharp *Vineger*, and then burn it to powder, and the powder of *Bale-armoniack*; then take some of the same powder, and (if it be a wound) cast it therein, and it will stop the bleeding immediately: but if the nose bleed, then (with a quill or some other instrument) blow up some of the same powder into the nose of the Patient, and it will cease bleeding.

Another for the same.

Take *Betony*, and stamp it with a little *Salt*, and put a pretty quantity thereof into the nose of the party that bleedeth, and it will stanch the bleeding presently. *Prob. est. per M. Edwards.*

Another approved Medicine to stanch the bleeding of a wound.

Take a linnen cloth and burn it, and then take the powder thereof, and spread it thick upon another cloth, and lay it to the wound, and this will stanch the bleeding of it. Also take *Pimpernel*, and hold it between your teeth, and you shall not bleed any more whilst you hold it there.

A very good Medicine to stanch blood, When nothing else will do it, by reason the vein is cut, or that the wound is great.

Take a piece of salt *Beef*, (that which is lean only) as much as will ly in the wound, and lay the same in the embers of the fire, and so heat it thorow-hot, and then thrust it into the wound, and bind it fast, and it will forthwith stanch the blood, and let it ly for a good space after in the wound, for the stopping of the blood. *This is a present remedy, and hath been often proved.*

Another for the same.

Take a *Toad* and dry him very well in the *Sun*, and then put him into a linnen bag, and hang him about the neck of the party that

that bleedeth with a string, and let it hang so low that it may touch the brest on the left side near unto the heart, and commonly this will stay all manner of bleeding at the mouth, nose, wound, or otherwise whatsoever. *Prob. est.*

An excellent Medicine to restore blond again, after much lost.

TAKE half a pint of *Muskadine*, and one penyworth of good *Sallet-Oyl*, and mingle them well together, and let the Patient drink the same off at a draught in the morning fasting: And then walk an hour or two before you take any food after it: But if you take a Candle, or some other Broth made of a Chicken, Veal, or Mutton, it will be the better: use this for a certain space, and you shall find much comfort herein, for it is a perfect good restorative for the blond.

Another for the same.

TAKE the white of an *Eg*, and a little red *Oker*, (otherwise called *Role-armoniak*) and a little *Dragons-blond*, and bray them all together very small: then take a little *Flax* and wet therein, and then make it like a fillet, and lay it upon the fore-head of the Patient, from one ear to another, (but be sure that it ly right upon the temples of your head) and this will presently stanch the blond.
Probatum est.

A present remedy to stanch the bleeding of any cut or wound.

TAKE a good quantity of *Vine-leaves*, and dry them well, and beat them to powder, and put the same powder into the wound, and it will cease bleeding presently. *Prob. est.*

A present remedy for one that bleedeth inwardly.

TAKE a good quantity of the juyce of *Neep*, and the juyce or powder of *Shepherds-purse*, and let the party grieved drink it, and it will cause the blond to be cast up presently. *This hath been truly proved.*



B L O O D

S P I T T I N G.

CHAP. VIII.

An excellent good remedy for one that spitteth blood.



TAke the Dung of *Mice*, and beat it into fine powder (the quantity must be as much as will ly upon a groat of silver) and put it into a pint of the juyce of *Plantane*, and put thereto a little fine *Sugar*, (but let it be finely beaten to powder, before you put it into the juyce) and then let the party grieved drink a good draught thereof at a time, both morning and evening every day, until such time as you perceive the infirmity to be clean gone, and this will help.

Another for the same.

TAke the juyce of *Betony*, *Bursa pastoris*, the powder of *Alkenet*, so much as maketh the liquor red, and temper it well with *Goats-milk*, and give it the Patient to drink, and use it for the space of three days together, and doubtless this will help. *Probatum est.*

Another

Another for the same.

Take Betony, Mints, Smallage, Yarrow, and Rue, of each of them a like quantity, and seeth them all together in new Milk, and let the party grieved sup it off as hot as possibly he may suffer it, and it will speedily help. *Prob. est.*



BITING

OF VENOMOUS

BEASTS.

CHAP. IX.

An excellent good remedy for the biting or stinging of any manner of Serpent, as Adder, Snake, &c.

TAke a good quantity of the leaves of an *Ash-tree*, and stamp them very well, and then lay them to the place that is stung, or else wring out the juyce very clean forth of them, and let the Patient drink a good quantity thereof, with *Metbridate* every time, and it will work marvellous great effects. *This hath been truly proved.*

A very good Medicine to cause Serpents to forbear stinging or biting.

TAke the juyce of *Reddish-roots*, and anoint your hands therewith, and the fume or smell will cause them that they shall neither

neither sting nor bite : but they will be ready to dy with the smelling savour of the root, and they will do no harm if you take them up in your hand. *Probatum est.*

A good Medicine to cause one not to be stung either with Wasps or Bees.

TAKE a good quantity of *Mallows*, and stamp them, and mingle them with *Oyl-Olive*, and then the place that is anointed with the same unction, neither *Wasps* nor *Bees* will touch there.

Probatum est.

A present remedy against the biting of a mad Dog, and against the rage or pain that followeth the party that is bitten.

TAKE a good quantity of the *Blossoms* or *Flowers* of wild *Thistles* dried in the shadow, and beaten to powder, and give it the Patient to drink in *White-wine*, (the quantity of a *Walnut-shell* full at a time) three or four times together, and this will speedily help. *Probatum est.*

For the biting of a mad Dog, Adder or Snake.

DRINK in *Dragon-water* the powder of *Crevish-shells*, with *Mithridate*; and apply to the wound *Garlick* and powder of *Crevish-shells* mixed and strained together.

A singular good Medicine for the biting of any venomous beast.

TAKE *Selandine* and *Plantain*, of each of them a like quantity, and stamp them very well together, and then temper them with *Stale Piss*, and apply it to the place grieved, and it will assuage the pain and swelling, and it will also draw out the venom thereof, if it be never so vehement. *Probatum est.*

Another for the same.

TAKE a good quantity of *Plantane*, beat it well in a mortar and strain it, and drink the juyce thereof, and it will speedily ease you; add hereto *Garlick*. *Probatum est.*

*An excellent good Medicine for the biting or stinging of an Adder,
Serpent, or other venomous Beasts.*

TAke a good quantity of *Centory*, and chop it well, and strain it, and compound it with *Urin*, and let the party grieved drink it 3 or 4 times: and afterwards, take a *Cock-Chicken*, and take the guts warm, and lay them upon the place grieved, and open a live *Pigeon* and lay it on the wound, and so let them remain there for the space of 12. houres (the party grieved having all this time, his leg, arm, or other place stinged, bound up about his Body) and then take them away, and lay a quarter of the same *Cock-Chicken* to the same place, and let it remain there, as long as the guts did before, and then take the same away, and apply another of the quarters to the same place, and in like sort, another: and so use this continually untill the party grieved be well, but take good heed that you do not touch the place that is poysoned, with your hand or finger, and when you take away either the guts or quarters from the place that is grieved, bury them in the ground, least they should infect either Man or Beast afterwards.

Probatum est.

An excellent good remedy for the biting of a mad Dog.

TAke *Night-shade*, *Betony*, and wild *Sage*, of each of them a handful, and a pint of fair *Running-water*, and stamp the herbs and strain them with the said water, and then put thereto a pennyworth of *Treacle*, and so give it the Patient to drink 3, or 4. mornings together fasting, and apply the herbs strained to the wound, and this will speedily help. *Prob. est.*

H 2

A Rule



ARule to know what things
are good and wholsome for the
Brains, and what are not.

CHAP. X.

- | | | |
|---|---|---|
| To eat <i>Sage</i> , but not overmuch
at a time. | } | To sleep measurably. |
| To sinell to <i>Camomil</i> or <i>Musk</i> . | | To hear but little noyse of
<i>Musick</i> or <i>Singers</i> . |
| To drink <i>Wine</i> measurably. | } | To eat <i>Mustard</i> and <i>Pepper</i> . |
| | | |
| To keep the head warm. | } | To smell to <i>Red-roses</i> . |
| To wash the hands often. | | To wash the Temples of the
head often with <i>Rose-water</i> . |
| To walk measurably. | | |

Things ill for the brain.

- | | | |
|--|---|-----------------------------------|
| To sleep much after meat. | } | Corrupt ayres. |
| All manner of Brains. | | Overmuch watching. |
| Gluttony. | | Overmuch cold. |
| Drunkennes. | | Overmuch bathing. |
| Late Suppers. | } | <i>Milk</i> |
| Anger. | | <i>Cheese</i> : |
| Heaviness of mind. | | <i>Garlick</i> . |
| To stand much bare-head. | | And <i>Onyons</i> . |
| To eat overmuch, or hastily. | } | Overmuch knocking or
noyse. |
| Overmuch heat in travelling
or labouring. | | To smell to a white <i>Rose</i> . |

STINCKING.



STINCKING BREATH.

CHAP. XL.

A good Medicine to be used, for one that hath a stinking-breath.



Take seeds of *Coriander* prepared, and *Cloves* bruised, and boyl them very well either in white *Rumny*, or in *Sack*, and let the party grieved drink three or four spoonfuls thereof in the morning, and as much in the evening: but note this, that which he taketh in the morning must be cold, and that which he taketh in the evening must be hot: but he must beware of taking excess of meat or drink, and let him not use to sit up late at night, but rise as early in the morning as he can, and this (by Gods grace) will in a short space help this infirmity. *Prob. est.*

Another for the same.

Take a good quantity of *Rosemary-leaves* and *Flowers*: (if they may be had) and boyl them well in *White-wine*, and then put a little *Amyrb*, *Benjamin* and *Cinamon* beaten to fine powder therein, and let the Patient use to wash his mouth often therewith, and this will presently help. *Probatum est.*

Another for the same.

TAke a pound of *Cummin-seed*, *Carraway*, and *Anise-seeds*, of each one ounce, some *Cloves* with *Sugar*, burn it as other burnt *Wine* with *Rosemary*, and but one quart of *Wine*; and then strain it, and let the Patient drink thereof twice every day at the least, for the space of 14 or 15 days together, and let him also use to drink the quantity of a quarter of a pint thereof at a time, and this wil help without doubt.



Diseases in the Brest, as the Tisick, &c.

CHAP. XII.

A good Medicine for the Tisick, and stopping in the brest, and for the the opening of the Pipes and Wesand.



TAke *Parsley-roots*, *Fennel-roots*, *Ysop*, and *Succory-roots*, of each of them a handful, and pick all the piths clean out of them, and then wash the *Roots* well, that there do no gravel or sand remain in them, and then seeth them in a pottle of *White-wine*, until they be soft, and if you can get any *Ginger-berries*, boyl them therein with the rest, and when it is well sodden, strain it, and put thereto a little *Pellitory of Spain*, a spoonful of *English-henry*, and a penyworth of *Saffron*, and let the Patient drink it both morning and evening, for

the space of 8 or 9 days together, and doubtless this will help.
This hath helped many that could not fetch their breath at all.

Another good Medicine for the stopping in the brest.

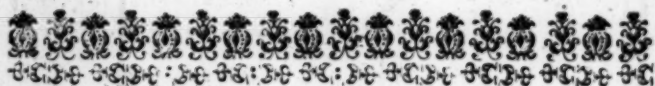
TAKE *Rue*, and seeth it in *Eysel*, and let the party drink it; and let him also drink *Nettle seeds* brayed, and it will cause him to avoid great store of gravel from the stone in the Reins of the back.

An excellent Medicine for all manner of Diseases in the Brest, and against all Impostumes, Coughs and Plurisies.

TAKE a good handful of *Scabious*, and let it be well dried: and then take *Anise-seed*, and *Fennel-seed*, of each of them an ounce, and an ounce of *Liquorice*, clean pared and cut small, and twelve *Figs*, and half an ounce of *Eringus*, and put all these together either in a quart of fair running *Water*, or else in a quart of good *White-wine*, to soak, for the space of a night, and then boyl the same until the one half be consumed, and then strain it through a fine linnen cloth, and when it is strained, put into it a little *English-honey*, to make it sweet, and a little *Saffron*, and let the party grieved drink this both first and last, for the space of 8. or 9. days together, and by Gods grace this will help in a short space. *This hath been sufficiently proved.*



WOMENS



W O M E N S B R E S T S.

CHAP. XIII.

An approved Medicine to cure a Canker in a Womans Paps.

TAKE *Goose-dung* and *Selandine*, and bray them very well together, and then spread them plaister-wise upon a fine linnen cloth, and lay it to the sore Pap, and it will speedily cleanse the Canker, slay the *Worm*, and heal the sore. *This hath been often proved and found good.*

Another good Medicine to cure the Canker in a Womans Brest.

TAKE the juyce of *Selandine* and *Goose-dung*, of each of them a like quantity, then take *Pellitory* of the wall, *Garlick* and *Rye-meal*, and stamp them and fry them all together in *Wine-vineger*, that is both pure and good, and let it boyl until such time as it be thick; and then make a plaister thereof, and lay it to the sore place, and so let it continue until you perceive that it be white; and then take a good quantity of *Pimpernel*, and grind it very small, and put thereto a good quantity of *English-honey*, and make a plaister thereof, and apply it to the sore, and it will heal it in a short space. *Prob. est.*

Another approved Medicine to break the sore of a Womans Brest.

TAKE a good handful of *Figs*, and stamp them in a Morter until all the kernels be broken; then take them and temper them well

well with a little *Svinas-grease*. boyl them in the *Grease* with a little *Bean-meal* that is fresh, and make a plaister thereof, and lay it to the womans brest that is sore, as hot as ever possibly she may abide it, and it will take away both the swelling and pain, and if it be ready to break, it will help it forwards to break forthwith, or else not. *Probatum est.*

An excellent good Medicine for a Woman that hath a sore or swelling brest, coming by cold or otherwise, &c.

TAKE a *Colewort-leaf*, and cut away the veins of it, and then anoint the leaf it self with *May-butter* first boyled with *Rose-water*, and then lay it to the womans brest that is sore, and it will asswage both the swelling and pain in short time. *This hath been truly proved.*

A Medicine for the swelling of a Womans brest, after the weaning or death of a Child.

TAKE red *Sage* and *Camemil*, of each of them a good handful, and stamp them very well together, and then boyl them in a pint of the best *White-wine-vinegar* that may be gotten, add hereto a piece of *Mutton-suet*, and let it boyl until the one half thereof be consumed; then take a fine linnen-cloth double, and spread the same thick upon it, and lay the same to the womans brest that is sore, as hot as she may abide it, and in twice or thrice usage of it in this sort, it will take the pain quite away, and it will dry up her *Milk* without any danger or hurt of her brest at all. *This hath bin truly proved.*

A good Medicine for to increase Milk in a Womans Brest.

TAKE *Fennel-roots*, and *Parsnep-roots*, and let them be boyled in broth made of *Chickens*, and then let the woman eat of the same roots, mixed with fresh *Butter*, which must be as new made, as possibly it may be gotten, and this will cause great store of *Milk* to increase in any Womans Breasts. *Prob. est.*

Another for the same.

TAKE half a pound of *Rice*, and seeth it in *Cow-milk*, and crum it with some wheaten *Bread*, (but it must be such as is clean without *Ris* or *Pulse*) and then put some *Fennel-seeds*, beaten to fine powder, and a little *Suger*, to make it sweet, and this will do her exceeding much good for the increase of her *Milk*.

Probatum est.

Another for the same.

TAKE a good quantity of green *Wheat*, growing on the ground betwixt *Michaelmas* and *Easter*, (you must take both the blades and roots) and stamp it well, and strain it through a fine linnen cloth into some *Posset-ale*, and put therein a little fine *Suger* to sweeten it withall, and this will increase great store of *Milk* in a *Womans Breasts*, within the space of 3 or 4 days by using it.

Probatum est.

Another for the same.

TAKE *Cristal*, and beat it into fine powder, and mingle it with as much *Fennel-seed* (likewise beaten into fine powder) and a little fine *Suger*, and let the woman use to drink often thereof warm, with a little *White-wine*, and this will restore her *Milk* again, although it be clean gone away from her. *This hath been sufficiently proved.*

Another for the same.

TAKE some of the broth that *Whitings* are sodden in, and give it the woman that wanteth *Milk* in her breasts to drink often, and this will increase her milk very much.

BRUISES.

or th
help

A very good Medicine to skin any old sore or bruise.

TAKE *Bramble-buds*, *Self-heal* and *Cinque-foile*, of each of them a good handful, and a little *Water-Betony*, powder of the *Aikenet* root half a dram, and boyl them well with *Barrows-grease*, and let it be applyed to the sore place, as hot as possibly it may be suffered, and it will gather skin upon the sore forthwith.

Probatum est.



BURNING

AND

SCALDING.

CHAP. XV.

An approved Medicine for any burning with fire, or scalding with water, or other liquor, &c.



TAKE *Honsleek* and *Hemlocks*, of each of them: a good handful, and beat them both together, then take a quarter of a pound of *Bores-grease*, and seeth both the herbs and it together, until such time as they come to an oymment, and then strain the same into a Box, and let the Patient anoint the place grieved therewith, two or three times every day, until he be well again, which (by Gods help) will be in short time.

Another

Another for the same.

TAKE half a pound of *Rice*, and seeth it in *Cow-milk*, and crum it with some wheaten *Bread*, (but it must be such as is clean without *Rie* or *Pulse*) and then put some *Fennel-seeds*, beaten to fine powder, and a little *Suger*, to make it sweet, and this will do her exceeding much good for the increase of her *Milk*.

Probatum est.

Another for the same.

TAKE a good quantity of green *Wheat*, growing on the ground betwixt *Michaelmas* and *Easter*, (you must take both the blades and roots) and stamp it well, and strain it through a fine linnen cloth into some *Pusser-ale*, and put therein a little fine *Suger* to sweeten it withall, and this will increase great store of *Milk* in a *Womans Breasts*, within the space of 3 or 4 days by using it.

Probatum est.

Another for the same.

TAKE *Cristal*, and beat it into fine powder, and mingle it with as much *Fennel-seed* (likewise beaten into fine powder) and a little fine *Suger*, and let the woman use to drink often thereof warm, with a little *White-wine*, and this will restore her *Milk* again, although it be clean gone away from her. *This hath been sufficiently proved.*

Another for the same.

TAKE some of the broth that *Whirings* are sodden in, and give it the woman that wanteth *Milk* in her breasts to drink often, and this will increase her milk very much.

BRUISES:

A very good Medicine to skin any old sore or bruise.

Take *Bramble-buds*, *Self-heal* and *Cinke-foile*, of each of them a good handful, and a little *Water-Betony*, powder of the *Alkenet* root half a dram, and boyl them well with *Barrows-grease*, and let it be applyed to the sore place, as hot as possibly it may be suffered, and it will gather skin upon the sore forthwith.

Probatum est.



BURNING

AND

SCALDING.

CHAP. XV.

An approved Medicine for any burning with fire, or scalding with water, or other liquor, &c.



TAKE *Honfleeke* and *Hemlocks*, of each of them: a good handful, and beat them both together, then take a quarter of a pound of *Bores-grease* and seeth both the herbs and it together, until such time as they come to an oymment, and then straine the same into a Box, and let the Patient anoint the place grieved therewith, two or three times every day, until he be well again, which (by Gods help) will be in short time.

Another

Another for the same.

TAKE *Ivy-leaves*, (but they must be of those that grow next unto the ground) and leaves of *Marygolds*; *Woodbind-leaves*, and *Plantane*, of each of them a like quantity, and chop them very small, and boyl them in *Beres-grease*: and then strain them into some earthen vessel, or gally-pot, and let the place where the grief is; be often anointed therewith, and it cureth it. *Prob. est.*

Another for the same.

TAKE a *Brake-root*, and stamp it well in a wooden dish, or in a Morter, and then strain out the juyce thereof clean, and let the place that is burned or scalded be anointed therewith, and it helpeth. *This hath been truly proved.*

A very good Oyntment for any manner of burning of Gunpowder, or scalding of water.

TAKE two or three handfuls of *Hensleek*, *Barrowes-grease* half a pound, *Salles-oyl* two ounces, and two handfuls of *Groundsel*, and stamp them all together, and put thereto two handfuls of *Sheeps-dung* that is new fallen, and as much *Goose-dung*, and then stamp them again with the things before recited, and then boyl them well together: then strain them through a fine linnen cloth into an earthen pot, and with the liquor that cometh thereof, anoint the place grieved, and it will help it forthwith.

Another Oyntment for any manner of burning with fire, or otherwise hurtsover.

TAKE *Daisie-roots*, *Plantane*, *Waybread-leaves*, *Green-goose-dung*, and the *Bark* of an *Elder-tree*, of each of them a like quantity, and a pretty quantity of *Oyl-Olive*, and stamp them well together, and then let the party grieved be anointed therewith, as often as need shall require, and let it be with a fether, and this will cure him without doubt. *Prob. est.*

A

A very good Medicine for any manner of burning with fire, or scalding with Water.

TAKE a *Brake-root*, and stamp it in a dish, and strain out all the juyce of it, and put into it a good quantity of *Cream*, and let the place that is burned or scalded be anointed therewith, and this will both fetch out the heat, and assuage the pain. *This hath been truly proved.*

A very good remedy for any burning or scalding, either with a Hand-gun or otherwise.

TAKE a good quantity of the *Dung of Geese*, (which is of one nights making) and a good quantity of *Butter* unsalted, or else *Sheeps-suet* clarified, and fry them in a frying-pan, until the *Butter* or *Suet* be almost consumed: then put the same stuff in a course linnen cloth that is clean, and strain it into a *Gally-pot*, or else some other small earthen Vessel; then take a Feather and dip it in the liquor, and anoint the place therewith that is burned or scalded, and when you have so done, take a fine linnen-cloth and wet it well in the same liquor, and lay it upon the place grieved to cover it withall: do this twice every day until it be whole, which (by Gods help) will be in a short space. *Prob. est.*

For burning or scalding.

TAKE the *Shoemakers* parings of their new liquored *Leather*, boyl them in water, and let them stand till they be cold; then scum off the Fat or Oyl on the top of them, mix it with a little juyce of *Honsleek* and *Rose-water*, beat them together, make an oyntment thereof, and anoint the place grieved.

For burning and scalding.

TAKE *Oyl of Roses* one ounce, sweet *Cream* two ounces, *Flower* four drams; make an oyntment hereof, and use it.

Another for the same.

TAKE a good quantity of *Maid-wort*, and stamp it, and seeth it in fresh *Butter*, and strain it, and let the place grieved be anointed therewith, and it will cure it.

A Medicine to take away a heat or burning With Gun-powder.

Take a good quantity of *Houfleeke*, and stamp it, and wring out the juyce clean: then take the *Whites* of five or six new laid *Eggs*, and beat them in a dish until they be thin, and then take the foam off it, and put the juyce and them together; and then wash the sore place with a linnen cloth, and then lay the same cloth aloft upon the sore wet. *Proved by M. Gayl.*

Another Medicine for burning or scalding.

Take either black or gray *Sope*, and lay it immediately to the place which is burned or scalded, and it will speedily help it.

Probatum est.

Another for the same.

Take a good handful of *Avans*, and as much *Sheeps-Dung*, and fry them in *May-butter*, and strain it, and let the Patient anoint the place grieved, with a little of the same stuff, (the same being cold) twice or thrice a day, (but let it be anointed first either with gray or black *Sope*) and let the Oyntment be spread upon a fine flaxen cloth, if it may be gotten: and this will cure the sore very speedily. *Probatum est.*

A Medicine for burning or scalding in any place where sever.

Take the white of an *Egg*, and put it into a *Pewter-dish*, and then labour it with an *Allom-stone*, until you perceive it to be like unto a *Pesser-curd*: then take a peece of fine linnen cloth, and wet it in *Oyl-Olive*, or in some other *Oyl*: then lay the said cloth upon the sore, and above it lay the curd before recited, made of the white of the *Eg*, and that will both draw out the fire, and heal the sore.

Another for the same.

Take 4 *Eggs*, and rost them, and then take the yolks out of them, and fry them in a pan softly upon the embers, till they be black:

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black : and thereof will come an Oyl (which you must put into a Gally-pot to be kept safe) and when you will use it, take a Feather and anoint the sore therewith.

A good Medicine for a burning, for want of other things.

TAke Berries of an Elder-tree, and stamp them, and lay them to the place grieved, and this will ease it greatly.

Another for the same.

TAke Oyl-Olive, and beat it with fair water until it be very white; and then anoint the place grieved therewith, and it will very speedily cure it.

Another for the same.

TAke 12. Eggs, and let them be as new laid as may be, and then lay them in the fire and roast them hard ; then take the yolks and chop them small, and put them into an earthen-pot, and set it over the fire, and stir it with a stick, and let it boyl until you see it consumed almost to nothing: Then take it, and set it to stand in the air for a quarter of an hour or more, and there will come an Oyl thereof; then take a feather, and anoint the sore with the same Oyl, and then take leaves of Harts-tongue, and lay them to the sore, and bind a linnen cloth thereon, and this will gather skin again.

Another for the same.

TAke a Hen-Eg, and rost it until it be hard, and then take the yolk forth of it, and bruise it with a little fresh Butter that is clean without Salt, and anoint the place grieved therewith, and it helpeth.

Another for the same.

TAke Wax and Rosin, of each of them a pound, and half a pound of May-butter, and boyl them well together, (but it must be

continually stirred all the time that it doth boyl) and then cool it again, and make a plaister thereof, and apply it to the sore, and it will speedily help it. *Prob. est.*

A very good Medicine for any burning with fire.

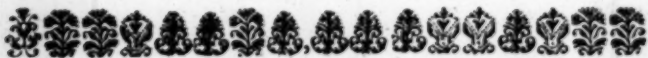
TAKE black Varnish, and with a Feather anoint the place well that is burned, and it will assuage the heat thereof, and it will heal it as fair as ever any other Medicine can, but let the party grieved use it continually, until it be perfectly whole. *This hath been truly proved by M. Gray.*

An approved Medicine for any manner of burning or scalding, be it with Fire, Oyl, or with Gun-powder.

TAKE Salt dissolved with Water, or else Brine, and the strength of the same will take away both the pain and the heat of any burning, and especially if it be bathed with linnen clothes wet, or dipped in the same, and afterwards applied to the place which is burned or scalded, and this will help it presently.

Another for the same.

TAKE either black or gray Soap, and apply it immediately to the place grieved, and it will presently ease it. *Proved by M. D. Lupton.*



CANKERS

CHAP. XVI

An excellent Medicine to kill a Canker in any part of Mans Body.

TAKE a good quantity of *Rach-allom*, (as it is in the Barrel) and as much *Wheaton-flower*, and of *Honey* and *Vineger*, of each of them a like quantity, mingle them together, and make a plaister thereof,

thereof, and lay it to the place grieved, and so let it remain for the space of 12. hours, and put on a new one in the place; and so use this for the space of 3. or 4. days together, and it will heal it without all doubt.

Another excellent good Medicine for a Canker.

TAKE ground *Ivie*, *Plantane*, *Pennroyal*, *Woodbine*, *Daisies*, *Rosemary*, *Fetherfew*, *Sage*, *Lavender*, *Spike*, and *Herbgrace*, of every of them a like quantity, and two spoonfuls of *White-wine-vinegar*: Stamp and strain all these together, and then take *Honey* and *Wheaten-flower*, of each of them one spoonful, and mingle them with the juyce of the same Herbs, and let it be well stirred about, and then make a plaister thereof, and lay it cold to the place grieved, and it helpeth. *Prob. est.*

An approved Medicine to kill the Canker.

TAKE a good quantity of the bark of a *Slo-tree*, and chop it very small, and boyl them in a little fair *Running-water*, and let it boyl until it be black, and then temper it with a little *Rie-meal*, a little burned *Allom* powdred, and a little *Honey*, and so make a plaister thereof, and lay it to the place grieved, and it will speedily cure it, in whatsoever part of the body it be in. *Probatum est.*

Another for the same.

TAKE a good quantity of fine *Wheaten-flower*, and of new *Milk*, *Tar*, and *Coleworts*, as much as you think convenient, and then boyl them all together, and make a plaister thereof, and lay it to the place grieved, and it will presently help you. *Prob. est.*

A marvellous good Water to kill the Canker and scurf in the mouth.

TAKE a good quantity of *White-Wine*, and *Selandine*, red *Sage*, *Rosemary* stripped, *Hysope*, and *Woodbine-leaves*, of each of them a handful, and boyl them in the *White-Wine*, until the one half of it be consumed; then strain it, and wring forth the juyce clean, and then take half an ounce of *Allom*, a quarter of an ounce of white *Copern*, and 2 or 3 spoonfuls of *Honey*, and mingle

it with the juyce aforeſaid, and ſet it on the fire again, and ſo let it ſeeth a little while, and take it off, and ſtrain it again, and then put it into a vial, and when you will uſe it, waſh the Canker with this water, (being made luke-warm) 2 or 3 times every day, either with a fine linnen cloth upon one fingers end or elſe upon a ſticks end, if it may not otherwiſe conveniently be come at. *This hath holpen many.*

Note, that after the mouth of the Patient be well waſhed therewith, you muſt take a little Samphire being beaten to fine powder, and (the Patients mouth being opened, with a Quill or Reed) blow a little of the ſame powder upon the ſore.

Alſo this Water will in a ſhort ſpace heal any old ſore, the ſame being waſhed often therewith, and a fine linnen cloth dipped therein, and laid upon the ſore.

An excellent good Medicine for the Canker in the mouth.

TAKE Penny-Royal, red Fennel, red Sage, Roſemary tops, and Maiden-hair, of each of them a good handful, and a little Hyſop; boyl theſe together in a quart of White-Wine, and put thereto as much as two Walnuts of Roch Allom, and as much Honey as will make it ſweet: then take it and ſtrain it through a fine linnen cloth, and waſh the Patients mouth oftentherewith, and it will help. *Prob. eſt.*

An excellent good Medicine for any manner of Canker, Ulcer, or for the diſeaſe called Noli me tangere.

TAKE three ounces of Unguentum Album, and of the juyce of Plantane and Night-ſhade, Honey-Suckle, Elder Finellin, of eie of them the quantity of half an ounce, and the weight of half an Engliſh Crown of Tuttie, as much Verdigreafe, mingle all theſe together, and make an oyntment thereof, and let the place grieved be anointed therewith, and this will heal it.

Note alſo, that this deſeaſe (called Noli me tangere) happeneth oftentimes in the Noſe, or about the Face; and it beginneth oftentimes in ſimilitude of a ſmall round kernel or knob, and it cauſeth great pain, and if it be declining towards a pale and leaſy colour, then may you judge that the diſeaſe is very dangerous: notwithstanding it is good to uſe the Oymment before expreſſed.

Another remedy for a Canker in the mouth.

TAKE a good spoonful of *English Honey*, and a good quantity of *Roch Allom* burnt in a fire-shovel, as white as Chalk, (made to fine powder) & mingle it with *Honey*, and stir it well with a stick: then take a fine linnen cloth, and wrap it about the end of the stick, or some other instrument made for that purpose, and so dress the Patients mouth well therewith, and this will cure it.

Probatum est.

A good Medicine for a Canker in the mouth (both white and red) the White Canker will break out, and the red will not.

TAKE two handfuls of *Woodbine-leaves*, and a handful of *Sage*, shred them very fine, and stamp them small in a Morter; then take two spoonfuls of *Honey*, and as much *Roch Allom* as half an *Eg*, and a quart of fair running *Water*, and boil them altogether until they be thick; then strain them through a linnen cloth, and put the liquor into a fine earthen pot, and cover it very close: and when occasion serveth for use thereof, anoint the Patients gums therewith (within the mouth on the inside) or else if need require, anoint all the mouth therewith: and if it be a white Canker, then anoint the outside of the mouth, and then wet a cloth in the liquor and lay it thereunto, on the outside of the sore, and so use this 3. or 4 times a day, (but when you are dressed always lay your face to a warm Chafindish of coals, and then you shall perceive the water come forth of your mouth abundantly) but if the Canker be in the Nose, or in any place where it cannot be touched, then spour but some of the same liquor with a quill or Sering, and it will heal you in a short space.

This liquor will be kept well one and twenty days, in his vertue, and no more. *This hath been often proved.*

This Medicine is also good for sore lips, sore legs, or for any other sores.

For a Canker.

TAKE *Goose-dung* and *Celandine*, bray them well together, and lay it on the Canker two nights:

Item

Item, Goats-dung and Selandine will do the like.

Item, The third night lay on the bottom of a hot baked Wheaten-Loaf, as hot as the Patient can suffer it, that will bring forth the Canker and core.

Against any Canker or Ulcer.

TAKE a quart of new TanWafe, that never Leather came in, put thereto Sage, Bay-leaves, Violets, Woodbine, Blossoms or Flowers, of each a handful, and Allom one ounce; boyl these all together, then strain it, and reserve it in a Vial close stopped to your use, either for Searing or Lotion.

Item, Roch-allom half an ounce, Verdigrease 3 drams powdred; boyl these in 3 pints of Smiths-water, this cureth any Canker in Mans yard, by Searing or Lotion.

To know whether the Canker be in the flesh, sinew, or bone.

MIX Honey, and the Gall of a Goat together, and anoint the place grieved therewith. If it be in the flesh, thick water will issue forth. If it be in the sinews, thin water will issue forth. If in the bone, like thick bloud will issue forth. By these observances you may the better work.

An excellent remedy for the Canker in the mouth or throat, and also to wash the teeth that be hollow and stink.

TAKE a good quantity of red Sage, and 12 Crops of Rosemary, and a like quantity of Honey-suckles, wild Daisies and Cinquefoile, and boyl them all together in a pint of fair running Water, until it be half consumed: Then take a little Roch-allom, and burn it to powder, and half a spoonful of Honey, and put therein, and then strain it through a fine linnen cloth, and when it is cold, put it into some glasse, or else an earthen Vessel that may be stopped close, and wash your mouth often therewith, and it will help you in a short time.

A good Medicine for a Canker in the mouth.

Take *White-wine-vineger* and *Honey*, of each of them a like quantity, and boyl them all together with a little *Roch-allom*, and let the Patient wash his mouth therewith, as often as he shall think requisite, and this will cure him. Also the juyce of *Plantane*, *vineger*, and *Rose-Water* mixed together, is exceeding good for a *Canker* or *Stincking-breath*.

A good Medicine to dry up a Canker and to stay it.

Take juyce of *Woodbine*, and juyce of *Marigelds*, of each of them a like quantity, and a pretty quantity of *Honey*, and powder of *Camomil*, and powder of *Ceporace*, and powder of wild *Sage*, of each of them as much, (barnt and mingled all together) and lay them on the place where the *Canker* is, and it will dry it up. But to flea the *Canker*, take a red *Onyon*, and lay it thereon, and it will both flea and cure it.

A very good Medicine for a Canker, or other Disease in the Gums or Throat.

Take *Plantane* and *Honey suckles*, of each of them a handful, an ounce of *Daisie-leaves*, half a handful of *Sage*, and a quart of fair *Running-water*, and boyl all these together, until the one half be consumed; then put therein 5 or 6 spoonfuls of sharp *Vineger*, 5 or 6 spoonfuls of *Stone-Honey*, and as much *Roch-allom* as a *Walnut*, and then strain it through a fine linnen-cloth, and then wash your mouth, gums, or throat well therewith, and it will cure you.

For a Canker in the mouth.

Take a good quantity of *White-wine-vineger*, and as much *Honey*, and set them over the fire to boyl, with a little *Allom*, and when you think it is well boyled, take it off, and so wash your mouth well therewith, as often as need shall require,

Another for the same.

TAKE *Vinegar*, *Rosewater*, and juyce of *Plantane*, and mingle them together, and use to wash your mouth oftentimes with the same, and it will help you. *Prob. est.*

Another for the same.

TAKE the juyce of *Woodbine* and *Plantane*, and a little *Roch-allom*, *Rose-water*, and *Whitewine-vineger*, and mingle them together, and wash your mouth well therewith, and it will help you in a short space. *Probatum est.*

A good water for to cleanse the mouth, and to fasten the teeth.

TAKE *Woodbine-leaves* and *Sage*, of each of them a handful, and a spoonful of pure *Englisb-Honey*, and a peece of *Allom* as big as a good *Walnut*: boyl all these together in a quart of fair *Running-water*, and let it boyl until one half be consumed, and then strain the same through a fine linnen cloth, and wash your mouth 3 or 4 times a day therewith, (luke-warm) and this will cleanse your mouth of any corruption that will abide therein, after any *Canker* or other *Disease*.



CHILD-BIRTH.

CHAP. XVII.

A speedy remedy for a woman in labour, being in danger of life:

TAKE *Amber, Jeas*, and of the Bark of *Cassia Fistula*, the weight of two pence of each of them, and beat them into fine powder, and give it to the woman to drink in an *Aleberg*, but let her look that her *Midwife* be careful, and very diligent in attendance.

Another

Another for the same.

Take a *Date-stone*, and great it to powder, and give it the woman that travelleth to drink with wine, and (God willing) she shall be-delivered alive without any danger. *This hath been proved.*

An excellent good Medicine for a Woman labouring with Child.

Take *Mugwort*, and seeth it very well in fair *Running-water*, and plaister it as hot as possibly it may be suffered, both to the Navil and Thighs of the woman labouring with Child, and this will provoke speedy delivery of Child-birth and after-burden without any peril. But it must not be suffered to continue over-long to any part of her body; for if it do, it will cause the *Matrix* to follow. *This hath been proved,*

To cause deliverance of a Child alive or dead.

Let her drink *Betony* in *White-wine*, it will cause speedy deliverance, although the Child hath been long dead.

For a Child turned in a Womans belly.

Take two crops of *Southern-wood*, and as much of *Hysop*, stamp it and strain it forth with stale *Ale*, and give it her.

Another for the same.

Take *Hysop*, *Vervane* and *Betony*, of each of them a handful, and stamp them very small with stale *Ale*, and strain it, and wring forth the juyce thereof, and let the Woman that travelleth drink a good draught of it, and it will help her presently without any danger at all. *This hath been proved.*

Another for the same.

Take *Betony*, and drink it either with *Wine* or *Water*, and it will cause a Woman speedily to be delivered, and very easily; yea, and though the Child be dead, or turned contrary to the right course, also it bringeth forth the after-birth: Also some do affirm that *Pony-royal* will work the like effect.

Another present remedy for a Woman that travaileth with Child, to help her to a speedy and good deliverance.

TAKE Polipodium (otherwise called *Oke-fearn*) and stamp it very well, and make a Plaister thereof, and apply it to the feet of the Woman that travaileth with Child, and this causeth a speedy birth of the Child, either alive or dead. *This is a marvellous good secret, and hath been truly proved.*

Another excellent good Medicine to be given to a Woman labouring in Child-birth, for to cause her to have a speedy and easie deliverance.

TAKE as much Myrrh as the quantity of a Walnut, and temper it well with Wine, and give it to the Woman to drink warm, and this will cause her to have speedy delivery, either quick or dead.

Probatum est.



SUNDRY



SUNDRY MEDICINES

FOR SEVERAL

Diseases incident to Mans Body,

For the COLLICK and STONE.

CHAP. I.

A soveraign Medicine for the Collick.



Take household Bread that is made of *Wheat* that is clean without *Rie* or *Pulse*, and make a toast thereof, and toast it at the fire, and ever as you toast it, cast *Malmse* on it; then take *Lavender-flowers*, and cast them upon the Toast, and then lay it to the Navil of the Patient, as hot as possibly it may be suttered, and bind it on fast with a linnen cloth, whereby it may not remove, and it will help it. *This hath helped many. Proved by M. Cox.*

Another for the same.

Take *Time*, *Parsley-roots* and *Tops*, and *Elisander-roots*, of each of them half a pound, *Aspen-keys* half a pound, and seeth them

all together in a pottle of good strong *Ale*, and let it seeth until the one half thereof be consumed; then strain it, and drink a good draught of it every morning fasting, and it will ease you much.

Probatum est.

An approved Medicine for the Collick, Strangury, and the Stone.

TAKE Grommel-seed, Parsley-seed, Nettle-seed, Violet-leaves, Smallage, Cherry-stones, Philopendula, Elifanders, Saxifrage, Cummin, Fennel-seed, Annise-seed, Coriander, Sow-thistle, and Dill-seed, of each of them a like quantity: take all these and grind them very well in a brazen Morter, and searfe them very fine, and put away the greatest thereof, then take the Gum of *Ivie*, or else the Berries of *Ivie* dried and beaten to powder, and mingle it with the powder of the seeds aforesaid, and drink the powder, either with *White-wine*, or else with stale *Ale*, or else let it be put into your Pottage, and so use it first and last for the space of 9 or 10 days together, and it will help you.

Also water of *Camomil* distilled, being drunk when the pain is upon you, the quantity of an ounce at a time fasting, and a little *Suger* after it to sweeten your mouth, because of the bitterness thereof, will help the *Strangury* or *Stone* in the Reins of the back, by often usage thereof, first and last. *Probatum est.*

An especial good Medicine for the Collick, and for divers Diseases mentioned in the end of this following Medicine.

TAKE Fennel-seed, Spikenard, Annise-seed, Maces, Nettle-seed, Jeat, Saffron, Ginger and Liquorice, of each of them two pennyweight, and three penny-weight of *Cynamon*, and half an ounce of *Seni*, mingle all these together, and make a powder thereof. and when you will use it, put the quantity of half a spoonful of the same at a time into your *Posset-ale*, or into your Pottage, and so continue it for the space of 4 or 5 days together, and it helpeth. *This hath been truly proved.*

This is also good to cure the Stone, Droppe, Strangury, or Annidise, with divers other Diseases.

A sovereign Medicine for the Collick and Stone, and to break them both.

TAKE Parsley-seed, Broom-seed, Grammel-seed, Fennel-seed, Plantane-seed, and Smallage-seed, of each of them a quarter of an ounce, half an ounce of Nutmegs, and of the finest Sugar that may be gotten 4 ounces: beat all these together in a mortar, until they are become very fine and small, then searse the powder through a fine Searfer, and put as much into your drink thereof at a time, as the shel of a Hasle-nut will hold, or somewhat more; and so use to drink this powder first and last for the space of 3 days together, either with White-Wine, or else with other drink luke-warm: but if that the pain be extream, then take Oyl of Scorpions, mixt with Oyl of Roses, and anoint well the same side where the pain is, against the fire, and the party grieved shall find great ease thereby.

Prob. est.

A good drink to be used for the Stone.

TAKE Benedictus Laxatus, 6 ounces, and put thereto a quarter of a pint of White-Wine warm, and drink thereof, and so go to bed and sweat, and be covered very warm, and you shall find great ease thereby.

A good powder to be used for the Stone.

TAKE the Water of Saxifrage, the Water of Pellitory, the Water of Parsley, the Water of Philopendula, the Water of Milk distilled, with a handful of Cherri-stones bruised in a mortar, and the water of Smallage, of each of them 3 ounces, and mingle them all together, and put therein Parsley-roots and seeds one ounce, and the roots of Carduus Benedictus one ounce, and put them in an Oven, and let them be very well dried, and so make it into powder.

A good Glistre to be taken for the Stone.

TAKE the decoction of Mallows, Pellitory of the Wall, Carduus Benedictus Coleworts, Scyrarch, Oke-fearn, and Alkakingi Kernels,

nels, of each of them a like quantity : then take Oyl of Dill, Oyl of Camomil, and Oyl of Lillies, one ounce of *Hiera simplex*, and a-little Salt.

A Sirrop for the Stone.

TAke *Endive*, *Sorrel*, and *Water-Lillies*, one ounce, the *Waters of Cinquefoile* and *Endive* one ounce, mingle all these together, and give thereof to the Patient to drink both morning and evening, for the space of 8 or 9 days, and it will do good.

A very good Medicine for the Collick and Stone.

TAke *Pellitory* that groweth upon the *Wall*, ground *Ivie*, *Saxifrage*, *Mallows*, *Avans*, *Parsley*, *Pepper*, *Chervel*, *Monsie-car*, and red *Nuttles*, of each a handful, and boyl all these together in a little *Water*, and clarify the *Water* with the white of an *EGGE*, and lee the *Water* grieved, drink a good draught thereof every morning fasting, and it will ease you greatly.

A marvellous good plaister against the Stone, used a'l together by Master Doctor Strange.

TAke *Plantane*, *Fetherfew*, *Garden-Tansy*, and *Honsleek*, of each of them a like quantity, and then stamp them all together and strain them; then take the juyce thereof, and put into it as much *Beane-flower* as shall make it thick, and then put 3 or 4 spoonfuls of *Honey* thereunto, and so clarify the same upon the fire; which being done, put the juyce and the *Flower* into the *Honey*, and so boyl them alltogether upon the fire, until the same be become stiff, like a plaister; then take the same and put it into some earthen pot, or gally-pot, and stop it close: And when you have occasion to use the same, take a double cloth that shall be a quarter of a yard broad, and as long as will go round about you, and spread this plaister upon it, and then wrap the same round about you, and sew it up hard about your middle, and so wear the same in this sort, for the space of two days and one night, or else two nights

nights and one day before you take it off, and you shall find much ease thereby.

Another for the same.

TAKE a gallon of the milk of a red Cow, one handful of *Pellitory* of the wall, one handful of *Philopendula*, roots and all, one handful of *Saxifrage*, one handful of wild *Time*, and one handful of *Reddish-roots*: pick and wash both the herbs and roots very well and clean; then put all these together into the Milk, as aforesaid, and so let them steep therein for the space of a day or a night, or somewhat more; and then take all these things, both Milk and all, and put them into a *Stillitory*, and distil them: Then take the water so distilled, and put it into a Glass, and keep it close stopped, and when you have occasion to use it, mingle a pretty quantity thereof, either with *White* or *Rhenish-wine*, and drink the same every morning fasting, and be sure to fast an hour or two after you have taken it, and you shall find great ease thereby; especially if it be often used, and for a good space. *This was much used by Mr. Justice Clync, whilst he lived, who found great ease thereby.*

*A good Medicine to be used for the Collick and Stone
in manner of a Plaister.*

TAKE *Parsley* and *Smallage*, of each of them an ounce, and two spoonfuls of *Capons-grease*, and put them into an earthen vessel, and let one of the spoonfuls of the same grease be put on the top of the herbs, and the other in the bottom, and let them boyl on the embers from morning till night, and then stamp and straine them, and having so done, take the same oyntment, and spread it upon a linnen cloth, and lay it as hot as possibly it may be suffered, to the Navil, and bottom of the belly of the party grieved, and it helpeth. *Probatum est.*

Another good Medicine for the Collick.

TAKE a quart of *White-wine*, and *Milk* that is new from the Cow, or *Goats-milk* (if it may be gotten) and make a *Pesser* thereof,

and scum away the curd clean; then put into the *Posses-drink*, a handful of *Mother of Time*, and as much young *Parsley*, and seeth them therein; then take a penyworth of long *Pepper*, and bruise it, and put it therein, and drink a good draught thereof, first and last, and you shall find great ease thereby. *Probatum est.*

A good Medicine for a Woman that is troubled with the Collick.

Take *Buds of Palme* when they be flowered in *March*, and distil them with a quart of new *Milk*, and two handfuls of *Cherry-stones*, and let the Patient drink a good draught of the same water every morning fasting, for the space of 3 or 4 days together, and it will help her.

A good Medicine for the Stone.

Take *Time* and *Parsley*, of each of them a good handful, and boyl them in *White-Wine* a good while, and then strain it, and then put therein a good spoonful of white *Sope*, into a good draught of the same *Wine*, and give it the Patient to drink, and it will speedily help.

Another excellent good Medicine for the Collick.

Take a good quantity of the leaves of *Laurel-tree*, and drie them and beat them to powder, and put thereto a good quantity of powder of *Nutmegs*, and mingle them with fresh *Butter*, and with a linnen cloth bind it to the Navil of the party grieved, and the same will do much good.

Another for the same.

Take a handful of *Groundsel*, and stamp it well in a Morter, and put thereto an ounce of *Cummin*, and fry them with *Sheeps-Suet*, and stale *Ale*, and make a plaister thereof, and lay it to the Navil of the party grieved, as hot as it may be suffered. *This hath been proved.*

Another

Another approved Medicine for the Collick and Stone.

TAKE *Philopendula*, *Scabious*, *Mouse-ear*, and *Water-cressets*, of each of them a like quantity, and the middle rind of the *Bark* of an *Elder-tree*: put all these together into an *Oven* that is hot, and dry them well, and make a powder of them, and give the Patient a spoonful thereof at a time, either in *Pesser-ale*, or in *Ale* it self warm.

Another for the same.

TAKE the weight of 8 groats of *Cummin*, the weight of 7 groats of *Galingall*, the weight of 6 groats of *Bayes*, 5 groats weight of long *Pepper*, the weight of 4 groats of *Fennel-seed*, the weight of 3 groats of *Elisander-seed*, 2 groats weight of *Parley-seed*, and of *English-Saffron* one scruple: beat all these to powder in a brazen Mortar, and let it be well searced, and then put thereto a good quantity of fine *Sugar*, and mingle them well together, and let the party grieved use the same powder in pottage, (the quantity of half a spoonful at a time) and use this powder in your drink, (as in old *Ale* or else in *White-wine*, but it is best in pottage) and it will help. *Prob. est.*

Another for the same.

TAKE a pottle of *White-wine* that is pure and good, and put it into a pot, and then take two great blue *Flint-stones*, and let them be as big as they will hardly go into the pot where the *Wine* is: then cast the stones into the fire where they may be red hot, and take them forth and quench them in the *Wine* which is in the pot, and then take them forth of the pot again, and put them in the fire again, as aforesaid, and so in like manner the 3. 4. or 5. time, or as often as need shall require, and until the one half of the *Wine* be consumed away: and when you see that it is half consumed, then let it to stand where it may be well ferled, and then let the party grieved drink of it, and use it as you shall think good,

or that you shall feel any pain, and this will cure you of the collick and Stone: For by experience, I know that it did help one Mr. Taylor of Bristol, that was prisoner in the Kings-Bench, with divers others.]

*An excellent good and perfect Medicine to cure the Collick,
Stone and Strangury.*

TAKE 5 or 6 leaves of *Lawrel*, *Annis Caraway*, and *Fennel-seeds*, of each half a dram, and stamp them and strain them in *Ale*, or if they be dry, beat them to powder, and put them in *Ale*, and let the Patient drink thereof fasting, and let him be kept warm all the same day after in his Chamber; for after the receipt thereof, he shall have 5 or 6 stools or more. This Herb groweth in Gardens, and is like *Mistle-toe*, and it hath leaves like unto the Herb which is called *Missel*, which groweth in old *Apple-trees*, and beareth a *Berry* of the bigness of a *Wart*, and it is commonly given *Cat-tel* for Medicines.

The next day after that the Patient hath taken his Medicine, as aforesaid, make a powder of these things following, (*viz.*) *Philopendula* and *Saxifrage*, of each of them an ounce, *Coriander-seed* prepared, *Grommel-seed*, and *Elisander-seed*, of each of them half an ounce, *Iwie-berries*, *Broom-seed*, *Blossoms* of *Elder-flowers*, of each of them an ounce: and the like quantity of *Annise-seed*, *Fennel-seed*, and half an ounce of the *Roe* of an *Herring*, the *Rounds* of a *Thorn-back fish*, (which is a round *Nut* which you shall find within the pricks which stand upon the fishes back) and *Oke-searn* dried to powder, of each of them an ounce: beat all these to powder, and mix them together, and for the space of 6 or 7 days following, after the former receipt, let the Patient take a spoonful of the same powder, and temper it with stale *Ale*, and drink it every morning fasting; but abstain from meat and drink for the space of 4 or 5. houres after the receipt hereof. *This hath cured many.*

A good Medicine for to cure the Collick.

TAKE *Black-berries*, *Hawes* and *Acorns*, and dry them upon Tiles, then take the powder of them severally, of each of them a spoon-

spoonful, and searse it fine, and give it the Patient in *Malmsey*, every morning fasting, to drink for the space of 5 or 6 days together, and it will help.

A Sovereign Medicine for the Collick.

TAKE a good large Toft of Household-bread, made of pure and clean *Wheat*, and ever as you are toasting and turning of it, sprinkle or cast some *Malmsey* thereon: That being done, take some dried *Lavender-flowers*, and cast them upon the Toft; and then lay the same on a thin cloth, and as hot as it may be suffered, lay it as close as you can to the Navel of the party grieved, and the party shall find great ease thereby.

A good Medicine for the Collick and Stitch.

TAKE half a pound of *Sheeps-Suet*, *Ribwort*, *Red Sage*, and *Elisanders*, of each of them a like quantity, and *Grownes* of *Malmsey*, and put thereto, and seeth them all together, and make a plaister thereof, and apply it to the place grieved, and anoint your self with *Oyl-Olive*, and *Oyl of Balme*, both mixt together; and so use this 4 or 5 times, and it will help you. *Probatum est.*

A special Medicine for the Collick, and for divers other Diseases, mentioned in the end of this Chapter,

TAKE *Fennel-seed*, *Spikenard*, *Annise-seeds*, *Maces*, *Nettle-seed*, *fat*, *Saffron*, *Ginger*, and *Liquorice*, of each of them 3 penyweight two peniweight of *Cynamon*, and half an ounce of *Seny*, mingle all these together, and make a powder thereof, and when you will use it, put a spoonful thereof into some *Posset-ale* and drink it, or else put it into your *Portage*, and this will do you exceeding much good.

This is also good to cure the *Stone*, the *Dropfie*, the *Collick*, *Strangury*, the *Jaundise*, and divers other Diseases.

An.

An approved Medicine for the Collick and Stone.

TAKE *Carret-roots*, *Parfnep-roots*, of each of them an ounce, and slice them thin, and lay them to steep in a pint of *White-wine*, and there let them remain for the space of 2 days and 2 nights, and then strain the same, and let the *Patient* drink thereof both morning and evening, and this will help. *Probatum est.*

An approved good Medicine to break the Stone.

TAKE a *Cock* of a year old, and open him, and you shall find in his Maw small white Stones, which when you have found, wash them very clean, so that there remain no filth at all amongst them; then take them and beat them in a brazen Morter to a very fine powder, and then put it into the best *White-wine* that may be had, and then let the party grieved drink thereof, every morning fasting, and this will break the Stone, and cause it to avoid in shivers.

Another good Medicine to help the Stone, and also to cure the Strangury.

TAKE red *Bramble-berries*, (but they must be taken before they be black) *Ivie-berries* and *Acorns*, and put them into two several pots to drie in an Oven, and there let them dry until you find that they be fit to be beaten into powder, then take *Seany* of *Alexandria*, *Parasley seeds*, *Grommel-seeds*, *Broom-seeds*, *Coliander-seeds*, and of the inward part or pith of *Aspen-keys*, take of each of these a like portion, and twice as much *Liquorice* finely scraped, as the weight or substance of all these cometh unto: Then beat them all into powder, and mingle them all together, and so use to drink them both morning and evening in *Poffet-drink*, made either with *White-wine*, or else with *Rhenish-wine*, use this drink twice or thrice a week, and this will help you.

A very good Medicine for the curing of the Collick and Stone.

TAKE an ounce of *Cloves* and *Mace*, a handful of *Time*, a handful of *Rosemary*, and as much *Hysep*, and seeth all these in

in a Pottle of *White-wine*, and let it seeth from a pottle to a quart, then put therein a little *Sugar*, and then drink the same lukewarm, at such time as you be in pain, and when it is well sodden, as afore-
said, you must burn it, as you do commonly use to burn other
Wines.

Another for the same.

Take as much *Camomil* as will lie in the Palm of your hand, and of *Pellitory* of the *Wall*, and *Avans*, of each of them a handful, and a spoonful of *Parsley-seeds* a little bruised: then make a *Posses* of *Rhenish-Wine*, and let the curd be clean scumed off, and then boyl all the things before rehearsed, in the same *Posses-drink*, till all the substance of them be clean boyled out, and then use to drink this both first and last, and it will help you.

Another for the same.

Take *Grommel-seed*, *Parsley-seed*, and *Annise-seed*, of each of them two spoonfuls, green *Fennel* one handful, one *Parsley-root*, one *Raddish-root*, (let either of them be as long as a finger,) *Unsect Time*, *Cherry-stones*, and *Phylopendula*, of each of them one handful: wash all these clean, and bruise and stamp them together very small, and then boyl them in a pottle of *White-wine*, in an earthen-pot clean stopp'd, and let it boyl until a pint thereof be consumed, and then let it run through a fine linnen-cloth without straining, and let the Patient drink a good draught thereof, both morning and evening, and this will do much good. *Distil all these.*

Another for the same.

Take a new-laid *Egg*, and put forth all the yolk and white cleane: then take the shell, and drie it well upon a *Tile-stone*, and then make a powder thereof, and when occasion serveth, let the Patient take a pretty quantity thereof, either in *Beer* or *White-Wine*, and drink it first and last, or at any other time of the day that he shall think

think meet, and this will either break or consume the Stone. *This hath been proved by one M. Rose, to be good for the Stone, and to cause one to make water that is much troubled therewith.*

Another for the same.

TAke Unset Leeks, Mallows, and Pellitory of the wall, of each of them a like quantiey, and stamp them very well, and put thereto a penyworth or two of Neats-foot-Oyl, and fry them well together in manner of a plaister, and then put them into a bag made of linnen cloth, and (the same being hot) lay it to the belly of the Patient, and it will help him in a short space.

Also for the Stone, lay the same to the Reins of the back behind, and it will speedily ease it. This hath been sufficiently proved.

Likewise Berries of Ivie beaten to powder, and drunk in White-wine, or else with stale Ale hot, will cause one to make water that often cannot.

Also Wood-Betony, both roots and leaves, being clean washed, and dried in an Oven Where brown bread hath been drawn forth; and the same well beaten in fine powder, and so drunk in White-wine, in Posset-ale, in Pottage, or in ordinary drink, causeth one to make water immediately, although much troubled therewith.



COLLICK

PASSIO

CHAP. II.

A good Powder for to help one that hath the Collick-Passio.



TAke Caraway-seed, Anise-seed, and Fennel-seed, of each of them half an ounce, Galingal, Ginger, and Cynamon, of each of them two drams, Cloves, Mace, and Carduus Benedictus, of each of them half a dram, Setwall, four or five drams, fine Sugar, eight ounces; mix all together, and make a powder thereof, and when you have occasion to use it, take the quantity of an ounce, and put it into your drink, and drink it at all times when you shall think it convenient, and it will do you exceeding much good.



WIND-COLLICK.

CHAP. III.

An approved Medicine for the Wind-Collick, and for a Stich in the side, which cometh by reason of the Wind.

TAke Capillus Veneris, Parsley-roots, and Fennel-roots, white Ginger, and Enula Campana, of each of them a quarter of an ounce, bruise them together, and let the party grieved drink the

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juyce thereof with *White-wine*, both Morning and Evening, every day, for the space of 4. or 5. days together, and doubtless this will do much good.

Another for the same.

TAKE half a pound of the newest *Sheeps-Tallow* that may be gotten, and of *Rib-wort*, red *Sage*, and *Elifanders*, of each of them a like quantity: then take a good quantity of the grounds of *Malmsey*, and put amongst the rest; and then seeth all these together, and then make a plaister thereof, and lay it to the place where the pain is, and let the *Patient* be well anointed with *Oyl of Balm*, and *Oyl of Olive* mixt together, and so use this for the space of four or five times, and it will help. *Prob. est.*

Another for the same.

TAKE a good big *Reddish-root* or two, and slice them, and of *Ginger* thin sliced two races; and then steep them in a pint of *White-wine*, for the space of a night, and when you have so done, take the Roots forth, and let the *Patient* drink the quantity of half a pint thereof at a time, and this will help.

Another for the same.

TAKE *Sack* and *Aqua-vie* of each of them a quarter of an ounce, and put thereto a peece of fine *Sugar*, and let the *Patient* drink it every morning fasting, for the space of 5. or 6. days together, and it will help. *Probatum est.*

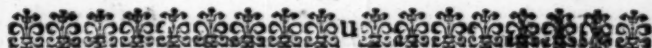
Another for the same.

TAKE a quart of *Ale* clarified, and two spoonfuls of the *Flowre* of *Liquorice*, and a spoonful of the *Flowre* of *Anniseed*, and half a spoonful of *Fennel-seed* bruised, a little *Time*, and seeth them all together until it be wasted from a quart to a pint: then strain it

it through a fine linnen cloth, and so use it both Morning and Evening, for the space of 4 or 5 days together warm.

Another good Medicine for to help the Collick in the side.

TAke a small wooden-dish, and first put therein cold *Ashes*, then lay upon them a few hot embers, without any great Coals at all among them, and then strew thereon a good quantity of *Cummin-seed*, and lay upon the top of the dish a good quantity of *Camomil*, and sprinkle it over with *Malwsey*, and so do still until the dish be filled; then cover the dish with a fair linnen cloth double, and then lay the same, as hot as possibly it may be suffered, to the bare skin of the *Patient*, on the same side where the grief is, and so use this three or four times, and it will help. But if you want *Cummin-seed*, then take red *Sage*, *Hysope*, *Time*, *Camomil*, and *Peny-royal*, of each of them a good quantity, and use this as is said of the *Cummin-seed* before. *This hath holpen many.*



CONSUMPTION.

CHAP. IV.

For one that is in a Consumption.



TAke *Aquavita* and *Rosa-solis*, of each of them a pottle, a pound of fine *Sugar*, beaten small, half a pound of *Dates*, half a pound of *Liquorice*, tried and beaten small, (put the *Aquavita* and the *Rosa-solis* together, and let them stand so for the space of three days together, then strain it through a clean cloth, and put thereto all the foresaid spices, and when you will use it, take a spoonful thereof with a draught of *Ale*, every Morning and Evening, for the space of twenty days, and this will help.

A good Medicine to be used by one that is in a Consumption:

TAKE a Pottle of *Rose-water*, and as much *Goats* or *Asses* milk, if it may be gotten, or else of the milk of a Cow, that is all of one colour, and put therein the number of 50. or 60. yolks of *Hen Eggs* that are new laid: temper the yolks and the Milk, and *Rose-water* well together, (but let none of the whites remain among them) and distil a water thereof, and drink it first and last warm, with a Cake or two of *Mannus Christi*, which is made of *Gold* or *Pearls*: use this, and you shall find great comfort by it. *This hath holpen many.*

Another for the same.

TAKE a new laid *Eg*, let it be reare roasted, and put therein a Cake of *Mannus Christi*, and let it lie therein, until it be dissolved: then let the Patient eat it, and so use this both morning and evening for the space of nine days, and it will do much good.

Probatum est.

A Remedy for one that hath a Consumption in the Reins.

TAKE a handful or two of *Clary-leaves*, and prick them, and 4. or 5. yolks of *Hen-Eggs* newly laid, make a *Tansie* hereof, and use it eight mornings together with *Nutmegs* and *Sugar*: then take *Saffron*, and drie it upon a *Tile-stone*, or some such thing, and grind it very small, and put all these together, and fry them in fresh *Butter*, and let the Patient eat it first in the eight mornings, and this will do exceeding much good.

An excellent drink to be used by one that is in a Consumption.

TAKE *Long-wort*, *Liver-wort*, *Harts-tongue*, and red *Sage*, of each of them a handful, half a handful of *Parsley*, a handful of good *Liquorice*, an ounce of *Anise-seeds*, an ounce of *Cinnamon*, finely beaten to powder, two peni-worth of white *Ginger*, two peni-worth of white *Sugar-Candy*, two *Nutmegs*, and a peni-worth of *Cloues*.

Cloves, and if the Patient be bound in the body, then put a little *Seny*, and a dram of *Rubarb* therein, if not, (leave those two things out) and boyl all these together in a pottle or somewhat more of the best new wort that may be gotten (but it must be brewed without any hops at all) and let it boyl until it come to 3. pints; but if you put any *Seny* therein, then put the quantity of 3. quarts of the same wort, and boyl it to a pottle: then put it to stand, and then strain it, and so use it.

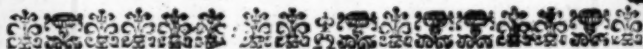
An excellent good Jelly to be made and had for one that is in a Consumption.

TAKE a *Cock* or *Capon* that is new killed, and scald him and wash him clean, then take a Leg of *Veal*, and cut away all the fat from it, and let the *Cock* and *Veal* lie in the water for the space of 4. or 5. hours, and seeth them together in a gallon of fair *Running-water*, and as it doth seeth, still scum off the fat, until you have left no fat at all upon it, and let it seeth continually over a soft fire, until half the broth be consumed: then put into it, *Rack*, *Rhenish-wine*, or else *White-wine*, to the quantity of a pottle, and then let it boyl all together, until it be come to a quart, and then put therein the *Whites* of 3. or 4. new laid Eggs, and then clarify it, and let it run through a jelly-bag; and afterwards set it on the fire again, and put into it an ounce of *Cynamon* gross beaten, and a pound of fine *Sugar*, and let it run through a jelly-bag again, as before, 3. or 4. times at the least; and make a jelly thereof, and eat thereof cold, and you shall receive much comfort thereby. *This is also good for many other Diseases.*

A good Way to distil a Cock, Which is marvellous good for one that is in a Consumption, or hath any other Disease.

TAKE a red *Cock*, which is of the age of 4. or 5. years, and kill him, and dress him very fair, and divide him into 4. quarters, and bruise them, then pick out all the fat very clean: then take half a handful of red *Mints*, a handful of *Harro-pengue*, and put them into a Pot, and cover it close, then.

then put thereto half a pint of fair running-water, and as much pure *Malmsey*, 6. crops of *Hysope*, one root of *Parsley*, one root of *Fennel*, one root of *Endive*, dry *Red-rose Leaves*, *Reisins* of the *Sonne*, and *Pruines*, of each of them 15. and four or five *Maces*, and let it distil for the space of 12 or 13 hours, and let the pot be close covered with *Passe*, with a recover under it, and let the *Patient* drink the same fasting.



CHIN-COUGH.

CHAP. V.

A very good Medicine for the Chin-cough.

TAKE *Bores-grease*, and warm the feet of the *Patient* at the fire, and chafe and rub them with the same *Grease*; and when you think that you have rubbed and chafed them enough, let the *Patient* go to bed, and there be kept very warm, and let there be clothes enow laid to the parties feet. This may be used to little *Children*, and it will help them.

Probatum est.

Another for the same.

TAKE a *Mouſe* and flea it, and drie it in an *Oven*, and beat it to powder, and let the party grieved drink it in *Ale*, and it will help. This is also good for them that cannot hold their water.

Probatum est.

COUGH.

COUGH.

CHAP. VI.

An approved Medicine for a Cough.

Take 3 or 4 *Figgs*, and roſt them well, and put them in a Cup of *Beere*, and put therein a little *Liquorice* and *Anniſeeds*, beaten to powder, and ſet it to ſtand by the fire untill it be warm: then take out the *Figgs* and eat them, and when you go to bed, drink up the drink alſo, and cover your ſelf warm: uſe this for the ſpace of four or five days together, and it will break the Cough. *This hath been ſufficiently proved.*

Alſo eating a roſted Figge every night to bed-ward, helpeth.

A very good Medicine for a Cough or Stitch.

Take a quart of *Malmſey*, *Anniſeeds*, and *Unſes Hyſop*, of each of them a handful, a *Liquorice-ſtick* or two bruised, and half a two-peuny-diſh of ſweet *Butter*: ſeeth all theſe together till they be thick; and then take and ſpread the ſame upon a Toſte of fine *Wheaten-bread*, and put it within a fine linnen-cloth, and lay it to your ſtomack as hot as you may ſuffer it: but if you will uſe it for a *Stitch*, the *Butter* muſt be left out of it.

Another for the ſame.

Take a quantity of *Cheſnuts*, and eat them with *Honey*, ſuſing in the morning: uſe this often, and it will help the Cough, though it be never ſo extream.

A ſpeedy

A speedy remedy for the Cough and Flegme in the stomack.

TAKE a quart of stale *Ale*, and one handful of *Hayriff*, (otherwise commonly called *Goose-meat*,) which groweth in ditches and moist places, and *Liquorice* pared, and small *Reisins*, of each of them a good quantity, boyl them all together in the *Ale*, until the same be consumed to a pint, and then let the party grieved drink twice or thrice thereof, and doubtless this helpeth.

An excellent good drink to break the Cough.

TAKE two peni-worth of *Liquorice*, and let it soak in fair *Running-water*, and so let it stand for the space of 24. hours, and then let the Patient drink a good draught of it going to bed, as hot as the party can drink it, and then let there be a hot *Board*, or a logger of *Wood*, laid (as hot as may be suffered) to the soles of the parties feet going to bed, to provoke sweat if you can, and so in the morning do the like again, and doubtless within 3 days the Patient shall be well. *Prob. est.*

A Medicine for the Cough, and straitness of the Pipes.

TAKE dry *Figs* and *Hysope*, and stamp them well together, and boyl them with *Honey*, and let the Patient use to drink it fasting, and it will help. *Prob. est.*

An excellent good approved Medicine for an extream Cough.

TAKE *Fennel-roots* clean washed, and *Anise-seeds*, of each of them a like quantity, and a little *Liquorice*, and seeth them all together in *White-wine*, and then strain it; and put it into an earthen-pot, and stop it close, and when you go to bed, drink a good draught thereof, and the next morning take a *Pig* and a *Date*, and roast them, and then eat them as hot as you can: and when you have so done, forbear eating and drinking for the space of 2. or 3. hours after, and in 3. or 4. days you shall be well.

Another

Another for the same.

TAKE *Hore-hound*, and *Hysope*, *Colts-foot*, *Maiden-haire*, and *Liquorice*, of each of them a like quantity, and a little *Water* and *Sugar*, and boyl them together, until they become a *Sirrup*, and so use to eat this morning and evening, and at all other times when you shall think convenient, and this will break the Cough. *Prob. est. per D. Lopes.*

Another for the same.

TAKE a Toste of *Bread*, and make it very hot and brown, and put as much *Saller-Oyl* on both sides thereof, as the *Bread* will receive, strew thereon the powder of *Anise-seeds*, and eat it: use this both morning and evening, and it will do you much good. *Probatum est, per D. Wootton.*

Another for the same.

TAKE a little of the Root of *Elicampane*, *Reisus* of the *Sunne*, and *Figs*, and cut them in small peeces, and *Anise-seeds*, *Hysope*, *Liquorice*, and *Hore-hound*, of each of them a like quantity, and a little *English-Honey*: boyl all these together in fair running-water, and then strain it, and drink it every morning fasting, for the space of three or four dayes together, and it will help you.

A very good Medicine for the Cough, and to break the Flegme.

TAKE a pottle of pure *Muscadine*, and a quart of *Hysop-water* distilled, and 5 or 6 good races of *Cafe-Ginger*, pare off the Rind from them very clean, and then slice them: then take as much *Liquorice* as you have *Ginger*, and pare it likewise: then take two good handfulls of *Sugar-Candy*, grossly bruised, and mix all these together, and boyl them, and put them into a *Glass*, and shake it often, and stop it close.

and let it stand for the space of 24. hours and then let the Patient drink thereof, as often as he shall think good, or as necessity of the cause shall require.

*Another Medicine for the Cough, and to dry up the
Rbume and Flegme.*

TAKE 2 or 3 penny-worth of *Cloves* and *Mace*, a handful of *Bay-salt* dried at the fire, a handful of *Cumin*, and a handful of *Sage*; take all these and beat them well together, and then put them into a linnen-bag, (made for the purpose, of the length and breadth of a mans hand, and let it be quilted) and put it to the mould of the head of the Patient, and let him take it off every morning and evening, and warm it well, and lay it to the same place again, and he shall find great ease thereby. *Prob. est.*

*A good Powder to be used for the Cough, and wheezing
of the Pipes and Nose.*

TAKE an ounce of *Cafe-Ginger*, beaten to fine powder, and an ounce of *Elicampagne-roots*, dried and beaten to powder, then take a pound of *Sugar-Candy* beaten somewhat fine, half a pound of *Liquorice*, and half a pound of *Anise-seeds*, and *Caraway seeds* half an ounce, (and let them be both well searfed) and then mingle all the things before specified together, and then put the same powder into a Box or Bladder, and when you go to bed, eat a spoonful thereof, and as much in the morning fasting, and it will help you in short space.

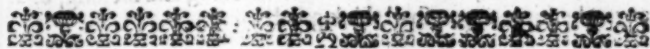
*An excellent good Medicine for the Cough, and for the stopping
of the Brest: and also to open the Pipes, and to
avoid corruption.*

TAKE Roots of *Elicampagne*, and *Hyssop* dried, and shred them small, and of *Pear-wardens*, twice as much as of both the others; then put them all together in an earthen-pot, and put as much clarified *Honey* thereto, as will make it ready to overflow the

the said ingredients; and then cover it hot, and stop it close, that no breath may issue forth of it; and set it in an *Oven*, and bake it with a batch of bread, and when occasion serveth, let the Patient take a spoonful thereof, every morning and evening, first and last, and it will help him.

A perfect good Sirrop for a Cough.

TAKE half a pound of white *Sugar-Candy*, half a pint of *Rose-water*, and a good quantity of *Liquorice*, clean pared and bruised, *Anise-seeds* and *Liquorice* of each an ounce: boyl all these together, until you see it come to a *Sirrup*, then strain it through a fine linnen-cloth, and put it into a *Glass*, and so use it when you shall think convenient.



COUGH.

OF THE

LUNGS.

CHAP. VII.

A most sovereign Medicine for the Cough of the Lungs.

TAKE a Handful of *Reins* of the *Sun*, and let them be very clean washed, and the stones picked out, and a peny-worth of *Madder-hair*, half a spoonful or more of *Anise-seeds* bruised small, 10. or 12. *Figs*, half a pound, or some what more of *Portugal Sugar*,

Sugar, and 3 pints of *Rose-water*, and boyl all these together, until the one half be consumed away: then strain it through a fine cloth, and every morning drink two spoonfuls thereof luke-warm, and you shall find present remedy thereby.

Prob. est. per M. Baker.

Another for the same.

TAKE half a pound of the finest *Sugar* that may be gotten, and a good quantity of *Anise-seeds* and *Liquorice*, and two handfuls of great *Reisins*, and let the stones be clean picked out, two peny-worth of *Maiden-hair*, a gallon of fair *Running-water*, and a pound of *Figs*: boyl all these together, until the one half be consumed, and then strain it into an earthen-pot, and when you will use it, take a little thereof at a time, and put it into a Cup or cruse to warm, and so drink it both morning and evening, or at any other time as you shall think good.



C O L D.

CHAP. VIII.

A very good Medicine for the Cold.

TAKE a pottle of *Ale*, and scum it very clean, and then take *Hysope* and *Peny-royal*, of each of them half a handful, *Anise-seeds* and *Liquorice*, of each of them one ounce, three peny-worth of *Cass-Ginger*, and six or seven *Figs* sliced, (if the *Figs* do not make it sweet enough, then put in a little fine *Sugar*, and the *Liquorice*

Liquorice and *Ginger* must be sliced, and the *Anise-seeds* bruited) and then boyl it on the fire, until the one half be consumed; then take it off, and strain it through a fine linnen cloth, into some glass or earthen pot, where it may be kept close: then let the Patient drink thereof both morning and evening, for the space of 5. or 6. days together, and he shall find great ease thereby.

Probatum est.

Another for the same.

Take *Hyssop*, *Rosemary*, and *Colts-foot*, of each of them a like quantity, and seeth them in a pottle of *White-wine*, until the one half be consumed; then take it from the fire, and separate the herbs from the liquor, and then put the herbs into a Morter, and stamp them very well, and strain them, and then put the liquor into the pot again, and put thereto a pint of *English Honey*, and boyl it and scum it clean; then take a little *May-Butter*, (if it may be gotten) and clarifie it, and put it into the liquor, and then let it seeth a little space after, and strain it again through a fine linnen-cloth, and put the liquor into a Glass, or some other clean Vessel, and let the Patient drink this 7. or 8. spoonfuls thereof at a time with stale Ale, both morning and evening, and let him use it in this sort until he be well. *Prob. est.*

A Medicine for the stopping of the Nose and Head, which cometh by taking of cold, either in the feet, or otherwise.

Take a good quantity of the juyce of *Primrose*, and blow it with a quill into the Patients Nose, and let him keep himself warm after it, and it will clear both his Head and Nose.

A very good drink for the Cold, and to open the Pipes.

Take *Endive*, *Succory*, *Parsley*, *Fennel*, *Burrage*, *Hyssop*, *Time*, *Penny-royal*, *Germander* and *Neep*: of each of them a good quantity, and boyl them all together in a Pottle of fair Running-water, and

and let it boyl until the one half be consumed, and then strain it, and put into it two spoonfulls of good *Wine-vinegar*, and 3. or 4. ounces of fine *Sugar* to sweeten it, and so let the Patient drink every morning and evening, for the space of 3. dayes together, a good draught thereof, and it will help him. *Prob. est.*

An excellent good remedy for a Cold.

Take half a pint of *Hyssop-water*, a pint of stale *Ale*, two spoonfulls of *Honey*, and an ounce of *Sugar-Candy*; and then boyl them all together upon a soft fire, and be sure to scum the same very clean: (that done) let it boyl until the one half thereof be consumed, then take a stick of *Liquorice*, and shave off the uttermost rinde thereof, and bruise the one end of it, and dip it into the same liquor often, and then let the Patient suck the sticks end often, and this will help him in a short space, be he never so hoarse.

Probatum est.



CHOLLER.

CHAP. X.

A good Medicine to cause one to vomit up, and to avoid Choller.

Take 5 or 6 *Dock-roots*, and wash them very clean, and take forth the pith of them, then take a few tops of red *Mints*, and a little *Worm-Wood*, and steep them in a quart of *Ale* or *White-wine*, for the space of one night, and let the Patient drink half a pint thereof at a draught, and let him use this for the space of six or seven days together, and it will both

cause him to vomit up Choller, and cleanse the body in all parts; but it must be taken betwixt the first day of *March*, and the last of *June*, and perhaps it will cause him to have 3. or 4. stools. *This hath been truly proved.*

A marvellous good Medicine to cause one to avoid abundance of Choller.

TAke half an ounce of *Cassia*, which is newly drawn, and a dram of good *Rubarb*, and let them be infused, for the space of a night, with the water of *Endive*, and a little *Spikenard*, and an ounce of *Sirrup of Violets*; then take them and mingle them all together, with the quantity of 3. or 4. ounces of *Whay*, and let the Patient drink it warm, and this will cause him to avoid much Choller. *Prob. est.*



CRAMP.

CHAP. X.

A present Remedy for the Cramp.



TAke Oyl of *Violets*, *Holi-hock*, and *Swines-grease*, of each of them a like quantity, and make an Oynment thereof, and let the party grieved anoint the place very well therewith, where the grief is, and doubtless this will in a short space help him. *This hath been oftentimes proved and found true.* Smell every night when you go to bed, to the stinking sweat that is between your toes, being picked with your fingers, this helpeth the Cramp without fail, if you use it.

Another

Another for the same.

Take *Pionie-Roots*, and beat them to powder, and then make a little bag of *Silk* or linnen-cloth, and put the powder therein, and hang it about the Patients neck, and let him use to smell often thereto, and it will help him.

A very good Medicine for the Cramp, and for the sounding and shaking of the heart, which cometh thereby.

Take a quarter of a pint of *White-wine-vineger*, and a handful of *Bay-salt*, (if it may be gotten) or else white *Salt*, and temper them well together; then take a peece of new woollen cloth, and steep it therein, and lay it to the Pulses of the Patient, and it will help him, or at least-wise he shall find great ease thereby.

Another for the same.

Take the little bone that is in the knee-joynt of the hinder legg of an *Hare*, and touch the place grieved therewith, and it will speedily help the *Cramp*.

Another for the same.

Take *Camphire* and *Rose-water*, and a little *Saffron*, and mingle them all together, and let the party grieved wash his hands and pulses often therewith, and so smell to them often, and this will do him much good.

Another for the same.

Take *Nutmegs*, *Cloves*, *Cinnamon*, and *Saffron*, of each of them half an ounce, and mingle them with a little *Rose-vineger*, and make a plaister thereof, and lay it to the pulses of the Patient, and it will help him. *Probatum est.*

CORNS.

CHAP. X.

An excellent good Medicine to take away Corns on the Feet or Toes.



Take *Oysters* and open them, and cut out the white pith that groweth unto the shells, and dry it, and make a powder thereof, and when you go to bed, cut your Corn with a sharp knife, and pick out as much of the root as you can; then put some of the same powder into the hole, (and if you will, you may use a little sublimed *Mercury*, which is to be had at the *Apothecaries*) and then wrap a linnen cloth about your Toe, and it will eat the Corn clean away. *This hath been proved.*

Another for the same.

Take black *Sope* and *Snails*, of each of them a like quantity, and stamp them together, and make a plaister thereof, and spread it upon a peece of white *Leather*, and lay it upon the Corn, and it will take it clean away, within 7. or 8. days space.

Also lay a plaister of *Galbanum* to the Corns, being neap pared or cut, this cureth them.

Another for the same purpose.

Take a knife and pare the Corn as near the quick as it may be suffered, and then take the inner part of a *Fig*, and a pretty quantity of *Verdigrease*, and mix them both together, and lay the same to the Corn, and bind it fast thereunto with a linnen-cloth, and this will in a short space eat out the root of the Corn. *This hath been proved by L. B.*

Another for the same.

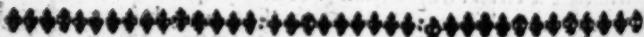
First pare away the Corn clean, and then lay thereto the quantity of a *Pease* of *Turpentine*, and red *Wax*, boyled together, and this will take away the Corn.

Another for the same.

First pare away the Corn, and then take a black *Snail*, and bruise it, and put a drop or two of the juyce thereof into the place grieved, and put thereto a little powder of *Sandpheard*, and it will take away the Corn very speedily.

Another for the same.

Take unsleekt *Lime*, (the Corn being first pared clean away, as aforesaid,) and put the quantity of a *Pease* thereof into the hole, and cover it with a plaister made of *Wax* and *Rosin* mixed together, and let it continue on the place for the space of 24. hours, and it will presently help it.



DRINK.

DRINK AND DYET-DRINK.

CHAP. XI.

An excellent Dyet-Drink to be used for any manner of Disease whatsoever.

First buy a *Dyet-pot*, and fill it full of fair *Running-water*, (but let it want the quantity of a quart of being full) and put thereto a quart of *White-wine*, and then set the Pot over a soft fire of Coals, and put into the Pot a pound of good *Lignorice* clean scraped, and cut into small peeces, and half a pound of *Anise-seeds* bruised, half a pound of *Lignum-vita*, (it is to be had at the *Turners*) and an ounce of the *Bark* of the same Tree, which is to be had at the *Turners* also: then let all these boyl together for the space of 2. hours, or until you see a good part of the liquor consumed, then strain it into some earthen vessel that is clean, and keep it close, and drink a good draught thereof warm, both first and last.

Another excellent good and precious Drink, serving for divers and sundry Diseases, as appeareth in the end of this Chapter.

TAKE a good quantity of *Rose-mary*, (when it hath the full sap in it,) and bruise it in a Morter, and put it in an *Indian* bag, or else into some linnen-cloth, or into a Bouker; then put it into

some white *Muske-wine*, or else into some *Rhenish-wine*, and tye to the bag of *Rose-mary* a stone, whereby it may sink into the bottom of the Vessel, and let it remain there for the space of 2. or 4. days, then take it forth, and put it into a *Dyct-pot*, with a gallon of the same *White* or *Rhenish Wine*, and let it upon the fire to seeth, and then scum it very clean, and when it is half consumed away with boyling, put it into an *Ale-pot*, or else into a Glass that is made for that purpose, with a hole in it, within an inch of the bottom, that you may put a quill or cock therein to draw forth the *Wine* by from the Lees: then put this *Wine* into a clean Vessel again, and stop it very close, but drink none of it until it be a moneth old, (then drink it out of the quill or Cock) and take heed that you do not stir it for troubling of it, but that it may be clear wine when you will use it; take a good glass full every morning fasting, and as much in the evening.

This before rehearsed is called Vinum Rosmarinum, and it is good for all the defects of Women; whereby conception is hindered: also it cureth the trembling of the heart: it helpeth the Cough, it restoreth Appetite, it comforteth the Heart, it causeth easie fetching of breath: the face being washed therewith, it maketh fair: it doth purifie the blood; and it is also good to wash any wound or sore, besides many other vertues that it hath.

A most excellent good and wholesome Wine made of Sage, for to be drunk at all times, for divers and sundry causes. If you wash your mouth therewith, it will help the Tooth-ach, and pains of the Gums: it is also good for the Palfie: it cureth the Cramp, it helpeth those that be Lunatick, it restoreth Sinews that be shrunk, it expelleth ill humours out of the body, and it is good against the Plague or Pestilence.

TAKE a good quantity of *Sage*, both white and red, and boyl it very well in *Muscadine*, and then strain it through a fine linnen-cloth, and with a Funnel put it into a Glass, and stop it very close, and when the Patient will use it, let him drink a good quantity thereof both morning and evening for a certain space, and accord-
ing

ing to the grief wherewith he is troubled, and this will perfectly and speedily heal all the diseases hereafter, (*viz.*) If you will wash your mouth often therewith, it will cure the Tooth-ach and pains of the Gums: It is also good against the Palsie, it cureth the Cramp, it much helpeth those that are Lunatick, it restoreth Sinews, which through many casualties happen to be shrunk: It expelleth all evil humours out of most parts of the body; and it is marvellous good against the Plague or Pestilence. *This hath bin truly proved.*

A marvellous good drink to be drunk for the Dropsie, and to heal all manner of swellings, Leprosie, and spots, and it will also encrease great store of Milk in Womens Breasts.

TAKE of white *Musk Wine*, what quantity you shall think good your self, and put therein a good quantity of *Kennel*, with some of the *seed* thereof, and some of the *Roots* clean picked and washed, and the pith of them clean taken forth: seeth all these together in the aforesaid *Wine*, until the one half of it be consumed away, then strain it through a *Filter*, otherwise called an *Ipo-cras* bag, into a glass, and then stop it close, and let the Patient use to drink a good draught thereof every morning fasting.

An excellent good remedy for the Dropsie.

TAKE *Elder roots* and seeth them, and then strain forth the juyce thereof, and let the party grieved drink a good draught thereof at a time, for the space of thirty days together, and let it be taken three times every day: (*viz.*) in the morning, at noon, and at night, and it will cure the Dropsie forthwith.

DROPSIE



DROPSIE.

CHAP. XII.

A marvellous good drink to be used for one that is infected with a Dropſie.

TAKE two pound of red Sage, and wash it very clean, and put in a peece of white dough, and make it so close that no breath may issue forth of the Dough, and put it into an Oven and bake it; then take out the Sage and beat it into powder with the same Dough, and then put to it the weight of a pound and half of Lead, and hang it in a gallon pot, and fill the pot either with good *White-wine*, or else with strong *Ale*, that the cloth and the herbs may be covered; and then stop it very close, and let it stand so for the space of 24 hours, and let drink but only this, until you have recovered your health again; and when this drink is gone, let more be new made as aforesaid, and this will do exceeding much good.

This drink is also good for those that are troubled with the Palsie.

Another for the same.

TAKE a good quantity of *Bryonie*, and seeth it in fair Water, and let the Patient use to drink the same often, and it will cure immediatly. *This hath bin truly proved.*

A Diet-drink for the Dropfie, to use all the time of the sickness, or for any other windy or moist disease.

TAKE the shavings of *Sweet Juniper* two drams, *Juniper-berries* bruised, *Ashen-bark* bruised, the roots and bark of the *Saxafrage-tree*, of either one dram, of *Liquorice* bruised and mundified one ounce, of *Wallwort* roots, *Caper* roots, *Cammock* roots thin sliced one dram, of *Marsh-Mallows* roots in great pieces one dram, *Parsley* roots, *Fennel* roots, *Eringus* roots two ounces thin sliced, *Parsley-seed* and *Fennel-seed* bruised two ounces; put all these in a large pipkin close covered, put on them as much fair scalding water as will cover them in the Pipkin. Then cut or paste the cover close to the Pipkin that no air go out, so let it stand in hot imbers, but not to boyl four and twenty hours; when it is cold, put all these simples and liquor in ten Gallons of new Ale, let them work together till the Ale be stale and ready to drink: use no other drink during sickness but this, neither at meals nor otherwise.

An excellent Medicine for the Dropfie.

TAKE the roots of *Kneeholm*, (it is of the same that the Butchers make their brushes or brooms of) *Parsley-roots* & *Fennel-roots*, of each of them (finely scrap't and sliced) a good handful, of *Juniper-berries* half a handful, of *Anise-seed* and *Elisander-seed*, of each of them a spoonful: seeth all these together in three pints of cleer *Posset Ale*, and let it boyl until it come to a quart, then take a handful of dead *Bees*, and stamp them in a wooden dish, and strain them into this *Posset-Ale*, and drink every five hours a good draught thereof, and this will help in a short space. *Prob. est.*

Another for the same.

TAKE Roots of *Wormwood* *Petty-morrel* and *Fetherfew*, of every of them half a pound, of *Fennel*, *Parsley*, *Sage*, *Hyssop*, *Smallage*, *Avens*, *Mints*, *Water-Cressets*, *Hore-bound*, *Endive*, *Liverwort*, and the middlemost Bark of an *Elder-tree*, of every of them a quart



DROPSIE.

CHAP. XII.

A marvellous good drink to be used for one that is infected with a Dropsie.

TAke two pound of red Sage, and wash it very clean, and put in a peece of white dough, and make it so close that no breath may issue forth of the Dough, and put it into an Oven and bake it; then take out the Sage and beat it into powder with the same Dough, and then put to it the weight of a pound and half of Lead, and hang it in a gallon pot, and fill the pot either with good *White-wine*, or else with strong *Ale*, that the cloth and the herbs may be covered; and then stop it very close, and let it stand so for the space of 24 hours, and let drink but only this, until you have recovered your health again; and when this drink is gone let more be new made as aforesaid, and this will do exceeding much good.

This drink is also good for those that are troubled with the Palsie

Another for the same.

TAke a good quantity of *Bryonie*, and seeth it in fair Water, and let the Patient use to drink the same often, and it will cure immediately. *This hath bin truly proved.*

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A Diet-drink for the Dropſie, to uſe all the time of ſickneſſe, or for any other windy or ſtuffed diſeaſe.

TAKE the ſhavings of ſweet *Juniper* two drams, *Juniper-berries* bruised, *Aſhen-bark* bruised, the roots and bark of the *Saxifrage-tree*, of either one dram, of *Sage* bruised and macerated one ounce, of *Woolwort* roots, *Caper* roots, *Camrock* roots thin ſliced one dram, of *Marſh-Mallows* roots in great pieces one dram, *Parsley* roots, *Fennel* roots, *Eriogonum* roots two ounces thin ſliced, *Parsley-ſeed* and *Fennel-ſeed* bruised two ounces; put all theſe in a large pipkin cloſe covered, put therein as much fair ſcalding water as will cover them in the Pipkin then cut or paſte the cover cloſe to the Pipkin that no air goe out, ſo let it ſtand in hot imbers, but not to boyl four and twenty hours; when it is cold, put all theſe ſimples and liquor in two Gallons of new *Ale*, let them work together till the *Ale* be ſtale and ready to drink: uſe no other drink during ſickneſſe but this, neither at meals nor otherwiſe.

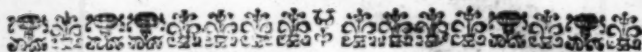
An excellent Medicine for the Dropſie.

TAKE the roots of *Kneehelm*, (it is of the ſame that the Butchers make their brushes or brooms of) *Parsley-roots* & *Fennel-roots*, of each of them (finely ſcrap'd and ſliced) a good handful, of *Juniper-berries* half a handful, of *Aniſe-ſeed* and *Elſander ſe. d.* of each of them a ſpoonful: ſeeth all theſe together in three pints of cleere *Peſſet Ale*, and let it boyl until it come to a quart, then take a handful of dead *Bees*, and ſtamp them in a wooden diſh, and ſtrain them into this *Peſſet-Ale*, and drink every five hours a good draught thereof, and this will help in a ſhort ſpace. *Proo. eſt.*

Another for the ſame.

TAKE Roots of *Warmwood* *Petty-morrel* and *Fetherfew*, of every of them half a pound, of *Fennel*, *Parsley*, *Sage*, *Sop*, *Smalage*, *Avens*, *Mints*, *Water-Creſſets*, *Hore-bound*, *Endive*, *Liverwort*, and the middlemoſt *Bark* of an *Elder-tree*, of every of them a quart

ter of a pound : then take all the herbs and roots, and stamp them all together in a stone Morter, and then put them into a new earthen pot which was never used before, and put unto them two gallons of *White-wine*, or else two gallons of good *Wort*, and let them boyl in the pot until the one half of the liquor be consumed, then strain it, and put it into the pot again (that being made clean) and cover it very close, and drink the quantity of half a pint thereof at a time, and take it first and last; but note this, that which is taken in the morning must be cold, and that which is taken in the evening must be hot, and let your meat, as *Mutton* or *Chickens* be dry roasted, during the time of your Diet-drink : eat no broth nor moist meats.



DEAFNES

• AND

HEARING.

CHAP. XIII.

An excellent good Medicine for Deafnes in the Head.

TAke a quart of *Malmsey*, and a quarter of a pint of cleer running Water, a penny-worth of *Cummin*, and eight or nine leaves of *Betony*, and boyl them all together until half the liquor be consumed, then take the pot wherein the Medicine is boyled, and cover it close with a Tunnel, and bind it about the verges or brim, whereby the hear may not issue forth, then put a quill into the other end of the Tunnel, and hold your ear

ear close, that the heat may ascend up into your head; and when you are weary of holding the one ear, turn the other to the same place, and whilst that the heat is ascending up into one of your ears, let the other be well stopped with black *Wool*, and apply hot *Clothes* to keep in the heat on the other side of your head, whilst the *Medicine* worketh, and let both sides be used alike, and use this 3. times a day, (*viz.*) in the morning, at noon, and at night, and so continue it for the space of 8. or 9. days together; and during all that space, abstain from any open air, and doubtless this will help: for by experience I know, that it hath cured both men and women that were above 50. years of age.

Another for the same.

TAKE *Earth-worms*, and fry them with *Goose-Grease*, and drop a little thereof warm, into the deaf or pained ears, and this will help the same; but it must be used 9. or 10. times at the least.

Probatum est.

An excellent good Medicine for the pain in the Ears, which hindreth the Hearing.

TAKE two handfuls of *Sage*, two handfuls of *Hyssop*, and half a pound of the youngest *Rose-mary* that groweth upon the great branches, and put them into a little bag or pillow, made for that purpose, and let it be boyled in *Rose-vineger*, *Aqua-vita*, and *Rose-water*, and use this to your ear, as hot as you are able to abide it, and apply this, in twice or thrice doing, it will help you.

Probatum est.

An excellent good Medicine for one that is deaf and cannot hear.

TAKE *Bay-Berries*, *Bay-leaves*, *Betony*, and *Sticadoes*, of each of them a handful, seeth them in *White-Wine*, until it be consumed to the half; but if it be for an old man, it must be in *Malmsey*, then put it into a Vessel with a narrow mouth, and hold your ear over it, the Vessel being unstopped (neither too hot nor

too cold) as hot as you may suffer it, then take *Oyl* of bitter *Almonds*, and let two or three drops thereof fall into your ears, and be sure to have always a lock of wooll that groweth betwixt the *Sheeps* legs, and then stop your ears close therewith, and if you put a little *Musk* in the wooll, it will be better. *Prob. est.*

An excellent good Medicine for one that is deaf, and that his hearing is almost clean gone.

Take *Sallet-Oyl* that is pure and sweet, and put thereto *Anise-seeds*, *Perriminkles*, *Sorrel* and *Worm-wood*, of each of them an ounce, and dry them and beat them to powder: then take powder of old *Roses*, and an ounce of *Colloquintida*, and boyl them in the *Oyl* aforesaid, a good while: then strain it through a fine cloth, into a *Sawcer*, or *Porenger*, and with a feather drop 3 or 4 drops into the Patients ear warm, and so let him use this every day, both morning and evening for a certain space, and it will help him. *Prob. est.*

A marvellous good water to be used for the Hearing:

Take a good quantity of *Betony*, and an *Onyon* that is round and white, and a pretty quantity of *Rosemary*, half a pound of bitter *Almonds*, and a good big *Eel*, that is both fat and white: cut and shread these very small together, and distil them in a *Limbeck*, and then take the water that cometh from them, and put it into a *Glass*, and when you will use it, drop 3 or 4 drops of it into your ears, and it will restore you to your hearing again. *This bath been sufficiently proved.*

An excellent good Medicine for the Hearing.

Take a good quantity of *Womans-Milk*, and warm it in a *Sawcer* on the fire; then dip a linnen-cloth therein, and bathe the Ear well therewith that is most deaf: then take a pint of pure *Malmsey*, and put a few *Cloves* into it, and heat it in a pot on the fire boyling hot: then take a little *Tunnel* & put it into the mouth

of

of the pot, and let the fume passe through it into your ear: then take a little oyl of bitter *Almonds*, and warm it in the *Sawcer*, as you did the *Milk* aforesaid, and bathe your ear again well therewith; then take a little black *Wooll* and dip it in the same Oyl, and then stop your ear very close, and keep it warm: use all these things afore rehearsed, in such sort as they are here expressed, as hot as any of them may be suffered; and in so doing, for the space of 9 or 10 days together, both morning and evening, and it will cure this infirmity.

A present Remedy for one that cannot hear.

TAKE an *Hedge-Hog*, and slay him and rost him; and let the Patient put some of the Grease or Fat that cometh from him, into his ear, with a little *liquid Storax* mingled therewith, and he shall recover his hearing in a short space: This hath holpen some that could not hear almost any thing at all, and have been troubled with this impediment for the space of 20 years, and yet were holpen with this Medicine.

Another for the same.

TAKE an *Ox-Gall*, and the Piss of a male *Goat*, and mingle them together, and put some of the same into the Patients deaf ear, and incontinently he shall be holpen. *Prob. est.*

Another for the same.

TAKE two spoonfuls of the juyce of *Rue*, and as much *Womans Milk*, that giveth suck to a *Maiden-Child*, and boyl them together either in a *Pomegranet-shell*, or else in a *Porenger* until it be curdled, then strain it, and take black *Wooll* and dip it in the same juyce, and drop 2. drops thereof into your ear, and so use it both morning and evening, for the space of 9 or 10 days together, and keep it very warm, and this will help you. *Probation est.*

*A sovereign Medicine for the pain and buzzing in the Head,
which hindreth the Hearing.*

TAKE a Clove of *Garlick*, and pill it clean, and then make 3 or 4 holes in the midst of it, and dip it in a little *English-Honey*, and put it into your ear, and put a little black *Wool* in after it, and for that night, let the Patient lie upon the contrary side, and let the ear that is stop't be upright, and the next night following let him use the other ear in like sort, and lie on the other side as before, and so let him alter his course every other night, and use it for the space of 8 or 9 days together, and this will expulse all ill humours out at his Nose, ease the pain, and restore the hearing.

Probatum est.

Another experienced Medicine for one that is deaf, and that his hearing is almost clean gone.

TAKE a red *Onyon*, and pick out the Core clean, that is in the midst thereof, and put into the same place some *Oyl* of roasted *Almonds*, (but let the *Onyon* be somewhat warm before you put the *Oyl* therein) and so let it stand for the space of a night, and then bruise it, and strain it into a *Porenger*, or other clean dish, and let the Patient have 3 drops thereof at a time put into the eare, both morning and evening, and let his eare be close stopp'd with a little black *Wool* which groweth under the eare of the black *Sheep*; and when he is in bed, let him lie on the same side: thus using first the one eare, and after the other in like manner as before, and by Gods help it will cure him.

Another approved Medicine for one that cannot scarce hear.

TAKE a good silver *Eel*, (if possibly she may be gotten) or else some other bright *Eel*, and roste her upon a spit, and let the dripping of her be kept very clean in some earthen Vessel, and when

when you do go to bed, put the quantity of a quarter of a spoon-
full thereof at a time into your eare, and then stop it close with a
little of the *Wooll* that groweth betwixt the two ears of a black
Sheep, and the next night following use the contrary eare, as a-
fore is said, and so continue this for the space of 9 or 10 days, and
it will help you. *Prob. est.*



EYES,

AND

EYE-SIGHT.

CHAP. XIII.

First it is to be considered, What things are good for the eyes, and
what are not: for the eyes are the most necessary Members of
all other appertaining to Mans body, and without the sight of
them, we can of our own selves do nothing: therefore these small
members are chiefly to be regarded, and according to my simple skill
and knowledge, I have here set down divers and sundry Medicines for
the Eyes, who are the only windows of the mind, both for joy and dread,
and the most of our affections are openly known and seen through them,
and they are ordained and made of purpose to lighten all the body, where
Nature hath given both Brows and Eye-lids for to defend and keep
them in safety, and the better to resist all such things as in any wise are
prejudicial and hurtful unto them, as appeareth here in the next
Chapter.

Things



Things very hurtful for the sight.

TO eat *Garlick*, *Onyons* and *Leeks*: to eat over many *Letfiter*; to travel or to go too sudden after *Meat*, hot *Wines*, cold *ayr*, *Drunkennes*, *Gluttony*, *Milk*, *Cheese*: over-much beholding of white & black colours: much sleep after meat, too often use in letting of blood, *Cole-worts*, *Dust*, *Fire*, much weeping, and over-much watching.

Things good for the sight.

MEasureable sleep, red *Roses*, *Vervain-roots*, *Fennel*, *Selandine*, *Pimpernel*, *Oculus Christi*, *Vervain*, *Rue*, *Betony*: to wash your eyes often with fair *Running-water*, to look upon any green or pleasant Colours, to look often in a fair, pleasant and perfect *Glas*, and to wash your hands and feet very often.



Waters for the Eyes.

An excellent good water to preserve the Eye-sight.

TAKE a new-laid *Eg*, and roste it hard; then cut the shell in the midst, and take forth the yolk clean, and then take a peece of *Coporas*, and put it into the same place where the yolk lay, and then bind the *Eg* together again, and set it to lie in the fire again, and let it remain there until the *Coporas* be dissolved to water,

then take all the white out of the shell, & cut it into small peeces, and put it into a Glasse of fair *Running-water*, and so let it stand a little while; and then strain it through a fine linnen-cloth, and keep it in a Vial or Glasse close stopped, and every morning and evening let the Patient wash his eyes therewith, and it will do him exceeding much good. *This hath been often proved.*

Another good and comfortable Water for the Eyes.

TAKE *Sage*, *Fennel*, *Vervain*, *Betony*, *Euphrasia*, or *Eyebright*, *Pimpernel*, *Cinquesaille*, and *Herb-grace*, powder of white *Ginger*, and white *Salt*, as much as will lye on a six-peny peece, and lay them all to steep in *White-wine*, for the space of one night, and distil them in a *Stillitory* of Glasse or Pewter; and when you will use it, take a fine linnen-cloth, and dip it in the same water, and so use to wash your eyes often therewith, and you shall perceive your sight to grow very clear and bright in a short space. *Probatum est.*

Another for the same.

TAKE of the juyce of *Euphrasia*, or else the water that is made of it; inasmuch that it is the best herb that possibly may be had for the eyes, what way soever you will take it or use it.

Another for the same.

TAKE a good quantity of red *Fennel*, and of *Vervain*, *Rose-leaves*, *Rue*, and *Selandine*, of each of them a like quantity, and distil them all together, and you shall have a perfect, pure, and comfortable *Water* thereof for the eyes.

Another experienced good Water for the eyes.

TAKE *Selandine*, *Fennel*, *Sage*, *Rosemary*, *Vervain*, and *Rue*, of each of them a good handful, and wash them clean, and then dry them again with a linnen-cloth: then put them into a Limbeck, and distil them, and let the Patient drop some of this

Water into his eyes oftentimes, and this will recover his sight again, although it be supposed to be almost past all hope of recovery. For it hath been truly proved.

Another for the same.

TAKE the juyce of all these Herbs following, (*viz.*) *Fennel, Se-landine, Rue, and Eye-bright*, of each of them 2 ounces, of *English Honey* one ounce and a half, of *Alloes, Tuttie, and Sarcocol*, of each of them half an ounce, of the *Gall of a Cock, Capon, or Chicken*, 2 or 3 drams: of *Nutmegs, Cloves and Saffron*, of each of them a dram, and 6 drams of *Sugar-Candy*: take all these and put them into a *Limbeck of Glass*, and distil them, and let the Patient put some of this water into his eyes, once or twice a day, and this will do him very much good. Also, if that the Liver of a *Male-Goat* may be gotten, and mixed with these things afore rehearsed in the distillation, then will the same water be of much greater force, and almost without any comparison at all, to be made of such *Water*, for the benefit of the eyes.

Another special Water to clear eyes that are blood-shot.

TAKE a good quantity of *Daylies*, both *Roots and Leaves*, and wash them very clean, and then stamp and strain them, and with the juyce which cometh forth of them; let the Patient wash his eyes often, and this will help. *Prob. est.*

A marvellous good water to recover the Eye-sight, the same being hindered by any cause whatsoever.

TAKE 3 drams of *Tuttia*, made into small powder, and a like quantity of *Aloes, Epaticum*, and 3. drams of fine *Sugar*, 6. ounces of *Rose-water*, and as much *White-wine*: mingle all these together, and put them into a *Glass*, and stop it close, and set it to stand in the *Sun* for the space of a moneth, (stirring it together once every day) then take the same and distil it, and when you will use it, take the quantity of six drops at a time of the same *Wa-*

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ter, and drop it into your eyes both morning and evening, and so continue it for a short space, and it will cause your sight to come again, and be as clear and as perfect as ever it was before. *This hath been proved by one that recovered his sight again, having lost it a moneth before. It was ministered unto himself.*

Another good Medicine for clearing of the Eyes.

TAKE a good quantity of *Dayzie-Roots*, and wash them clean, and stamp them in a Morter, and strain the juyce forth thereof, and then put into the same juyce the white of a new-laid *Eg*, and then put it into a *Sawcer*, and with a feather scum the froth off clean, and then let the Patient dip a feather into the same, and drop it into his eyes, and it will do him exceeding much good.

Another for the same.

TAKE white *Roch-Alum* that is kindly, a small quantity of *Rose-water*, and the juyce of red *Fennel*, and the white of an *Eg* well beaten, and the scum clean taken off, then mix the white of the *Eg*, and the other things together, and then strain them through a fine linnen-cloth, and put the water into a Vial, and when you will use it, take a feather, or else with your fingers end put a drop thereof at a time into your eyes, and it helpeth.

Another good Medicine to clear the Eye-sight.

MAKE a powder of *Fennel*, *Annise*, and *Elicampant*, and temper them with *Aqua-vitæ*, and then dry them again, then let the Patient every morning and evening eat a pretty quantity thereof, and it will not only clear the sight of the eyes, but it will also purge the wind, and make one that is old seem young a long time after. *This hath been truly proved.*

Another for the same.

TAKE pure new *White-wine*, and infuse therein the Herb that is called *Eye-bright*, and *Wood-Berwy*, of each a small handful, and so let it remain for the space of 3. days together: then seeth

it with a little *Rosemary* in it, and let the Patient grieved drink a good draught thereof, both morning and evening, and it will help him, and cause him to have his sight both perfect and good: Let him also use to eat every morning a new laid Eg rear roasted, and put therein some powder of *Eye-bright*, and that will likewise do him much good. This hath been proved and found true, by some that have wanted their perfect sight, and did use spectacles, and yet thereby they have recovered their perfect sight again.

An excellent good Medicine for sore eyes.

TAKE Tuttle of *Alexandria*, Rue, *Selandine*, and red *Fennel*, and beat it into fine powder, and temper it well with a quart of *White-wine*, and put thereto an ounce of red *Rose-leaves*, and boyl them all together over a soft fire, until the one half be consumed; then strain it through a fine cloth, and put it into a Glass, and when you will use it, either with a feather, or with the top of your finger, drop 3 or 4 drops thereof at a time into your eyes, both morning and evening, and this will help you. *Prob. 88.*

Another for the same.

TAKE rotten Apples and distill them, and with the water thereof, wash your eyes often, and it will both cleanse and clear your sight. *Prob. 89.*

A very good Medicine to kill the Pin and the Itch in the Eyes.

TAKE red Sage, red *Fennel*, three leaved Grass, *Selandine*, and *Dayles*, of each of them a like quantity: then take the white of a new laid Eg, and beat it till all the froth may easily be taken away, and then put thereto half a spoonful of *Honey*: then stamp the herbs small together, and strain them, and put the juyce thereof to the white of the Eg and the *Honey*, and let them be well tempered together: and let the Patient drop a little of this into his eyes, where the pain is, and then take a plaster of *Flax and Gum*, and

and dip it in the same juyce, and lay it upon the Patients eye, and bind it fast, and let it continue there for the space of 2 hours, after every time that it is dressed, and it will cure it in a short space.

Probatur est.

Another for the same.

Take Leaves of *Selandine*, and stamp them well, and strain them, and with a feather put one drop of the juyce thereof into the eye of the Patient, and it will presently help. *Prob. est.*

A very good Medicine to kill a Pearl or Web in the Eye.

Take a good quantity of three-leav'd *Grass*, that beareth the *Honey-suckle*, and *Eye-bright*, and bruise them well in a mortar, or else in a wooden-dish; and then strain it, and let the party grieved put some of the same juyce into his eye, and by using this twice or thrice a day, for the space of 6. or 7. days together, it will help. *Prob. est.*

Another for the same.

Take 3. leaves of *Daisies*, and a good quantity of *Bursa-Pastoris*, (otherwise called in *English* *Shepherds-purse* or *Pouch-wort*, and *Chestlops* (otherwise called *Wood-lice*) stamp and strain them into a little strong *Ale*, and drink a good draught thereof at a time, 3. several mornings together, (two hours before you rise) and you shall find great ease thereby, notwithstanding your eyes will be sore: then wash them in fair *Running-water*, and then take some of the drink aforesaid, 2 or 3 mornings again, and by Gods help you shall find great ease in them for a long time after.

Another soveraign Medicine for a Web in the Eye.

Take a good quantity of *Snails*, with their shells upon them, and wash them very well, and then distill them in a common Stillie.

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ry, then take of the *Galls of Haves*, red *Currall*, and *Sugar-Candy*, and mingle them well together with the said *Water*, and distill them again: then take the same *Water* and put it into a *Glass* or *Vial*, and when you will use it, take a drop thereof, and put it into your *Eyes*, both morning and evening, and it will help you.

Another for the same.

Take the whites of *Egs* that are hard sodden, white *Rose-water*, *Sugar-Candy*, and a little white *Coporas*, and mingle them well together, and then strain them very hard through a fine cloth, and put it into an earthen Vessel, or else into a *Glass*, and so wash your eyes with the same 3. times a day, (*viz.*) in the morning, at noon, and at night, and this helpeth.

Another sovereign Medicine for the Web in the Eye, if it be old, and hath continued long.

Take red *Pimpernel*, *Selandine*, and *Euphrasia*, and stamp them very well in a Morter, and then fry them with *Capons-grease* in a clean pan; and when it is fryed, wring it through a linnen Cloth into a brazen Vessel, and let it stand there 3. days after, before you take it forth: then put it into a Box of *Horn* or *Tim*, and take but a little thereof at a time, and put it into the Web of the Eye, and it will cure it in a short space.

A good Medicine for bleeding eyes, or for sore eyes that do smart and itch.

Take a Stone that is called *Lapis Caluminiaris*, which is to be had at the *Apothecaries*, and make it hot in the fire, then quench it in a pint of *White-wine* 3 or 4 times; and then beat it to fine powder, and put it into a spoonful or two of white *Rose-water*, and one spoonful of fair *Running-water*, and temper them well together: then take a feather, and every morning and evening, let a drop or two fall from the feather into your eye, use this often, and it will do you exceeding much good.

A good Medicine for eyes that are blood-shot, and hot, and red.

TAKE *Honseleek* and stamp it well, then take a new-laid *Eg*, and make a hole in the one end of it, and draw out all the meat of it, and put the juyce of *Honseleek* into it, and set it in the embers, and so distil it, and scum it clean with a feather; and at night when you go to bed, let a drop thereof fall into your eye with the feather, (lying upon your back) and this will presently help you. *Prob. est per G. L.*

Another for the same.

TAKE the blood of a *Stock Dove*, or else the blood of another *Dove* or *Pigeon*, and drop a litle thereof into the eyes of the Patient when he goeth to bed: Also take a fine linnen-cloth, and wet it in the same blood, and lay it upon the eyes immediately, after the dropping in of the first, and this will help him howsoever it do come, either by stroke or otherwise. *This hath been truly proved.*

Also if the pain do come, (as oftentimes it doth) of Choller, and that the Patient feeleth great heat, sharp pricking, and much pain, and that commonly there appeareth no gum in the eyes: and if it do so, then a purgation of necessity must be given him to purge Choller.

Excellent good Pills for the Eye-sight.

THE *Pills Sine quibus*, allwageth with *Trosciskes* of *Agaricke*, and *Pillule Iussis*, are excellent good for to purge the brain, and comfort the Eye-sight.

An excellent good Medicine for the swelling of the Eyes.

TAKE a *Quince*, and seeth it in water until it be soft, then pare it and bruise it well, and mix it with the yolk of an *Eg*, and with the crums of white or wheaten *Bread*, wel steeped in the said *water*, and

and put thereto a little *Womans-Milk*, and two peny-weight of *Saffron*, bray them all together, and then lay it over the fore-head and eyes, and it helpeth.

A Medicine to take all the gummy matter or filth out of the Eyes.

TAKE *Hansleek*, (otherwise called *Senigreen*) and stamp it very well, and strain it through a fine linnen-cloth; and with the juyce thereof wash your eyes often, and it will both clear your sight, and purge the eyes from all manner of filth and matter.

This hath been sufficiently proved.

A marvellous good Drink to be taken for the Eye-sight.

TAKE a good quantity of *Ivie* that groweth upon an *Ash-Tree*, and a good quantity of *Roots* and *Leaves* of *Dayles*, which do grow in the fields, and a like quantity of three leav'd *Grass*, and of *Eye-bright*, and a good quantity of red *Fennel*: wash all these very clean, and stamp them, and strain them with a pint of stale *Ale*, and let the Patient drink a good draught thereof at a time, both in the morning and evening, and at midnight, and let him use this as long as he shall think convenient, and this will preserve his sight exceeding well. *This hath been sufficiently proved.*

A Medicine for burning or running eyes.

TAKE a rotten *Apple* which is somewhat thick pared, and apply the same to the burning Eyes when you go to bed, and it will heal them. *Prob. est per D. B.*

A most singular good Medicine to keep the Eyes clear, cool, and from redness, and to kill the itching of them.

TAKE a good handful of *Hansleek*, and two handfuls of *Plantane*, and stamp them well together, and strain them, then let the juyce

juyce stand and settle for a little space, and when it is well settled, powre out the clearest of it from the residue, and put thereto half as much *White-Rose-water*, as there is of the juyce, and half a quarter of white *Sugar-Candy* beaten to fine powder; and then take a peece as big as half a *Wal-nut*, or somewhat more; of *Lapis Calaminaris*, and let it be slaked 10. or 12. times in the same water, being made red hot in the fire, and let the Stone lye stil in the *Water*, after it hath been 9 times quenched therein; and then let the Patient take 4 or 5 drops (as he lieth upright in his bed) thereof, and put it into his eyes, and it will help. *This hath been truly proved.*

An Excellent good Medicine for eyes that do either smart or itch.

Take *Lapis Calaminaris* and make it hot in the fire, and quench it in a pint of *White-wine* 4 or 5 times, then take the stone, and stamp it to fine powder, and strain the *Wine* and the powder together, and put it into a Glass; and when you will use it, shake the Glas until it be thick, and with a feather drop 3 or 4 drops into your eyes, lying upon your back, and this will help you. *Prob. eff.*

A good water for the Eyes

Take a new-laid *Eg*, and roste it hard, and then cut the shell in the midst, and take forth the yolk of it, and put a little peece of white *Copra* where the yolk lay, and then bind the *Eg* together again, and so let it ly until it begin to be water: then take the white forth from both sides of the *Eg*, and put the same into a Glass of fair *Rumme-water*, and so let it stand a while, and then strain it through a fine linnen cloth, and so keep it close stopp'd in a Glas, until occasion serve for use hereof, and then wash your eyes therewith, both morning and evening, and it will do you much good.

Another good water for the Eyes

A medicine for the Face

FACE



F A C E.

CHAP. XV.

A very good Medicine to take the Pimples out of ones Face.



Take *White-Wine-Vinegar*, *Brimstone* finely powdered, and *Honey*, of each of them as reasonable a quantity, as to your own judgement shall be thought meet, and temper them very well with *Wheaten-Flower*, which is pure and clean without any *Rie*, *Beanes*, *Pease*, *Tares*, or other *Pulse*; and when you go to bed, lay some of this upon your face, and in 4 or 5 times using it, it will take the *Pimples* clean away, and clear the face again. *Prob. est.*

Another for the same.

Take a pretty quantity of *Virgins Wax*, and melt it, and mingle it with three spoonfuls of *Oyl of Roses*, a spoonful of *White-Wine-Vinegar*, the *Waite* of a new-laid *Eg*, and a good quantity of *Plantane-Water*, and temper them all well together, until you perceive that they are come into an *Oyl*, and then let the Patients face be anointed therewith every night when he goeth to bed, and it will help in a short space.

Another for the same.

Take juyce of *Lilly-Roots*, and *Wine-Vinegar*, of each of them a like quantity, and *Sheeps-Suer*, boyl them together, and anoint the

the place well therewith where the pimples are, and in 10. or 12. days space, by using of it (by Gods help) he shall be cured.

A good Medicine to take away the Pimples, and high colour out of ones Face, be it never so far spent and gone.

Take white *Coporas*, calcived in the fire a pretty while, and powdered fine, and put them in a Sawcer of fair *Running-water*, and set it to warm on the Coals, and (as hot as ever possibly you can suffer it) anoint the Pimples that are in your face therewith, or any other place of your face which is high-coloured or red, and in using of this often it will help you.

Another good Medicine for a red or high-coloured Face.

Take *Vine-leaves*, and *Strawberry-leaves*, of each of them equal portions, and as much *Cream* as you shall think convenient for the things aforesaid: then put therein two peny-worth of *Camphire*, and put all your things together into a *Stillitory*, and distil them, and then take some of this water and wash your Face therewith every morning and evening for the space of one or two days, and this will take the high Colour clean away. *This was much practised by M. Cox, who did help many of this infirmity.*

A present Remedy for the taking away any manner of Spots or Pimples in the Face.

Take a good quantity of *Nigella*, and bray it, and mix it with *Honey* and *Wheaten-flower*, and make an Oyntment thereof, and let the Patient anoint the spots and pimples therewith, at his going to bed, and in the morning following when he riseth, let him wash them with *Parsley-water*, and this will take away the spots and pimples clean.

Another present Remedy for any Heat or Pimples in the Face.

TAke a pound of good *Almonds*, and stamp them, and put them into a pint of fair *Running-Water* warm: then strain them, and put thereto half an ounce of white *Camphire*, and a pint of *White-wine*, and then temper and beat them very well together, and then strain it with a pint of *Margervum-Water*, and put it into a *Glass*, and let the Patient use to wash his face therewith often, and it will help.

Another good Medicine for an extream heat in the Face.

TAke a good handful of *Deers-suet*, and as much *Brimstone* as an *Eg-shell* will hold, and bruise it very fine; then take half a pint of *White-wine-Vinegar*, and seeth them all together until they be almost dry: then take it and make it into a Ball, and when the Patient will use it, let him take a little thereof and put it into a *Saucer*, and melt it with a few Coals, and when it is melted, let him take a fine linnen-cloth and dip it therein, and rub the place softly where any corruption is, until that be clean taken away, and this will speedily help him.

If this happen not to help him within the space of a moneth, then let him drink every morning fasting a Cup of *Beer* or *Ale*, with a little *English Madder* therein, and let it be finely picked, bruised and searfed, and so let him drink it, and this will do him exceeding much good.

Another for the same.

TAke the juyce of *Hausleek*, and the juyce of wild *Tansie*, and boyl them in a pint of *White-wine*, and let it boyl until the one half be consumed; and when it is cold, let the Patient dip a fine linnen-cloth therein; and when he goeth to bed, let his face be bathed therewith very well, and let the wet cloth lie all the night long upon his face, and when it is dry, wet it again, and so let him use

use it as long as he shall think convenient. *This bath helpen those whose faces were grown like unto a scurf.*

Another for the same.

TAKE 4. peny-worth of *Capons-Grease*, and melt it, and strain it through a fine linnen-cloth, and let it stand to cool a quarter of an hour: then put into it a peny-worth of *Brimstone* finely bruised, and a peny-worth of *Ginger* beaten to powder, and mingle them with the *Capons-Grease*, and make an Oyntment thereof, and with the same let the Patient anoint his face when he goeth to bed, or in the same place where the Pimples or redness are, and in the morning let him wash his face with *Rose-water*, and *Plantane-water*, of either a like luke-warm; but in any wise, let him take heed that he pick not his nose with his fingers; for if he do, it will greatly hurt him. *Prob. est.*

A very good Medicine for a leprous face.

TAKE a good quantity of *Straw-berries*, and put them into a Glas, and so let them putrifie in *Horse-Dung*, with half a dram of *Mercury* sublimate; and then distil a water from them, with the which let the Patient wash his face often, and it will speedily help him. *Prob. est.*

An excellent good Remedy for an high-coloured hot burning Face.

TAKE *Cowcumbers*, and pare them very clean, and cut them in slices, and distil them with a little *Rose-water*, and with the same water that cometh from them, wash your face every day 4 or 5 several times; but if you can have none of the same water, then take the *Cowcumber* it self, and rub your face therewith; but first pare off the Rinde (as aforesaid) and by often using of it, you shall assuredly find both help and ease. *Prob. est.*

A very good Medicine to destroy any heat in the face; or any other place, although it be St. Antonies fire.

Take a pottle of *Smiths-water*, a handful of *Sage*, two handfuls of *Elder-leaves*, or else of the green *Bark* thereof, and two peny-worth of *Allom*: take all these and seeth them together from a pottle to a pint; then take it and put it into an earthen-pot, or Gally-pot, and let the *Patient* anoint his face therewith when he goeth to bed, and by the next morning he shall find great ease thereby; but let him use it for the space of 5 or 6 days, and this will help him by Gods grace.

A very good Medicine to take away the extreame heat in a Childs Face.

Take a pint of *White-wine*, and the quantity of half an ounce of *Cloves* beaten to powder, and mix them well together, and let the same be boyled (in an earthen or *Pewter-pot*.) until it be half consumed: then strain it into a *Gally-pot*, or into some such like thing, and so anoint the Childs face therewith, and it will expel the heat in a short space. *Prob. est.*

An excellent good Medicine to take away any spots, or Sun-burning from the face or other places.

Take the juyce of a *Lemmon*, the juyce of wild *Tansie*, with a little *Camphire* dissolved, and a little *Bay-salt*, and let the *Patient* wash his hands or face therewith, and let them dry of themselves; and then take fair *Cassidit* or *Running-water*, and wash your hands or face therewith, and you shall see all the spots clean gone away. This is also good against the scurf or such like.

A good Medicine for Sun-burning.

Take two spoonfuls of *Rose-water*, an ounce of *Womans-Milk*, an ounce of *Frankincense*, an ounce of *Verdigrease*, and the white
of



SUNDRY APPROVED
MEDICINES
 FOR SEVERAL
DISEASES
 INCIDENT TO
MAN'S BODY;
 FOR THE
FALLING-EVIL.

CHAP. I.

An excellent good Medicine for the Falling-Evil.

TAke a good handful of *Piony-Roots*, and a handful of *Mistletoe*, that groweth upon a *Black-thorn-Tree*, and a handful of *Polipodium* (otherwise called in *English Oke-ferne*) and two good handfuls of *Selandine*, (if it possibly may be had) and stamp them very well, and then let them to steep either in *Ale* or *Beer*, for the space of two hours or more, and

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and

and then put it into your earthen pot, where it may be kept close stopp'd from any Air, and let the party griev'd drink a good draught thereof every morning fasting, and fast in the evening, and let him use it for the space of 14. or 15. days, and by Gods help it will cure him in a short space. *This hath been truly proved.*

A good Remedy for the falling-Evil.

TAKE the *Brain of a Mice*, and dry it to powder, and put it into some pure *Vinegar*, and temper them well together with a *Knife* or *Spoon*, and give it to the diseased person to drink, and it will do him exceeding much good. *Prob. est.*

Also Gallen saith, that he knew many men in his life-time to be cured of this infirmity, by drinking of the powder of dead-mens Skulls burnt.

Also in another place he saith, that the Skull of a dead-man, whereon Moss groweth, being taken and washed very clean, and dried in an Oven, and then beaten to powder, will cure this infirmity, although the party griev'd have been troubled therewith many years before. But this Skull must be the Skull of one that hath been slain, or of one that was hanged, or that came to a sudden death, and not the Skull of one that dyed of any sickness, or else by other maladies growing of long continuance in the head.

Another for the same.

TAKE the juyce of a *Coriander* corrected, and give it the diseased person to drink, and it will not suffer the ill humours to ascend up into the head, and let him use it often, and he shall receive much comfort thereby.

Another for the same.

TAKE *Germander* that is gathered in the moneth of *May*, when it hath the blossoms upon it, and dry it in the shadow where no *Sun* cometh, and then make a powder thereof, and when occasion

sion serveth for use thereof, then take the yolks of 3 or 3 *Hen-eggs*, and beat the powder and them well together in a wooden-dish, or Porenger, and seeth it, and give it the party grieved to eat both morning and evening for the space of 9. days : But all this time he must abstain from all kind of *Wines*, and carnal Company of *Women*, and also from all manner of Pulse, as *Beans, Pease, Fiches* and *Tares*, and from all other things which are of a hard concoction or digestion. *Prob. est.*

Another for the same.

Take the *Matrix* of a *Sow* that hath young *Pigs*, and dry it upon a *Tile-stone* or *Fire-shovel*, and make a powder thereof, and give it the Patient to eat, or else to put in his drink, and immediately after he hath taken it, you shall perceive the Disease to remove into his fingers ends, (but grieving of him sore all this time) and then make some kind of rupture to set to his fingers ends, and in a little while after you shall see the yellow matter or corruption issue out of them. *Prob. est.*

Another for the same.

Take *Piony-Roots*, and dry them very well, and then grate them very small (as you do *Ginger*) and give it the Patient to eat in his Pottage at meals, and let him also drink it continually in his drink, especially in the morning fasting, and likewise last in the evening, and this will do him exceeding much good.

Another for the same.

Take *Wheat-flower*, (that is without pulse) and temper it with the Dew of the earth that is gathered either of *Corn* or *Grass*, upon *Midsummer-day* in the morning, and knead it well, and make a Cake thereof, and bake it upon a *Tile-stone*, or else upon some other such like thing, and let the Patient eat it, and he shall find great vertue herein.

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Divers

Divers and sundry things are here expressed that are ill for this Disease, and therefore it is very requisite they should be eschewed in all respects as much as may be (*viz.*) Over-much sleep or drowsiness, over-much drinking of *Wine*, or other strong Drinks, over-much eating, over-much fasting; all manner of pulse, as *Beans*, *Pease*, *Fitches*, and *Tares*, and all other things that are not easie of digestion.

Also, let the party grieved use an indifferent mean in Diet, and lee him not use to sup late, nor sleep suddenly after meat, and let him take heed of over-much watching, for all these things are very dangerous and hurtful for any manner of person whatsoever, that is troubled with this infirmity.



KINGS-EVIL.

CHAP. II.

An excellent Remedy for the Disease called the Kings-Evil.



Take an ounce of pure *yellow Wax*, or somewhat more, and an ounce of *Turpentine*, and a good quantity of *Sheeps-Suet* clarified, (that is both pure and sweet,) boyl all these together, and when they are well boyled, then put therein the quantity of two good handfuls of the purest and finest *Barley-flower*, that possibly may be gotten, and it must be clean without any manner of pulse, or seeds of any manner of weeds at all, and then temper the same *Flower* and the other things together; that being done, then put therein the quantity of three spoonfuls of the *Urin* of a Man-Child, (he being

ing not above three years of Age) and then boyl it again with the residue of the things before mentioned, and then put it into some earthen-pot or Gally-pot, and so stop it up and keep it close, until you have occasion to use it, and when as any occasion doth serve for the use thereof, take some of the same salve or Oyntment, and spread it upon a fine linnen-cloth, or else upon a peece of Leather, and so lay it plaister-wise upon the sore place, and this will cure it. *Prob. est per G. L.*

A most perfect and ready way how to know the former Disease, whether it be the same Disease or not.

TAke a ground-Worm, and lay it alive upon the place grieved, then take a green Dock-leaf or two, and lay them upon the Worm, and then bind the same about the neck of the party diseased, at night when he goeth to bed, and in the morning when he riseth, take it off again: and if it be the Kings-Evil, the Worm will turn into a powder or dust: otherwise the Worm will remain dead in its own former form, as it was before alive. *This hath been also truly proved by the afore-named G. L.*



FLEAGME:

CHAP. III.

An excellent good Medicine to expel all manner of Fleagms or Corruption, having been grown and gathered about either the Stomach, Lungs or Liver, &c.

TAke a Gallon of strong Wort, and put it into a clean Pan, and set it on the fire, and put therein red Mintz, Liver-wort, Hyssop, Rosemary-flowers, the Flowers of Violets, of each of them two

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hand,

handfuls, wash them very clean, and put them into the *Wort*, then take half a pound of *Liquorice*, and half a pound of *Anise-seeds*, and make them clean also, and let your *Liquorice* be well pared and scraped, and then sliced and minced very small, and then put together with the *Anise-seeds* into the *Wort*, and so let them seeth all together therein over a soft fire, until the one half of the liquor be consumed: and then put therein a pint of *Englishe-Honey*, and a pound of very fine white *Sugar*, and so let them seeth a walm or two afterwards; and then strain the same into some new earthen-pot, or Vessel that is sweet and clean, and then set it to cool, and when it is cold, put it into some Glass or other vessel made of earth, and stop it very close, and then at all times after, drink some of the same at your pleasure; but first in the morning, and last in the evening is the best time to take it, and this will cure this infirmity (by Gods help) without all doubt, for many have been holpen thereby.

If you lack either *Rosemary-flowers*, or *Violet-flowers*, then take *Primrose-flowers*, and *Flowers of Cowslips*, of each of them two handfuls, (as you should of the other before) and use them instead of the *Rosemary* and *Violet-flowers*; but if the time of the year will not permit you to have them also, then take such as you can get, or as the time of the year will afford you to have them; but if you can have of all, and preserve them for this purpose, it will be the better: And the more you use this drink, the better and more comfortable you shall find your body continually, and it will cause you to have a good appetite to your meat.

*Another excellent drink to avoid Fleagm, and to purge the stomach,
be is never so much stuffed therewith.*

TAKE four or five handfuls of *Barley* that is pure and clean without pulse, and let it be well picked and rubbed in a peece of course *Canvas*, whereby the husks may be clean taken off, then wash it seven or eight times in fair warm water; then take a fair new Earthen-pot, that will contain four or five quarts of wa-

ter, and let it be well washed and scalded with hot water; and when you have done, put the *Barley* into it, and then fill it up with a gallon or somewhat more of fair *Running-water*, (that runneth upon gravel) and so let it seeth, until the one half or somewhat more of it be consumed, then take the quantity of a pound of *Liquorice*, and half a pound of *Anise-seeds*, (both beaten to powder) and put them therein, and so let them seeth for the space of a quarter of an hour, or little more, and then take it off, and strain it through a clean linnen-cloth, and then put therein half an ounce of *Ginger*, a quarter of an ounce of *Cinnamon*, an ounce of *Manna Christi*, and let them be all well beaten together, then put therein 4 spoonfuls of clarified *Honey*, & let all the things before rehearsed, boyl a little while together, and then let it be put in a Glass, & keep it stopped, and when you will use it, drink five or six spoonfuls of it at a time luke-warm, both morning and evening for a certain space, and this will help you by Gods grace, without all doubt.

Also this is exceeding good against an extream Cough, be it never so vehement.

An especial good Medicine to purge Fleagm from the Stomach, and for wind in the belly.

Take half a pint of the juyce of *Worm-wood* and *Mints*, and a quart of good *Claret-wine*, the white of an *Eg* beaten, till it become as thin and as clear as water; then take all these and boyl them together, until the one half of the same be consumed, then strain the same liquor into some clean Vessel, and put therein half a pound of fine *Sugar*, half an ounce of good *Mace* beaten to powder, and then let it seeth again until it come to a pint, and then use it somewhat warm both morning and evening, for a certain space, and this will help you. *Probatum est.*

Another Medicine to cause Fleagme to avoid, that is congealed about the heart or stomach.

TAKE a good quantity of *Heyriffe* (otherwise called *Goof-meat*) which groweth in ditches, and stamp it in a *Morter*, and then put thereto a quart of stale *Ale*, and let the party grieved drink a good draught thereof warm every morning fasting. And let the party grieved take red *Fennel* and beat it, and strain forth the juyce thereof, and a pretty quantity of clarified *Honey*, and seeth them well together, and let him use to eat of the same with fine *Wheaten-Bread* every morning, or at any other time that he shall think meet, and this will utterly expel all congealed fleagme quite away, and it will ease the heart and stomach greatly.

A very good Medicine for to break Fleagme.

TAKE *Honey* and new *Butter* that is unsalted, of either of them a like quantity, and a few bitter *Almonds*, blanched and beaten very well, and mingle them with the *Butter* and *Honey* aforesaid, and let the Patient eat a little thereof every morning fasting, and it will do him exceeding much good. *This hath been truly proved.*

Another for the same.

TAKE *Sorrel*, and stamp it and strain it, and then take the juyce thereof, and temper it with stale *Ale*, and let the Patient drink a good draught thereof every morning before he rise out of his bed, and let him sleep after it, and he shall avoid great store of Fleagme.

A good Gargres for the Fleagme.

TAKE *Endive-water*, and *Honey-suckle-water*, of each of them a like quantity, and a good spoonful of *Mustard* that is pure and good, and a spoonful of *Honey*, two spoonfuls of *Vineger*, and a little *Pepper* beaten to powder, and 2 or 3 branches of *Rosemary*,
and

and a few leaves of red *Sage*, then put all these together, and heat them in a *Chafing-dish* of *Coals* luke-warm, and let the Patient put a spoonful thereof into his mouth at a time, and let him hold his head upwards, and wash his throat well therewith, and it will cause him to avoid much fleagme.

A very good drink to cause one to avoid Fleagme from the Stomack, and to make it come up very easily.

TAKE 12 spoonfuls of *Rose-water*, and 6 spoonfuls of *Condit-
Water*, and 3 spoonfuls of *White-wine-Vineger*, and a quarter of a pound of fine *Suger*; boyl all these together in a *Pewter-Pot-
renger*, upon a *Chafing-dish* of *Coals*, and scum it very clean: then take a spoonful or two of it, and drink it luke-warm when you need it, and it will help you.

*Another good Medicine for the avoiding of Fleagme, or stopping
of the Stomack.*

TAKE the quantity of 2 handfuls of *Honey-suckle-leaves*, and an ounce of *Anise-seeds*, and 3 sticks of *Lignorice*, (the Rinde being clean pared off) sliced very small, or else beaten to a fine powder; boyl all these together in a quart of fair *Running-water*, till the same be boyled from a quart to a pint, and then strain the same, and let the Patient drink thereof every morning fasting, the quantity of 7 or 8 spoonfuls at a time, for the space of 3 days together, and this will speedily help him,

Another good Medicine for the Fleagme.

TAKE *Parsley-Roots*, *Fennel-Roots*, *Pellitory*, *Hyssop*, and *Lignorice*, of every of them a like quantity, and stamp and bruise them all together, and boyl them in *Ale*, and put therein a good quantity of clarified *Honey* that is pure and when it is boyled a little more, strain it and use to drink thereof both morning and evening, and this will help you.

Another

Another for the same.

Take a pint of *Hysop-water* distilled, a quart of good *Muskadine*, 3 or 4 races of good *Cafe-Ginger*, the same being pared clean, and cut into small slices, and twice as much *Liquorice*, pare and scrape the same likewise, then put thereto a good handful of fine *Suger-Candy* bruised a little: (that done) put all these together in a good big Glass to stand and soak well, and so let it stand for the space of 24 hours together; but you must shake it very often whilst it is a steeping in the Glass, and let the Glass wherein it is, be very close stopped, whereby no ayr may enter therein: and so drink it at pleasure.

This hath helped some that could scarce speak, being troubled with much fleam in their throats and stomach, and could scarce fetch their Wind through fleagm and Coughing: Prob. est.

A very good Drink for the avoiding of fleam, and for the stopping of the Pipes.

Take a pottle of *Barley*, and seeth it in a gallon of clear *Well-water*, let it seeth untill the *Barley* be soft, then strain it, and put thereto as much new *Wort*, as of the aforesaid liquor, and put therein a good quantity of *Sage*, and as much *Hysop*, and a penny-worth of *Liquorice* well bruised; then seeth it again until it be half consumed away, then strain it, and put it into a Glass, or into some other close Vessel, and so let it stand for the space of one whole day, and let the party grieved drink 2 or 3 spoonfuls of it at a time, both morning and evening, and this will help him in a short space. *This hath been well proved.*

Also *Oke-searn* bruised, and the juyce thereof drunk either in *White-wine* or stale *Ale*, purgeth fleagm and melancholine's greatly. *This hath been likewise proved.*

FLUX.

FLUX.

CHAP. III.

An excellent Remedy for the bloody Flux, if it come either by weariness of the heart, and disposition to wound, or else by heat that is in any of the Members of the Bulk.



Take a good quantity of fine white Sugar, a good quantity of *Roses*, and a good quantity of *Rose-water*, and if you have no *Rose-water*, then you may use fair *Rain-water* instead thereof, and then seeth a little *Masticke*, *Allom* and *Cloves* therein, and let the Patient drink often thereof, and it will do him exceeding much good. But if the *Flux* be caused by any cholerick humours, then it must be avoided by taking of *Rain-water* that *Roses* have been sodden in; and a plaister made of *White-Roses* is also good against this Disease, if it be laid either to the yard or to the Reins.

Another for the same.

Take a good quantity of *Plantane*, and seeth it in fair *Running-water*, and let it boyl until it wax yellow, and the strength be quite out of it, and then strain the same *Water*, and then take a peece of clean *Iron*, and heat it red hot in the fire, and quench it in the same *Water*, and so do this ten or twelve times again together; and then strain it again, then take a good quantity of *Almonds* unblanched, and stamp them very well, and mingle them with the same *Water*, and so make *Almond-Milk* thereof; and when you have so done, make a Toste of fine white *Bread*, and put the same into the *Milk*, and then let the party diseased both eat of the same Toste, and drink of the *Milk* afore-said. This hath done many People much good in using of it often.

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Another

Another for the same.

Take new *Milk* (as it cometh from the *Cow*) and set it on the fire, and when it seeths, put into it a good peece of *Rock-Allom*, and when the same is melted, there will arise upon the top thereof, a curd much like unto a posset-curd, scum off that very clean, then take the *Whay* and quench a gad of *Steel* six times therein red-hot, and drink it as hot as possibly you can abide it, and if your stomach will bear it, you may eat the curd also.

Another good Medicine to stop the bloody Flux.

Take a good handful of the pith of *Red Coleworts*, and dry them upon a hot *Tile-stone*, or else in an *Oven*, where bread hath been drawn forth, and make a powder thereof, and put it into a Cup of pure red *Wine*, and let the *Wine* be made blood-warm, and give it to the Patient to drink, and in using it often, this will help without all doubt.

Another for the same.

Take a good handful of *Beans*, and dry them either in an *Oven*, or upon a *Tile-stone*, as before-said, and let them be so hard as the huls may shale off them, and then bray them in a Morter into fine powder, and then searse them through a fine searfer or boulter, then take a pint of good red *Wine*, and set it on the fire, and put the powder of the *Beans* into the *Wine*, and *Cynamon* powdred, and then stir it well lest that it should grow unto the pan wherein you boyl it, and so do until it be so thick that you may cut it into slices when it is cold, and so let the party grieved take 2 or 3 slices thereof blood-warm, every morning and evening for a certain space, and this will help. *Prob. est.*

Another Medicine for the bloody Flux.

Take a handfuls of *Rice*, and a pint of pure red *Wine*, and a good quarter of *Cynamon* beaten to powder, boyl the *Rice* and the *Cynamon*

Cynamon to powder, in the aforesaid *Wine*, and let it boyl until it be both tender and thick withall: then take some of the same, and spread it upon a fine linnen cloth and double it, and lay it unto the navil of the party grieved, as hot as possibly he may abide it, and as it dryeth and waxeth cold, moisten it again with a little red *Wine*, the same being made hot; use this for the space of 3 or 4 days often, and this will help. *Prob. est.*

To stay any Flux.

TAKE 3 spoonfuls of pure *Aqua-vita*, and put therein so much powder of *Alkenet* as will colour the *Aqua-vita* red; drink it last at night for 2 or 3 nights, this never faileth.

Another for the same.

TAKE *Milk* and *Rice* together, and make Pottage thereof, put therein the powders of *Cynamon* and *Alkenet*, so much as will a little turn the colour of the *Milk* somewhat reddish, add *Sugar* thereto, and eat thereof at your meals; this helpeth.

Another for the same.

TAKE a good quantity of *Hensleek*, and boyl it in good red *Wine*, and put therein a good quantity of *Cynamon*, and let it boyl for a good space, and then strain it, and let the Patient use to drink this often, and it will help. *Prob. est.*

Another for the same.

TAKE a good big *Apple*, and at the top of it pick forth all the Core as clean as you can, and then fill up the place again with a little peece of an *Honey-Combe*, (the *Honey* being clean strained out) and then roste the *Apple* in embers, and then let the Patient eat it, *Wax* and all, and this will stop the *Flux* immediately.

Probatum est.

An excellent good Medicine for the Flux.

TAKE good new yellow *Wax* and *Ducks-grease*, of each of them a reasonable quantity, and make Oyntment thereof, and anoint the Fundament of the party grieved well therewith, and as deep inwardly as you can possibly, and the same will mitigate the pain, and cure the Disease. *This hath been truly proved by M.D.H.*

Another for the same.

TAKE *Scarabeas* which grow in *Horse-dung*, and seeth them in *Linseed-Oyl*, and strain the same *Oyl* through a fine linnen-cloth, and then anoint the Fundament therewith, and it will mitigate the pain greatly.

Another of the same, and rawness of the Fundament.

MAKE a *Suppository* of *Wax*, and cover it with a fine peece of thin *Sarcenet*, and anoint it with *Oyl* of *Anise-seed*, and *Oyl* of *Tapsus Barbat*, (both of them being well mingled together) and then put the same into the Patients Fundament, and it will speedily assuage the pain, and take away the sore clean. *Prob. est.*

Another for the same.

TAKE *Amber-beads* and *Corall*, and beat them to powder, and put them upon the fire in a *Chafing-dish* of Coals; then put them under a close-stool, and let the party grieved sit over them, as if he would ease himself, and it will help him in using of it twice or thrice together. *Probatum est.*

Another for the same.

TAKE a good quantity of *Jourain Almonds*, and blanch them, and boyl them in *English-Honey*, and let them boyl until they be black, and let the party eat the same *Almonds* with a little of the

the best *English Honey* that may be gotten, and this will do him exceeding much good. *Probatum est.*

A very good Eleſuary againſt the Flux.

TAKE half a pound of powder of *Galingall*, and of red *Coral* and *Maſtick*, of each of them half a dram, *Treſſices* of *Terra Sigillata* a three ſcruples, *Bark* of *Citrer*, *Comfets* and *Quinces*, of each of them 3 ſcruples, and 4 ounces of fine *Sugar*, diſſolved in *Water* of *Mints*: take all theſe things and mingle them, and make an *Eleſuary* of them, and then uſe them as occaſion ſerveth.

Alſo Acorns dyed and beaten to powder, and drunk in Red Wine, are marvellous good againſt the Flux.

Likewiſe all manner of Corals beaten to powder, are binding, and are very good againſt the Flux.

An excellent good Medicine for the bloody Flux.

TAKE *Red-Wine*, and boyl it on the fire, and put thereto ſome *Cynamon* and *Plantane-ſeeds*, of each of them a good quantity, and when you perceive that the *Wine* hath taken away the ſubſtance of the *Seed*, then give it the Patient to drink, as hot as reaſonably he may abide it, and let him drink 3 or 4 ſpoonfuls of it at a time, and doubtleſs this will cure him of his infirmity; but if your *Wine* be bitter, you may put a little fine *Sugar* therein to make it ſweet; but the leſs you put in the better it will be.

Another for the ſame.

TAKE an *Apple* and roſte it, and make a hole in it, and put therein as much *Virgin-Wax* as a *Bean*, and let the patient uſe often thereof, and it will help. *Prob. eſt.*

Another for the ſame.

TAKE a pound of *Almonds* and blanch them, and ſtamp them in a Morter very ſmall, then take the Yolks of 12 *Egs* rear roſted, and mingle them with the *Almonds*: then put to them a quart of good *Red-wine-Vineger*, and mingle it likewiſe with the aforeſaid ſtuff, and then put it into an earthen-pot, and ſtir it well together, and when it is boyled a little, take it from the fire, and ſtrain it, and let the Patient drink the quantity of 6 or 7 ſpoonfuls thereof warm at a time, 4 or 5 times a day at the leaſt, as long as need ſhall require, and it will help.

Another

Another for the same.

TAKE *Plantane*, *Knottie-grass*, *Shepherds-purse*, and *Cynamon*, of each of them a good quantity, and boyl them all together in new *Milk*, and make a broth of *Red-Wine*, and when they are well sodden, strain the *Herbs* and the *Milk*, and give it the Patient to drink often, and it helpeth. *Prob. est.*

Another for the same.

TAKE a pint of fair *Running-Water*, and a *Gad of Steel*, lay the *Gad of Steel* often in the fire, and heat it red hot every time, and so use it until the water be made very hot, then put into the same *Water* a good quantity of powder of *Cynamon*, and then let the party drink a good draught thereof very warm, and this will do him good.

Another for the same.

TAKE *Red-Wine*, pure *Malmſie* or *Muscadine*, of each of them a pint, and a handful of *St. Johns Wort*, and boyl it in the *Wine* aforesaid, and let it seeth until the one half thereof be consumed: then put into it an ounce of *Cynamon*, a peny-worth of red *Sanders*, a little *Elephants Tooth* scraped, a little powder of *Havis-Horn*, and the yolk of a new laid *Eg* hard roasted, and seeth it again, and when it is well sodden, then strain it through a fine linnen-cloth, and let the Patient drink it first and last for the space of 4 or 5 days together, and this will do much good. *Prob. est.*

Another for the same.

TAKE *Bur*, *Roots* and *Leaves*, of each a good quantity, and two handfuls of *Doves-Dung*, and seeth them all together in fair *Running-Water*, and let them seeth until they be tender, and then take the same *Water*, and wash both your feet and ankles well therein, as hot as you may abide it, then lye some woollen-cloaths

as warm as you can suffer them about both your feet and anckles, and this will do you much good.

Another for the same.

TAke a *Stone* that is white, and hath red veins in it, and boyl it in a quart of new *Milk*, until the one half of the *Milk* be consumed, and then let the Patient drink often thereof, and he shall find great vertue therein. *Prob. est.*

Another for the same.

TAke *Black-Thorn*, and with a knife shave all the outermost Rinde, and then dry it in an *Oven* after that bread hath been drawn forth of it, and when it is well dryed, beat it to powder, and then take a little of it, and temper it well with *Wine* or *Ale*, and give it the Patient to drink every morning and evening, and this will speedily help. *Prob. est.*

Another for the same.

TAke a good quantity of *Red-Roses*, and cut away all the whites clean from the Red, and then dry them and make them into a powder: then take the Pill of a *Pomegranet*, and beat it also into powder, and then mingle all the powders together, and so let the Patient drink it either in *Ale*, *Beer* or *Wine*; both morning and evening, or at all times else, as usually he doth other drinks, and this (by Gods grace) will help. *Prob. est.*

GOUT.



G O U T.

CHAP. V.

An excellent Medicine for the Gout.



Take 3 or 4 *Moles* and slay them, and take out all the Guts, and all that is within them: then take 3 earthen Pots, and let the one of them be bigger then the other, and let them be well leaded within: then take the *Mowles*, and put them into the lesser of the same pots (which must be made on purpose full of small holes, both in the sides and bottom) and then stop the mouth of the same pot very close, and then put the same pot into the other pots, and let them be put in to the earth to stand for the space of a moneth or some-what more; then take up your pots, and in the greatest of them you shall find a good quantity of pure *Oyl*: then take the same *Oyl* and put it into some *Glass*, or else a *Gally-pot*, and when you have occasion to use it, then take it and anoint the place grieved therewith before a good fire, and this will take the pain clean away. *Prob. off per M. S.*

Another for the same.

Take stale *Piss* and scum it, and put thereto a good quantity of the juyce of red *Nettles*, *Mints*, *Worm-wood*, and red *Fennel*, and let the juyce of them be of as even portions as you can gett them, *Mustard* and *Cummin*, of each of them a little, and of the juyce

juyce of *Herb. bennet*, as much as of all the residue : boyl all these together , and make a plaister thereof , and apply it often to the place grieved, and it will help you. *Prob. eff.*

Another for the same.

Take the juyce of the flowers of *Broom*, and the juyce of *Scallical* and *Honey*, as much of the one as of the other, and seeth all these together until they be as thick as *Honey* it self is, and anoint the place grieved often therewith , and it will cure the *Gout*. *This hath been truly proved by M. I. W.*

Another for the same.

Take *Arsmart*, and wet it in fair *Water*, and lay it to the place grieved, and when you take it away, then bury it in a moist place in the ground, and as it doth rot, the grief will cure. *Prob. eff.*

Another for the same.

Take the *Seeds of Broom-cods*, powder them, and drink half a dram thereof every morning fasting in *Worm-wood-Water* with *Sugar*.

Another for the same.

Take *Balm*, *Camomil*, *Chick-weed*, *Grommel*, *Lettice*, *Holshocks* and *Mallows*, of each of them a handful, and boyl them in fair *Water*, until they be very tender: then take a good quantity of great *Oat-meal*, and beat it very small, then put the *Herbs* and it together , and then put thereto three spoonfuls of *Caponsgrease*, and boyl them all together, until it be so thick that it may be spread upon a cloth (but all the time that it doth boyl, stir it so that it do not burn to the sides of the Vessel wherein it is boyled) and make a plaister thereof, and lay it to the place grieved, as hot as possibly it may be suffered, and in twice or thrice dressing it will cure you.

Another for the same.

TAKE the juyce of *Hayriff*, (otherwise called *Goose-meat*) and mingle it with *Neats-foot Oyl*, and stir it until it be grown thick, then let the place grieved be anointed therewith, and it will do you much good.

Another for the same.

TAKE *Sage* and *Musten-Suet*, boyl it in your own *Water*, make a *Poultice* thereof, and apply it hot to the grief.

Another for the cold Gout.

TAKE *Aqua-vita*, and wash and rub the place often therewith: then take a linnen-cloth and wet it in *Aqua-vita* again, and lay it to the place grieved, and this will help you within 3. or 4. times dressing. *This hath been truly proved by R. Weston.*

Another for the same.

TAKE 2. handfuls of *Hore-bound*, and 6. handfuls of *Wall-Worts*, and bray them together in a *Mortar*: then strain them, and put the juyce thereof into a pint and a half of *Swines-grease*, and boyl them together for the space of an hour or more: then strain it through a fine cloth into some earthen *Pot* or *Glass*, and let the *Patient* use to anoint the place grieved before a good fire, and so by often using of it, he shall find marvellous great ease.

This is also good for all cold Gouts in the Arms, Legs, or Feet, and all other griefs and pains in the Bones, which do come by reason of any manner of cold howsoever.

Another for the same.

TAKE the distilled *Water* of *Broom-flowers*, let the *Patient* use to drink hereof with *Sugar*, this helpeth much.

Another

Another for the same.

TAKE Shoemakers *Speets* or pieces of *Leather*, and fry out all the *Grease* of them, and then lay some of the same upon a brown paper, and warm it a little at the fire, and so apply it to the place grieved, and it will take away the pain in one night.

Probatum est.

Another for the same.

TAKE half a pound of *Butter* in *May*, fresh out of the *Churn*, add thereto a pint of pure *Malmsie*, boyl them on the fire close covered, to the substance of an *Unguent*, and anoint the place grieved therewith.

Another for the same.

TAKE the quantity of a *Sawcerful* of *Oyl* of *Roses*, and the *Yolk* of a new-laid *Eg*, and 4. spoonfuls of good *Claret-wine*, and mingle all these together: then warm them upon a *Chafing-dish* of *Coals*, then take a peece of white *Leather*, and make a plaister of these, and lay it to the place where the grief is most.

And if your pain be extreame great, then take more of the Eggs and Wine, (as you shall think meet) and make no more of the same at once, then will serve to make one Plaister withall; use this often, and you shall be sure to find great ease thereby.

Another for the same.

TAKE a pound of gray *Saps*, 3. peny-worth of the *Grease* of a *Barrow-Hog*, *Opium* an ounce, and a pottle of fair *Running-water*, and seeth them all together until the same be grown thick: then take it off the fire, and set it to cool, and when you have so done, take either a peece of white *Leather*, or else a linnen cloth, and spread the same salve upon one of them, and lay it to the place grieved, and there let it remain for the space of twelve hours,

Hours, then take the same off, and put on another, and so the third or fourth time, and in using of it 4. or 5. times together, the pain will be greatly asswaged, and then you shall see many water-wheelks will appear, then let them out, and in a short space after (by Gods help) you shall be perfectly cured.

Another good Medicine for the Gout, or any other Ach.

TAKE *Rosin* and *Pitch*, of each of them a quarter of a pound, and *Frankincense* one ounce, and as much *Turpentine*: then take a pretty quantity of *Deers-Smet*, or *Sheeps-Tallow*, and boyl them all together in a pot, and when it is well boyled, take it forth, and wash it, (as you do *Bird-lime*) in clean water, & then take some of and spread it upon a peece of *Leather*, and lay it to the place-grieved, and so let it remain there, until it fall off of it self: use this 4. or 5. times, and you shall find great ease thereby.

An excellent good Oyntment for the Gout.

TAKE a fat *Goose* and pluck her, and dress her as if she should be eaten: then stuff the belly of her with 3 or 4 young *Cats*, well chopped into small peeces, with a handful of *Bay-salt*, and 20. *Snails*, and then sow up her belly again, and roste her at a small fire, and save all the dripping of her, and keep it for a precious Oyntment, as well for the *Gout*, as also for all other kind of Diseases in the joynts. *Probatum est.*

Another for the same.

TAKE a quart of strong *Ale*, and put it into some earthen-Pot or Pipkin, and cover it close, and boyl it until it be consumed from a quart to 4 or 5 spoonfuls: and let the party grieved, anoint his grief well therewith before a good fire; then take Dregs of strong *Ale*, and unwrought *Wax*, and a few Crums of *Rie-bread*: and boyl them all together until they be thick like a plaister, and then spread it upon a peece of red woollen-cloth, that is new, and lay

it to the place grieved, as hot as possibly it may be suffered, and this will cure him in a short space.

A very good plaister for the Gout, or for any other Ach in the joynts: with which the L. Rich was cured, when most Physicians and Chirurgians thought him to be incurable.

TAKE half a pound of unwrought *Wax*, half a pound of *Resin*, and an ounce of *Libanum*, a quarter of a pound of fine *Littargie of Gold*, and 3 quarters of a pound of white *Lead* beaten to powder, and searfe it through a Searser; then take a pint of *Neats-foot-Oyl*, and set it on the fire in some small Vessel, and mix it with the *Wax* and *Resin*, and when it is molten, put all the other powders therein, and then stir it as fast as ever you can with a stick, and then put a little of it into a *Pewter Sawcer*, and if it be hard, (being so tryed in the *Sawcer*) then take it from the fire, and anoint some fair even board with some of the *Oyl of Neats-foot*, and as soon as you may abide to handle it for heat, work it as it were *Shoe-makers Wax*, and so make it into great rowles; and then make plaisters of it with a *Chasing-dish* of *Coals*, and then spread it upon a peece of *Leather*, and lay it warm to the place where the pain is, and so renew it every morning and evening, until the pain be gone, or else until the Ach be driven into some other joynt, and then apply your plaisters again in like sort where the grief is, and beware of cold or hot *Wines*, and doubtles this will help you, *Probatum est.*

Another good plaister for the Gout.

TAKE 5 or 6 spoonfuls of the juyce of *Worm-wood*, and as much of the juyce of *Smallage*, and a pretty quantity of *Wine-Vinegar*, *Salt* and *Honey*, and mingle them together with a good quantity of *Rose-flowers*, and stir them well together as fast as you can, and boyl them well, and make a plaister thereof, and spread it on a *linen-cloth*, or a peece of *Leather*, and lay it to the place that is

Likewise,

Likewise, let the party grieved use the Drink rehearsed in Lib. 3. Chap. 3. Medicine 7. and the plaister both at once, and by Gods help it will cure him. Prob. est.

Another good Medicine for the Gout.

TAKE a pretty quantity of the *Flower of Oat-meal*, *Mutton-Suet*, and a little *Listargie* small ground, and seeth them in fair *Running-Water*, and let it seeth until it become thick, and then make a plaister of it, and as hot as it may be suffered; let it be laid to the place grieved: use this often, and it will assuage the pain, and take it quite away in a short space. *Prob. est.*

A good Water of Flint-stones for the Gout.

TAKE a good quantity of *Flint-stones*, and break them into small peeces, and heat them well on Coals in the fire, and then put them into a *Stillitory*, and put therein a good quantity of *Wine-Vinegar* and *Aqua-vita*, and so distil the same; and with this *Water* wash the place often where the pain is, and it will help it.

A very Sovereign Medicine for the Gout?

TAKE a good quantity of *Snails*, and pick them forth of the shells, & stamp them in the *Mortar*, then put to them a pretty quantity of *Salt*, *Sallet-Oyl*, and *Sope*, and stamp them all well together in a *Mortar* with the *Snails*: then take the same and make a plaister thereof, and apply the same to the place grieved, and so let it ly for the space of 3. days, and this will destroy the *Gout*.

GREEN.

GREEN SICKNES.

CHAP. VI.

An excellent and approved Medicine for the Green-sickness.



Take a Gallon of *Milk* which cometh from the *Cow* in the morning, and let it settle (so that the *Cream* and all may go together) for the space of two hours: then take a brest of *Veal*, (of the youngest and fattest that may be gotten) and wash it very clean, and dry it with a cloth so dry, that no *Water* may remain in it: then bruise the same, bones and all, and put it into the *Milk*, *Cream* and all as it stood: then take 14. or 15. of the best *Dates* that may be gotten, and cut them in the midst, and a quarter of an ounce of whole *Mace*, half a pound of *Currants*, two handfuls of *Mint*, and a good handful of wild *Time*, and put them all together into the *Milk* with the *Veal*, and so let it seeth until the one half of it be consumed, and when it is thorough sodden, it will be like a jelly, and (it being warm) the party grieved may drink it as a Broth, and (it being cold) she may eat

eat it as a *Jelly*; but if the parties *Stomack* do not serve well to eat it, then make a *Tolte* of *Wheaten-Bread*, and soak it in *Malmsey*, and strew upon it some powder of *Mints*, and then let the party grieved eat it; and so let her use this for the space of 7. or 8. weeks together, or otherwise, as long as shall be thought needful, (but the *Spring-time* of the year is most fit for it) and let the Patient use some bodily exercise to provoke sweat, and this will help her without all doubt. *Prob. est.*

Another for the same.

TAKE *Harts-tongue*, *Betony*, *Hysop*, *Liverwort* and *Fennel-roots*, of each of them half a handful, and wash them all very clean and bruise them: then take the quantity of two spoonfuls of *Elisander-seed*, and 4 or 5 good big sticks of *Liquorice*, and one spoonful of *Anise-seeds*, beat all these together in a *Mortar*, and then boyl them all in a quart of stale *Ale*, and so let it boyl until the one half thereof be consumed, then strain it through a fine linnen cloth, and sweeten it with *Sugar*, and then put therein a pretty quantity of the powder of *Nutmegs*, and powder of *Mace*, and when occasion serveth for the use thereof, let the party grieved drink the quantity of 5 or 6 spoonfuls thereof at a time, (the same being warm) both morning and evening for the space of 9. or 10. days together, and this will cure the same infirmity. *This hath been Truly proved.*

Another for the same.

TAKE *Worm-wood*, *Fetherfew*, *Lavender-Cotton*, and Crums of fowle leavened *Bread*, and *Bay-salt*, of each of them a good quantity, bruise them all together, and put them in a *Frying-pan*, and sprinkle these together over with *White-Wine-Vinegar*, and parch them dry, and then make a powder thereof; then quilt a little peece of *Silk*, *Fustian*, or else a linnen-cloth, and make a little bag thereof, and then put some of the same powder therein, and hang it with a little *Tape* about the neck of the Patient, and let the Bag hang right upon the *Stomach*; but if the Patient be overcome

vercome with much faintness, then let it be taken quite away, or else not, and I assure you the party grieved shall find great ease hereby. *For it hath been truly proved by George Heale.*

Another for the same.

Take *Betony, Worm-wood and Sage*, of each of them a good handful, stamp them a little, and sprinkle a little *White-Wine-Vinegar* upon the Herbs before mentioned, and then dry them again between 2. hot *Tile-stones*; & then lay them very warm to the Mold and Temples of the *Patients Head*, or to any other place where most pain is, and this will help it.

This is also good against the Head-ach and Megrims.

Another for the same.

Let the Patient drink all the Moneth of *May*, *Water-creffes*, *Brack-lime*, and *Scurvy-grass*, of each an handful, infused in clarified *Whay*; make it fresh every two days, or else it will be naught.

Another for the same.

Take *Mares-Milk*, and give it to the *Patient* to drink with a good quantity of powder of *Betony* therein, and let her use this for the space of 8. or 9. days together, and this will cure her; but before that she do use to drink of this, let her first take a vomit, and then it will take effect the better.

How to make a Vomit either for that cause, or for any other.

Take an *Elder-bough*, and scrape off all the uttermost rinde thereof clean, and then take some of the innermost rinde, and stamp it, and strain it into strong *Ale*, which is old and stale, and then drink some of the same, and it will cause one to vomit in a short space.

An excellent Medicines for the Green sickness.

TAKE an handful of Cowslip-flowers, dry them and stamp them to powder, then take 6 or 7 spoonfuls of *Adamsie*, and a spoonful of the same powder, and drink these together every morning fasting, for the space of 14 days together, and for want of *Adamsie*, you may take stale Ale; and this by the grace of God will help you.

Another for the same.

TAKE a pound of red Currants, and a quart of *Muscadine*, and let them infuse together for the space of one whole night; then let the Patient drink thereof, and it will help her.

Another for the same.

TAKE 4 spoonfuls of good *Flemmish-Madder*, and boyl it in a pint of *White-wine*, with a good peece of fine *Sugar* therein, and let it boyl until the one half be consumed: then cool it, and strain it through a fine linnen-cloth, and let the Patient drink thereof both morning and evening, for the space of 14 or 15 days together, to the quantity of 6 or 7 spoonfuls at a time, bloud-warm, and then walk after it, or else dance or use some other exercise, whereby sweat may be provoked, as aforesaid, and it will help without all doubt. *Probatum est.*

Another for the same.

TAKE a pottle of red Wine that is pure and good (or for want thereof as much *Hullock*) and two ounces of *Fennel-seed*, and 3 ounces of *Anise-seed*, and mingle them all together, and boyl them over a soft fire, until the one half be consumed: then strain it, and let the Patient drink the quantity of half a pint thereof at a time, if it may be indured. This must be used for the space of 8 days together, always beginning 2. days after the change of every Moon: and if it be so far gone that the Patient cannot recover perfect

perfect health in that space: then let this Medicine be used 8. days in a Moneth, for the space of 3 moneths together, and in the beginning of every moneth as aforesaid, and it helpeth without all doubt. *Prob. est.*

Another for the same.

TAKE an Herb that is called *Rosa Solis* (it groweth close by the ground, and it hath somewhat a broad leaf, (some do call it the *Sheeps-ros*) and it beareth a yellow flower) and distill a water out of it, and give it the *Patient* to drink both morning and evening, and let the *Patient* use this drink for the space of 6 or 7 days, and let some exercise of bodily labor be used as aforesaid, and thereby the *Patient* shall be holpen without all doubt.



H A N D S

AND

F E E T.

CHAP. VII.

A good Medicine for ones hands that are troubled with Worms or itching, and also to make them white.

TAKE a good quantity of leaves of *Nettles* and *Elicampant*, and dry them very well either between 2. *Tile-stones*, or else in an *Oven* where bread hath been new drawn forth of it, and beat them

them to powder, and then put the same powder into a pot of fair Water to seeth, and when it is well sodden, strain it, and put it into a clean Vial or Glasse, and so keep it close stopped until you have occasion to use it, and when as necessity requireth, take some of the same Water and wash your Hands and Face often therewith.

This will make both your Hands and Face very clean and White; but these Nettle-leaves must be always gathered in the midst of the Moneth of May, and that very early, in the morning before the Sun do arise.

This is also good to kill Kibes in the Heels, or any Chilblanes, or other itching in the Feet, if your feet be often Washed therewith.

Also this Water, if it be strong of the powder, and well stopped, will keep a whole year and more, and it will be ready to serve your turn at all times, both Winter and Summer.



HEAD-ACH OR MEGRIM.

CHAP. VIII.

[*A good Medicine to take away any extreme Ach, or swimming in the Head.*]

Take *Rosemary, Lavender-flowers, Winter-Savory, Camomil, Bays, and Lavender it self, (both new and old) Mints and Fennel,* seeth all these together, in fair *Running-Water*, and put thereto a good handful of *Bay-salt*: then take some of the same *liquor, (Herbs and all)* and wash your feet therewith twice.

twice every morning and evening, for the space of 4 days, and in so doing, it will take away any manner of pain in the head, although it be never so extreme or grievous. *This hath been proved.*

An excellent remedy for to stay any Humour or Rhume that falleth down from the Head into the Eyes or Nose.

First take new *Milk*, and seeth it, and put some Leavened-Bread therein, then take *Cummin*, *Betony*, and the *Clay* of stopping of *Beer*, of each a-like quantity, and let them all seeth together, until they be so thick that you may spread the same for a plaister; then make a plaister thereof, and lay it to the Temples of the Head, as hot as you can possibly suffer it, and so dress it both morning and evening for the space of three or 4. days together, and doubtless (by Gods grace) this will quickly help you. *This hath been truly proved.*

An excellent good cool Water to be used for the Head, if it be over-hot, or in any such sort distempered.

Take *Violet-leaves*, *Red-rose-leaves*, *Lettice*, *Willow-leaves*, of each two handfuls, and a little *Henbane*, *Vinegar*, *White Poppy*, and a little *Mandrake*, and then distil all these in a *Stillitory*, and so keep this *Water* close stopp'd in a glass, until you have occasion to wash your Head therewith.

Another for the same.

Take a pretty mean handful of *Worm-wood*, and as much *Camomil*, and the like of *Unset-time*, and shred and cut them all very small, and then put them all together into a pint of *White-Wine-Vinegar*, and so seeth them together, and when it hath boyled a little while, put therein a handful of great *Oat-meale*, and a good quantity of crums of brown *Bread*, and so let them all seeth together, until they be so thick that you may make a plaister thereof, and when it is come to that perfection, then take a fair linnen-cloth, and spread the same plaister-wise thereon, and be sure to turn in the edges of the cloth, whereby none of the stuff may fall out or move from the place where it is set,
that

that is, to the midst of your fore-head, and so from thence on both sides from one of your ears to the other. This will do you exceeding much good, and it will allwage the pain in short space.

Probatum est.

An excellent good hot water to be used for the Head, if it be over-cold, or in that sort distempered.

TAKE Betony, Camomil, Rue, Savery, Penny-royal, Marjoram, Origannum, Fennel, and Eliscampane, of each of them a like quantity, and distil them as you did the other, in the former Medicine before mencioned, and so use the same in like sort, as aforesaid.

An excellent good Medicine for any manner of Ach, or pain in the Head.

TAKE a Rose-Cake, and wet it very well in Vineger, and then put thereto a good quantity of the powder of Nutmegs, and the powder of Cloves, and then let the same be bound very hard to the Temples of the head of the party grieved, and this will speedily help him. *Prob. est.*

Another for the same.

TAKE a good quantity of fine Ashes, and make Lye thereof, and strain it through a clean cloth: then take an handful or two of Betony, and as much red Sage, and seeth the Lye and them again all together, and strain it again as before, and then let the party grieved have his Head once washed therewith, and the second time that his Head is washed, put there to half a pint of Muscadine, and the third time wash his head with clean Muscadine, and this will help him. *Prob. est.*

Another for the same.

TAKE the juyce of Rue (otherwise called Herb-grace) and put it into the Nostrils of the Patient, and it will expel the Fleam, cleanse

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cleans the *Brains*, and mitigates the pain in the Head. *Prob. est.*

Also, this Herb sadden in White wine doth the like.

Another for the same.

Take a red *Rose-cake*, and cut it of the length and breadth of your Forehead: then take *Rose-water* and *Vinegar*, of each of them a like quantity, and steep the *Rose-Cake* in them, and lay it to your Fore-head as hot as you may possibly suffer it, and it will help you.

An excellent good Medicine to dry up the Rheume in ones Head.

Take a good quantity of *Cloves*, *Mace*, and *Nutmegs* beaten to powder, and put thereto a good quantity of *Rosemary* dried and beaten into powder: boyl all these together in *Sweet Sallet-Oyl*, until it be somewhat thick; then take it and spread it upon a cloth, and lay it to the Crown of the head: use this often, and you shall find both help and comfort hereby.

An excellent good Remedy for the Megrim.

Take five-leav'd *Grass* and *Morrel*, (otherwise called *St. Mary-Herb*) of each of them a like quantity, and as much as both the other of *Betony*: beat all these together in a *Morter*, and strain out the juyce clean, and then put to the same juyce as much *May-Butter* as the quantity of the juyce is, and so make an *Oynment* thereof, and let the *Patient* anoint his brows therewith when he goeth to bed, and doubtless this will do him marvellous much good.

Another for the same.

Take *Bolearmomiack*, *Sanguis Draconis*, and *Terra sigillata*, of each of them a like quantity, and beat them into fine powder: then (to make a plaister) take a little *Flax*, and lay it upon a peece

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of brown *Paper*, and let it be as broad as you will have your Plaster, then take the *Whits* of an *Eg*, and lay it upon the *Flax*, and strew the powder aforesaid upon that side of the plaster which shall lye nearest unto your head, and then fold a peece of paper, or else a linnen cloth between your Head and the Medicine, or else it will cleave to the sore, or to the hair of your head: use this often and it will help you.

Another for the same.

TAKE a peece of *Leather* unallomed, as broad as your Fore-head, and in length, as it were from one of the Temples of your head to the other: then rase the same *Leather*, but not through; then take *Sanguis Draconis*, and beat it to powder, and scatter the same upon the *Oyl* as thin as you may, and then lay it to your Fore-head, and there let it remain until it be ready to fall off it self. *This hath holpen many.*

Another for the same.

TAKE half the *Gall* of a *Sheep*, and a peny-worth of white *Copars*, and boyl them together in stale *Ale*, and let the *Patient* anoint his head often therewith, and he shall find great ease by it. *Probatum est.*

Another for the same.

TAKE *Mugwort* and *Sage*, of each of them a good handful, of *Camomil* and *Gentian*, of each of them a good quantity, and two peny-worth of *Englist-Honey*, and boyl all these together until they be thick: then make a plaster thereof, and lay it behind and on both sides of your head, as hot as possibly it may be suffered: and thus use this for the space of 3. or 4. days together, and it will take the *Megrim* clean away. *Probatum est.*

Another for the same.

TAKE an ounce of *Pepper*, and 5. or 6. *Nutmegs*, a quarter of an ounce of *Grains*, and a quart of *Vineger*, and two handfuls of *Resinary*.

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Rosemary: boyl all these together between two *Platters*, upon a *Chafing-dish* of *Coals*, and then put your head over it, & hold it close over it until it be boyled (but if you boyl it almost away, it will be the better) and this will help you. *Prob. est.*

Another for the same.

TAKE 2. handfuls of *Houfseek*, a handful of *Earth-worms*, and 2. handfuls of crums of new *Ry-Bread*, (clean without any other *Grain* mixt with it) stamp all these with *White-wine-Vineger*, and make a plaister thereof, and lay it to the forehead of the party grieved, and let it remain there for the space of 9 days and 9 nights, and by Gods grace this will help him.

Probatum est.

A good Medicine for the Head-ach w Megrim.

TAKE 5 or 6 *Nutmegs*, and pare and slice them very thin, then make 2. little linnen-bags of the length and bredth of your finger, and put in the *Nutmegs*: then take a good quantity of your *Red-Rose-Water*, and lay your bags in the same *Water* in a *Dish*, upon a *Chafing-dish* of *Coals*, and make them hot, and then lay them to the Temples of your head, and this will help you.

An approved Medicine for the Head-ach, and to purge the Rhume.

TAKE the *Whites* of 2. new-laid *Egs*, and beat them very well together, and put them into *Flax*, with as much *Rosewater* as you shall think convenient, and then beat them well again together, and spread the same upon 2. linnen-cloths, and then strew thereon some powder of *Nutmegs*, (which is grossly beaten) then lay these two plaisters, the one of them to the nape of the neck of the *Patient*, and the other to the temples of his head, and let them be fast bound that they stir not, and let them continue until the next morning, and let him use this for the space of 6 or 7 days together, and it will help him. *Prob. est.*

A very good Medicine for the Head-ach or Megrim.

TAKE *Margerum-water*, and hold your nose over it, and then draw your wind hard unto you, until such time as the *Water* hath entred into your nose divers times, and then your head will cease aking immediatly.

Another Medicine for a continual Head-ach.

TAKE a good quantity of *Betony-Water*, and then take a fine linnen-cloth, and double it 3 or 4 times double, and let it be some 3. fingers broad, and wet it very well in the said *Water*, and lay it to your fore-head cold, and let the cloth (it being wet) come round about your head, and tye it very fast, and when it is dry, wet it very well again, and by thus using of it 3. or 4 times, it will help you.

A singular remedy for the Megrim, and for all other Diseases in the Head, of what cause soever it be.

TAKE *Camomil*, *Betony*, and *Vervain-leaves* clean picked, of each of them one handful, stamp them and boyl them in *Ale-wort*, and when it is well sodden, put thereunto a little *Commion-seed*, finely beaten to powder, with a little powder of *Harts-horn*, three spoonfuls of *Rose-Vineger*, if it may be gotten, if not, take other *Vineger*, and the *Tolks* of two new-laid *Egs*, and a little *English Saffron*, stir all these well about, and then take of it, and make a plaster thereof, and lay it as hot as it may be suffered over all the forehead of the party grieved, and so let it remain there for the space of 12 hours: then take another made ready, as afore said, and clap the same on as soon as the other is taken off, and in twice or thrice usage of it in this sort, he shall find great ease hereby. This hath been truly proved.

The worthy Doctor Rasis, writeth in his Works, and affirmeth, that whosoever doth oftentimes snuff up into his Nostrils the iuyce of great *Margerum*, shall never be diseased in the Head.

A very good Medicine to purge the Head.

TAKE *Pellitory of Spain*, and chew the Root thereof in your mouth 4. or 5. days at several times, and this will take away the pain of the head, and also fasten the teeth in the Gums.

Probatum est.

A good Medicine for the Wind in the Head.

TAKE a handful of the *Flowers of Camomil*, and half a handful of powder of *Cynamon*, and mingle them together, and then make two little bags of the bredth of your ears, and put both the powder and the flowers therein, and bind them close to both your eares, and this will speedily help you. *Prob. est.*



HICKOP.

CHAP. IX.

A present Remedy for the Hickop.

TAKE thy fingers ends, and stop both thine eares very hard, and the *Hickop* will surcease immediatly. *Prob. est.*

Another for the same.

TAKE *Oyl of Lillies*, and let the *Patient* anoint his body therewith divers and sundry times, and this will help him immediatly. *Prob. est.*



H E A R T :

CHAP. X.

*An excellent good Medicine to open the Pipes of the Heart, being stop-
ped, and to take away Flegm clean, and also to comfort the
Heart that is weak.*



TAKE a good quantity of *Barley*, and put it into a Gallon of fair *Running-water*, and seeth it until the one half be consumed: then strain it through a clean cloth, and put it into a peny-worth of good *Liquorice*, (some-what bruised) and a handful of red *Sage*, and then seeth them all together again, and then put the same liquor into a close earthen Vessel, or else a Glass, and let it stand so for the space of 24. hours: then let the party grieved drink 3 or 4 spoonfuls thereof, first and last, (but in the morning let him fast an hour after it) and let him use this for the space of 14. or 15. days together, and it will help him. *Prob. est.*

A good Medicine for the passion of the Heart.

TAKE *Red-Rose-leaves*, *Oyl of Mace*, and powder of *Saffron*. and mingle them all together, and quilt them in a little thin silk, and draw it over with a little thin *Civer*, and so apply it to the region of the Heart, and it will do you marvellous much good.

Also Musk is pleasant in savour, and it comforteth both the Heart and the Brain greatly.

*Another good Medicine for the passion of the Heart, called
Tremor Cordis.*

TAKE powder of *Nutmegs*, powder of *Burrage*, *Wheaten-flower*, powder of white *Amber*, powder of the *Bone* in a *Stags-heart*, and the powder of *Cynamon*, and mingle them all together, and let the party grieved drink the same either in *Wine*, *Ale*, or *Beer*, both morning and evening, and he shall find exceeding great ease thereby. *Prob. est.*

These things afore-mentioned, ought to be portioned by great and good advice.

*An excellent good remedy for the beating or tumbling
of the Heart.*

TAKE a pottle of good *Claret-wine*, and put thereto an handful of *Balm*, an handful of *Burrage*, six crops of *Rosemary*, half a quarter of an ounce of *English Saffron* whole, and a quarter of a pound of fine *Sugar*, and mingle them all together, and put them into some close Vessel to stand for the space of a day or more, before the party grieved do drink it, and let him use to take a good draught of it at a time both first and last, and let him use it for the space of 6. or 7. days together, or longer, if necessity require it, and it will help him. *Prob. est.*

A very good Medicine for the Heart-burning.

TAKE six *Almonds*, and 12. raw *Pease*, and eat them together, and certainly you shall not be troubled any more with the *Heart-burning*. *For is hath been truly proved.*

*A good Medicine for the swelling of the Heart, and for
breaking of Fleagm.*

TAKE a quarter of a pint of *Damask Rose-water*, 3. spoonfulls of pure *White-wine*, with a few sops of *White-Bread*, and a pretty quantity

quantity of sweet *Butter* and *Sugar*, boyl all these together upon a *Chafingdish* of *Coals*, and let the party grieved eat 3. or 4. Spoonfuls thereof at a time after meat, and this will speedily help.

Probatum est.

A very good Medicine for one that is greatly troubled with Heart-burning.

TAKE to the number of 5 or 6 Corns of good *Pepper*, and bruise them in your mouth, and when you have so done, let them down your throat, and this will help the Heart-burning forthwith. *This hath been truly proved by W. S.*

A speedy Remedy for to comfort the Heart, and to expel the coldness from the Stomach.

TAKE a new laid *Eg*, either of a *Hen* or *Turkie*, and let it be rear roasted, and put thereto a pretty quantity of *Pepper*, grossly beaten, and let the *Patient* eat this in the morning fasting, every day, for the space of 8. or 9. days together, and this will dissolve all cold humors, both from the Heart and Stomach. *Prob. est.*

Another for the same,

TAKE a quarter of a pint of *Malmsey*, and a pretty quantity of *Rose-Vinegar* and sweet *Butter*, and boyl them over a *Chafingdish* of *Coals*; and then put into the same liquor a *Rose-Cake*, and let it remain therein until it be thorowly soaked; and then take the same *Cake*, and lay it to the stomach of the party grieved, as hot as it may well be suffered, and then let him be well rowled about, what he take not cold: use this twice or thrice, and you shall find great ease thereby.

A present Remedy for to comfort the Stomach of one that is Weak and frail through sickness, or &c.

TAKE a pint of *Sack*, and burn it with a top or two of *Unfer Hyssop*, and a top or two of *Rosemary*: then take 3. or 4. *Dates*, and

and pluck out the stones of them, and then beat the same Dates in a Morter, until they become pap: and then take a new-laid Eg well beaten together, with a Spoonful of Damask Rose-water, and a Spoonful of Sallet-Oyl, and mix them all together, and put them into the Wine, and let the Patient take a good draught thereof in the morning and evening first and last, and he shall receive much comfort hereby. *Probatum est.*

Also a pint of Malmſie burnt with a peny-worth of English Saffron, being dried to powder, and drunk with Sallet-Oyl and Treacle, of each of them a peny-worth, both morning and evening, for 8. or 9. days together, comforteth the Heart and Stomach greatly.

Likewise, Nettle-seeds well dried in the Sun, and beaten to powder, and drunk with Malmſie every morning fasting, the quantity of a quarter of a pint at a time, doth the like.

Moreover, if you take Burrage, Mallows, Fumitory, Violet-leaves, Beets, great Rasins, (the stones taken out) Prunes and Polipody, with a little Dill, of each a pretty quantity; seeth all these together in your Broth or Pottage, and eat often thereof, and this will take away the hot burning in the stomach, having grown of choller; which oftentimes causeth an extreme Fever:

Things good and comfortable for the Heart.

Saffron, Galingal, Cloves, Musk, Burrage, Nutmegs, Red Roses, Violets and Mase, with mirth and gladness of the Heart.

Things ill for the Heart.

Beans, Pease, Leeks Onions, Garlick, Sadness, Drear, Anger, overmuch Travel, to drink cold Water after Travel, and evil Tydings, as the loss of Friends, &c.

HEAT.

HEAT
AND
DROUGHT.

CHAP. XI.

A very good Drink to be used for an extreme Heat or Drought.

TAKE a Pottle of fair *Running-Water*, *Succory*, *Endive*, *Violet-leaves* and *Burrage*, of each of them an handful, half a handful of *Lettice*, two *Fennel-Roots*, and two *Parsley-Roots*: put all these together into the *Water*, and let them seeth until the one half be consumed: then take it off, and put a little *Sugar* into it to make it sweet, and when you have so done, then let it seeth some three or four wallows more, then take it and strain it through a fine linnen-cloth, and let the *Patient* drink it at his pleasure; but let him use this for 8 or 9 days together, and it will be the better.

An excellent good Remedy for an extreme Heat, Burning or Drought in any Man or Womans Body.

TAKE wild *Poppie*, (which groweth amongst *Corn*, and hath a red flower on it, much like a red *Rose-leaf*, and it is called of some, *Red-Corn-Rose*) and distil it into a *Water*, and let the *Patient*

use

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ent drink thereof 3. or 4 great draughts, and this will quick'y abate the heat or burning.

An approved Medicine for one that is molten within by over much Travel or Labour.

Take a quart of good *Claret-Wine*, and seeth therein a good quantity of *Avence*, and make a *Possie* with the same *Wine*, and let the *Patient* drink 3. or 4. times thereof warm (bed-ward) and it will help him. *Probatum est.*



J A U N D I S E,
B L A C K
A N D
Y E L L O W.

CHAP. XII.

An excellent good Remedy for the black Faundise.



Take *Wheat-straw*, and lay it abroad upon a fair floor in a close house, and put *Geese* into the place where the straw is, and watch when they do dung, and take it up whole, and with a knife scrape off the white that is about it, and keep the same white until you have a good quantity thereof, then dry it in an *Oven*, and make it into powder, and let the *Patient* drink it in *Ale* or *Beer*, both first and last warm, and it will cure both the black and yellow *Faundise*.

A a

Another

Another for the same.

TAKE a good quantity of *Scabious Water*, and of *Betony*, *Roses*, *Harts-tongue*, and *Sandelion*, of each of them a good handful, wash all these Herbs very clean, and bruise them all, then put your *Scabious Water* and your Herbs into a Skillet, and put in also a quart of good *Rale Ale*, and 4. or 5. Sticks of good *Liquorice*, 2. Spoonfuls of *Anise-seeds*, one peny-worth of *Red Sanders*, (but let your *Liquorice* and *Anise-seeds* be well bruised) and 10. or 12. *Cloves*, or *Chives* of *Saffron*; then boyl all these together, until the one half be consumed, and then strain it, and put into the liquor some fine *Sugar*, and some powder of *Cloves* and *Mace*, to the quantity of 2. peny-worth, and as much juyce of *Wormwood*, as may well be gotten out of 2. handfuls of *Wormwood*, (the same being strained with a pint of *Whitewine*) and put thereto 4 or 5 good *Rasins* beaten all to powder, and a little yellow *Turmeric*; then boyl all these together a little more, and so set it to cool: and when you have occasion to use this, then drink the quantity of 4. or 5. Spoonfuls thereof at a time warm, both morning and evening, first and last, and this without all doubt will help you.

This hath helpen some that were almost past all hope of recovery.

Another for the same.

TAKE *Shell-Snails*, and roste them, or else dry them at the fire, or in an *Oven*, and when they are dry, beat them to powder, and let the *Patient* take half a Spoonful thereof at a time, and let him drink it in *Ale*, and let him use it for the space of 11. or 12. days together, both morning and evening, and this will cure the Disease perfectly. *Probatum est.*

Another for the same.

TAKE of the *Roots* and *Leaves* of *Strawberries* and *Plantane*, boyl them in *Claret-wine*, and drink it every morning fasting, for the space

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space of 17. or 18. days together, and doubtless this will help you. *Probatum est.*

Another for the same.

Take the *Gall* of a *Raven*, and dry it well, and then grate it into powder; and when you have so done, take a pretty quantity of it, and temper it either with *Ale* or *Beer*, and let the Patient drink thereof every morning fasting, for the space of 6 or 7 days together, and it will presently help him. *This was truly proved by N. Cox.*

Another for the same.

Take *Betony*, *Mugwort*, and an *Herb* that is called *Herb-Ambrose*, of each of them a good handful, half a handful of *Censury*, and 3 or 4 *Dock-roots* clean washed and scraped; stamp all these well together in a *Mortar*, then take *Spikenel*, *Turmeric*, and *Galligaris*, of each of them a like quantity, and stamp them likewise in a *Mortar*, and put the *Herbs* by themselves in a clean cloth, and the *Spices* by themselves, and ty them fast in strings, and hang them in one Gallon or two of good *Ale*, which is now ready to be tunned, and let it stand for the space of 4 or 5 days: then drink a good draught thereof every morning fasting, for the space of 7 or 8 days together, and then fast 3 or 4 hours after it, and also take it last when you go to bed, and doubtless this will help you.

Another for the same.

Take a Gallon of good *Ale*, and boyl it and scum it clean, then take a pint of *Honey*, two handfuls of red *Nettle*, and a penny-worth of *English Saffron*, and put them in the *Ale*, (being clean scummed as aforesaid) and when you think that it is well boyled, strain it, and let the party grieved drink a good draught thereof every morning fasting, for the space of 14 or 15 days together, and this will help him.

A very good Medicine for the yellow Fauudise.

TAKE a handful of red *Nettle-Crops*, *Plantane* and *Saffron*, and seeth them well in a pint of *Ale*, and then strain it through a clean cloth, and let the *Patient* drink it first and last, for the space of 4 or 5 days together, and it will help him. *Prob. est.*

A singular good Medicine for the yellow Fauudise.

TAKE both leaves and roots of *Strawberries*, and make *Pottage* or broth therewith, and let the party grieved take a good quantity thereof at a time fasting, for a certain space, and by Gods help he shall have present remedy.

This was a secret Medicine practised by an old Man, who got much money thereby.

Another for the same.

TAKE *Earth-Worms*, and wash them and slice them, then take a little scraped *Ivory*, and *English-Saffron* beaten to powder, and mingle them together with *Whitewine*, and let the *Patient* drink a good draught thereof first and last luke-warm, and it will do him marvellous much good.

Another for the same.

TAKE *Bay-salt*, *Oats* and *Cumin*, and dry them all, and make 2. bags thereof, and as hot as the *Patient* may suffer it, lay the one after the other to the Crown of his head, and so let him use it often for a good space.

Another for the same.

TAKE hard *Spanish Sops*, and a little stale *Ale* in a *Cup*, and rub the *Sops* against the *Cup* bottom (on the inside) until the *Ale* be

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be white: then shave a little *Ivory* into it, and let the *Patient* drink thereof first and last, until it be cured, which (by Gods help) will be in a short space.

Another for the same.

Take *Leaves of Selandine*, and put a good quantity of them in your Stockings next your bare feet, (both above and underneath) and it will help you.

Another for the same.

Take *Bur-root*, (the greater it is, it is the better) and scrape it clean, then take a pottle of new *Ale*, and put your *Roots* therein, and boyl the *Roots* well in the *Ale*, and then let them soke therein for the space of a Day and a Night, and let it be close stopp'd, then let the *Patient* drink a good draught thereof 3. or 4. times, and he shall be whole without all doubt. *Prob. est.*

Another for the same.

Take a good handful of *Selandine-leaves*, and a quart of *Whitemine*, and boyl them together until the one half be consumed, (if it be in *Winter*, then take the *Roots of Selandine*) then strain the same, and let the *Patient* drink thereof first and last warm, this will help him. *Prob. est.*

Another for the same.

Take a pint of stale *Ale* or *Beer*, whether you will, and some *Crumbs* of *Wheaten-bread* that is well leavened, and a good spoonful or somewhat more of *Sanders*, and make all these into an *Alaberry*, and in 6 or 7 times drinking of this, it will cure you.

Another for the same.

Take a great *Apple*, and cut off the top thereof, (so as it may cover the place again) and take out the *Cote*, and then put into the

the same place some sweet *Butter*, and a good quantity of *Turmeric*, and a good quantity of *English Saffron*, and then close it up again with the peece that was cut off, and roste it very tender, and let the *Patient* eat thereof 3. or 4. mornings together fasting, or longer, if necessity require it.



IMPOSTUMES.

CHAP. XIII.

A marvellous good Medicine to destroy an Impostume.

TAKE Roots of *Holihock*, and wash them clean, and seeth them until they be tender; then take the *Water* wherein they are sodden, and put it into a clean Vessel, and then take as much *Linseed* and *Fenegreek* (of both, as the quantity of the *Roots* are in weight) and put them into the said *Water*, and then boyl them together again, until they rope like *Bird-lime*: then stamp the *Roots*, and put thereto a pretty quantity of *Barley-meal*, and temper them all together, and fry them well with *Bores-grease*, and then apply it to the sore (plaister-wise) and this will speedily help it. *Prob. est.*

Another good Medicine for an Impostume in the Head.

TAKE a good quantity of the juyce of *Mints*, and put it into a quil, and so let it run into the *Patient's* ear upwards, and this will cause the *Impostume* to break very speedily.

Another for the same.

TAKE a peny-worth of *Spikenard*, and beat it to fine powder, and a peny-worth of *Pellitory of Spain*, and 5. or 6. *Sawcerfulls* of *Mansard*,

Mustard, and as much *White-wine-Vinegar*, and a good *Sawcerfull* of *Honey*, and mingle them all together, and then put a spoonfull thereof into your mouth, and hold your lips together as close as you can for a good while: then put the rest into a wooden-dish, and cover it close from dust, or other things falling into it; and when you do use it, let it be both in the morning and evening, first and last, and you must use 8. or 9. spoonfuls of this at every time you do it, and this will cause the *Impostume* to break in very short space: use this for 3 or 4 days together. *Prob. est.*

Another good Medicine to destroy any Impostume, within 24. hours, or little more.

TAKE of the *Roots* of *Flower-de-luces*, and *Roots* of *Lillies*, of each of them a like quantity, and stamp them together, and then put into them a quart of *Honey*, and then boyl them all together, either in *Wine* or *Ale*; and when they are well sodden, then take the same liquor, and strain it through a fine linnen-cloth, and when occasion serveth for use thereof, let the *Patient* drink 2. or 3. spoonfuls of it at a time, especially in the morning and evening first and last, and this will speedily cure it.

Also, if you use to drink of the Waters of Plantane, and Worm-wood, mingled together first and last, you shall receive great comfort thereby.

ITCHES!



ITCHES AND SCABS.

CHAP. XIII.

A good Medicine for an Itch or breaking out.

TAKE *Whay*, and clarify it with the leaves of *Succory*, *Bur-rage*, *Endive*, *Fumitory-flowers*, and *Hops*, of each of them an ounce, and one *Fennel-root*, and one *Succory-root*, both bruised, and an ounce of great *Rasins*, and let them be clarified in the *Whay*, as aforesaid, and let the *Patient* drink a good draught thereof every morning warm, for the space of 7. or 8. days together.

Also, take a handful of Seny soddan (in a pot closely stopp'd) from half a pint to a quarter of a pint, with a few Anise-seeds bruised: then strain that like-Wise, and drink it fasting, and a little while after let the Patient drink an Aleberry, or else some other thin broth.

Another very good Medicine for any manner of Itch, or breaking out in any part of the Body.

TAKE 2. or 3. *Lammons*, and wring out the juyce of them, and then take the like quantity of *Oyl of Roses*, as there is of the juyce

juyce of the *Lemmon*, and beat them well together, and then anoint the *Patients Arms, Legs, Thighs*, or other parts wheresoever, and this helpeth him within 4 or 5 times dressing him in this sort.

Prob. est.

Another for the same.

TAKE *Virgin Wax*, or for want thereof take *yellow Wax*, and *May Butter*, and a pretty quantity of the juyce of *Valerian*, and as much of the juyce of *Marigolds*, and boyl them all together, and scum them clean, and let the *Patient* be anointed often therewith, or else with a linnen-cloth lay some of the same *Oynement* where the *Itch* or *Scabs* be most.

Another for the same.

TAKE 11. or 12. of the yellowest *Dock-roots* that may be gotten, and scrape them as clean as you would do *Parasnes*, and cut them small, and stamp them well in a *Morter*: then set them ovet a *Chafing-dish* of *Coals*, and put a pound of sweet *Butter* therein, and let them boyl until the *Roots* be ready to strain, and when they be sufficiently boyled, strain them, and put into the juyce a spoonful of *Brimstone* finely beaten to powder, and stir it well together, and put it to stand in the cold, and then it will be a pure *Salve*, and when need requireth, let the body of the *Patient* be anointed therewith before a good fire, and let it soak into his skin, and in doing this morning and evening, for the space of 6. or 7. days together, it will take away the *Itch*, be it never so great.

Prob. est.

Another for the same.

TAKE red *Dock-roots*, and wash them and scrape them clean, and cut them in *Dices*, and stamp them in a *Morter*: then put thereto a good quantity of *Brimstone* finely beaten, and temper them well together, and let the *Patient* be anointed therewith both morning and evening, and this will speedily help him. *Prob. est.*

Another for the same.

Take *Dark-roots* and *Elisianspane*, and beat them and bruise them with *sweet Butter*, and let the *Patient* be anointed therewith, and in 5 or 6 dressings it will help him.

Another for the same.

Take a good quantity of white *Sope*, and steep it well in *Rose-water*, then take 2. drams of *Mercury* sublimed, and let it be dissolved in a little *Rose-water*: then temper the *Sope* and the *Rose-water* together, and afterwards put into it a little *Musk* or *Civet*, and so keep it until occasion serveth for use thereof, and this will kill any manner of *Itch* or *Scab*, without any peril.

This is also a singular good Medicine to cure any great Scab or Itch, without any great danger at all; for it hath been sufficiently proved.

Likewise, the Oyl of Myrrh healeth all manner of Scabs, Itches, Clyfts, Kibes, Pimples, Chops, Burnings, &c.

Another for the same.

Take an ounce of *Ginger* finely beaten to powder, and temper it with a quarter of a pound of fresh *Butter*, and anoint your Body therewith 4 or 5 days together, both morning and evening, and it will kill the *Itch* without doubt. *Prob. eff.*

Another good Medicine to kill an extreme Itch, and to destroy the Scabs.

Take 6 spoonfuls of *Barrowes-grease*, and a peny-weight of *Quick-silver*, and a handful of *Bay-salt*, and 6 spoonfuls of *falking Spittle*, and bray them all together, until the *Quick-silver* be consumed quite; and then let the party grieved anoint himself well therewith, and it will help him. *Probatur eff.*

Another

Another for the same.

TAke the Decoction of *Hysop*, and anoint the place that is infected therewith, and in 4 or 5 days it will cure the *Itch* without doubt, using of it every day. *Probatum est.*

Another for the same.

TAke *Enula Campana*-roots, and *Beres-grease*, and stamp them together, and so let them stand for the space of 6 or 7 days, and then take them and fry them, and then put thereto an ounce of *Mercury sublimatum*, and let it be first destroyed with a spoonful of fasting *Spittle*, and a little *Brimstone* beaten into fine powder, and with the same *Oynement* let the party grieved be anointed twice or thrice a day before the fire, and this will cure him in a short space.

Another for the same.

TAke red *Dock*-roots, and wash them cleane, and boyl them in *Hogs-grease*, and let them boyl until they be soft, and then stamp them again together until the same be grown thick: then take it off, and put it into some close earthen Vessel, and when occasion doth serve for use thereof, let the party grieved be anointed therewith, both morning and evening before a good fire, for the space of 8 or 9 days together, & it will take away all the *Scabs*, kill the *Itch*, and clear the skin. *This hath been truly proved.*

An excellent good Water to kill any itching, coming by Heat in any part of Mans Body.

TAke a pint of *White-Wine*, a quarter of a pint of *Vineger*, four handfulls of *Betony* that groweth in the *Woods*, and an handfull of *Honfleeke*: stamp the *Herbs* all together and then put the *Wine* and the *Vineger* cold amongst them, and put therein a peny-worth of *Allum burnt* and beaten to powder, incorporate them well together,

ther, and then wash the place that itcheth with it, and in twice or thrice washing, this will drive it quite away, and also cool the heat thereof.



KIDNEYS.

CHAP. XV.

A good Medicine for to help the Kidneys, and to cause the Reins of the back to grow strong.

TAKE Bugles-water that is distilled, and put thereto a good quantity of clean Rose-water, and a pretty peece of fine white Sugar, and drink thereof every morning fasting next your heart, and this will both restore nature, and strengthen you very much. *Probatum est.*



LEGS:

CHAP. XVI.

A marvellous good Medicine to be used in manner of a plaister, for festered Legs which have been long sore.

TAKE Plantane that groweth in March, wild Tansie, great Mar-
rel and Honey, of each of them a like quantity: then take the
White of an Eg, and the Milk of a Cow that is all of one colour, and

a good quantity of *Barly-flower*, and thicken them all together, and let the Herbs be brayed in a *Mortar*, and afterwards mingled with the rest, and make a plaister thereof, and lay it to the sore, and it will heal it without all doubt. *Prob. est.*

Another good Medicine for the swelling of the Legs, coming by cold, or otherwise.

TAKE two white *Herrings* out of the *Pickle*, and open them, and then lay the insides of the same *Herrings* to the soles of your feet when you go to bed, and so let them remain all night; and in the morning apply new ones again; use this 5 or 6 times, and the same will help you. *Prob. est.*

Another good Medicine for Legs that darackle and fester.

TAKE *Smallage*, *Souther-wood*, *Houfseek*, *Violet-leaves* & *Roots*, & *Wey-broad-leaves*, of each of them a good quantity, & a good quantity of *Honey*, and so temper it well with the *Herbs*, and then strain it through a fine linnen-cloth, and make a plaister thereof, and lay it to the sore, and so renew it twice every day; and always before you lay on the Plaister, wash the sore well with *White-wine*, or else with *Oyl of Roses*; and all this space use to put 5. or 6. *Leaves of Sage* in your drink, and in a short space your Legs will be whole.

This hath holpen some that have been thought (by skilful Physicians) to be past all cure.

LIGHTS.

LIGHTS, LIVER, AND LUNGS.

CHAP. XVII.

A good Medicine for the Lights and Liver.



Take 3 Gallons of new *Ale*, (when it is ready to tun, and 2. or 3. good handfuls of *Peny-royal*, and as much *Mother of Time*, and a like quantity of red *Dock-roots*, clean washed, then take 7. or 8. good *Nutmegs*, and bruise them, and mingle all these together, and put them all together into a fine linnen-bag, and then hang all these things before rehearsed in the *Ale*, 4 or 5 days together, before you do drink any of it, and then when it is so stale, you may drink it usually both before and after meals, and you shall find great comfort and ease, both for the rising of the *Lights*, and the stopping of the *Liver*, and for the *Spleene* also.

An excellent good Medicine for the Liver, and for dryness in the hands, that cometh thereby.

TAKE a good quantity of *Strawberry-water* distilled, and seeth therein a handfull or two of *Liverwort*, and then strain it, and give

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give it the *Patient* to drink, with a good quantity of Sirrup of *Mints*, and this will both cool the extreame heat of the *Liver*, and also bring moisture to the hands again. *This hath been sufficiently proved.*

An excellent Medicine for the stuffing of the Lights and Lungs.

TAKE *Arthemisia Epithemium*, red *Sage*, *Rosemary-tops*, and red *Fennel*, of each of them an handful, a *Galingal-Root*, half an ounce of *Green-ginger*, half an ounce of *Manus Christi*, and a stick of *Liquorice*, that is both pure and good; seeth all these together from a quart to a pint, and then strain the same into a *Glass*, and so stop it up close; and when you will use it, take 3 or 4 spoonfuls thereof at a time, first and last, and you shall receive much comfort hereby.

A good Medicine for the stuffing of the Lungs.

TAKE a pottle of new Milk from the Cow, and make a *Posses* thereof with *Sack* and *Ale*, and then put into the same drink (the curd being taken off) a good quantity of *Anise-seeds* and *Liquorice* beaten to fine powder, and let it boyl in the same *Posses-drink* for a good space: then put into it a good peece of *Sugar*, and a pretty quantity of dregs, and put into it a few tops of *Hysop*, and a branch or two of *Rosemary*; and when it is well boyled, strain it, and drink thereof a good draught every morning fasting, and it helpeth.

Another for the same.

TAKE *Fumitory*, *Harts-tongue*, and *Liverwort*, of each a good handful, and boyl them in *Whay*, and then strain it, and give it the *Patient* to drink, and it will do him much good.

Also, seeth Barbettries in clarified Whay, and drink it often, the same being warm.

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A very good Drink made of Whay, for to cool the extreme heat of the Liver and Stomach.

TAKE *Violet-leaves*, *Cinquefoille-leaves*, *Succory*, *Endive*, *Scabious* and *Fumitory*, of each of them a good handful, and seeth them in a Pottle of *Whay* which hath been boyled, and so let it continue boyling until the third part be consumed, then strain it through a fine cloth, and let the *Patient* drink a good draught thereof every morning and evening for a certain space, this will help him.

Probaturus est.

A good Medicine for the stopping of the Liver.

TAKE Broth made of *Chickens*, with these things following in it, (*viz.*) *Mercury* and *Succory*, of each of them half a handful, and a few great *Rasins*, (the stones picked out) and boyl them together: then take a few bitter *Almonds*, and blanch them, and beat them, and with the same liquor make *Almond-milk*, and let the *Patient* use to drink it every morning fasting, and it will help him.

Also, the Liver of an Hare dried and made into fine powder, is good for all Diseases that are growing about the Liver.

Another for the same.

TAKE the quantity of a *Bean* of *Venice Turpentine*, and put it into a spoon, and hold it over the fire until it melt, then put thereto a little fine *Sugar*, and let the *Patient* eat thereof every day fasting, and this will help him. *Prob. est.*

Another for the same.

TAKE great *Capers* that be green, and lay them to soak in *Verivice* 5. or 6. days together, and then take them forth and wring the juyce out clean, and put a pretty quantity of the same in a *Sawcer*, and put thereto a little *Sirrup* of *Vineger*, and let the *Patient* use to eat

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eat thereof a little before *Dinner*, and likewise before *Supper* again, and this will do him much good.

Another Medicine for an extreme heat of the Liver, and for dryness in the hands, coming thereby.

TAKE a good quantity of *Strawberry Water* distilled, and seeth therein a good quantity of *Liverwort*, and drink it with *Sirrup* of *Mints*, and this will cool the heat, be it never so great. *Prob. est.*

Another good Medicine for the heat of the Liver.

TAKE *Sanders* and strong *Vineger*, and heat them hot, then take a little *Scarlet* in grain, and dip it in the same, and lay it to the spoon of the brest on the right side, and it will help.

Another excellent good Medicine for any heat or dryness, either in the Liver, Lights, or Stomach.

TAKE *Burrage*, *Langdebief*, *Violet-leaves*, *Dandelion*, *Cinquefoille*, and *Harts-tongue*, of each of them a good handful, and a great handful of *Rafins* of the *Sun*, (the stones clean picked out) then seeth the *Herbs* aforesaid, (the same being clean washed) together with the *Rafins* in a Gallon of fair *Running-water*, and let it boyl until it be consumed to a pottle: then take half a pound of *Almonds*, and blanch them, and bray them in a *Mortar*: then take all the liquor before mentioned, and strain it, and then put the *Almonds* into it, and so make *Almond-milk* thereof, and let the *Patient* drink of this often, (bloud-warm) and this will do him exceeding much good.

Another for the same.

TAKE a good handful of *Liverwort*, that groweth upon *Stones*, and of *Fumitory* and *Harts-tongue*, of each of them a handful, and boyl them well in clarified *Whay*, and drink a good draught thereof at a time, both morning and evening, and it will help you.

A Marvellous good Medicine for any manner of Disease in the Liver.

TAKE the *Liver* of an *Hare*, being well dried and made into fine powder, and drink it in *Ale* or *Wine*, and it will do you marvellous much good. *Prob.atum est.*

Another for the same.

TAKE a quart of *Strawberries*, and a quantity of wild *Tansie*, and a Gallon of new *Milk* from the *Cow*, and distill all these together, and let the *Patient* drink thereof both morning and evening, first and last, and let him wash his feet often therewith. *Prob. est.*

A marvellous good Medicine to preserve the Lungs.

TAKE the *Lungs* of a *Fox* and dry them well, and beat them to powder, and then put a quarter of a spoonful thereof into a little new *Almond-milk*, or else into some other thin *Broth* made of *Veal* or *Mutton*; and let the *Patient* eat it, and this will preserve the *Lungs* wonderful greatly. *Prob. est.*

A present Remedy against the rising of the Lungs, and to cleanse the inward parts of the Body.

TAKE a pint of good *Sack*, and burn it well with *Sugar*, (for to allay the heat thereof) and then put therein a peny-worth of *Treacle* of *Faxe*, a little *Ginger*, a *Nutmeg* grated, and a good quantity of *Cinnamon* finely beaten to powder; and when it is well boyled, put thereto a peny-worth of the purest *Sallet-Oyl* that may be gotten: let the party grieved drink thereof every morning fasting for the space of 3 or 4 days, or oftner, if need shall require, and he shall find exceeding great ease hereby. *For this hath been truly proved.*



L I C E

OR

N I T S

CHAP. XVIII.

An approved Medicine to drive away Lice or Nits.



TAke either *Dregs of Oyl*, or *Swines-grease* unsalted, of either of them (which may best be gotten) a good sufficient quantity, and put therein an ounce of *Quick-silver*, and chafe the same very well, till it be all sunk into the *Grease*: Then take some *Staves-acre* beaten into a fine powder, and searfed, and mingle the same all together, and then make a woollen list meet for the middle of the *Patient*, *Girdle-wise*, and all to anoint it over with the said *Medicine*; then let him wear the same continually next his skin, until they be all quite driven away, which will be in a short space.

This is a singular Remedy, and hath been truly proved. The only odour of Quick-silver killeth both Lice and Nits.

Likewise, make a soft fire, and put some Quick-silver therein, and hang the Clothes that are troubled therewith, all over the smoke, and this will drive all the vermine away; and no more will come or breed in them.

Another Medicine to destroy Lice.

TAke *Frankincense* and beat it into a fine powder; and a good quantity of *Bears-grease*, and boyl them together in an *Earthen*-

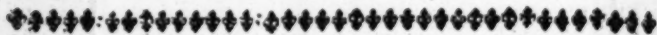
Pain, and when it is boyled, anoint the places where the *Lice* are, and in a short space after they will be consumed away.

Another for the same.

TAKE 2. peny-worth of *Staves-acre*, and beat it into a very fine powder, then searse it, and mingle the same with *Sope* and *Tobacco* Ashes, and so make an *Oyntment* thereof: use this often, and it will destroy them all.

To destroy Crab-lice.

TAKE of *Ceruse*, *Olibanum*, and *Alloes*, of each of them 4. ounces, and beat them all into powder: then take a good quantity of *Ashes* made of *Wood*, and steep them in *Oyl* of *Roses*, and mingle them well together; and if you cannot have *Oyl* of *Roses*, then take instead thereof, a good quantity of *Barrowes-grease* that is fresh, and so make an *Oyntment* thereof, and so use it as occasion shall require, and this will kill them all.



M E A T.

CHAP. XIX.

A singular good Medicine to cause one to have a good Appetite to meat, being never so sick.

TAKE *Centory* and boyl it in fair *Running-water*, and let the sick person drink every day the quantity of 11. or 12. Spoonfuls at a time, (luke-warm) for the space of 4. or 5. days together, and this will provoke Appetite without all doubt, and it will also purifie the *Breſt* and *Stomach*. *Probatum eſt.*

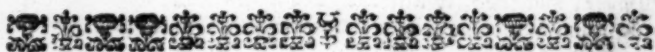
Another

Another for the same.

TAKE *Centory* and boyl it in fair *Water*, and put thereto a lirtle *Sugar-Candy*, *Liquorice* and *Anise-seeds*, and let the sick person drink it luke-warm every morning, 3 spoonfuls at a time, and so use it for the space of 5. or 6. days together, and this will help to bring his stomach again, if he be far spent. *Probatum est.*

A very comfortable Powder to cause one to digest his meat well, &c.

TAKE *Pellitory of Spain*, *Centory*, *Anise-seeds*, *Liquorice*, *Grains of Paradise*, *Ginger* and *Cynamon*, of each of them a like quantity, and beat and searse them into a fine powder, and let the Patient drink half a spoonful at a time thereof, in *Wine*, *Ale*, or *Beer*, morning and evening, for a certain space, and this will do him exceeding much good. *This hath been truly proved.*



M O R P H E W.

CHAP. XX.

An excellent Remedy for the Morphew.



Take 3 spoonfuls of *Elder-water*, and let the Patient drink it every morning fasting, for the space of 9 days together, and let him sweat every day after that he hath taken it: then take 4. or 5. *Oak-apples*, and steep them in *White-wine-Vineger*, for the space of 24. hours, and then let him wash his Body well with the same *Vineger*, and doubtless this will cure him. *Prob. est.*

Another

Another for the same.

TAKE 2. ounces of *Sulphuric Vine*, and beat it to powder, and mingle it with a little black *Sope*, that is of a stinking smell, and lay it in a linnen-cloth, and hang it in a pint of strong *Wine-Vineger*, for the space of 9 or 10 days; and then let the *Patient* wash the place where the *Morphew* is, and it will help him, although it be never so far spent.

Another for the same.

TAKE *Strawberry-water* distilled, and drink it often, and it will expel the *Morphew*. *Probatum est.*

Another for the same.

TAKE the juyce of *Selandine*, and mingle it with powder of *Brimstone*, and then lay it to the place where the *Morphew* is, (all cold) and so use this 4. or 5. times, and it will take the *Morphew* clean away.

Another Medicine for the Morphew, Whether it be white or black.

TAKE *Betony*, *Harts-tongue*, *Sage*, *Plantane*, *Red Fennel*, and *Water-cressets*, of each of them a handful, half a handful of the *Leaves of Herb bennet*, half an ounce of *Vervain*, and distill them all together, and let the *Patient* drink 3 or 4 spoonfuls thereof every morning fasting, and let him walk an hour after it, and this will cure him.

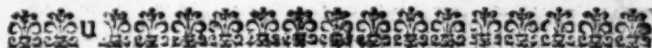
Another for the same.

TAKE *Mustard-seed* and *Sal*, and stamp them well together with *Vineger*, and let the place where the *Morphew* is, be anointed well therewith, and it will cure it in a short space. *Prob. est.*

Another

Another for the same.

Take green *Coporas*, and put it to steep in fair *Running-water*, and so let it remain a day and a night, and then strain it through a fine linnen-cloth, and when occasion serveth, anoint the place often where the *Morpheew* is, and it will speedily cure it.



M O U T H A N D T H R O A T.

CHAP. XXI.

An excellent good Medicine for a sore mouth.

Take a good handful of *Sage*, a pretty quantity of *Rosemary*, a good handful of *Honey suckle-leaves*, as much *Roch-Alom* as half a *Wall-nut*, and a spoonful of pure *English-Honey*: Boyl all these in a quart of fair *Running-water*, for a good space, then strain forth the *Water* from the *Herbs* and the other *Dregs* into some fair *Glass*, and so stop it up close, and when you have any occasion to use it, wash your mouth therewith both morning and evening, and this will speedily help it. *This hath been proved.*

A Medicine for hoarsness in the Throat.

Take 3 or 4 *Figs*, and cleave them in two peeces every one, and then put into every of them a pretty quantity of *Ginger*, finely beaten

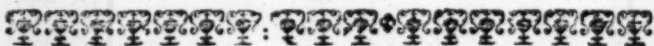
beaten to powder, and then roſt them upon a clean *Hearth*, or elſe upon a *Tile ſtone*, and then let the party grieved eat them as hot as poſſibly he may endure them.

This hath helpen ſome that have been troubled with hoarſneſs 4. or 5. years together before.

A good Garget for a ſurred mouth.

TAKE *Barly-water*, *Strawberry-leaves*, *Cinquefoille*, a ſtick of *Liquorice*, and half a pint of *White-Wine-Vineger*, and let it run through a double linnen-cloth twice or thrice after it hath been well ſteeped therein.

This is good either for the mouth or throat that is ſurred.



MOTHER

CHAP. XXII.

An experienced Medicine for the Mother.

TAKE a good quantity of *Neepe Royal*, and ſtamp it well, and then take 2. ſpoonfuls of the laid juyce, and a ſpoonful of *Saller-Oyl*, and boyl them together in a *Sawcer*, and let 2. parts thereof ſeeth away, and let no more remain but only the quantity of the *Oyl*: let the party grieved anoint the place where the *Mother* doth riſe, and it will eaſe him wonderful much.

Another for the ſame purpoſe.

TAKE a pint of *Ale*, and ſet it on the fire and ſcum it; then take one ſpoonful of *Treacle*, and a good quantity of *Mace* and *Grains*,

Grains, and a little Saffron, and boyl them together, and so give it the party grieved to drink, as hot as possibly it may be taken, and she shall find great ease immediatly.

Another for the same.

Take *Longe* and *Elisanders*, of each of them an ounce, *Roots* and *Leaves* of *Smallage* one ounce, and of the *Roots* of *Buglass*, *Burrage*, *Parsley*, *Fennel* and *Succory*, of each of them an ounce, of *Mayden-hair*, *Harts-tongue*, wild *Time*, and wild *Margerum*, of each of them 2. ounces, of *Cummin-seed*, *Coriander-seed*, *Carraway-seed*, *Smallage-seed*, and *Dill-seed*, of each of them 3. spoonfuls, and a good quantity of *Rasins* of the *Sun*; and bray them all together, and put them to steep in *White-wine* or *Ale*, for the space of 24. hours together, and then strain them, and let the *Patient* drink this first and last for a certain space, and this will cure the infirmity without all doubt. *Probatum est per L. L.*

Another for the same.

Take 3. or 4. handfals of *Fearn* that groweth upon the tops of houses, and seeth it in *Rhenish-wine*, and when it is well sodden, then put it into a linnen-cloth, and so (as hot as possibly the party grieved may suffer it) lay the same to her *Navel*; and so let her use this for the space of 5. or 6. times, and it will do her exceeding much good. *Prob. est*

D d

PALSIE.

beaten to powder, and then roſt them upon a clean *Hearth*, or elſe upon a *Tile ſtone*, and then let the party grieved eat them as hot as poſſibly he may endure them.

This hath helpen ſome that have been troubled with hoarſneſs 4. or 5. years together before.

A good Garget for a ſwelled mouth.

TAKE *Barly-water*, *Strawberry-leaves*, *Cinquefoille*, a ſtick of *Liquorice*, and half a pint of *White-Wine-Vineger*, and let it run through a double linnen-cloth twice or thrice after it hath been well ſteeped therein.

This is good either for the mouth or throat that is ſwelled.



MOTHER

CHAP. XXII.

An experienced Medicine for the Mother.

TAKE a good quantity of *Neep Royal*, and ſtamp it well, and then take 2. ſpoonfuls of the ſaid juyce, and a ſpoonful of *Saller-Oyl*, and boyl them together in a *Sawcer*, and let 2. parts thereof ſeeth away, and let no more remain but only the quantity of the *Oyl*: let the party grieved anoint the place where the *Mother* doth riſe, and it will eaſe him wonderful much.

Another for the ſame purpoſe.

TAKE a pint of *Ale*, and ſet it on the fire and ſcum it; then take one ſpoonful of *Treacle*, and a good quantity of *Mace* and *Grains*,

Grains, and a little *Saffron*, and boyl them together, and so give it the party grieved to drink, as hot as possibly it may be taken, and she shall find great ease immediatly.

Another for the same.

Take *Lonage* and *Elisanders*, of each of them an ounce, *Roots* and *Leaves* of *Smallage* one ounce, and of the *Roots* of *Buglass*, *Burrage*, *Parsley*, *Fennel* and *Succory*, of each of them an ounce, of *Mayden-hair*, *Harts-tongue*, wild *Time*, and wild *Margerum*, of each of them 2. ounces, of *Cummin-seed*, *Coriander-seed*, *Carraway-seed*, *Smallage-seed*, and *Dill-seed*, of each of them 3. spoonfuls, and a good quantity of *Rasins* of the *Sun*; and bray them all together, and put them to steep in *White-wine* or *Ale*, for the space of 24. hours together, and then strain them, and let the *Patient* drink this first and last for a certain space, and this will cure the infirmity without all doubt. *Probatum est per L. L.*

Another for the same.

Take 3. or 4. handfuls of *Fearn* that groweth upon the tops of houses, and seeth it in *Rhenish-wine*, and when it is well sodden, then put it into a linnen-cloth, and so (as hot as possibly the party grieved may suffer it) lay the same to her *Navel*; and so let her use this for the space of 5. or 6. times, and it will do her exceeding much good. *Prob. est*

D d

PALSIE.



PALSIE.

CHAP. XXIII.

A most singular good Medicine for the Palsie.

Take a *Fox* that is fat, and slay him; and then take forth his intrails, and save all the fat which is about them, and then fill up his belly again with this mixture following, and sowe it up both fast and close, and then roste him as dry as may be, and let the Dripping-pan that he doth drop into, be half full of good *Vineger*, and save the sides from the fire as much as possibly you may: then take two handfuls of dry *Cow-slip-flowers*, and of *Sage*, *Lavender*, *Spiks*, *Rue-flowers*, *Daffadil-flowers*, *Camomil-flowers*, *Rosemary-flowers*, and *Garden-Time*, of each of them a good handful, *Juniper-burries* and *Angelica*, of each of them half an ounce, *Cloves*, *Mace*, and *Ginger*, of each of them a quarter of an ounce, and 6. or 7. *Nutmegs*: bruise all these into a gross powder, and mix them together: then take a pint of *Garden-worms*, and chop them very small, and mix them well with the said powder: then take as much of the fat as you can get, that groweth about the Leg, that *Castorum* is in, (which with diligence may be easily found) or if the *Fox* be lean, then take the fat that is about his Guts, and when you think he is rosted enough, prick him in the Belly with a Bodkin, that all his *Grease* may issue forth: then baste him, for the space of an hour, with the *Vineger* that is in the same dripping, and anoint the place grieved therewith, both morning and evening (before a good fire) for the space of 15. or 16. days together, and wrap it either with the skin of a *Fox*, or else with a *Lambs-skin*, or some other old *Fur*, and doubtless this will cure him. *Probatum est.*

Also, some of the flesh of a Fox eaten, will cure the Palsie, if the Patients stomach will endure it.

Another for the same.

TAke 2. handfuls of green *Leaves of Cowslips*, that grow in the fields, (but they must be always gathered in *May*) and pick them very clean and wash them, and then put them into a quart or some-what more of fair *Running-Water*, and then boyl the same, until the one half thereof be consumed, then put therein a good quantity of fine *Sugar*, or else as much as you shall think good to sweeten it withall, and let it boyl until it come to a *Syrup*, and very pleasant to be eaten: then take out the *Leaves* clean, and let the *Patient* both eat the *Syrup* and *Leaves* with fine *White-Bread*, and this will do him much good.

Another for the same.

TAke a good sound *Nutmeg*, and slice it in thin broad peeces, and put one of the peeces under the *Patients* tongue, and so let it remain all the morning there till noon, and after dinner put another there again, and he shall find that this will do him much good if he use it often.

Anotber for the same.

TAke red *Sage*, *Southern-wood*, *Spike* and *Lavender*, of each of them a handfull, and boyl them together in a Gallon of fair *Running-water*, and let it boyl until the one half be consumed; then strain it, and put it into a cruze or pot, and keep it close covered, and when you will use it, take 4 or 5 spoonfuls into a *Sawcer*, (luke-warm) and gargle it to and fro in your mouth a good space, and then spit it forth; and so in like manner take the like quantity again thereof in a *Sawcer*, as before, and let it be luke-warm, and so let the *Patient* rub and chafe that part of his Body which is grieved with the *Palsie*, with a sponge dipped in the same *Water*, and it will help him. *Prob. est.*

D d 2

Another

Another for the same.

TAKE Pellitory of Spain, Pepper and Ivie, of each of them one ounce, and make them into powder: then take 2. ounces of powder of Sage, and mingle it with the things before rehearsed, and give it the Patient to eat in his Potrage, or else in some other Broth, and this without doubt will cure him. *Prob. est.*

Another good Medicine for the Palsie which taketh away the Speech.

TAKE Sage and dry it between two warm Tiles, and let it be laid to the neck of the Patient, and to the wrists of both his Arms: then let him take a Nutmeg and slice it thin, and then put one of the slices under his tongue, and the other over, and so hold the same a good space in that sort, and let him use to do this often, and it will do him much good: and let him also anoint his neck often, either with Oyl of Spike, or Water of Spike.

Another for the same.

TAKE Sage-leaves, and Primrose-leaves, of each of them a like quantity, (and if it be in Winter, then take Primrose-roots) and beat them both together, and strain them with Ale, and give the Patient a good quantity thereof to drink at a time, and this will help him. *Prob. est.*

A present Remedy for lameness in the side, coming by the Palsie.

TAKE Sage and Hyssop, and boyl a good quantity of them together in fair Running-water, and bathe the side that is grieved well therewith: then take the Herbs and bind them as hot as they may be suffered to the sore place, and this will help it. *This hath been truly proved.*

A very good Medicine for one that is taken with the Palsie, though not the Shaking Palsie.

TAKE the blood of a *Fox*, as warm as it may be taken from him, and the blood about the heart is best, but all the rest is good, and with some of the same blood chafe the place that is taken, and then take the skin of the *Fox*, and put the raw side to the place where the *Palsie* is, and so let it remain for the space of 12. hours at the least: and in the mean space, till a *Fox* may be gotten, chafe the place well that is benumbed, with *Oyl-Olive* and *Aqua-composita*, mingled well together, and doubtless this will cure him in a short space: *For it hath been truly proved.*

Another for the same.

TAKE *Sage*, *Spike* and *Lavender*, and distill them together, and let the Patient drink a good draught of the same *Water* every morning warm, either in *Ale* or *Wine*: Also take *Sage* and *Betony*, and put them between 2. dishes, upon a *Chafing-dish* of *Coals*, and sprinkle them with good *Malinse*, and apply them warm to the nape of the neck, and to both the wrists of the Patient, and this will do him much good.

¶

PILES.

P I L E S
AND
EMERODS.

CHAP. XXIII.

A special Remedy for the Piles.

TAke the beards of the heads of *Unfer-Leeks*, and wash them clean, and boyl them in a good quantity of fair *Running-water*, until they be tender, then take them forth and dry them very well in a clean linnen-cloth, and then you must stamp them as small as possibly you can: then take a good peece of fresh *Butter*, and boyl them therein upon a *Chafing-dish* of *Coals*, and put into it a good quantity of *English Saffron*, and when it is well boyled, strain it through a fine cloth into some *Glass* or earthen *Vessel*, and keep it close, and when you will use it, make a plaister of it upon a peece of *Leather*, or upon a peece of linnen-cloth, and lay it cold to the place grieved, and it will speedily help you. *Prob. est.*

Another for the same.

Take Oyl of Indian-Nuts, and anoint the place grieved well therewith, and in twice or thrice doing thus, it will kill the Piles and Emerods, and it will also kill the little Worms which be in the Fundaments. *Probatum est per G. C.*

Another

Another for the same.

TAKE 2. peny-worth of *Mercury sublimatum* (which is of the colour of *Chaulk*) and steep it in *Vineger*, for the space of 3. or 4. hours together: then take a few Coals and set under a close stool in a *Chafing-dish*, and put the powder into it, and burn it, and let the party grieved sit over it as close as he can, that the smoak may not go forth any way, but that it may come to the fore, and this will help him.

Another for the same.

TAKE a good quantity of *Beans*, and seeth them in fair *Water*, and then put them into an earthen-Pan, and let the party grieved sit over the-Pan. (as hot as possibly he may abide it) and this will help him. *Prob. est.*

Another for the same.

TAKE 2. handfuls of *Southern-wood*, and strip the leaves from the stalk: then take new *Butter*, (as it cometh from the *Churn* unsalted) and a little *Saffron*, and bruise the *Herbs*, and fry them in a *Fryingpan*, with the aforesaid *Butter*, until they are become tender: then take and spread them upon a fine linnen-cloth, and lay them to the fore place as hot as possibly it may be suffered, and doubtless this will help him. *Probatum est.*

Another for the same.

TAKE a great silver *Eel*, and slay it and draw it, and let it touch neither *Water* nor *Salt*, but cut it in peeces and roste it, (and the first *Dripping* being cast away) then take the next *Dripping*, and with a fine linnen-cloth being dipped therein (the same being hot) bathe well the place grieved twice or thrice a day, and this will cure the *Piles*, if that they be never so sore. *Prob. est.*

A good Medicine to stanch the bleeding of the Piles.

TAKE a good quantity of the juyce of *Milfoile*, and put thereto a pretty quantity of powder of burnt *Garlick*, and let the party grieved drink thereof, either in *Ale* or *Wine*, and the *Piles* will dy in a short space. *Probatum est.*

Another for the same.

TAKE *Leaves* of *Mullet*, and *Leaves* of an *Elder-Tree*, and stamp them very well, and mingle them with *Butter* that is unsalted, and anoint the place grieved often therewith before a good fire, and this will cure you. *Prob. est.*

Another for the same.

TAKE *Black-Wooll* and *Black-Sope*, and bind them to the place grieved, and this will presently help without all doubt. *For this hath been truly proved.*

Another for the same.

TAKE *Oyl* of *Roses*, *Frankincense* and *Honey*, and make an *Oyntment* of them, and put it into the *Fundament* with your finger, and put a little *Myrrh* thereto, and use to anoint the *Fundament* often with it, and let the breath ascend up into the *Fundament*, and this will cure it.

Another for the same.

TAKE *Diaculum* and *Oyl* of *Spike*, of each of them a little quantity, and melt them in a *Sawcer*, and spread the same upon a linnen-cloth, and lay it to the *Piles* very warm, and within 4. days using of it both morning and evening, they will be whole. *Prob. est.*

An

*An excellent good remedy for the Emerods, and to dry
up any sore.*

TAKE *Red-worts* and seeth them in a pot of fair *Water*, until they be very well sodden, then take a pot and set it under a *Chair* that is close, and let the *Patient* sit over it, and wrap warm *Clothes* about the *Chair*, that no ayr may issue forth, and so let him sit over it until it be cold, and let him anoint his *Members* with the same liquor, and this will speedily help him.

Another for the same.

TAKE broad *Newphane-Leaves*, (otherwise called *Cane-leaves*, which do grow in *Waters*) and wash them clean, and put them into a paper, and broyl them in the *Embers*, and then lay them to the place grieved, as hot as they may be suffered, or else make them into powder, and cast the same into the sore, and it will help.

Probatum est.

Another for the same.

TAKE a little *Plate* of *Lead*, and rub it upon a little *Bores-grease*, if it be for a *Man*; but if it be for a *Woman*, then take *Swines-grease*, and wash it out with *White-wine*, and then anoint the place grieved therewith, and this will do exceeding much good.

Probatum est.

*An excellent good Medicine for the Emerods and
Piles.*

TAKE *Black-Wool*, and good *Ink* (made with *Coporas* and *Galls*) and wet the *Wool* in the *Ink*, and then apply the same to the sore, and it helpeth.

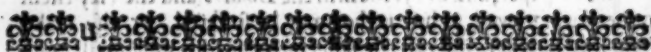
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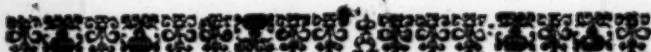
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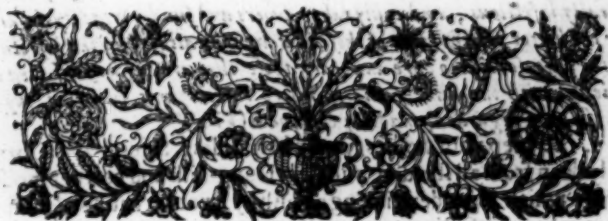
Take *Cressets* that grow in or about a *Well*, and then stamp and strain them into a *Pot*, (but not with any *Water*) and make a *Plaster* thereof, and apply it to the place grieved, and it helpeth.

Probatum est.



SUNDRY





SUNDRY APPROVED
MEDICINES
FOR SEVERAL
Diseases incident to *Mans Body* ;
FOR THE
P L A G U E
AND
P E S T I L E N C E .

Certain Rules and good Instructions to be observed against the Plague, &c.

FOr as much as the force and infection of the Disease called the Plague or Pestilence, hath heretofore been too well known and felt in divers and sundry places of this Realm, and for that divers Cities, Towns, and other places of this Realm, have been so grievously vexed therewith : therefore (according to my simple skill and knowledge therein) I have thought good to publish and make known unto all, as well such preservatives as are good take used, observed and

kept by all sorts of people for the avoiding of the same Disease, being greatly infectious, and easily taken divers and sundry ways: As also for the better preservation of those that are in health, from the infection of the Disease, and to cure and order those that are any way infected or grieved with the same: and therefore these things following ought chiefly to be regarded, and fully observed. (Viz.)

1. To keep your houses, yards, back-sides, Streets and Channels clean from all standing puddles, Dung-hills and corrupt moistures, which ingender stinking and filthy vapours that be noysome, or may breed infection.

2. To suffer no Dogs nor Cats to come into your houses, nor to keep any your selves, (except you dwell in some open place of *Ayr*) for they be very dangerous, and most apt, (of any kind of thing) to take infection of sickness, and to bring it home to their Masters house; by reason that they run from place to place, and from one house to another, continually feeding upon the uncleanest things that are cast forth into the streets.

3. To ayr your Rooms (severally) with *Char-coal-fire*, made in *Stone-Pans*, or *Chafing-dishes*, and not in *Chimnies*, but as you can set your pans in the midst of the Room; and be sure to ayr every Room twice a week at the least, and put into your fire, a little *Frankincense*, *Juniper* dried, *Rosemary* or *Bay-leaves*, *Sage* and *Lavender*.

4. To wash your *Linneſs* often, and to ayr your *Woollen* in the *Sun*, or over pans of fire, or over a *Chafing-dish* of *Coals*, and to fume the same either with *Frankincense*, dried *Rosemary*, *Juniper*, or *Bay leaves*.

5. To smell to the Root of *Enula Campana*, steeped in *White-wine-Vinegar*, and wrapped in an *Handkercher*, or else to *Herb-grace*, and *Wormwood* steeped in *Vinegar*, and carried either in the *Rinde* of a *Lemmon*, or in something made for that purpose close stopp'd: Also powder of *Enula Campana*-Roots in drink, or hanged about your neck, or else chewed in your mouth is good. To eat or chew in your mouth either the Roots of *Angelica*, *Setwall*, *Gentian*, *Valerian*, *Cynamon*, or the Roots of *Araſ*; and to use every morning fasting to eat *Sorrel*, steeped in *Vinegar*, with a little *Bread* and *Butter*; or if *Vinegar* be scarce, then with *Sorrel Sawce*. Also to eat a Kernel

of

of a *Wall-nut* mixt with 5 or 6 *Leaves of Herb-grace*, and a *Corn* or two of *Salt*, put all together into a *Fig* warmed, and eaten fasting twice or thrice a week, and to fast 3. hours after it.

6 To comfort the Stomach often with an *Aliberry* made of *Cloves*, *Mace*, *Nutmegs*, *Sanders*, *Gony Grains*, and such like.

7 To drink *Rhe*, *Wormwood* and *Scabious*, steeped in *Ale* a whole night, in the morning fasting: (Also to take the *Roots of Enula Campana* beaten together, and drunk fasting) or to drink the powder of *Tarmentil* in *Semel*, or *Scabious-Water* fasting: or else to take the *Water of Cardus Benedictus*, or *Angelica* mixt with *Mithridatum*. Also *Bay-berries*, huskt before they be dry, beaten to powder, and drink it either in stale *Beer* or *Ale*, or in *Wine*, and to sweat upon it, and to forbear sleep.

8 To procure sweat, being in your naked bed, by drinking of *Posset-Ale*, sodden with *Sorrel* and *Burrage*, and mixt with *Treacle*; but if any feel themselves infected, let them take *Angelica Water*, mixt with *Mithridatum*, and after sweat in bed upon it.

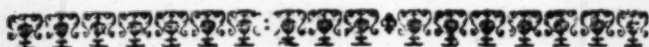
9 To preserve your selves by correcting the Ayr in your Houses, it is necessary that you take *Rosemary*, dry *Juniper*, *Bay-leaves*, or *Frankincense*, and cast the same upon a *Chafing-dish* of *Coals*, and receive the smoak or fume thereof into your head: if you have it, you may put a little *Lavender*, or *Sage* that is dryed, into the fire with the rest, and it will be the better.

10 Also to preserve your selves otherwise by perfuming or correcting the Ayr in your Houses or Chambers: Take a good quantity of *Wine-Vinegar*, and put thereto a little *Rose-water*, and 10. or 12. branches of *Rosemary*, and put them all into a *Basin*: then take 5 or 6 *Flint-stones*, and heat them red hot in the fire, and cast them into the said *Vinegar*, and so perfume your *Chambers* or other Rooms therewith as often as you shall think meet, and let them be so done one after another.

11 Likewise to preserve your self by perfuming your apparel: take the same apparel that you do usually wear, and let the same be kept sweet and clean, and perfume it often either with red *Sanders* burnt, or else with *Juniper*: And if you happen to be with any that are infected, as soon as ever you come home, shift your self immediately.

immediatly, and ayre your Clothes as aforesaid, or otherwise ayre them well in some open ayre.

12 Lastly, If the Patient be costive, and hard bound in his belly, then let him take a *Suppository* made with a little boyled *Honey*, and a little fine powder of *Salt*, and so take it in at the *Fundament*, and let it be kept therein till it move a stool or two.



P R E S E R V A T I V E S (Corporal) against the Plague and Pestilence.

CHAP. I.

*A most singular good preservative, to be taken against all manner of
bad and corrupt Ayrs in places infected.*



Take an handful of *Sage*, and seeth it in a Gallon of fair *Running-water*, and let it seeth until the one half be consumed; then cover it close, and set it over the fire again, and put into it a good quantity of *Honey*, and as much *Treacle*, and then scum it clean, and put it into a *Glass*, and stop it close, and when you will use it, drink five or six spoonfuls of it fasting, and it will preserve you from taking any evil Ayrs all the day after wheresoever you go.

*Another good preservative to be used against the Plague, When you go
into an open Ayre, or else Where common Assemblies are.*

Take a *Sponge* and dip it in *Vinegar* and *Rose-water* mingled, or else in *Vinegar*; wherein *Worm-wood* or *Rue* have been boyled in, and use to smell often thereto.

*An excellent Pomander to be used against the ill-savourd
sent of the Plague.*

TAKE the quantity of four pound of *Olibanum Labdanum*, and put to it a pound weight of the strongest *Vineger* that may be gotten, and set them to seeth in an earthen-pot for a good space: then take the quantity of a pound of pure yellow *Wax*, and a little *Turpentine*, and let them be mingled and bruised together in a brasse *Morter*, and then put therein 3. or 4. ounces of *Storax Liquida*, and let it be made thick like unto *Paste*, and so make thy *Pomanders*: and if thou wilt have the same sweeter, then put therein half an ounce of *Spikenard*, and of *Cloves* beaten to powder, and *Musk-Roses*, of each of them 2. ounces, and of *Camphire* a dram, and so make it up at pleasure.

Another for the same.

TAKE fine *Cynamon*, *Cloves*, *Amber*, *Nutmegs*, *Storax*, *Camoimil*, *Juniper* and red *Roses*, and beat them all together, and make a powder thereof, and then mingle the same with *Rose-water*, and so make a *Pomander* thereof.

*A special good Drink to be used of all such as are grieved with the
Plague or Pestilence, during all the time of their
sickness.*

TAKE a quarter of an ounce of great *Valerian*, a handful of *Sorrel*, and an ounce of the *Roots* of *Butter-burr*, (otherwise called *Pestilent-wort*) and boyl them in fair *Running-water* and *White-Wine*, (of each of them a like quantity) from a quart to a pint, & strain it, and put thereto two spoonfuls of *Vineger*, and two ounces of fine *Sugar*, and then boyl them again, and let the party grieved drink a good draught thereof, as hot as possibly he may abide it; and if he hap to cast it up again, then let him drink the like draught immediately upon it, and provoke himself to sweat.

A special good Preservative against the Plague.

TAKE an *Eg*, and make an hole in the top of it, then take out both the *Yolk* and *White*, and fill the shell with the weight of two *French Crowns* of *English Saffron*, and then roste the Shell and *Saffron* together in the Embers of *Char-Coles*, until the Shell wax yellow, then beat them together in a *Mortar*, with half a spoonful of *Mustard-seed*, and as soon as any suspicion is had of infection, dissolve the weight of a *French-Crown* in 10. spoonfuls of *Posset-ale*, and let the *Patient* drink it luke-warm, and sweat upon it in naked bed.

Another for the same.

TAKE a handful of *Herb-grace* (otherwise called *Rue*) a handful of *Sorrel*, a handful of *Elder-leaves*, a handful of red *Sage*, and a handful of red *Bramble-leaves*, and stamp them well together, and strain them through a fine cloth, with a quart of *White-wine*: then take a good quantity of *Cafe-Ginger*, and mingle it well with them, and drink a good draught thereof both morning and evening, for the space of nine days together, and by Gods grace it will preserve you.

Another for the same.

TAKE a good quantity of *Garlick*, and pill it, and mince it small, and boyl it in new *Milk*, and eat it every morning fasting. *This hath been truly proved.*

Another for the same.

TAKE 2. *Figs*, 2. *Walnuts*, 20. *Leaves of Rue*, and a dram of *Salt*, and stamp them all very well together, and eat them fasting, and it will preserve you all the day after: as well against the *Plague*, as also against any other poyson.

Another

Another for the same.

TAKE *Alloes Hepatica*, pure *Cynamon* and *Myrrh*, of each of them 3. drams, of *Cloves*, *Anace*, *Wood of Aloes*, (commonly called *Lignum Aloes*) *Mastic* and *Bele Oriental*, of each of them an ounce, mix them together, and make them into a fine powder, and drink the same fasting every morning, either in *White Wine* allayed with *Water*, or else with *Ale*. (but if it be with *Wine*, mingle it with a little *Water*, but mingle nothing with the *Ale*) and by Gods help this will preserve you.

Another good preservative used by Methridates.

TAKE *Figs* which are not worm-eaten, and wash them clean, and of the *Kernels of Walnuts* clean picked, of each of them an hundred, the weight of four pence of *Salt*, and of the leaves of *Herb grace*, the weight of two shillings. Then take the *Figs*, and the *Kernels of the Walnuts*, and cut them in peeces, and stamp them well, and then put the *Leaves* to them, and stir them very well together, and then strain the *Salt* with the rest, and stir it until it be incorporated, and made of one substance: then put it into some earthen pot or Gallipot, wherein it may be kept both sweet and clean; and when occasion serveth for use thereof, take the quantity of 2. or 3. *Figs* thereof, and eat it every morning fasting, and by Gods help it will preserve you. *If you give it to young Children, the one half of the same will serve.*

An excellent good Medicine against the Plague.

TAKE an ounce of the *Leaves of Herb-grace*, half an ounce of good *Figs*, an ounce of *Juniper-berries*, two ounces of *Walnuts* clean picked, four ounces of *Wine-Vinegar*, and a good quantity of *Saffron*, and stamp them all together, and then put them into a *Glass* or *Earthen-pot*, that is clean, and stop it close that no air may issue forth of it, and when you have occasion to use it, then take it out either upon a *Knives-point* (or some other Instru-

ment fit for that purpose) the quantity of a *Bew*, or somewhat more, and eat the same in the morning fasting, and by Gods help you shall be sure not to be infected with the *Plague*, for the space of 24 hours after the taking thereof, and you shall find that it will do the *Patient* exceeding much good.

A sovereign Drink (if it be taken in time) to preserve one against the Plague or Pestilence.

TAKE the quantity of a dram and an half of *Powder Imperial*, a dram of *Treacle*, and of *Dragon-water*, and *Sorrel-water*, of each of them a ounce, and drink it with *Ale* in the morning fasting, and if one have taken the infection within 24 hours before, yet by Gods grace he shall escape it. *This hath been truly proved in the last great visitation, and hath done much good.*

Another for the same.

TAKE *Herb-grace*, *Sage* of vertue, red *Bramble leaves*, and *Elder-leaves*, of each of them a good handrul, Stamp them all together, and strain them through a fine *Linnen-cloth*, with a quart of the best old *White-wine* that may be gotten, and put therein 3. penyworth of pure good *Ginger* finely beaten to powder, and let any one (fearing or misdoubting the *Plague*) drink every morning fasting a good spoonful of it, and let him or her use it for the space of 10. or 12. days together, and it will do (by Gods grace) exceeding much good, for this hath been holden an excellent good preservative against the infection of the *Plague*.

Another good preservative against the Plague or Pestilence.

TAKE *Scabious* and *Morfea Diaboli*, of each of them such a quantity, as to your own judgement shall be thought meet, stamp them very well, and then strain them; then take the juyce of them, and set it up on the fire, and then you shall perceive a green Curd to arise upon the top of it, but scum that off as clean as you can, then take the clear liquor, and put into it three quarters of a pound

pound of the finest white *Sugar* that may be had, and so let it seeth until the one half of the Liquor be consumed, then take it off, and so keep it safe; and when occasion serveth, let the party take the quantity of 3. spoonfuls thereof at a time, both morning and evening (luke-warm) and this will preserve one greatly.

Probatum est.

Another for the same.

Take *Butter-milk*, and eat thereof every day during the time of sickness, and it will do you much good.

Another for the same.

Take 5. spoonfuls of *Wine-Vinegar*, 3. spoonfuls of fair *Running-water*, half a spoonful of *Triacle of Jean*, and of *Bole-Armoniacke*, as much as a small *Nut* (it being beaten to small powder) and drink it every morning and evening. *Proved by M. K. of Ant.*

Another for the same.

Take 7. or 8. Leaves of *Sorrel*, and wash them in fair *Water* and *Vinegar*, and steep them in the said *Water* and *Vinegar* a good while, and eat them fasting.

Another for the same.

Take the best and purest *Alces* that may be gotten, and of *Cinnamon* and *Myrrh*, of each of them the weight of 3. *French-Crowns*, (or the weight of 2. pence in silver) and of *Lignum-Aloes*, *Cloves*, *Mace*, *Mossick* and *Bala-Oriental*, of each of them half an ounce, mingle them together, and beat them into fine powder: then take the weight of 4. pence thereof, and delay it into *White-wine* and fair *Water*, and so drink every morning fasting.

An excellent good Drink to be taken every Morning for a preservative against the Plague.

TAKE a good handfull of *Winter-Savory*, and boyl it in a quart of good *Wine-Vinegar*, with a spoonfull of *Grains* (being beaten and put into it :) and put thereto a good quantity of fine *Sugar*, and take a good draught thereof every morning fasting. Also, if you must of necessity come into any place where any infectious persons are, then it is good for you to smell to the Root of *Angelica*, *Gentian*, or *Valerian*, and to chew any of these in your mouth, and you shall find much vertue in them. *Probatum est.*

A marvellous good Medicine for the Plague.

TAKE three or four slips of *Herb-grace*, and six spoonfulls of *Vinegar*, and beat them both together in a Mortar, then strain out the juice of it clean, and put thereto an ounce of pure *Treacle*, and an ounce of white *Sugar*, and set it on the fire, and stir it well together, and make thereof a Syrup, and then put it into a close Box, and when you will use it, take a *Sage-Leaf*, and spread as much as a *Bean* of the same upon the *Leaf*, and so eat it every morning and evening, and it will do you much good. Also, if any one be infected and use this often, it will quite expell the Plague from his heart: but if he be not infected, it will preserve him within the space of four and twenty hours after the receipt thereof.

Another for the same.

TAKE every morning fasting, a dry *Fig*, a *Walnut*, and four or five *Leaves* of *Herb-grace*, and chop them altogether very small, and eat them, and afterwards drink a good draught of *White* or *Claret-Wine*; but if it be a woman with child, leave out the *Herb-grace*.

Another for the same.

TAKE a pint of *Honey*, a quarter of a pound of *Bole-Armoniack*, and as much *Sanguis Draconis*, and as much *Terra sigillata*, half
an

an ounce of *Cloves*, and a pint of *Aqua vite*, and seeth them altogether, untill they be all as thick as pap, and when they will use it, take the quantity of a spoonfull thereof, first and last, but take heed that you do neither walk nor drink for the space of an hour after the taking thereof, and this will do you marvellous much good.

A good preservative for a woman with child, or such as are delicate or tender, that cannot away with taking of Medicines.

Take a toste of *White* or *Wheaten-bread*, and sprinkle thereon a little powder of *Sinamon*, and eat it in the morning fasting. But if *Sinamon* or *Vineger* be not to be had, then you may eat *Bread* and *Butter* alone, for *Butter* is not only a preservative against the *Plague*, but also against all other venom and poysons.

A very good Medicine to be drunk, suspecting your self to be infected.

Take a great *Onion*, and take forth the *Core*, then fill it full again with *Treacle* of *Jane*, and wrap the same in a piece of paper, and roste it untill it be soft, and then strain it with a little *White-wine Vineger*, and temper it with a pretty quantity of *Sugar*, and give the Patient two spoonfuls thereof to drink fasting, and if he be infected with the *Plague*, it will be perceived within six houres after the receipt of the same drink.

Another good preservative against the Plague.

Take *Roots* of *Bayes*, *May-weed*, (both *leaves* and *roots*) of each of them a like quantity, a good quantity of *Treacle* of *Jane*, and a small quantity of *Dragon-roots* and *Leaves*, and mingle them well together with *Ale*, and make a *Possey* thereof, and so use to drink daily thereof, and so use to drink daily thereof, and you shall finde great comfort thereby.

Another preservative against the Plague.

TAKE a Fig, and put therein a little *Herb-grace* bruised, and mingled with a little *Bay-sals* beaten small, and the kernel of a *Walnut* clean picked, and let the *Patient* use every morning to eat 3. or 4. of these *Figs* thus ordered, fasting, and let him drink a good draught of *Wine* or *Beer* afterwards, and then walk an hour after it, before he eat any meat, and so by using of this every morning as aforesaid, by Gods help he shall be safe from any infection.

Another for the same purpose.

TAKE *Worm wood* and *Eue*, of each of them an handful, and bruise them a little, and put them into an earthen or pewter-pot, with as much *White-wine-Vineger* as will cover the herbs, and keep it close stoppt, and when you fear any infection, dip a little peece of a sponge into the *Vineger*, and then put it either into a round ball made of *Scury* or *Juniper*, with little hols on the top, or else the Rinde of a *Lemon*, (being opened on the top, and all the substance taken forth) and carry it in your hand as you go in the streets, and so use to smell often unto it, and this will preserve you greatly.

Another excellent good preservative against the Plague.

TAKE half an hundred of green *Walnuts*, (being new taken off, as they hang green on the Tree) a pound of the inner *Bark* of an *Ash-tree*, and of *Petty-morall*, *Honfleeke*, *Scabious* and *Vervain*, of each of them a handful, and half an ounce of *Saffron*, and mince them all together, and put a pottle of the strongest *Vineger* to them that may be gotten, and boyl them over the fire in a pot close stoppt, and afterwards distill them in a *Limbeck*: then take the same *Water*, and keep it in a *Glasse*, and when occasion serveth for use thereof, drink 4. or 5. ounces thereof at a time, and so use to take it 4. times in 24. hours space, and when you do take it, be sure to be in your naked bed, and provoke your body to sweat

sweat, and in so doing you shall sustain great comfort both to heart and body, *Probatum est.*

Another good preservative for the same purpose.

Take ten grains of powder of Saffron, twenty grains of the kernels of Walnuts clean picked, two or three grains of *Figs*, three grains of *Achillean*, a ounce of *Peperwel water*, and six *Sage leaves*; stamp all these together, and put it into a close glass, and eat thereof every morning fasting the quantity of twelve grains, and this by Gods help will preserve you.

Another for the same.

Take a good quantity of *Rue*, (otherwise called *Herb-grace*,) or *Wormwood*, (or both if you please) and put it into a pot of usual drink, and let it steep for the space of a whole night, close stopped, and drink thereof in the morning fasting, and by often using of it, it will both purge the blood, and preserve you from the disease: Also, if you take seven or eight *Berries* of *Juniper* dried, and made into fine powder, and put the same into your drink, wherein the *Rue* and *Wormwood* hath been steeped, as aforesaid, it will be much the better, and of a far greater vertue: but if you cannot get any *Juniper-berries*, then take a little powder of *Wormwood* & powder of *Valerian*, and use it in your drink, as aforesaid.

Another for the same.

Take powder of *Turmentil*, the weight of six pence, either in *Water of Scabias*, or in *Sorrel water* in the Summer, but if it be in the Winter, then take it with *Water* of the *Valerian*, (if it may be gotten) or else with some other ordinary drink, and it will do you exceeding much good: Likewise a peece of *Arras Root*, kept in your mouth, as you walk in the streets, is marvellous good & cordial.

Another for the same.

Take *Rue*, *Mandragories*, *Fetherfew*, *Burnet* and *Sorrel*, of each of them half a handful, and a good quantity of crops and roots of *Dragons*, wash them all very clean, and seeth them upon a soft fire in fair running water, from a pottle to a quart; then strain them through a fine linnen cloth, and if it be bitter put thereto as much *Sugar-candy*, as will make it sweet, or else some other fine *Sugar*, and if this medicine be ministred before the *Purples* do arise, it will help, but it must be taken every morning fasting.

An exceeding good Medicine to be taken against the Plague.

Take an ounce of *Leaves of Herb-grace*, half an ounce of good *Figs*, an ounce of *Juniper-berries*, two ounces of *Walnuts*, clean picked, foure ounces of *Wine-Vinegar*, and a good quantity of *Saffron*, and stamp them well together, and put them into an earthen pot or glass, and stop it close that no air may issue out; then take some of it forth upon a *Knifes point*, or else with some other instrument (to the quantity of a *Bean* or more) and eat it in the morning fasting, and by Gods grace it will preserve you from infection for four and twenty hours, after the taking of it.

Another for the same.

Take *Betony-water*, and *White-wine Vinegar*, of each of them three spoonfulls, and the quantity of a *Nutmeg* of *Treacle* of *Jeau*, or else the quantity of an *Hazle-nut* of *Antibridatum*, and mingle them all together, and let the sick person take it in the beginning of his sickness, and this will do him exceeding much good.

Another for the same.

Take *Herb-grace*, *Southernwood*, *Mugwort*, and *WormWood*, of each of them an handful, and three or four handfuls of *Juniper-berries*, which are black, and then cut and shred the Herbs very small

small, and put them into an earthen pot or pipkin, and put to them a gallon of *White-nine-Vinegar*, & let them soke there for the space of seven nights, (if they be dry, but if they be green, then let them not soke above fourteen hours.) then take a handful or two of the same Herbs forth, and put them into a Still, and then put therein a quart of the same *Vinegar*, and so Distil them with a soft fire, (for over much fire will waste it,) and when it is distilled, put as much more as aforesaid into the Still, & so do until you have distilled all. That being done, put it into a Pipkin or earthen vessel again, and then put therein as many of the same Herbs fresh now again, as you did before, and then let them soke for the space of seven or eight days and nights more, and then distil them again (as you did before) and so use the Herbs and Berries the third time again, as you did before; and then put into the Pipkin four ounces of pure and good *Mitridatum* amongst the Herbs, or if that cannot be had, take six or seven ounces of good *Treacle*, and put therein; and when it is well distilled, put it into a double glass, and stop it close, and bind a peece of clean leather upon the top of it, and when occasion serveth for use thereof, and that you perceive any one to be infected of the Plague, then give him that is grieved four ounces thereof at a time, but if it be a woman, give her not above two ounces, and to a Child according to the age, and as the child is able to bear it, and let him or her that so taketh it, sweat upon it, for the space of three or four hours after the taking thereof: but if the patient be able to indure it, let him sweat longer, and let some body stand always by the sick person, to dry the sweat from his face, lest that by putting his or her hands out of the bed, cold be taken, and more danger of death insue thereby, and without all doubt, by Gods help this will yeeld him comfort and help in a short space. *This is a marvellous good Medicine, and hath been often times of late experienced: This is also good against a Leprosie, being much used as aforesaid.*

Another for the same.

Take *Rue*, *Mandrages*, *Fetherfew*, *Burnet* and *Sorrel*, of each of them half a handful, and a good quantity of crops and roots of *Dragons*, wash them all very clean, and seeth them upon a soft fire in fair running water, from a pottle to a quart; then strain them through a fine linnen cloth, and if it be bitter put thereto as much *Sugar-candy*, as will make it sweet, or else some other fine *Sugar*, and if this medicine be ministred before the *Purples* do arise, it will help, but it must be taken every morning fast ng.

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Another for the same.

Take *Betony-water*, and *White-wine Vinegar*, of each of them three spoonfulls, and the quantity of a *Nutmeg* of *Treacle* of *Jeau*, or else the quantity of an *Hazelm* of *Mithridatum*, and mingle them all together, and let the sick person take it in the beginning of his sickness, and this will do him exceeding much good.

Another for the same.

Take *Herb-grace*, *Southernwood*, *Mugwort*, and *Wormwood*, of each of them an handful, and three or four handfuls of *Juniper-berries*, which are black, and then cut and shred the Herbs very small

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small, and put them into an earthen pot or pipkin, and put to them a gallon of *White-nine-Vineger*, & let them soke there for the space of seven nights, (if they be dry, but if they be green, then let them not soke above fourteen hours) then take a handful or two of the same Herbs forth, and put them into a Still, and then put therein a quart of the same *Vineger*, and so Distil them with a soft fire, (for over much fire will waste it,) and when it is distilled, put as much more as aforesaid into the Still, & so do until you have distilled all. That being done, put it into a Pipkin or earthen vessel again, and then put therein as many of the same Herbs fresh now again, as you did before, and then let them soke for the space of seven or eight days and nights more, and then distil them again (as you did before) and so use the Herbs and Berries the third time again, as you did before; and then put into the Pipkin four ounces of pure and good *Mitridatum* amongst the Herbs, or if that cannot be had, take six or seven ounces of good *Treacle*, and put therein; and when it is well distilled, put it into a double glass, and stop it close, and bind a peece of clean leather upon the top of it, and when occasion serveth for use thereof, and that you perceive any one to be infected of the Plague, then give him that is grieved four ounces thereof at a time, but if it be a woman, give her not above two ounces, and to a Child according to the age, and as the child is able to bear it, and let him or her that so taketh it, sweat upon it, for the space of three or four hours after the taking thereof: but if the patient be able to indure it, let him sweat longer, and let some body stand always by the sick person, to dry the sweat from his face, lest that by putting his or her hands out of the bed, cold be taken, and more danger of death insue thereby, and without all doubt, by Gods help this will yeeld him comfort and help in a short space. *This is a marvellous good Medicine, and hath been often times of late experienced: This is also good against a Leprosie, being much used as aforesaid.*

An excellent good drink, generally to be used for all sorts of people that are infected with the Plague, and to be with small costs.

TAKE *Burrage*, *Burnet* and *Marigolds*, (which are of a brown colour) of each of them a good handful; then take nine or ten crops of the youngest *Rosemary*, and boyl these together, in a quart of stale *Ale* clarified: then put therein a little whole *Mace*, and a pretty quantity of fine *Sugar*, and a crust of *white*, or *wheat-en Bread*, and let the sick person drink of this, all the time of his sickness, and this will be most comfortable and good.

Also use to put *Pimpernel* in the sick persons broth, that you do commonly make for him either to sup or eat, and it will be the better.

Another Drinke to be used to those that are infected with the Plague.

TAKE *Berries of Iwie*, (that are ripe, gathered on the north-side of the tree) and drie them on the shadow, and then stamp them to powder; then take half a dram of the same powder, and temper it well with two ounces of *Plantane-water*, and when the sick person is desirous to drink, let him take a good draught thereof, and let him remain in his bed, and sweat as much and as often as he can, after he hath taken it; then warm a clean shirt for him, and put it on, (and if his shirt may be shifted often, it will be the better after his sweating) and likewise his sheets and clothes, and in using of this for the space of three days together, he will either dy or mend without all doubt, by Gods help. *This hath been truly proved.*

Another precions drink, for one that is infected with the Plague.

TAKE *Fetherfew*, *Matfellen*, *Mugwort*, *Solsequi*, *Scabious* and *Mallows*, of each of them a like quantity, wash them clean, and stamp them, and temper them well with stale *Ale*, and give it the sick person to drink, (the quantity of six spoonfulls thereof at a time, it will destroy the corruption, and also keep the sick person from all danger of death. *Probatum est.*

An.

Another for the same.

TAKE a good quantity of *Scabious-water* and *Bietony-water*, and mingle them together with a good quantity of *Treacle of Jeau* and give it to the Patient to drink immediately after that he suspecteth himself to be infected. And if it happen, that the sick person find himself greatly grieved, and that any swelling begin at any time to grow sore, then take *Elder-leaves*, red *Bramble-leaves* and *Mustard-seed*, and stamp them all together, and make a Plaster thereof, and lay the same to the sore, and this will both draw, and heal.

Another good drink to be made and used for the same purpose or otherwise, &c.

TAKE three ounces of *Aqua-vita*, and an ounce and a halfe of *Rose-water*, and put three drams of perfect good *Cinnamon*, and a dram of yellow *Sanders* to steep therein, and when it is well steeped, then strain it thorow a hair strainer, and sweeten it well with *Conserves of Roses*, and when occasion serveth for use thereof, take the quantity of an ounce thereof at a time, and give it the sick person in the morning fasting, or else make a toste of fine manchet, or *wheaten-Bread*, and soke the toste therein, and it will do him much good.

Another good drink to be used in the time of Visitation.

TAKE five spoonfulls of *Dragon-water*, three spoonfulls of the strongest *White-wine-Vinegar* that may be gotten, half a spoonfull of *Treacle*, of *Jeau*, a quarter of a spoonfull of *Bale-armeniack*, beaten into fine powder, and as much, or somewhat more of the *Root of Setvall* of *Venice*, likewise beaten to powder, and when any one is infected (or else not) and when he taketh it, let him fast from both meat and drink for the space of twelve hours after, unless he think good to take of the same drink again, and he

shall receive great comfort thereby. But if you can get any powder *Imperial*, put in a like quantity as of the rest, and it will be the better; this must be taken always bloud-warm, as often as you shall think convenient your self.

Another for the same.

TAke an *Onion*, and make a hole in it, and take out the inner *Core*, then take *Dragon-Water*, *Treacle* and *Pepper*, (bruised) and put them all together into the *Onion*, and roste them in the embers, and then bruise it and strain it with pure *Malmesie*, and give it the Patient to drink. *This is a present remedy, if it be taken before the heart be infected. Probatum est.*

A good Medicine to provoke sleep to the sick person.

TAke a good quantity of *Womans-brest-milk*, and put thereto a like quantity of *Aqua-vite*, stir them well together, and moisten the temples of the head of the Patient, and the nostrils well therewith, and let it be laid on with some feather or with some fine linnen-cloth, and this will do much good. *Prob. est.*

*A marvellous good drink for them that are infected
With the Plague or Pestilence.*

TAke two handfuls of *Sorrel*, an handful of *Violet-leaves*, and a bunch of sower *Grapes*, & beat all these together, (Stalks & all) then strain them with *Butter-milk*, and make a *Possie* of the same, & let the sick person drink as much thereof as you shall think good.

Another good drinke for the same purpose.

TAke *Leaf-gold*, and mingle it with the juyce of *Lemmons*, and a little *Sugr-candy*, *Cloves*, *Mace*, and a little quantity of *Liquarice* finely pated and sliced, and let all these be steeped in *white-wine*, or else in good *Claret-wine*, and put therein a good quantity of the powder of *Angelica*, or else of the *Decoction* of the same root, and let the party grieved drink this warm, and it will do him marvellous much good. *Prob. est.*

Another

Another excellent good drink for the sick person.

TAKE *Carduus Benedictus*, Red-Sage, Herb-grace, Elder-leaves, and red Bramble-leaves, of each of them a like quantity, and stamp them all together in a Morter, and strain them through a fine linnen cloth, with a quart of *White-wine*, and let the sick person drink five or six spoonfuls every day; but if it be taken and used often before infection, it will preserve one from the Plague a long time after. *Probatum est.*

A soveraign drink for any infected Person.

TAKE a peece of fine Gold, or the leaves of pure beaten Gold, and put it into the juyce of Lemmons, and let it ly therein for the space of 24. hours, then take the same juyce, and put to it a little powder of *Angelica-roots*, and then mingle them with *White-wine*, and let the Patient drink a good draught thereof.

This is a most precious drink, and it is greatly to be wondered at, what help and remedy some that have used this drink have had thereby, although it hath been supposed by many learned Physicians, that the sick persons were past all hope of remedy; yet by Gods providence they have recovered again.

Another drink to be taken either before or after infection.

TAKE *Betony-water* and *Scabious-water*, of each of them a good quantity, and a good quantity of fine Treacle, and temper them together, and let the patient drink of it, and it will expel the venom or poison clean forth. *Probatum est.*

Another good drink for one being infected.

TAKE *Carduus Benedictus*, and distil it, and *Censorie*, and distil it likewise, and mingle the two waters together, and let the sick person drink a good draught thereof with Treacle, and it will do him marvellous much good.

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An excellent good Poultice to ripen, and bring forth the sore.

TAKE a white *Onion*, and cut it in peeces, and three ounces of *Butter* that is clean without *Salt*, and the weight of twenty pence of *Leaven*, and a little *Oat-meal* small beaten, then boyl these together with a little new *Milk*, or else *Water*, and make a Poultice thereof, and lay it very warm to the Sore, and it will ripen it suddenly. *Probatum est.*

Another for the same.

IF the Botch happen to appear, then take a good quantity of *Elder-leaves*, *Bramble-leaves*, and *Mustard-seed*, and stamp them well together, and make a Plaister thereof, and apply it to the sore, and it will draw forth all the venom and corruption.

Another for the same.

TAKE a handful of *Small age*, or *Louage*, if you can get it, and two handfuls of *Valerian*, and two or three roots of *Dane-ort*, and seeth them all in fair running *Water* and fresh *Butter*, and put thereto a few crums of *Wheaten-bread*, and make a Poultice thereof and lay it warm to the sore, and so let it remain there until it break.

Another experienced Medicine for the Plague.

TAKE a *Cock*, a *Chicken*, or a *Pullet*, and pull all the fethers clean off the tail, so that the rump may be bare, and then hold the rump or bare place to the sore, and immediately you shall see the *Cock*, *Chicken*, or *Pullet*, gape and labour for life, and in the end it will dy: Then take another *Cock*, *Chicken* or *Pullet* again, and do the like, and if the same dy likewise, then take another, and so do as aforesaid, and let the party grieved be applyed therewith, as aforesaid, as long as any of them do dy.

Another

Another excellent good Plaister to draw the sore.

TAKE *Camomil-flowers* and *Mallow-leaves*, of each of them an handful, and cut the *Mallow-leaves* and the *Camomil-flowers* very small, and boyle them in fair running *Water*, (but let the *Water* be more then an inch above the herbs) and let them boile until the *Water* be almost consumed: Then put therein two ounces of *Linsced*, beaten to fine powder, half an handful of *Wheat-flower*, and two or three ounces of *Oyle of Roses*, and three or four ounces of *Swines-grease*, (the scum being taken away) & temper them well together, and then set them over a soft fire, without any smoke, and stir them very well with a stick, and so let them boile together, until you perceive the *Water* to be quite consumed: Then take them off the fire and beate them well together in a *Mortar*, until you see them well incorporated together, and in feeling, to be smooth, and not rough: Then take a parcel thereof, and heate it either in a *Portrenger*, or else in some earthen dish, upon a chafingdish of coals, and then spread it thick upon a fine linnen cloth, or else upon a peece of leather, and so apply it to the sore, and this will draw it according to your own desire. *Prob. est.*

Another for the same.

TAKE a new soafe of *Bread*, and lay it to the sore as hot as it may possibly be suffered. (as it cometh forth of the *Oven*) and afterwards let it be burnt, or else buried in the *Earth*, or else take *Leaves of Scabious* or *Scarrell* roasted, or else two or three *Lily-roots* roasted under the embers, and applyed it to the sore: all these are good to ripen the sore.

*Avery good plaister to draw the Plague sore to a head,
and to breake it.*

TAKE two handfulls of *Mallows*, one handfull of *Linsced*, an handful of sowe *Dough* and to on three *Lily-roots* and stamp all these together very small, and boyle them in a quart of *Wine-Les*

Lees, until it be thick, then lay it an inch thick or more upon a peece of leather, that is somewhat broader than the sore, and let the borders of the leather be plaistered with Shoemakers *Wax*, and that will cause it to cleave fast, and this will bring forth the Botch, and break in a very short space. *This hath been truly proved.*

Another Plaister to draw the sore.

TAKE a Spoonful of *Honey*, two or three spoonfuls of the juyce of *Spurge*, a spoonfull of *Turpentine*, and a good quantity of *Wheaten flower*, and temper them well together without any fire, and make thereof a Plaister, and lay it to the sore, and at the end of of every fourteen hours renew the plaister, and this will draw it wonderful much.

Another for the same.

TAKE two handfuls of *Scabious*, and stamp it in a Morter, then temper it well with two ounces of *Swines-grease*, that is salted, and the Yolk of an *Egge*, then stamp them all together, and this will draw it exceeding well.



PLURISIES,

CHAP. II.

An experienced Medicine for a Plurisie

TAKE *Brook-lime*, *Sheeps-suet*, and a little fair *Water*, and fry them together in a Frying-pan, and make a plaister thereof, and lay it to the side of the Patient, and it will draw forth all the corruption. *This hath been truly proved.*

Another



To the Reader.



Orasmuch (Gentle Reader, or practitioner of this Art) many things might here be intreated of, concerning the disease called the Pox : But mine intent is not to meddle or deal any further therein, than of that little knowledge and experience, which I have had mine own self in the curing of the same disease : But it is well to be considered, that there be divers and sundry kinds of Pox, (as the Swine Pox, Small Pox, &c. Which are usual amongst young people :) and the French Pox, most dangerous of all, which cometh divers and sundrie ways : As by drinking and keeping of bad company, both men and women, in having carnall copulation with those that are infected with this filthy disease, also in eating, drinking, and keeping of company with those that are infected therewith. And also it is taken by divers and sundry other means and ways, which here it would be too tedious to be spoken of. But yet nevertheless, according to that little knowledge and experience that I have in the curing of this disease, I have here set down the Medicines themselves, as briefly as I can, with the intent that the unskilfull may the more easie learn to cure this disease, (Which now remaineth too common in this age) which by means thereof many people are disfigured in the face, imperfect in their speech, lame in their limbs and joints, full of pain and ashes in their bones, besides many other corrupt humours in their bodies, And many are utterly dismembred and spoiled in divers other parts of their

bodies, and many do lose their lives thereby for want of help in due time: therefore let those that are skilfull instruct the unskilfull, and let every man or woman indeavour themselves to learn and find out all such things as are and may be for the preservation of health, which is the onely Jewel that a man hath in this life; for which purpose, as I said before, I have gathered together (as out of many Gardens, Woods, and fields) and here set down in this Book or Store-house (as it may be rightly termed) a great number of experienced Medicines, for most part of all diseases incident to mans body: And now (God Willing) I here intend to intreat somewhat of divers sorts of the Pox, as briefly as I can or may, in manner and form as hereafter followeth: But first of all I will begin with the French Pox, which is the most needfullest of all to be touched or spoken of.





FRENCH POX.

CHAP. III.

The manner how to cure the French Pox, if it be rightly observed.

First of all it is to be understood, that the sick person must be kept in a Chamber, (wherein neither wind nor aire may come in to hurt him) where a fire must be continually kept, or else he must be kept in a Stew which shall not need alwayes to be kept hot, but it must be so close and so provided, that no aire may blow upon him during the time of the continuance of his cure : And likewise, great care must be had, that he take not cold, for either of both will hurt the sick person very much. Therefore, if the sick person be to be cured in *Winter*, or the *Autumne*, he must be sure to have fire in his Chamber every morning early (especially before day, for then the cold is most fervent.) Also the clefts of the windows, and chinkes in the walls must be close stopped with mortar or other things. And the Chamber-door (wherein he is so kept) must be close stopped, and covered over with a Coverlet or Carpet, whereby no cold may issue in at the crevisses or chinkes of the same. And when he is thus ordred, his meat must be diminished by little and little, first, the fourth part of that which he was wont to eat, and then the third part, and shortly after the one half; whereby he may use himself to suffer hunger as much as may be. And his *Wine*, if he do drink any, must be mingled with fair *Water*. Then he must have such a purgation ministred unto him, as shall be thought convenient to take away the matter or cause which nourisheth the disease, or else such a one as will cleanse the belly perfectly. That being done, the cure may begin in this manner, and doubtlesse to be brought to good perfection, if it be orderly done as it ought to be,

An excellent Medicine for the curing of the French Pox.

TAKE a pound of a kind of wood called *Guaicum*, and beat it into powder, or else get it turn'd at the Turners, and made into shavings, and set it to soke in the quantity of eight pounds of fair running *Water* (but if that your *Guaicum* be beaten to dust in a Morter, it will be the better, and it will be the better soaked, and brought better to work in perfection, by reason that then all the substance of it will soke out of it, and let it soke in the said water, for the space of a day and a night. Then take it and seeth it in a new earthen pot (that is well glazed within) upon a soft fire of charcoles, and so let it seeth for the space of six or seven hours, or until such time as the one half of the liquor be consumed, and let there be great heed and care taken, that it run not over into the fire, by overmuch heat, for that which overfloweth, taketh much of the substance or virtue from the rest, and therefore it must not be boyled in any flame, but with a moderate fire made with a few coals, and let not your pot be filled up to the top by the third part. And when it is very well sodden, scum it clean, and keep that which is scummed off, and anoint the sides therewith, and it will both dry them up, and cure them, and for the liquor it self, let it be strained and put into a glasse, and then put to the same grownds again the quantity of eight pounds of fair water more, and seeth it again (as before) and when it is well sodden, strain it and put it into a glasse, as you did the other before; And so give of this last *Water* to the sick person to drink continually with his meat, and the first liquor must be taken by the sick person every day in this manner: (*Viz.*) in the morning at five of the clock, or thereabouts, he must take the quantity of a cupfull milk-warm, and again at seven of the clock at night: And after he hath taken this Medicine, let him rest himself for the space of four hours after it: And for the first two hours, let him be close covered, that by the help of the heat the Medicine may the better be digested and dispersed into all parts of his body: and the Patient may sweat upon it, (which if he do, it will be the better, and if he be close covered with clothes an hour before he take the Medicine, it will be much

the

the better) because he may be hot when he taketh it : But in any wise let him not arise out of his bed for five hours after he hath taken his cup of drink, and let him take his meat about the noon-time of the day, and not before, and then as little as may be, inso-much as this Medicine requireth an empty stomach, and if ever he will be made perfectly sound, he must be dieted, and kept in this sort for the space of thirty days together, and after such time as he supposeth himself to be well, he ought to purge himself again.

But if his body be strong and able to indure it, let him take a purgation the fifteenth day after the beginning of his cure, for this reason, as *Alexander Aphroditius* affirmeth, that those that are kept hungry and receive not their meat, as they were accustomed to do, fall away and do gather a certain sharp matter, and eager, so that of necessity (he saith) such filthinesse must be avoided, whereby the body of the sick person may be kept empty : but this Medicine, before mentioned, must not be ministred in the same morning that he taketh the Purgation, but at night let him take it again, and afterwards he may eat more largely than he did before : Moreover, upon the thirtieth day he may take the like Purgation again, and afterwards increase his dyet by little and little, until he come to his accustomed dyet again. But certainly the more hunger the sick person abideth, during the time of his cure, the more perfecter and quickyer he shall be cured : and although his desire of eating grow dayly more and more, yet he must remember to abstain from meat as much as he possibly can, comforting himself with the assurance of health if he do. And forasmuch also as the body which is wasted and emptied, not onely with hunger, but also with sweat, and being a long time as a dead body, through the grief and vehemencie of this disease, will in a short time come to a good appetite again.

Moreover, it is further to be considered, that after he is cured of this malady, it is not necessary that he go into any open air presently, but what he doeth, must be by degrees, (*Viz.*) First, to go from his own chamber into another, and so abroad into the house, and then to his neighbours house, so by little and little for a certain space, but if he do well, he must not make any sudden change:

All which things here before mentioned, if they be duly obser-

ved (as they ought to be) he shall be safe and sound for ever after, if he do not misgovern himself again.

The manner of diet to be observed during the continuance of the cure of this disease.

THere are many things to be considered of, for the ordering of a man, as touching his diet whilst he is in this distresse: for some men are of opinion the best diet is to eat nothing but *Bread* with a few *Reisons* of the *Sun*: Which *Bread* must not be above four ounces weight, and it must be clean without *Salt*, or other *Sawce*: Other some are of opinion, that it is best for the sick person to abstain from all manner of meat generally, except a little broth made of a *Chicken* to moisten his *Bread* withall, and the same not to be taken above once in a day: For it is not fit that he have any thing towards night, but onely a few *Reisons* of the *Sun*, and an ounce of *Bread*. I my self am of that opinion, that if he have half a *Chicken* that is young and tender once a day, with his *Bread*, it is not amiss; or if the *Chicken* be any thing grown, then a quarter of it is enough, but the *Chicken* must be sodden in very clean water, and neither *Salt* nor *Sawce* must be used therewith, but onely a little *Suger*. And he must take heed that during the time he is in cure, he do not so much as tast of any *Salt*, and he must have *White-bread* made for that purpose, seasoned with *Suger*, (which is best for him:) Also if there be a little *Burrage* put into his Broth, or else the *Leaves* of *Burrage*, it will be the better for him.

And for his drink, there can be none better, in mine opinion, then the second *Water* or decoction of *Guaicum*, which is the last Chapter before rehearsed.

Likewise the Patient (during all the time of his cure) must forbear all businesse, and put away all sad cares and thoughts; for through them there may happen many impediments for his cure, (such is the nature of that disease,) and he must avoid all consultation and studies; so that he may be free from all motions and workings, he must not be melancholy, and he must beware of anger and heaviness of mind; if he have any skill in Musick, it were not

not amisse to suffer him to practise the same, but not over-much; whereby he might somewhat drive away melancholinesse, and mitigate the cogitations of his thoughts.

If he be in a place where he may hear the noise of Singers and Minstrels, if he have no skill in Musick himself, or where he may give himself to some Sports, Pastimes, and Musick, is very good; and sometimes to delight himself with some merry talk or jests, but in any wise to eschew the company of women, and let his head be often rubbed with a warm cloth, and combed with an Ivory Combe.

Lastly, his complexion ought principally to be regarded, lest that any thing should be ministred unto him that is of a dry and hot complexion, as unto him that is of a cold and moist complexion, or the things that are of one quality, should be administred unto such as be in both extremes, and thereby great harm might ensue to the sick person, by the over-sight, or negligence thereof.

A good Medicine to kill the Pox.

TAKE a good quantity of *Hemlocks*, and a good quantity of the dregs of strong *Ale*, and a good quantity of *Molten Suet*, and boil them all very well together, and make a poultresse thereof, and lay it to the place where the grief is, and it will cure it in a short space; but the party grieved must be sure to observe the order and diet here first before mentioned,

Another for the same.

TAKE a good quantity of *Camphire*, and lay it to the place where the sore is, and it will presently eat it clean away.

A marvellous good Water to be used for the French Pox.

TAKE white *Copras*, *Roch Allom*, *Liquerice*, and *Honey*, of each of them a penniworth, or somewhat more, and of *Sage*, *Rosemary* and *Wood-bind*, of each of them a like quantity, and boil them all together in fair running *Water*, and when they are well

well boiled, then strain the *Water* thorow a fine linnen cloth, and when occasion serveth, let the diseased person use it often, and the same will do him exceeding much good.

An excellent good Oyntment for the French Pox.

TAKE a quarter of a pound of *Hogs-grease* untryed, an ounce of *Quick-silver*, and qualifie the *Quick-silver* with fasting spittle, and then put unto the *Hogs-grease* and *Quick-silver* four or five spoonfuls of *Vineger* that is both strong and sharp; and then beat and temper them all together, for the space of two or three hours together, and then put it into some earthen pot or gally-pot, and so keep it close stoppt, whereby neither dust or any other thing may come to hurt it, and when occasion serveth for the use thereof, let the diseased person be anointed therewith very often, before a good fire, and doubtlesse he shall find great ease thereby in a short space. *Probatum est.*

Another good Oyntment to be used for the same purpose.

TAKE *Allom. Verdigrease*, *English Honey*, (that is perfect, pure and good) and *Wine Vineger* that is both strong and sharp, as aforesaid, of each of them as equal portions as you can, and temper them well together, and make an Oyntment thereof, and as necessity requireth, let the diseased person anoint the sore often therewith, and it will both drie up the sore and heal it.

An excellent Water to wash and cleanse the sores, be they never so filthy and corrupted.

TAKE a new earthen pot that never was used before, and put a good quantity of fair running *Water* therein, and let it seeth, then pour it forth into a bason, or else into a wooden bowl that was never used before, and put some unsleckt *Lime* therein (*Viz.*) such as no water hath ever touched, and when the *Lime* is dissolved and fallen down to the bottom, scum off the top of the water, and then as easily as you may or can, pour out the clearest of the water,

water, without troubling of it, and keep it in a Glass or Vial, and when occasion serveth for the use thereof, take a sponge, or else a fine Linnen cloth, and dip it into some of the same water, (but let it be warm) and bathe the sores well therewith, and then wipe away all the filthinesse clean from the sores: and when you have so done, take a fresh Linnen cloth, and soke it well in some of the water, and wrap it about the sores, and this will ease the pain, assuage the swelling, and cleanse the sore from all manner of filthinesse, and it will take away quite all the heat and inflamations of the blood. *This hath been truly proved.*

An excellent good Medicine to cure the French Pox.

Wm. Harvey
TAKE halfa pound of *Guaicum Capium*, two ounces of *Sassa Perilla*, two ounces of the Bark of *Guaicum*, and of *Liquorice*, *Annis-seeds*, *Fennel-seeds*, and *Seny*, of each of them an-ounce; of *Betony*, *Scabious*, *Smallage*, *Pellitory of the Wall*, *Penny-ryall*, *Harts-tongue*, *Maiden-hair*, *Wild*, or *Red Mints*, *Red Sage*, *Oculus Christi*, *Liverwort*, and of the Herb called *Mercury*, of each of them a good handfull, and let them be all clean picked and washed: then take them and put them all together into three gallons of fair running *Water*, to steep for the space of one whole night; or else put into it two gallons of pure *White-wine*, and one gallon of strong *Ale*, and then boyl them well together, untill such time as the one half of the liquour be consumed: Then take it and strain in through a fine Linne cloth, and put it into a close Vessel, and so let it stand to settle, and when it is settled, let the sick person use none other drink, but this broth morning and evening, and at meat: and into every three quarts of *Water*, put a quarter of an ounce of *Colloquintida*, and so let the sick person use this, untill he hath scoured his body marvellous well: and if it do not cause him to purge well, then let him take the purgation mentioned in the first Chapter of the title of Purgations following in this Book, which said Purgation is very meet to be ministred, as well for this disease, as it is for any other, and yet necessary for all diseases.

An excellent receipt, called Moses Water, very good for the French Pox, or any other disease growing out in sores or scurfes.

TAKE six gallons or more of the purest *Whiss-wine* that may be gotten, and as much stale *Ale*, and a pound and an half of *Sawfaperilla*, of *Liquorice* and *Seny*, of each of them two pound, and two pounds of the *Bark Gnaicum* and an ounce of *Colloquintida*: let all this be boyled together, for the space of four and twenty houres, over a soft fire, in *Balneo Maria*; and when it is well boyled, put therein one ounce of *Mithridatum*, and then take it off, and put it into some earthen pot, and stop it up close. And when you will use it, take a good quantity thereof at a time twice or thrice a day, and this will cleanse both inward and outward parts of the body, and make him very sound ever after it. *Probatum est.*

But alwayes note this, that if you boyl all these things, before rehearsed, (*Viz.*) in *Water*, it will continue but six or seven dayes; by being boyled in *Wine* and *Ale*, as aforesaid, it will continue twenty dayes (or somewhat more) which is too short a space for the diseased person to use or continue it: But as it decayeth, there may be more made again.

Many things more might have been here intreated of touching this disease, as well of drinckes as also of purgations, Which things (if you look into the Title of *Drink* and *Diet-drink*, and in the Title of *Purgations*,) you shall find therein many *Drinckes* and *Purgations*, as well necessary for other diseases; which matters, and for the judgement of them, I leave to them that are best able to judge, and minister the same: And if herein I have committed any offence, intreating or speaking hereof, I desire amendment of the learned'st sort, and such as are more skilfull than my self. And now I will leave here to speak any more hereof: But will intreat (by Gods help) somewhat of the *Small-Pox*, which is incident to all people, especially *small Children*.

SMALL



SMALL POX.

CHAP. IV.

An experienced Medicine for the Small Pox.

TAKS the *Milk* of a red Cow, and make a Posset of *Ale* therewith, and scum the curd off it clean, then take the quantity of a spoonfull of red *Fennell*, and seeth it in the Posset *Ale*, and strain it, and then put to it the quantity of a *Nutmeg* of fine *Treacle*, and a little *Servall*, and a pretty quantity of English *Saffron*, and mingle them well together, and so give it the Patient warm, and this will bring them forth immediately.

Another Medicine to bring out the Small Pox.

TAKE *Milk*, *Saffron* and English *Honey*, and seeth them together, and give it the Patient, and let him be kept warm, and this will bring forth the Pox in a short space.

A very good Medicine to be used for the Small Pox.

TAKE *Dragon-water*, *White-wine*, and *Mithridatum*, or *Treacle* of *Leane*, of each of them a pretty quantity, and put some *Unicorns* horn therein, and seeth them together, and give the same to the Patient, and let him be kept warm, and this will help him.
Prob. est.

Another of the same.

TAKE a spoonfull of *Oyl Olive*, and four or five spoonfulls of *Malmesie*, and as much *Treacle* as a *Bean*, and put them all together, and so let the Patient drink the same bloud-warm, and this helpeth.

A principall Oynement for the Small Pox.

WHEN any *Cole* is killed by any mishance, or dieth, take the *Kell* out of him, and wash it, and then put it upon a clean Spit, and roast it, and balte it but a very little (and that with a little new *Butter* unsalted) and put underneath the Spit some clean earthen dripping-pan, or else a pewter dish, and a good quantity of *Rose-water*, and let the dripping fall therein; and when it is roasted dry, and no moistnesse left therein; then take the dripping, and beat it well together with the *Rosewater*, wherein it first dripped, and as any froth ariseth scum it clean, and so put it into a pot to stand, untill you have occasion to use it, and then let the party grieved be anointed therewith, and this will cause all the Scabs and scales to shale off. *Prob. est.*





PURGATIONS.

CHAP. V.

An excellent good Purgation to be ministred to any person, for any manner of aisease Whatsoever.

TAKE half an ounce of *Seny*, a spoonfull of *Annis-seeds*, half an ounce of *Liquorice*, one spoonfull of *Fennel-seeds*, and twenty *Raisins* of the *Sun*, (the stones clean picked forth) and boyl them all together in a quart of fair *Water*, and let the same boyl untill the one half be consumed, then strain it, and put thereto an ounce and a half of *Deaphenicon*, and shake the same well together, and let the party that desireth to purge, drink a pretty quantity thereof every morning fasting, (bloud-warm) and it will cause him to purge exceeding well.

This Purgation never maketh the body sick, neither doth offend the stomack any thing at all.

Another excellent good Purgation to purge the Stomock,

TAKE *Mallows* that are young, and *Mercury*, of each of them a good handfull, or somewhat more, an ounce of *Seny*, and three spoonfulls of *Annis-seeds*, and put them into a pint of *White-wine*, and as much strong *Ale*, and so let them stand all one night, and the next day seeth them all together, and let them seeth untill the one half of the same be consumed: Then strain it, and give the Patient a good draught thereof in the morning fasting, and if he sleep a little after it, he will be never the worse.

*A wonderfull good Purgation to avoid Choller or Flegme, from the
heart or stomach.*

TAKE half an ounce of *Cassia* newly drawn, a dram of good *Rubarbe* infused for the space of fifteen or sixteen houres, with *Endive Water*, and with a little *Spikenard*, and an ounce of *Sirrup* of *Violets*; mingle all the things before mentioned, with the quantity of three or four ounces of clean clarified *Whay* or *Prisn*; and if you think good to sweeten it, you may put a little *Suger* into it, and so drink it warme.

An excellent good Purging powder.

TAKE *Seny*, *Alexandria*, and white *Tartar*, of each of them one ounce, *Clove Gilliflowers*, *Sinamon* and *Galingall*, of each of them one dram, and two drams of *Diadegredii*; make all these into a fine powder, and searse the same thorow a fine Searser, and when you will use it, take a dram thereof, either in *Succory-water*, or the *Whay* of *Milk* clarified, and this purgeth very easily and gently.

Another for the same.

TAKE perfect good *Mechaacan*, the quantity of two ounces, and one dram of *Gentian*, of *Diadegredii* twelve grains, of *Sinamon* two grains and two scruples; make all these into a fine powder, the dose is one dram; use this either in *Whay*, or in *Succory-water*, as aforesaid, one dram at a time, and it purgeth likewise gently.

*An excellent good preparative to be taken before the stomach
be purged.*

TAKE three ounces of *Seny*, three ounces of *Polipody* of the *Oke* (otherwise called *Okefern*) and three ounces of *Amis-seeds*, and seeth them altogether in a quart of fair running *Water*, and let them boil untill the one half be consumed, and then Strain it thorow a fine cloth, and put a little *Suger* therein to make it sweet and pleasant, and so give it to the Patient.

A good Purgation.

TAKE a pint of *White-wine*, and an ounce of *Seny*, a good handfull of *Raisins of the Sun* (the stones picked out) and half a spoonfull of *Annis-seeds*, and then steep them in the *White-wine* for the space of a night, and then strain it well, and let the Patient take a good draught thereof in the morning fasting luke-warm, and if you think good, you may put in it three or four roots of *Polipody* of the *Oke* (otherwise called *Okefern*) and it will be the better, and let the Patient take heed that he do not catch cold upon it.

Another for the same.

TAKE two pound of *Figgs*, and put them into a gallon of strong *Wort* (made of *Barly Mault*) and put thereto two ounces of pure *Liquorice* beaten to powder, and an ounce of fine *Suger*, and when the *Figgs* are well boiled, bray them small in a Mortar, and then strain it thorow a Strainer, and then boil the liquor again, and put to it a pint of the best *Oyl Olive* that may be gotten, and an ounce of *Raisins* or *Currants*, and let the Patient eat this with bread made of *Wheat*, and it will do him marvellous much good.

An excellent good preparative to be taken before the stomack or body be purged.

TAKE three ounces of *Seny*, three ounces of *Polipody* of the *Oke* (otherwise called *Okefern*) and three ounces of *Annis-seeds*, and put them to seeth in a quart of fair running *Water*, and so let them continue untill the one half of it be consumed, then strain it thorow a fine Linnen cloth, and then give the Patient a good draught thereof, but first put a little *Suger* therein to sweeten it.

Another

Another for the same.

TAKE the weight of twenty pence of *Seny*, *Ginger* the weight of four pence, and *Annis-seeds* the weight of eight pence, and beat them all to powder, and then put them into a pint of *White-Wine*, and set it to steep between two pewter dishes for the space of ten or twelve houres, and then seeth it untill the one half be consumed, and then strain it, and give it the Patient at night to bedward, and it will cause him to purge the next morning exceeding well.

Another for the same.

TAKE twenty *Raisins* of the *Sun*, (the stones picked out) and two or three *Roots* of *Polipodie*, clean washed, scraped, and cut in pieces, two drams of *Rubarbe*, two spoonfulls of *Seny*, and two spoonfulls of *Annis-seeds*, and bruise them all together, and put them into a pot close stopped, and put to them a pint of *White-Wine*, let them soke therein the space of one night, and then take it all forth together, and seeth it untill it be consumed to a quarter of a pint, and then strain it, and drink it in the morning fasting, and this will cause him to purge very well without any danger at all to the body.





RESTORATIVES

CHAP. VI.

A Restorative used by divers Noble personages, and others, for the prolonging of life.

TAKE *Cape-Dates* the quantity of a pound, and pick them clean, and take forth all the stones, and then seeth them in a pint of *Muscadine*, that is pure and not mingled, and let it seeth untill a good part thereof be consumed, then put it into a glasse, and as you have occasion to use it, put three or four spoonfulls thereof at a time into your Pottage or Broth; and if you think good, you may use it as aforesaid, every meal in Broth, and it will be the better, and do you exceeding much good. *This hath been sufficiently proved.*

An excellent good Medicine to heal the Vessel wherein nature lyeth (if it be braken) and restore it again.

TAKE a good quantity of the *Husks* of *Acorns*, and dry them well, and beat them into fine powder; and when you have so done, take a spoonfull of the same powder, and put it into half a pint of *Rale Ale*, (like-warm) and give it the Patient to drink in the Morning fasting, and as much in the Evening, an hour or two after Supper, when he goeth to Bed, and in the Morning let him keep his Bed for the space of an hour after he hath taken it, and let him be kept warm, and this (by Gods help) will cure him in a short space. *Probanus off.*

Another experienced Medicine for procreation of nature, if it be decayed either in man or Woman.

TAKE a *Nutmeg*, and grate it very fine, and then take a new laid *Egge*, and set it to the fire, and let it stand untill it be bloud-warm, and then put therein a pretty quantity of fine *Suger*, and a pretty portion of *Rose-water*, and the grated *Nutmeg*, and then blend all these together in the *Tolk* of your *Egge*, and so sup it off: use this every Morning fasting, and this will profit you very much.



SALVES AND OYNTMENTS.

CHAP. VII.

Attending Salve to cure any sore.

TAKE *Oyl* of *Olive* and *Turpentine*, of each of them a like quantity, and a pretty quantity of *Rosemary*, (picked from the stalkes) and boyl them all together, and in the boyling, put thereto a spoonfull or two of fair *Water*, and let them boyl together untill the *Water* be clean consumed away, and that till it become an Oyntment. And when it is well boyled, strain it hot, and then put it into some earthen pot or glasse, and so stop it close: and when you have occasion to use it, heat a little thereof over the fire, and dresse the sore thereby: so that the salve may dry into it, and if there be any dead flesh, then dip some lint therein, and lay it to the sore as hot as it may be suffered.

ferred. But if it need any tenting, then make a tent of fine lint, and dip it into the Oynment hot, and so tent the sore place therewith: that being done, make a plaister of what cleaning salve you will your self, and this shall heal the sore in a short time by Gods permission. *Probatum est.*

A good Salve to cure a Womans brest that is rankled, and to bring it to the former state again, and to cause the aking thereof to cease.

TAKE juyce of *Smalage* and *Planlane*, of each of them a like quantity; then take of *Honey* and the white of a new laid *Egge* a like quantity: then put unto them a pretty quantity of fine *Wheaten flower*, and stir them well together untill they be grown thick, (but use no fire at all to it) then take it and lay it raw and cold upon the sore, and it will cause the pain to cease, although it ake never so vehement. This is also marvellous good for any other wound, and it will cleanse the sore. *Probatum est.*

An excellent good Salve or Oynment to cure either any new wound, or else any old sore.

TAKE half a pint of *Sallet Oyl*, or for want thereof, take a pound or somewhat more of new *Butter* unsalted, four ounces of unwrought *Wax*, one ounce of *Turpentine*, four ounces of *Raisins*, and an ounce of *Mastick*; then take *Smalage*, *Woodbind-leaves*, *Plantane*, and *Marygold-leaves*, of each of them an handfull, and half a handfull of the tops of *Hysope*; wash them all very well, and then dry them in the Sun again for the space of half a day together: then stamp them in a Morter, and strain them, and when you have so done, take the juyce and boyl it with all the other things before mentioned, (onely except the *Turpentine*) and be sure to be still stirring of it, untill you perceive all the juyce to be dried up; then put in your *Turpentine*, and so let it boyl a walm or two, and then take it from the fire, and when it hath stood a while, then strain it thorow a course Linnen cloth, and keep it in boxes untill you will use it.

An excellent good green Salve serving for divers uses.

TAKE newbrought Wax, Rosen and Burrows-grease, of each of them a pound, and two ounces of Turpentine, melt all these together with a quarter of a pound of Verdigrease, and then strain it and keep it close, either in an earthen vessel, or else in a box, untill you have occasion to use it; but be sure, that during all the time that it is upon the fire, you be stirring of it, or else it will be spoiled.

An Oyntment for all manner of Sores.

TAKE Smallege, Plantane and Valerian, of each of them a handfull, and chop them very small, then take four pounds of Deers Suet, and then beat it and the herbes together in a Morter, then let it stand for the space of four and twenty houres, and then seeth it half an hour or somewhat more; then take Wax and Rosen, of each of them half a pound, and three ounces of Turpentine, and a pint of Sallet Oyl, and then set all these together on the fire again, (the Turpentine excepted) and let them boyl for a good season, and then put in your Turpentine, and stir them well together, and when you perceive that it is boyled enough, then take it off, and strain it thorow a Linnen cloth, and so keep it close stoped up untill you have occasion to use it.

Another Salve good for many uses.

TAKE Rosemary, Time, Lavender, Dill, Balm, Brooklime, Smallege, Veruaine, Camomill, Orphane, Plantane, Herb-Robert, Nightshade, Harts-tongue, Oak-fern, Daylilies and Comphrey, of each of them a handfull, beat them small and put them into a quart of Verinyce, then strain them, and take the same juyce and two pound of Wax, and a pound of Honey, and a pound of May-butter, and seeth them all together, and stir it well, and when it is foddennough, then strain it into a Basin of water, and let it stand untill it be cold: then anoint your hands with a little Oyl Olive, or else a little

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little fresh *Butter*, and then make it up into rowles, and so keep it untill you have occasion to use it. This will cure almost any sore or bruise whatsoever, or any Bile, Fellin, or Uncombe.

An excellent good Salve for any new cut or wound, that will not cease bleeding.

TAKE a good quantity of the *Blades of Leeks*, and stamp them very well, and then put thereto a good quantity of *Wheaten-flower*, and a good quantity of *Honey*, and mix them well together (but let them not come near any fire at all) and lay the same to the cut or wound cold, and this will stanch the bleeding immediately: and it will also draw forth all the bruised blood, and make the wound both pure and clean. *This hath been sufficiently proved.*

Another good Medicine to be used plaisterwise for any green wound.

TAKE *Wheaten-flower* and *Milk*, and temper them well together, and then seeth them untill they be thick: then take the *White* of a new laid *Egge*, and beat it well with the aforesaid stuff, and then lay it to the wound, and it will heal it, and also keep it from rankling. *Probatum est.*

Another excellent good Salve for a cut.

TAKE two handfulls of *Valerian*, and two handfulls of *Buglos* that groweth in the Woods, and bruise the same very small, then take a good quantity of *Deers Suet*, and half as much unwrought *Wax*, but be sure that there be sufficient enough of all the things before rehearsed, as will serve for to boyl the Herbs well therein, and so set them upon the fire to boyl, and when the same is well boyled, then put a good quantity of the best *Venise Trioptine* that may be gotten into it, and so let it boyl untill it be enough; but all the while that it is upon the fire, take heed that you never cease stirring of it, and then strain it thorow a fine Linnen cloth, and then put it into a Gallipot, or else into some other earthen Vessel, wherein it may be kept close, and so let it

stand untill occasion serveth for use thereof: This will cure any manner of Cut or wound whatsoever. *Probatum est.*

*Another good Salve for any deep Wound or cut, which requi-
reth sewing.*

TAKE the Yolk of a new laid *EGGE*, and the quantity of a *Walnut* of *Honey*, and as much *Turpentine*, which is both pure and good, and beat them all together, and lay the same upon the wound or cut with some fine lint, and this will cure it in a short space.

Another good Salve to cure any manner of wound, be it either new cut, or old sore, or bruise.

TAKE *Elder-leaves* that do most commonly grow upper-most upon the young branches, and that have the one side of the leaf shorter than the other towards the stalk that they grow upon, (they are easily perceived, if you mark them well) and then take the innermost rind or bark of an *Elder-tree*, and shread the same very small, and stamp both the leaves and the bark together, and then put thereto a good quantity of fresh *Butter*, (the same not being salted any thing at all) and a good quantity of *Virgin Wax*; and seeth them all together for a good space, and then strain the same thorow a fine Linnen cloth, and put it into a pewter Porrenger, or else into a Gally-pot, or into some clean earthen Vessel, and so keep it close untill you have occasion to use it; and when you will use it, take a little at a time of the same Salve, and spread it upon a fine Linnen cloth, and lay the same to the wound or sore, but before you lay it to the sore, bathe the same well with a little Oyl of *Roses*, if it may be gotten, or else with a little sweet *Cream*: and this will both draw forth the corruption, and heal the wound, be it either cut, bruise, or old sore. *For it hath been well proved.*

A marvellous precious Oyntment for all manner of Sores, exceeding all others, for that great experience hath been had of it.

TAKE a pottle of pure *Sallet Oyl*, of the best that may be gotten, and then take *Sage, Lavender, Southernwood, Wormwood* and *Camomill*, of each of them a good quantity, cut or shread the herbs very small, and then put them into the *Oyl*, in a fair pewter Bason, or else a latten Pan or Bason, and then mingle them well together, and stir them well together, but be sure to put as many of the herbs therein, as will make it thick standing; and so let them stand and rot for a full Moneths space together, but in all that time stir it often: that done, make a fair soft fire of coals, and put thereto a good quantity more of the same *Oyl*, and set it over the fire in the same Bason or Pan, and so let it boyl gently for the space of three or four houres: then take it from the fire, and let it cool a while, and when it is come to be but milk-warm, or somewhat hotter, then take a Canvas bag that is coorse and strong, and with a staff strain out all the matter or substance as clean as you can: and then put it into a Glasse or Gally-pot, and so keep it close stopped up, that no aire come therein, and this will continue in his virtue many years after. *Probatum est.*

A very good way to make a Salve (commonly called the black Salve) which cureth all old Sores and Ulcers, be they never so great, fowl, and stinking.

TAKE a gallon of stale *Ale*, (the same being very strong) two handfulls of *Woodbind-leaves*, half a handfull of seeded *Nettles*, and as many *Cole-worts*, which have ragged leaves upon them, half a pound of red *Onions*, half a pound of *Garlick* pilled, a pound of *Unset-Leeks*, and an handfull of powder of a rotten *Post*, which is of *Oak*, for that is best of all for such a purpose; and let all these be very well stamped together in a Morter, and then put them altogether into the *Ale* with half a pound of *Roch Allom*, and then set them over a soft fire to boyl, and

and so let them boyl untill the one half thereof be consumed, or somewhat more, and then strain the same thorow a fine Linnen cloth into some earthen pot that is clean, and then take a pound of *Virgin Wax*, half a pound of *Rosen*, half a pound of *Nerve Oyl* that is very green and good, and a good quantity of *Stone Honey*, and put them all therein, and mingle them well with the rest, and then let it stand still, for the space of four or five dayes, and then take it off again, and boyl it untill it be half consumed away, then take it off the fire and put it into a new earthen pot, that is both sweet and clean, and then let it be close stopped up, and kept safe untill you have occasion to use it, &c.

A very good drawing Salve.

TAke a good quantity of *Rosen*, and bruise and break the same very small, and a pretty quantity of good *Wax*, and a good quantity of *Bores-grease*, shred or broken very small, and a pretty quantity of *Honey*: mingle them all together, and then set the same upon a soft fire to melt, and to congeal together into a perfect Salve, and still be stirring of it, untill you see that it be come to a right and good perfection.

A very good plaister for a wound that is over-healed and sore underneath, by reason of the over-hastinesse in the first healing of it.

TAke a good quantity of *Barly-meal*, the white of an *Egge* and *Honey*, and mingle them well gether, and make a plaister thereof, and then lay the same to the place grieved, and this will help it immediately.

SUR-



SURFETS, AND SURFETTING.

CHAP. VIII.

A present remedie for a Surfet.

TAKE a good thick piece of white *Bread*, and roast it, and then dip the same in *Aquavita* very well, that being done, apply it to the *Stomach* of the party grieved, as hot as possibly he may abide it, and let him be kept very warm, and this will presently help him. *Probatum est.*

Another remedie for any Surfet taken by any immoderate use of things, &c.

TAKE a good quantity of *Long pepper*, and as much *Grains*, beat these together very fine, and then put them into two or three spoonfulls of pure *Mahurra*, and give it the Patient to drink, and then let him go to bed and keep himself warm, and sweat upon it, but let him in no wise take any other drink for the space of two hours after he hath taken it (but altogether refrain it, although he be never so dry) and this doubtlesse will help him. *Probatum est per D. Marple.*

Another remedy against Sursetting.

TAKE four or five good handfulls of *Strawberry-roots*, wash and scrape them clean, and then put them into a gallon of strong *Ale*, and boyl them together untill the one half be consumed; then strain the same: that being done, boyl the liquor again, and put therein a pretty quantity of *Suger* to sweeten it, and then let it be put into a sweet bottle, and so keep it untill you have occasion to use it, and as necessary requireth, let the Patient drink of the same often, and this will help him. *Prob. eff.*

This is also good to comfort the heart and stomach, if it be often used.



STICHES

IN THE SIDE, &c.

CHAP. IX.

A very good Medicine for a Stich in the side.

TAKE a good quantity of *Serwal*, and dry it and grate it finely, and put thereto half as much *case Ginger*, then take six or seven spoonfulls of *Scabious-water*, and put the powder, before mentioned, therein, and then shake them well together, and then let the party grieved drink of it (the same being a little warm) and then let him lay himself down upon a bed, and he shall find great ease thereby immediately. But if he cover himself warm, and sweat upon it, it will be the better. *Probation eff.*

Another

Another for the same.

TAKE *Acorns* and dry them, and then beat them to powder, and then mingle them with a little powder of *Sinamon* and *Ginger*, and give the same to the party diseased to drink either in *Ale*, *Wine*, or *Beer*, and this will he p him.

Also take *Sage* and *Burnet*, of each of them a like quantity, and dry them upon a Tile-stone, and then make the same into a fine powder, and so give it the Patient to drink both at meals or otherwise, for the space of three or four dayes together, and this will help him. *Probatum est.*

Another for the same.

TAKE *Pigeons-dung* and *Oats* together, and then fry them in a Frying-pan, and stir them untill they be hot thorow, then put in a quantity of sharp *Vineger*, and stir them again as before, then take the same forth, and put it into two several bags made of Linnen cloth for that purpose, and then take one of them and bind it to the reins of the back, and the other where the stich is, and then rowl him close with a rowler, and so keep him warm, and this will presently help him. *Probatum est.*

Another for the same.

TAKE *Sink foil*, and *Stich-wort*, of each of them a handfull, and a good quantity of *Cummin*, boyl all these together in a quart of stale *Ale*, and let it boyl till it come to a pint, and then let the Patient drink this, and it will help him in a short space. *Probatum est.*

SCI



SCIATICA.

CHAP. X.

An excellent Oyntment or Plaister for a Sciatica,

TAKE half a pound of *Wax*, and brake it small into a quart of *Sallet Oyl*, and a pound of *Swines-grease*, and half a pound of *Rosen* finely beaten, and boyl them all together, and then strain it: and when you have so done, take a pound of white *Lead*, and beat it to powder, and then put it into the Oyntment and stir it well, then put therein three ounces of *Turpentine*, and then let it boyl softly again, and when it hath boyled a good while, take it off and strain it into some fair *Water*, and so make a rowl thereof, then take a good quantity of it and spread it upon a piece of leather, and make a large plaister thereof, and lay the same unto the place grieved somewhat warm; then take a *Hares skin*, or the skin of a *Lambe*, or else some *Woolen cloth* to wrap about it, and this will help you.

You may use it, if you please, as an Oyntment for the same purpose, doing as aforesaid, &c.

An experienced Medicine for the Sciatica.

TAKE *Iris*, *Mugwoort*, *Walwoort*, and the inner rind of an *Elder-tree*, and seeth them in fair *Water*, with a good quantity of *Salt*, and bathe the sore place well therewith three or four times in a day, for the space of nine dayes together, and doubtlesse this will cure it.

Another

Another for the same.

TAKE four or five great *Onions*, and roast them very soft, then pill them, and stamp them in a Morter, and put thereto half a pint of *Aqua vita*, and three Spoonfulls of *Neats-foot Oyl*, and boyl all these together untill such time as the same be thick, then strain it thorow a fine Linnen cloth, and so with the same Oyntment anoint the place well where the grief is, chafing it before the fire for the space of a quarter of an hour (both Morning and Evening) and then lay a Cats skin thereto with the hairy side next the flesh, and within fifteen dayes the party grieved shall find great ease thereby. *Probatum est.*

Another for the same.

TAKE of *Winter-Savory*, great store, and mix the juyce thereof with pure *Wheaten-flower*, and then make a plaister thereof, and so lay it to the place grieved, and it easeth it very much.

Another for the same.

TAKE *Ox-dung*, and *Pigeons-dung*, of each of them a pound, and mingle them well together with a pottle of *White-wine*, and so set them on the fire and boyl them untill the one half be consumed, then strain it thorow a fine Linnen cloth, and then put thereto half a pound of *Honey*, twelve *Telks* of *Eggs*, half a pound of *Virgin Wax* melted, and as much *Barly-meal* as will suffice for the same, and then make a plaister thereof, and lay it to the place grieved, and this will help him.

Another for the same.

TAKE a pint of *Neats-foot Oyl*, a pint of *Aqua vita*, and an handfull of roasted *Onions*, and stamp them all together, and then strain them, and so make an Oyl thereof, and when as occasion serveth, anoint well the place grieved both Morning and Evening be-

fore a good fire, as hot as possibly it may be suffered, and be sure to chafe it very well. *Probatum est.*



S L E E P.

CHAP. XI.

A marvellous good Medicine to cause a sick person to sleep that cannot.

TAKE a Red-Rose Cake, half a pint of White-wine Vineger, and half a pint of Sallet-Oyl, and mingle the Oyl and the Vineger together, and put the same into a Porringer upon a Chafingdish of coals, and let it stand untill it be hot, then take the Red-Rose-cake, and see it upon the Chafingdish in the Vineger and Oyl, and so let it remain there untill it be both moist and hot; then take a little Cummin-seed and bruise it a little, and strain it well upon the Red-Rose-cake, and then bind it fast to the temples of the head of the sick person, as hot as possibly he can abide it, and this will provoke him to sleep without any danger at all, *Probatum est.*

Another for the same.

TAKE a spoonfull of womans Milk, a spoonfull of Rose-water, a spoonfull of the juyce of Lettice, and boyl them in a dish, then take fine Flax and make a plaster as broad as you shall think good, and moisten the Flax well with the same liquor, and grate a little Nutmeg,

Nutmeg, and strew upon it, and then lay it to the forehead and temples of the head of the sick person, and it will provoke sleep forthwith.

Another for the same.

TAKE of the seeds of *Lettice* and *Smallage*, of each of them a like quantity, and make a powder of them, and put the same in *White-Wine*, and mingle them well together, and give it the sick person to drink luke-warm, and it will cause him to sleep presently. *Probatum est.*

Another for the same.

TAKE *Rose-water*, and *Wine Vinegar*, of each of them a spoonfull, two spoonfulls of *Oyl of Roses*, and half a handfull of *Rose-leaves* made into powder, and mingle them all together, and temper them with *Wheaten-bread* that is leavened, grated, and then lay it to the temples of the head and forehead, and then let the Patient lay his body to rest, and it will speedily provoke sleep.



SPLEEN



S P L E E N.

CHAP. XII.

A most excellent Medicine for the Spleen.

Take *Capers* and eat them, and afterwards drink some of the water wherein Smiths do dip their hot Iron when they quench it, and let the Patient drink it as often as his Stomach will endure it, and this cureth the Spleen.

Another for the same.

Infuse *Tamarisk* in *White-wine*, and drink thereof Morning and Evening, first and last, for four dayes together.

Another for the same.

Take three or four handfulls of the *Leaves* and *Flowers* of *Melilot*, and put them into a pottle of water, (but let the one half of the water, be Smiths water, and the other half the party grieved his own water) and let it seeth untill it come to a quarr, then take both Herbs and *Flowers* and put them into a bag, and then lay them to the Patients side, as hot as possibly it may be suffered: use this for the space of nine or ten dayes (*Viz.*) every day once, and this will help him.

Another

Another for the same.

Take a pint of *Claret-wine*, or else a pint of stale *Beer*, and boyl therein a pretty quantity of crops of *Time*, tops of *Hysop*, and of *Pennyroyal*, and of *Burrage*, and of *Violet-leaves*, and put therein a spoonfull of *Annis-seeds*, a little whole *Pepper* bruised, two or three slices of *Ginger*, every of them as big as a *Pease*, and a little whole *Sinamon*; boyl all these together untill the one half of the liquor be consumed, then strain it into a cup and cover it, and when it is a little settled, give it the Patient to drink: if you can get it, you may put a little *Driatriapiperion* therein, and this will presently help. *Prob. est.*

A precions Water for the Spleen.

Take *Balm*, *Turpentine*, *Scabious*, *Betony* and *Pimpernell*, of each of them a good quantity, and distill them all together, and let the Patient use often to drink of this *Water*, and this will help him. *Probatum est.*

This is also good against the Pestilence, and against those that are troubled with the Morber, and it is also good for the Marrow of the Bones, and for comforting of the Liver.

Another for the same.

Take a good quantity of *Betony*, and seeth it either in *Whisewine*, *Ale*, or *Beer*, and it profiteth very much. *This is also good for the Mils and Liver.*



Mm

TEETH



TEETH

AND

TOOTHACH.

CHAP. XIII.

An excellent good Medicine for the Toothach.

TAKE *Ivie*, *Spearmin*t, and white *Salt*, of each of them an handfull, and stamp them well together, and then put them into a pint of *Vineger*, and seeth them well over the fire, and then strain the same and put it into a close glasse or stone-pot, and when you will use it, take a spoonfull thereof, and put it into that side of the mouth where the pain is, and hold down your cheek, that it may descend to the root of the aking teeth, and it will take away both the ach and pain presently. *This hath been truly proved.*

Moreover, take a piece of the root of *Crow-foot*, and put it into the hollow tooth, (if any be) or else apply it often to the tooth that aketh, and it will presently ease it, and take away the pain. *This hath been truly proved.*

Also, take *Hysop*, and make a Decoction thereof with *Vineger*, and make it hot, and wash your mouth often therewith, and the pain will cease immediately. *Prob. est.*

Likewise, if you take a good quantity of the roots of *Henbane*, and seeth them in *White-wine Vineger* and *Rose-water*, and put the Decoction thereof into your mouth, and it will help you.

Also, take a little *Balm* and *Basill*, and rub them both together
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in the palm of your hand, untill they do come to a juyce, and put it into your ear on the side that the pain is on, and this will assuage the pain immediately. *This hath holpen many.*

Also, take powder of red *Corrall*, and put it into the holes of the teeth that do ake, and it will cause them to fall out shortly after. *Probatum est.*

Likewise, take an *Unset-leek*, and bruise it with a pretty quantity of *Bay-salt*, and then put it in between the gums and the teeth pained, but you must first warm it. *Also*, *Roots of Primrose* beaten small and laid to the teeth that is pained, will take the pain quite away.

Also, take *Vineger*, *Honey*, *Aqua vita*, *Henbane-roots*, *Long pepper*, and *Round-pepper*, *Camphire*, *Gum* and *Ivie*, of each of them equall portions, and boyl them all together untill they be hard, then let the Patient put some of it between his teeth, and this will speedily ease him. But if his teeth grow sore by reason of the extream pain that cometh by them, then let him take a pound of *Henbane Roots*, and seeth them in a quart of *White-wine Vineger*, and a pint of *Rose-water*, and when it is well boyled, put into it a little fine *Suger* to sweeten it, and then strain it, and so wash his mouth often therewith, and this will assuage the extream pain without all doubt. *Probatum est.*

Also, take red *Sage* and *Betony*, of each of them a like quantity, and put thereto a little *Roch Allom*, and seeth them in *White-wine Vineger*, and let the Patient rub his teeth well therewith, that ake, and it will ease him greatly.

If you take a good quantity of the *Roots of Henbane*, and seeth it in *White-wine Vineger*, or *Rose-water*, and put the Decoction thereof into the Patients mouth, it will help him.

Also, take a rotten *Apple*, and take forth the Cose thereof, and then slice it, and lay it upon the temples of the head (on the same side that the pain is on) at night when you go to-bed, and bind it fast with a Linnen cloth, and in the Morning take it off; and the next night after do the like again, and so for four or five nights together use this, and it will help you. *Prob. est.*

Also, take a pint of *White-wine*, and half a handfull of *Lavender-cotten*, and seeth them all together untill the one half of the *Wine*



TEETH

AND

TOOTHACH.

CHAP. XIII.

An excellent good Medicine for the Toothach.

TAKE *Ivie*, *Spear-mint*, and white *Salt*, of each of them an handfull, and stamp them well together, and then put them into a pint of *Vineger*, and seeth them well over the fire, and then strain the same and put it into a close glasse or stone-pot, and when you will use it, take a spoonfull thereof, and put it into that side of the mouth where the pain is, and hold down your cheek, that it may descend to the root of the aking teeth, and it will take away both the ach and pain presently. *This hath been truly proved.*

Moreover, take a piece of the root of *Crow-foot*, and put it into the hollow tooth, (if any be,) or else apply it often to the tooth that aketh, and it will presently ease it, and take away the pain. *This hath been truly proved.*

Also, take *Hysop*, and make a Decoction thereof with *Vineger*, and make it hot, and wash your mouth often therewith, and the pain will cease immediately. *Prob. est.*

Likewise, if you take a good quantity of the roots of *Henbane*, and seeth them in *White-wine Vineger* and *Rose-water*, and put the Decoction thereof into your mouth, and it will help you.

Also, take a little *Balm* and *Basill*, and rub them both together
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in the palm of your hand, untill they do come to a juyce, and put it into your ear on the side that the pain is on, and this will assuage the pain immediately. *This hath holpen many.*

Also, take powder of red *Corrall*, and put it into the holes of the teeth that do ake, and it will cause them to fall out shortly after. *Probatum est.*

Likewise, take an *Unset-leek*, and bruise it with a pretty quantity of *Bay-salt*, and then put it in between the gums and the teeth pained, but you must first warm it. *Also*, *Roots of Primrose* beaten small and laid to the teeth that is pained, will take the pain quite away.

Also, take *Vineger*, *Honey*, *Aqua vite*, *Henbane-roots*, *Long pepper*, and *Round pepper*, *Campfire*, *Gum* and *Ivie*, of each of them equall portions, and boyl them all together untill they be hard, then let the Patient put some of it between his teeth, and this will speedily ease him. But if his teeth grow sore by reason of the extream pain that cometh by them, then let him take a pound of *Henbane Roots*, and seeth them in a quart of *White-Wine Vineger*, and a pint of *Rose-Water*, and when it is well boyled, put into it a little fine *Sugert* to sweeten it, and then strain it, and so wash his mouth often therewith, and this will assuage the extream pain without all doubt. *Probatum est.*

Also, take red *Sage* and *Beetony*, of each of them a like quantity, and put thereto a little *Roch Alom*, and seeth them in *White-Wine Vineger*, and let the Patient rub his teeth well therewith, that ake, and it will ease him greatly.

If you take a good quantity of the *Roots of Henbane*, and seeth it in *White-wine Vineger*, or *Rose-Water*, and put the Decoction thereof into the Patients mouth, it will help him.

Also, take a rotten *Apple*, and take forth the Core thereof, and then slice it, and lay it upon the temples of the head (on the same side that the pain is on) at night when you go to bed, and bind it fast with a Linnen cloth, and in the Morning take it off; and the next night after do the like again, and so for four or five nights together use this, and it will help you. *Prob. est.*

Also, take a pint of *White-Wine*, and half a handfull of *Lavender-cotton*, and seeth them all together untill the one half of the Wine

be consumed : then put into it half a spoonfull of *Bay salt*, and let it seeth a little : then take a spoonfull of the same liquor, and put it into your mouth, (on the same side that the pain is on) and so hold it in your mouth for a good space and then spurt it forth again, then take another spoonfull and do the like, and so use it often times in like sort, and it will take the pain quite away. *Probatum est.*

Also, take *Twie-berries*, and seeth them either in *Vineger*, or else in *White-wine*, and when they are well sodden, sup off the hot liquor, and when it is cold, sup more of it : use this often, and it will ease the pain forthwith, *Probatum est.*

Moreover, if your tooth be hollow and stink, take a good quantity of *Red Sage*, twelve crops of *Rosemary*, and of *Honey-suckles*, wild *Daisy's*, and *Sink foil*, of each of them a good handfull ; boyl them all together in a pint or somewhat more of fair running *Water*, and let it boyl untill the one half be consumed ; then take a little *Roch Allom*, and burn it to powder, and then take half a spoonfull of *Honey*, and put them all together, and strain them thorow a fine Linnen cloth, and so keep it in a Glasse close stopped ; and when occasion serveth, wash your mouth, throat, and teeth that are hollow often therewith, and this will both sweeten the breath, and do exceeding much good for that purpose, for that it hath been often proved.

Likewise, take a little *Roch Allom* burnt, and in the burning of it, put a little fine lint into it, and so put it into the tooth that is hollow, and this will ease the extream pain thereof in a short time.

If your tooth be hollow, take a little drop or two of *Aqua fortis*, and dip a little lint therein, and stop the hollow tooth therewith, and for the space of an hour or thereabouts, it will grieve the party very much, but it will in a short space take away the pain : use this twice or thrice, and this will expell the pain for ever after, without perishing the tooth anything at all. *This hath been truly proved.*



THORNS

CHAP. XIV.

To draw out Thorns, the points of Needles, the Splinters of wood, or rotten bones that are hid in the flesh, &c.

Take Shell Snails and stamp them, and mix them with the Rennet of a Cheese, and apply it to the place, and it shall do it in six houres.
Also, a plaister of Birdlime shall do the like.



WARTS.

CHAP. XV.

A good Medicine to take away Warts in any place wheresoever.

Take a good quantity of Arsenick, and put to it a clove of Garlick, and beat them both together in a Morter, and then lay the same moist upon the Wart, (but let it touch no place else as near as you can) and it will clean perish the Wart,
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and take it away in one night : but if the Wart be upon the face, then take a *Bean-leaf* and cover your eyes therewith, that no part of the Medicine come into them, and if there be no *Bean-leaves* to be had, then take a little piece of white leather and cover them.

Also, take the heart or pith of a red *Colewort*, stamped well, and tempred well with a little *Honey*, and the Wart rub'd oftentimes well therewith, and it will take it away.

Likewise, take three or four handfulls of wild *Tansie*, and two pennyworth of *May-butter* unsalted, and two pennyworth of *Quick-silver*, and mince the *Tansie* small, and then put it into the *Butter*, and set it on the fire, and let them boyl well together; that done, take the same from the fire again, and then strain it thorow a fine Linnen cloth, but put in your *Quick-silver* first before you strain it, and let it be well mingled with the rest, and then anoint the place therewith where the Warts are, and this will take them clean away.

Also, take the *Woodbind*, and seeth it in fair running *Water* with *Allum*, from a pottle to a quart, and then wash the place where the Warts are, and this will take them quite away.

Another for the same.

Take *Orpiment*, and mingle it with *Vineger*, and plaister it on the Warts.

WHIT-



WHITFLAVV.

CHAP. XVI.

For a Whitflaw or Fellin.

TAKE a little *Bay-salt* stamped small, and the *Leven* or sower *Bread*; these being mingled with the *Yolk* of an *EGGE*, and applyed to the fore twice a day, it shall draw pain from the arm, and ceaseth the swelling, if there be any, and healeth it perfectly, and with speed.



WORMS.

CHAP. XVII.

A good Medicine to kill all manner of Worms in Mans body.

TAKE *Plantane-leaves* and *Roots*, and *Groundsel*, of each of them a like quantity, stamp and strain them with a pint of good *Malmesie*, and warm it, and give it the Patient to drink, for the space of three dayes together, and it will slay both the Worms in the *Maw*, or elsewhere. *Prob. eff.*

Also, take *Aqua composita*, that is made of Herbs, and wash the brest of the child therewith: then take a little powder of *Myrrh*, and beat it very fine, and strew it likewise upon the brest of the child.

and take it away in one night : but if the Wart be upon the face, then take a *Bean-leaf* and cover your eyes therewith, that no part of the Medicine come into them, and if there be no *Bean-leaves* to be had, then take a little piece of white leather and cover them.

Also, take the heart or pith of a red *Calewaort*, stamped well, and tempred well with a little *Honey*, and the Wart rub'd oftentimes well therewith, and it will take it away.

Likewise, take three or four handfulls of wild *Tansie*, and two pennyworth of *May-butter* unsalted, and two pennyworth of *Quick-silver*, and mince the *Tansie* small, and then put it into the *Butter*, and set it on the fire, and let them boyl well together; that done, take the same from the fire again, and then strain it thorow a fine Linnen cloth, but put in your *Quick-silver* first before you strain it, and let it be well mingled with the rest, and then anoint the place therewith where the Warts are, and this will take them clean away.

Also, take the *Woodbind*, and seeth it in fair running water with *Alum*, from a pottle to a quart, and then wash the place where the Warts are, and this will take them quite away.

Another for the same.

TAKE *Orpiment*, and mingle it with *Vineger*, and plaister it on the Warts.

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TAKE a little *Bay-salt* stamped small, and the *Leven* or *lower Bread*; these being mingled with the *Tolk* of an *Egge*, and applied to the fore twice a day, it shall draw pain from the arm, and ceaseth the swelling, if there be any, and healeth it perfectly, and with speed.



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A good Medicine to kill all manner of Worms in Mans body.

TAKE *Plantane-leaves* and *Roots*, and *Groundsel*, of each of them a like quantity, stamp and strain them with a pint of good *Malmesie*, and warm it, and give it the Patient to drink, for the space of three dayes together, and it will slay both the Worms in the Maw, or elsewhere. *Prob. est.*

Also, take *Aqua composita*, that is made of Herbs, and wash the brest of the child therewith: then take a little powder of *Myrrh*, and beat it very fine, and strew it likewise upon the brest of the child

child after it hath been well washed, and lay a warm cloth to it, and so let it remain for four and twenty hours together, and this will speedily kill all the Worms.

Also, take *Violet-leaves*, *Burrage* and *Succory*, of each of them a like quantity, and two or three *Fennel-roots*, and a few *Parfly-roots*, one branch of *Rosemary*, and a little *Time*, one handfull of *Raisins* of the *Sun*, (the stones clean picked out) and then bind the Herbs together, and then take a small young *Pullet* or an *Hen*, and make a little Broth thereof, and boyl the Herbs therein; and when it is Broth, then take six spoonfulls of the same Broth, and put into it *Sirrop* of *Roses*, and let it be molten therein, and then give it the Patient to drink, and this will help him or her, &c.

An excellent remedy to kill the Worms either in man, woman, or childs belly.

TAKE a pound of *May-butter*, and clarifie the same well in the *Sun*; then take the quantity of two pound of green *Worm-wood*, and stamp it, (but let it be weighed after it is stamped) then take both the *Butter* and *Worm-wood*, and temper them well together with your hands, and then set the same to stand in the *Sun* for the space of nine dayes, either in a clean earthen Pot or Glasse; then take it out again, and boyl it for the space of an hour and an half at the least, and then take it forth and strain it, and so put it up into a fair Glasse or Gally-pot; and so keep it till occasion serveth for the use thereof. And alwayes at the full of the Moon anoint the belly of the party grieved against a good fire, but at any time else use it not.

This Medicine must alwayes be made in the moneth of May, and no other time, for that no other time of the year is so fitting for it.

This may be kept all the year long, being close stopp'd.

Another for the same.

TAKE the *Pulse* of *Colloquintida*, and infuse it all night in *Sallet-oyle*, and anoint the belly round about, and the region of the stomach, when you go to bed, and it will kill the Worms.

Also, a little *Alloes Cialtrina* mixt with the pap of a roasted *Apple*, and swallowed, killeth Worms.

Also, *Wormwood* infused in *Beer* or *Wine*, and drink in the morning fasting, doth the like.

For



To the Reader.



Urteous Reader, thou hast in the foregoing parts of this Book, variety of Medicines for such diseases which are incident to mans body, which have been accounted excellent by the Learned and approved of by many additions, therefore they stand not in need of other commendations, onely thou art desired to take notice that the worth they carry with them, hath induced one that preferreth the publick good above his own private profit, to put some additions thereunto, which is not to be slightly regarded, for these two Reasons ; First, because it appears by the weekly Bills of Mortallity, that there die every week more of the Consumption (when the City is not visited with the Plague or other infectious diseases) then of any one disease besides. Secondly, in respect the remedies here set down were prescribed by very Learned Doctours, and have been often approved with very good successe by
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child after it hath been well washed, and lay a warm cloth to it, and so let it remain for four and twenty hours together, and this will speedily kill all the Worms.

Also, take *Violet leaves*, *Burrage* and *Succory*, of each of them a like quantity, and two or three *Fennel-roots*, and a few *Parfly-roots*, one branch of *Rosemary*, and a little *Time*, one handfull of *Raisins* of the *Sun*, (the stones clean picked out) and then bind the Herbs together, and then take a small young *Pullet* or an *Hen*, and make a little Broth thereof, and boyl the Herbs therein; and when it is Broth, then take six spoonfulls of the same Broth, and put into it *Sirrop* of *Roses*, and let it be molten therein, and then give it the Patient to drink, and this will help him or her, &c.

An. excellent remedy to kill the Worms either in man, woman, or child's belly.

TAKE a pound of *May-butter*, and clarify the same well in the *Sun*; then take the quantity of two pound of green *Worm-wood*, and stamp it, (but let it be weighed after it is stamped) then take both the *Butter* and *Worm-Wood*, and temper them well together with your hands, and then let the same to stand in the *Sun* for the space of nine dayes, either in a clean earthen Pot or *Glasse*; then take it out again, and boyl it for the space of an hour and an half at the least, and then take it forth and strain it, and so put it up into a fair *Glasse* or *Gally-pot*; and so keep it till occasion serveth for the use thereof. And alwayes at the full of the *Moon* anoint the belly of the party grieved against a good fire, but at any time else use it not.

This Medicine must alwayes be made in the moneth of May, and no other time, for that no other time of the year is so fitting for it.

This may be kept all the year long, being close stopped.

Another for the same.

TAKE the *Pulse* of *Colloquintida*, and infuse it all night in *Sallet-oil*, and anoint the belly round about, and the region of the *Stomack*, when you go to bed, and it will kill the Worms.

Also, a little *Alloes Cialtrina* mixt with the pap of a roasted *Apple*, and swallowed, killeth Worms.

Also, *Wormwood* infused in *Beer* or *Wine*, and drink in the morning fasting, doth the like.

For



To the Reader.



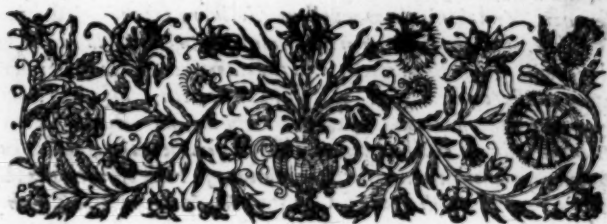
W. in payne
Curteous Reader, thou hast in the foregoing parts of this Book, variety of Medicines for such diseases which are incident to mans body, which have been accounted excellent by the Learned and approved of by many additions, therefore they stand not in need of other commendations, onely thou art desired to take notice that the worth they carry with them, hath induced one that preferreth the publick good above his own private profit, to put some additions thereunto, which is not to be slightly regarded, for these two Reasons ; First, because it appears by the weekly Bills of Mortallity, that there die every week more of the Consumption (when the City is not visited with the Plague or other infectious diseases) then of any one disease besides. Secondly, in respect the remedies here set down were prescribed by very Learned Doctours, and have been often approved with very good successe by
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To the Reader.

their Patients, and not untill now made publick. And
forasmuch, as most diseases which are perillous do most
commonly begin with a *Cough*, but a *Consumption* ever
attended therewith, you shall in the first place have
a certain way through Gods blessing to
cure the same.



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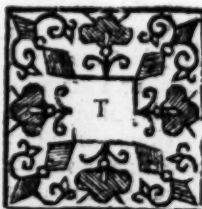
CONSUMPTION

OR

Any decay in the inward parts.

An excellent way that helpeth the Consumption-Cough with much ease and speed.

This Cough is caused by a thin distilling humour and a cold stomach, and to cure it there is required a remedy that may open the Carero and melifie and Warm the stomach and the remedy is this.



Take of Elicompany-Roots four ounces, Marsh-mallow-Roots twelve ounces, of Quinces sixteen ounces (and if it be at a time when you can get no Quinces, you must take Marmalet or Quidainick of quinces) and boyl them in fair Conduct water till they be soft to break, then beat them in a Morter with the quinces and strain them through a course strainer, and for every pound of the mixture ad two pound of five Honey ; then boyl them together, but do not over boyl them, then rake them off the fire, and for every pound of the substance, ad of Saffron one scruple, of Cinemon one dram, of flower of Sulpher one ounce, of Licorice two scruples, then incorporate all these together

ther, and it is made, but it ought to be aromatized with *Musk* and *Rosewater*. And this is the marvellous *Electuary* for the Consumption Cough, which must be taken in the morning fasting & last at night and this will give such a remedy as is to be admired at, for *Marshmallows* mollifie exceedingly, *Elicompain* heateth, digesteth, and strengtheneth the stomach, *Quinces* are warm and cordial, *Saffron* dryeth and resisteth evil humors, *Cinemon* fortifieth the stomach and *Liquorice* molifieth and digesteth the matter, so that of necessity this *Electuary* must help all kind of Coughs how Malignant soever they be.

Another for the same.

TAKE of the best *Reasons* of the *Sun* half a pound, stone them and put thereto two ounces of the purest brown *Suger-Candy*, then put them into a Wooden or Stone Morter, and beat and incorporate them together, and in the beating of them ever and anon, put in the quantity of half a spoonfull at a time of oyl of *Sweet-Almonds*, untill you have put in so much as will sufficiently moisten them, and when the matter is beaten fine like a *Conserve*, take thereof the quantity of a *Nutmeg* at a time first and last. *Probatum est.* *6 Bountie creates esteem*

An excellent Medicine for one that is in a Consumption.

TAKE *Chinna Roots* thin sliced two ounces, steep it 24 hours in a pottle of fair running water in an earthen pipkin, let it stand warm all the time close covered in the pipkin, then put into it a good Cook *Chickin*, and the bottom of a *Manchet*, six *Dates* sliced, a handfull of reasons of the *Sun* stoned, *Currants* half a handfull, two or three large *Mace* of either sort of *Sanders* thin sliced, the weight of sixpence of *Time* and *Rosemary*, of either a little; let all these stand together being clean skined till two parts be wasted, then take the *Chickins*, flesh and bones and all and beat them in a stone Morter, and strain forth the juce with the broth; sweeten these with three ounces of white *Suger-Candy* in powder and drink a good draught warm three or four hours before Dinner and another two hours before Supper, use this fourteen daies together. *Probat. est.* *Another*

Another for the same.

TAKE 2. pound of *Dates*, pick out the stones and skins, and the white that is in them, and beat them in a stone Morter as small as can be, then take a quart of fine clarified *Honey*, and long *Pepper*, *Mace*, *Grains*, *Cloves*, *Nutmegs* of each a quarter of an ounce, and beated to fine powder, then put your *Honey* and *Dates* together, well mixed on the fire and let them boil together, alwayes stirring it for fear it burn too, and in your seething stir in your powder by little and little till all be in, you must not boil it so thick as you would *Marmalet*, for then you spoil it, then take half an ounce of fine *Ginger* in fine powder, and strew it on, and alwayes stir it, till it be cold, and put it in a box as you do *Marmalet*, and use to eat the quantity of a Chesnut, first and last it causeth sleep and refresheth health.

Another for the same.

TAKE garden *Snails*, break their houses and take them out whole, do not wash them but put them into the strokings of milk, and set them on the fire together, till they be ready to boil, but let it not boil, then strain it and drink it warm, a draught a morning, and at four of the clock in the after-noon, and at night last.

Another for the same.

TAKE a Gallon or two of strong *Ale*, and put it into the dung of a stone Horse, and let it steep a day and a night, and strain it and drink that mornings and evenings.

Another for the same.

TAKE three spoonfulls of the dung of a stone Horse, steep it in a quart of *White-wine* all night, then put in a penny worth of *Saffron*, and boil it till it come to a pint, then strain it and put into the liquor, three spoonfull of English *Honey*, or three spoonfull of

Hyssop water, and as much *Suger* as will sweeten it sweet, and set it over the fire again and let it simper, and drink hereof morning and evening.

Another for the same.

Take *Crayfishes* and boil them in *Milk*, eat the fish and drink of the *Milk* morning and evening.

To make Syrop of Colts-foot, to preserve the Lungs, and restore him that is in a Consumption.

Take a lapfull of *Colts-foot* fair and dry gathered, and take a good handfull or two of *Hyssop*; wipe the fur off of the inside of the *Colts-foot*, beat this together in a Morter small, & strain it through a thin Cloath, and put it to a brasse skillet, and beat four or five whites of *Eggs*, and stir them into it, so set it on the fire, and stir it now and then for burning too, let it seeth till the water looks clear, then take it off, and let it run through a fair boulderstrainer, let it settle a while, then put it off from the grounds at the bottom, take to every pint a pound of *Suger*, and so boil it up to a Syrop: when ye eat any of it suck it up through a wide straw, or from a Liquorice stick Jagged.

A pretious good restorative Syrop for him that is in a Consumption.

Take *Stags harts*, or *sheeps harts*, cut the fat clean away and then soak them in fair water two or three hours, then cut them into round thin slices and soak them in *Rose water*, till the blood be clear out, then take them from the water, and strew *Suger* in the bottom of a Pipkin, and lay a lein of hearts, and then strew another lein of *Suger*, and thus do till all be done, then cover it close with paist, and let it into a pot of boiling water, and there let it boil untill it come to a Syrop, then strain it through a cloath into a Vial, and take thereof as often as you please, a spoonfull at a time either alone by it self, or in jely or in broth.

An excellent Broth for him that is in a Consumption, or hath any decay or weaknes in his Body.

TAKE Bistony, Clary, Sweetnap, of each alike quantity, *Eriago* roots three or four of the length and bigness of a finger, and a little piece of *Cumfery* root, whole large *Mace* three or four, a few *Currents*, *Dates* one or two, half a *Nutmeg*, quartered, the *Pith* that is in the back of a young *Bullock* or *Veal*, and so with a *Cockerill*, and the sinew parts of a leg of *Veal* make your Broth, let the herbs be tied in a bundle, and seeth no longer then that they have given a cast to the Broth, then take them out and after stamp the *Pith* and the *Dates* very well, and stir in them with the Liquor and boil in your Broth the crust of a *Madacher*, if you put in a little stick of white *Sanders* it is good also.

An excellent approved drink for such as are in a Consumption

that want a stomach to their meat, and are in a Consumption

TAKE an old Cock, cut off the head and pull it dry, and being drawn take the four quarters, leaving the caskise, then chop the bones thereof to pieces, and take three pints of *White wine*, and take a handfull of *Long-woot*, a handfull of *Harts tongue*, one peny worth of *Annis seeds* and a quarter of a pound of *Dates*, cut and opened two ounces of *China roots*, four *Fennel roots*, four *Parsley roots*, a stick of *Liquorice* all sliced, one pound and a half of *Reasens* of the sun stoned, one pound and a quarter of *Suger* of the finest and best, two ounces of *Sugers place*, take an ewer then pot with a cover, of a foot and a half high containing above a Gallon, and having cut and breasted the Cock and the rest of the ingredients as aforesaid, then cover the pot and make it so close with dough made of rye meal that no air may come out, then set the pot in a kittle of water, and keep it still boiling twelve hours, and because the water will waste away, you must have another kittle of water seething by it, to put in to supply the other as it shall waste, for the water in the kittle must reach half way of the pot with the ingredients, when it is thus boiled, then strain it through a cloath and put

put it into a glais or gellay pot to keep it, which it will fourteen dayes, you are to take of this about the quantity of three or four spoonfuls in the morning when you are ready, and fast after, and take so much more at evening, two or three hours before supper; this is best to be used in the Moneths of *March, April, September, and October.* But may be very well used at any other time when occasion shall require.

Directions how to take this Cullis, which is, very good for any decay of Nature:

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THE Patient must take of it one, or two, or 3. spoonfuls as their bodies will bear it, or more if it agree with them, and it is to be taken first in the morning, and about two hours after, or sooner, to take some broth made of *Veal or Mutton, or a Chickin,* it is likewise to be taken last when one goes to bed, the like quanty but now broth then, and to continue the taking of the same quantity till all be taken, when it comes into the Countrey after far carriage, it is best to be put into a Bason, and keep it close covered, but in a cool place, and if it Jelley take it out with a spoon and melt it, and take it blond warm, and take broth in the afternoon if the party will, when you put it out of the pot into a Bason, let the pot be put into warm water, that none of the Medicine stick in the pot.

A restoring Medicine for any decay of the inward parts.

TAKE live *Honey* and put thereto tops of *Balm Consolida. pop. flowers, Rosemary flowers, Burrage flowers, Bugalos flowers,* tops of *Jelly flowers,* and let these remain in the *Honey* the space of a Moneth, stopping the pot very close that no air come in, letting it stand all the said time in some warm place, either in the sun or by a continual fire, then distill it in a glais still with a little water, and drink thereof every morning a good draught.

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